

MULTIPLE CHOICE. Choose the one alternative that best completes the statement or answers the question.

- 1) A nurse is preparing to assist an elderly Romany client with morning care. Based on the awareness and understanding of the Romany culture, the nurse will plan to: (Select all that apply.) 1) \_\_\_\_\_
- A) Stand at least 18 inches away from the client at all times.
  - B) Avoid offering toothpaste for oral hygiene.
  - C) Ask permission before touching the client's head.
  - D) Initiate little, if any, verbal communication during the bath.
  - E) Offer lotion for moistening the body.
  - F) Use separate towels and soap for the upper and lower body.

Answer: C, E, F

Explanation: A) In the Romany culture, keeping the lower body separate from the upper body is essential to moral character, therefore it is important in hygiene to wash the areas separately. Keeping the head clean is symbolically important and the client may not want anyone touching his or her head unless absolutely necessary. Many cultures have particular practices that involve the head and feet. A preference is to keep the skin moist. Romany tend to view silence as indicating extreme discomfort. Personal space is more intimate than in many other cultures.

Planning

Psychosocial Integrity

Application

B) In the Romany culture, keeping the lower body separate from the upper body is essential to moral character, therefore it is important in hygiene to wash the areas separately. Keeping the head clean is symbolically important and the client may not want anyone touching his or her head unless absolutely necessary. Many cultures have particular practices that involve the head and feet. A preference is to keep the skin moist. Romany tend to view silence as indicating extreme discomfort. Personal space is more intimate than in many other cultures.

Planning

Psychosocial Integrity

Application

C) In the Romany culture, keeping the lower body separate from the upper body is essential to moral character, therefore it is important in hygiene to wash the areas separately. Keeping the head clean is symbolically important and the client may not want anyone touching his or her head unless absolutely necessary. Many cultures have particular practices that involve the head and feet. A preference is to keep the skin moist. Romany tend to view silence as indicating extreme discomfort. Personal space is more intimate than in many other cultures.

Planning

Psychosocial Integrity

Application

D) In the Romany culture, keeping the lower body separate from the upper body is essential to moral character, therefore it is important in hygiene to wash the areas separately. Keeping the head clean is symbolically important and the client may not want anyone touching his or her head unless absolutely necessary. Many cultures have particular practices that involve the head and feet. A preference is to keep the skin moist. Romany tend to view silence as indicating extreme discomfort. Personal space is more intimate than in many other cultures.

Planning

Psychosocial Integrity

Application

E) In the Romany culture, keeping the lower body separate from the upper body is essential to moral character, therefore it is important in hygiene to wash the areas separately. Keeping the head clean is symbolically important and the client may not want anyone touching his or her head unless absolutely necessary. Many cultures have particular practices that involve the head and feet. A preference is to keep the skin moist. Romany tend to view silence as indicating extreme discomfort. Personal space is more intimate than in many other cultures.

Planning

Psychosocial Integrity

Application

F) In the Romany culture, keeping the lower body separate from the upper body is essential to moral character, therefore it is important in hygiene to wash the areas separately. Keeping the head clean is symbolically important and the client may not want anyone touching his or her head unless absolutely necessary. Many cultures have particular practices that involve the head and feet. A preference is to keep the skin moist. Romany tend to view silence as indicating extreme discomfort. Personal space is more intimate than in many other cultures.

Planning

Psychosocial Integrity

Application

2) A neighborhood family clinic has both a multicultural staff and a multicultural clientele. Basic to the provision of culturally sound care, it is essential that the staff:

2) \_\_\_\_\_

A) Have a cultural consciousness of themselves and how they work together.

B) Have resources available to identify cultural practices of many different groups.

C) Attend continuing education courses in cultural diversity.

D) Match the cultural backgrounds of the nurses with those of the clients as much as possible.

Answer: A

Explanation: A) Nursing staff are expected to collaborate in providing client care. The staff must have a heightened awareness and sensitivity of its own group dynamics in order to work as a team in providing culturally sound care. Information resources and continuing education courses will expand the knowledge base, although they may not improve the staff's ability to work with each other. Limiting the staff's interactions to clients of the same culture does not promote teamwork.

Assessment

Safe, Effective Care Environment - Coordinated Care

Application

B) Nursing staff are expected to collaborate in providing client care. The staff must have a heightened awareness and sensitivity of its own group dynamics in order to work as a team in providing culturally sound care. Information resources and continuing education courses will expand the knowledge base, although they may not improve the staff's ability to work with each other. Limiting the staff's interactions to clients of the same culture does not promote teamwork.

Assessment

Safe, Effective Care Environment - Coordinated Care

Application

C) Nursing staff are expected to collaborate in providing client care. The staff must have a heightened awareness and sensitivity of its own group dynamics in order to work as a team in providing culturally sound care. Information resources and continuing education courses will expand the knowledge base, although they may not improve the staff's ability to work with each other. Limiting the staff's interactions to clients of the same culture does not promote teamwork.

