



Assessment Name: RN Nutrition 2016

Time Remaining: 01:07:13

Pause Remaining: 00:05:00

Pause

Question: 61-61 of 70 Page: 61 of 70



61 A nurse is planning care for a toddler who has burns over 50% of total body surface area. Which of the following actions should the nurse include in the plan of care?



- Limit dietary protein.
- Limit intake of vitamin C.
- Administer insulin prior to meals.
- Administer enteral feedings.

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Assessment Name: RN Nutrition 2016

Time Remaining: 01:07:10
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62 A nurse is providing teaching to a client about high-fiber foods. Which of the following foods should the nurse include as containing the highest amount of fiber?



- 1/2 cup cooked broccoli
- 1/2 cup corn flakes with skim milk
- 1 medium apple with peel
- 1 slice whole wheat bread

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Assessment Name: RN Nutrition 2016

Time Remaining: 01:07:07
Pause Remaining: 00:05:00

Pause

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63 A nurse is caring for a client who follows kosher dietary laws and is prescribed a sodium-restricted diet. Which of the following meals should the nurse plan to provide for the client?



- Brown beans, cornbread, and fresh strawberries
- Bagel with cream cheese and smoked salmon
- Pastrami sandwich, fresh carrots, and coffee
- Chicken with wild rice, fresh vegetables, and milk

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Assessment Name: RN Nutrition 2016

Time Remaining: 01:07:04
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Pause

Question: 64-64 of 70 Page: 64 of 70



64 A nurse is teaching a client who is at 10 weeks of gestation about increasing folate in her diet. Which of the following food choices should the nurse recommend as the best source of folate?



- 1/2 cup cooked asparagus
- 1/2 cup plain low-fat yogurt
- 1 small banana
- 1 medium apple

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Assessment Name: RN Nutrition 2016

Time Remaining: 01:07:01
Pause Remaining: 00:05:00

Pause

Question: 65-65 of 70 Page: 65 of 70



65 A nurse is reviewing the laboratory reports of a client who is undergoing nutritional screening due to a risk for chronic kidney disease. The nurse should identify that which of the following results indicates the need for further assessment?



- Sodium 140 mEq/L
- Blood urea nitrogen 18 mg/dL
- Serum creatinine 3.5 mg/dL
- Hematocrit 45%

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Assessment Name: RN Nutrition 2016

Time Remaining: 01:06:58
Pause Remaining: 00:05:00

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Question: 66-66 of 70 Page: 66 of 70



66 A nurse is teaching about dietary choices to a client who has coronary artery disease and high cholesterol. Which of the following recommendations should the nurse include in the teaching?



- 2 oz beef bologna
- 1 cup macaroni and cheese
- 8 oz whole milk
- 4 oz swordfish

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Assessment Name: RN Nutrition 2016

Time Remaining: 01:06:55
Pause Remaining: 00:05:00
[Pause](#)

Question: 67-67 of 70 Page: 67 of 70



67 A nurse is caring for a client who received radiation therapy to the pelvic area. The client is experiencing chronic diarrhea. Which of the following actions should the nurse take?



- Encourage the client to drink 4 oz of milk after each loose stool.
- Instruct the client to increase consumption of beans.
- Provide sugar-free candy for the client between meals.
- Recommend that the client eliminate the intake of carbonated beverages.

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Assessment Name: RN Nutrition 2016

Time Remaining: 01:06:53

Pause Remaining: 00:05:00

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Question: 68-68 of 70 Page: 68 of 70



68 A nurse is providing teaching to the parents of a 6-month-old infant who is beginning to eat solid foods. The nurse should identify which of the following findings as an indication of an allergic reaction?



- Diarrhea
- Bruising
- Jaundice
- Fever

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Assessment Name: RN Nutrition 2016

Time Remaining: 01:06:50
Pause Remaining: 00:05:00
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Question: 69-69 of 70 Page: 69 of 70



69 A nurse is planning eating strategies with a client who has nausea from equilibrium imbalance. Which of the following strategies should the nurse recommend?



- Serve hot foods at mealtime.
- Encourage the client to eat even if nauseated.
- Provide low-fat carbohydrates with meals.
- Limit fluid intake between meals.

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Assessment Name: RN Nutrition 2016

Time Remaining: 01:06:45
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Pause

Question: 70-70 of 70 Page: 70 of 70



70 A nurse is caring for a client who has a small-bore jejunostomy tube and is receiving a continuous tube feeding with a high-viscosity formula. Which of the following actions should the nurse take to prevent the tubing from clogging?



- Flush the tubing with 10 mL water every 6 hr.
- Replace the bag and tubing every 24 hr.
- Administer the feeding by gravity drip.
- Heat the formula prior to infusion.

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