

***NURS 629 MVU
EXAM 1
QUESTIONS AND
ANSWERS LATEST
GRADED A+.***

How do you measure fundal height

symphysis pubis to top of uterus

When can you start to hear fetal heart tones?

around 12 wks

What is quickening?

fetal movements felt by the mother

When is quickening felt

between 16-20 weeks

Abnormal Complaints in first trimester

1st trimester: Vaginal bleeding

Book: spotting, bleeding, cramping, painful urination, severe vomiting and/or diarrhea, fever > 100.4, symptoms of vaginal infection or STI; persistent or severe low abdominal pain, lightheadedness or dizziness (particularly if accompanied by shoulder pain)

What vaccines should be avoided during pregnancy?

Live vaccines: MMR ,HPV, varicella, and live attenuated influenza vaccine

Sdx

What labs are drawn at first visit?

CBC, RH (antibody screen) & TYPE, HIV, RPR, MMR TITER, HEP B TITER, R/O STI's, FULL UA

What info is obtained at first OB visit?

PMH, Fx history, Genetic hx (mom & dad)

What is indicated when clu cells are seen?

BV

What is the treatment for BV

metronidazole (Flagyl) 500mg BID x 7 days

What are presumptive (subjective) signs of pregnancy?

Amenorrhea, N/V, FATIGUE, urine frequency, breast changes, quickening, pigment, striae

What are probable (objective) signs of pregnancy?

+ HCG, enlarged Abdo, fetal outline, Balloment, Braxton, Chadwick's, Goodall's, Hegar's signs

What are positive signs of pregnancy?

Fetal HT, U/S, fetal movement

What does a bluish cervix indicate?

Chadwick's sign

How to use Nageles rule

+ 7 days - 3 mos

What are signs of preeclampsia?

rapid weight gain, edema to hands and face, HTN, H/A, visual changes, proteinuria, epigastric pain