Assessment

Safe, Effective Care Environment - Coordinated Care

Application

D) Nursing staff are expected to collaborate in providing client care. The staff must have a heightened awareness and sensitivity of its own group dynamics in order to work as a team in providing culturally sound care. Information resources and continuing education courses will expand the knowledge base, although they may not improve the staff's ability to work with each other. Limiting the staff's interactions to clients of the same culture does not promote teamwork.

Assessment

Safe, Effective Care Environment - Coordinated Care

Application

3) An elderly male client has been assigned to a female nurse for morning care. The client calls the charge nurse and requests a male nurse. The charge nurse makes the requested change because the nurse knows that:

3) \_\_\_\_\_

A) It is not a good idea to force things on older people.

B) The client will refuse all care if the change is not made.

C) All cultures have preferences and beliefs.

D) The client may be uncomfortable with a female giving him care.

Answer: D

Explanation: A) Any client may prefer to receive care from a nurse of the same gender. This is not necessarily because of cultural preferences and beliefs. Understanding that the client may be uncomfortable with a female caregiver best acknowledges the client's feelings. Thinking that the client will refuse all care if the change is not made makes an assumption based on opinion. In some aspects of caring for an elderly client, it may be important to avoid forcing things on the client. It is not a valid basis for making this decision. There is no cultural component to the question.

Implementation

Safe, Effective Care Environment - Coordinated Care

Analysis

B) Any client may prefer to receive care from a nurse of the same gender. This is not necessarily because of cultural preferences and beliefs. Understanding that the client may be uncomfortable with a female caregiver best acknowledges the client's feelings. Thinking that the client will refuse all care if the change is not made makes an assumption based on opinion. In some aspects of caring for an elderly client, it may be important to avoid forcing things on the client. It is not a valid basis for making this decision. There is no cultural component to the question.

Implementation

Safe, Effective Care Environment - Coordinated Care

Analysis

C) Any client may prefer to receive care from a nurse of the same gender. This is not necessarily because of cultural preferences and beliefs. Understanding that the client may be uncomfortable with a female caregiver best acknowledges the client's feelings. Thinking that the client will refuse all care if the change is not made makes an assumption based on opinion. In some aspects of caring for an elderly client, it may be important to avoid forcing things on the client. It is not a valid basis for making this decision. There is no cultural component to the question.

Implementation

Safe, Effective Care Environment - Coordinated Care

Analysis

D) Any client may prefer to receive care from a nurse of the same gender. This is not necessarily because of cultural preferences and beliefs. Understanding that the client may be uncomfortable with a female caregiver best acknowledges the client's feelings. Thinking that the client will refuse all care if the change is not made makes an assumption based on opinion. In some aspects of caring for an elderly client, it may be important to avoid forcing things on the client. It is not a valid basis for making this decision. There is no cultural component to the question.

Implementation

Safe, Effective Care Environment - Coordinated Care

Analysis

- 4) A full liquid diet is sent from the dietary department for a client the day after an abdominal laparoscopy. The client is a practicing Seventh-Day Adventist. Which fluid on the tray is culturally inappropriate for this client? 4) \_\_\_\_\_
- A) Tea                                      B) Tomato juice                                      C) Milk                                      D) Ice cream

Answer: A

- Explanation: A) Seventh-Day Adventists avoid drinking coffee and tea. Dairy products and vegetables are not restricted.  
Evaluation  
Psychosocial Integrity  
Application
- B) Seventh-Day Adventists avoid drinking coffee and tea. Dairy products and vegetables are not restricted.  
Evaluation  
Psychosocial Integrity  
Application
- C) Seventh-Day Adventists avoid drinking coffee and tea. Dairy products and vegetables are not restricted.  
Evaluation  
Psychosocial Integrity  
Application
- D) Seventh-Day Adventists avoid drinking coffee and tea. Dairy products and vegetables are not restricted.  
Evaluation  
Psychosocial Integrity  
Application

- 5) An Orthodox Jewish client has delivered a healthy baby boy by cesarean section. Which of the following culturally based practices will the nurse expect? 5) \_\_\_\_\_
- A) The baby will be baptized by a rabbi within 24 hours after birth.  
B) The baby will not be named until 8 days after birth.  
C) The client will not drink ice water, eat cold foods, or shower during the hospitalization.  
D) The client will not likely want to breastfeed the baby.

