1. How have various societies at various times tried to control the use of alcoholic beverages? What are the control policies today?

2. Describe the role that wine played in the lives of ancient Greeks, Romans and Hebrews.

3. Describe the connection between xenophobia and Prohibition. How did the Mafia enter the picture? Recount the reasons for the repeal of Prohibition.

4. Discuss three major themes that emerge in a study of the history of substance use by the American population and others.

5. Compare and contrast Prohibition and the war on drugs in today's world.

6. According to the book, all of the following are themes in the history of substance abuse and addiction except:

- a. cultural traditions breed different reactions to the same drug
- b. America has had a love/hate relationship with alcohol
- ${}^{\star}{}_{\rm C}$  . Russia has done much to advance the course of addiction treatment
- d. increased drug potency tends to be associated with prohibition
- 7. This cultural/historical group encouraged complete abstinence from alcohol consumption:
  - a. Greeks
  - \*b. followers of Islam
  - $\ensuremath{\mathtt{c}}$  . Romans
  - d. Hebrews

8. Which national or indigenous population introduced marijuana into the "New World"?

- \*a. the Spaniards
- b. the Caribbean Indians
- ${\tt c}$  . the Mayans
- d. Indians
- 9. Cocaine use as coca leaf chewing originated with:
  - a. Ancient Greeks
  - \*b. South American indigenous peoples
  - ${\tt c}$  . Ancient Romans
  - d. Judaism

- 10. The following is a legacy from the Puritans according to the text:
  - a. religiosity by the state
  - \*b. punitiveness
  - $\ensuremath{\mathtt{c}}$  . total abstinence
  - d. emphasis placed on leisure
- 11. Early American colonists used alcohol for all except which of the following?
  - a. protection against disease
  - b. as a solvent
  - c. as an antiseptic
  - \*d. as a deodorant

12. Technological advances often exceed a people's ability to handle it. What was the turning point for alcohol?

- a. wineries
- b. the cotton gin
- $\ensuremath{^{\star_{\text{c}}}}$  . distillation
- d. electricity

13. In Colonial times the tavern was criticized because of which factor with which it was associated:

- \*a. male drunkenness
- b. gambling by kids
- c. being the headquarters of the suffrage movement
- d. slave rebellion
- 14. In Colonial America strong drink was thought to:
  - a. cause rickets
  - b. induce pain
  - c. cause seizures
  - \*d. protect against disease
- 15. The behavior most clearly associated with the temperance movement was:
  - a. the enslavement of people
  - b. vegetarianism

- \*c. moderation of drinking
- d. total abstinence from all alcoholic beverages
- 16. Historically, the Chinese have had the biggest problem with which addictive drug?
  - \*a. Opium
  - b. Cocaine
  - c. Marijuana
  - d. Ecstasy

17. The lesson that we can learn from Shane Butler's insightful analysis of treatment in Ireland is the need for:

- \*a. compatibility between societies' belief systems and publicly instituted policy
- b. abstinence as a focus of treatment
- c. a return to Catholic principles
- d. reunification of north and south in Ireland
- 18. The American experiment with "prohibition the noble experiment:"
  - \*a. caused corruption of police and politicians.
  - b. was successful in reducing heavy alcohol consumption.
  - $\ensuremath{\mathtt{c}}$  . reduced the crime rate.
  - d. was not supported by female suffragists.
- 19. Philadelphia physician Benjamin Rush is known for recommending:
  - a. pre-temperance ideology.
  - b. the 12 Step program.
  - ${}^{\star}{}_{\text{C}}$  . medical treatment for chronic "inebriates."
  - d. providing combat soldiers with liquor to prevent trauma.
- 20. Breweries popped up in the Midwest related to the arrival of\_\_\_\_\_\_.
  - a. the Irish.
  - b. the depression.
  - $^{\star}\text{c}$  . the Germans.
  - d. the colonists

21. The \_\_\_\_\_ political family made their money through selling illicit alcohol directly to people at the highest levels of organized crime?

a. Johnson

- \*b. Kennedy
- c. Lincoln
- d. Bush

Which nation	22. Which national group is singled out in the text for their healthy enjoyment of good wine?
al group is single d out	<ul> <li>a. Norwegians</li> <li>b. Irish</li> <li>c. Russians</li> <li>*d. Italians</li> </ul>
in the text for	23. Which country is considered the world's leading producer of cocaine?
their health y enjoym	<ul> <li>a. Mexico</li> <li>b. Canada</li> <li>*c. Colombia</li> <li>d. Cuba</li> </ul>
ent of good wine?W	24. About 90% of the world's heroin comes from?
hich nation al *	a. Colombia b. Mexico c. Sweden d. Afghanistan

25. The following concepts or notions were derived from Bill W. except for:

- a. powerlessness
- b. carrying the message to other persons
- c. seeking divine guidance
- \*d. empowerment

## 26. Jellinek's major contribution was

- a. in his work with war trauma
- \*b. to identify multiple alcoholisms
- c. display his knowledge of the Greek alphabet
- d. to introduce the harm reduction model.

27. Box 2.1 describes a treatment center in Norway that:

- \*a. is based on a 12 Step approach.
- b. operates within a system that lacks nationalized health care.
- c. utilizes medical management such as Naltrexone in treatment
- d. uses a harm reduction approach

28. The harm reduction model was practiced in Europe in modern times chiefly in connection with:

- a. the spread of methamphetamines.
- b. the spread of knowledge concerning U.S. practices
- \*c. fear of the spread of HIV/AIDS
- d. academic influences

29. The Jellinek curve depicts only the Gamma variety of alcoholism.

- a. True \*b. False
- 30. Alcohol is mentioned 3 times in the 12 Steps.

a. True \*b. False