



Assessment Name: RN Nutrition 2016

Time Remaining: 01:03:35
Pause Remaining: 00:05:00
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Question: 63-63 of 70 Page: 63 of 70



63 A nurse in a long-term care facility is caring for a client who cannot wear dentures due to stomatitis. Which of the following diets should the nurse recommend for the client?



- Full liquid diet
- Low-protein diet
- Light diet
- Pureed diet

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Time Remaining: 01:03:32
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64 A nurse is providing anticipatory guidance to a client who has phenylketonuria (PKU) and is planning a pregnancy. Which of the following information should the nurse include in the discussion?



- "Diet sodas should not be consumed more than two or three times per week."
- "Serum bilirubin should be monitored one to two times per month during pregnancy."
- "A low-protein diet should be followed for three months prior to conception."
- "Breastfeeding will prevent your baby from developing PKU."

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Time Remaining: 01:03:29
Pause Remaining: 00:05:00
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Question: 65-65 of 70 Page: 65 of 70




65 A nurse is assessing a client who reports a headache and dizziness. The nurse notes that the client is shaky and sweaty. The nurse should prepare to intervene for which of the following imbalances?



- Hyperglycemia
- Hypokalemia
- Hyponatremia
- Hypoglycemia

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Assessment Name: RN Nutrition 2016

Time Remaining: 01:03:24
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Question: 66-66 of 70 Page: 66 of 70



66 A nurse is planning dietary teaching for a client who follows a vegetarian diet and needs to increase his iron intake. Which of the following food recommendations should the nurse include in the teaching?



- Peanut butter
- Dried beans
- Carrot sticks
- Raw cauliflower

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Assessment Name: RN Nutrition 2016

Time Remaining: 01:03:21
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Question: 67-67 of 70 Page: 67 of 70



67 A nurse is providing teaching to a client who has cholecystitis about required dietary modifications. The nurse should include which of the following foods as appropriate for the client's diet?



- Brown rice
- Boiled egg
- Ground beef
- Banana muffin

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Assessment Name: RN Nutrition 2016

Time Remaining: 01:03:17
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Question: 68-68 of 70 Page: 68 of 70



68 A nurse is providing teaching to the parents of a 6-month-old infant. Which of the following options should the nurse instruct the parents to include in the infant's diet?



- 2% milk
- Scrambled eggs
- Apple juice
- Rice cereal

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Assessment Name: RN Nutrition 2016

Time Remaining: 01:03:15
Pause Remaining: 00:05:00
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Question: 69-69 of 70 Page: 69 of 70



69 A nurse is providing teaching about a gluten-free diet to a client who has celiac disease. Which of the following foods should the nurse recommend the client include in his diet?



- Corn
- Salami
- Barley
- Wheat germ

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Assessment Name: RN Nutrition 2016

Time Remaining: 01:03:12
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Question: 70-70 of 70 Page: 70 of 70



70 A nurse is providing nutritional teaching to a client who has type 2 diabetes mellitus. Which of the following statements by the client indicates an understanding of the teaching?



- "I will limit my saturated fat intake to 20 percent of my daily intake."
- "I can consume 130 grams of carbohydrates per day."
- "I need to increase my protein intake to 45 percent of my daily calories."
- "I should decrease my cholesterol intake to 300 milligrams per day."

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