Answer: B

- Explanation: A) Orthodox Jews adhere to the tenets of their religion, which requires that the father give the name to the baby 8 days after birth. Refusing to drink ice water, eat cold foods, or shower is more reflective of Asian cultures and is not based on religion. Not wanting to breastfeed may be culturally influenced; it is generally not a religious requirement. Rabbis do not perform baptisms, nor is baptism a part of the Jewish religion.  
Evaluation  
Psychosocial Integrity  
Application
- B) Orthodox Jews adhere to the tenets of their religion, which requires that the father give the name to the baby 8 days after birth. Refusing to drink ice water, eat cold foods, or shower is more reflective of Asian cultures and is not based on religion. Not wanting to breastfeed may be culturally influenced; it is generally not a religious requirement. Rabbis do not perform baptisms, nor is baptism a part of the Jewish religion.  
Evaluation  
Psychosocial Integrity  
Application

C) Orthodox Jews adhere to the tenets of their religion, which requires that the father give the name to the baby 8 days after birth. Refusing to drink ice water, eat cold foods, or shower is more reflective of Asian cultures and is not based on religion. Not wanting to breastfeed may be culturally influenced; it is generally not a religious requirement. Rabbis do not perform baptisms, nor is baptism a part of the Jewish religion.

Evaluation

Psychosocial Integrity

Application

D) Orthodox Jews adhere to the tenets of their religion, which requires that the father give the name to the baby 8 days after birth. Refusing to drink ice water, eat cold foods, or shower is more reflective of Asian cultures and is not based on religion. Not wanting to breastfeed may be culturally influenced; it is generally not a religious requirement. Rabbis do not perform baptisms, nor is baptism a part of the Jewish religion.

Evaluation

Psychosocial Integrity

Application

6) An elderly woman is admitted to the hospital from a long-term care facility with increasing congestive heart failure. During the admission, the nurse asks the client for information about why she has been admitted. The client says, "A lady where I live said she was putting a curse on me and she must have done it because now I'm sick." What is an appropriate nursing response?

6) \_\_\_\_\_

A) "What problems are you having that you feel are related to this curse on you?"

B) "Tell me more about the curse that was put on you."

C) "You are safe here in the hospital. You do not need to worry about still being affected by a curse."

D) "It is unlikely that a curse would cause the symptoms you are having."

Answer: A

Explanation: A) Clients have many explanations for illness and these explanations are very often culturally bound. One goal of the nurse during admission is to collect information about the client's perception and understanding of her illness and to utilize the information for planning and implementing nursing care. Although the nurse may not believe the client is cursed, the client expresses belief. Asking the client what problems are related to the curse is the only choice that acknowledges the client's feeling and will be likely to lead to collecting additional information.

Assessment

Psychosocial Integrity

Analysis

B) Clients have many explanations for illness and these explanations are very often culturally bound. One goal of the nurse during admission is to collect information about the client's perception and understanding of her illness and to utilize the information for planning and implementing nursing care. Although the nurse may not believe the client is cursed, the client expresses belief. Asking the client what problems are related to the curse is the only choice that acknowledges the client's feeling and will be likely to lead to collecting additional information.

Assessment

Psychosocial Integrity

Analysis

C) Clients have many explanations for illness and these explanations are very often culturally bound. One goal of the nurse during admission is to collect information about the client's perception and understanding of her illness and to utilize the information for planning and implementing nursing care. Although the nurse may not believe the client is cursed, the client expresses belief. Asking the client what problems are related to the curse is the only choice that acknowledges the client's feeling and will be likely to lead to collecting additional information.

Assessment

Psychosocial Integrity

Analysis

D) Clients have many explanations for illness and these explanations are very often culturally bound. One goal of the nurse during admission is to collect information about the client's perception and understanding of her illness and to utilize the information for planning and implementing nursing care. Although the nurse may not believe the client is cursed, the client expresses belief. Asking the client what problems are related to the curse is the only choice that acknowledges the client's feeling and will be likely to lead to collecting additional information.

Assessment

Psychosocial Integrity

Analysis

7) Which of the following culturally based practices has the greatest potential for an adverse effect on the client's physical well-being, especially if the nurse and other healthcare providers are unaware of the practice? 7) \_\_\_\_\_

A) The client mixes herbal remedies with prescribed medications.

B) The client feels it is inappropriate to complain of pain.

C) The client comes from a present-oriented cultural background.

D) The client relies on an adult son for making decisions.

Answer: A

Explanation: A) Mixing herbal remedies with prescribed medications has the greatest potential for causing untoward physiological effects because of the potential interactions of the chemicals. Although the other three choices could have some effect on physical well-being, they are less likely to cause serious physiological disturbance or disruption. Relying on an adult son for making decisions may or may not be a positive contribution to the client's well-being.

Implementation

Physiological Integrity - Reduction of Risk Potential

Analysis

B) Mixing herbal remedies with prescribed medications has the greatest potential for causing untoward physiological effects because of the potential interactions of the chemicals. Although the other three choices could have some effect on physical well-being, they are less likely to cause serious physiological disturbance or disruption. Relying on an adult son for making decisions may or may not be a positive contribution to the client's well-being.

Implementation

Physiological Integrity - Reduction of Risk Potential

Analysis

C) Mixing herbal remedies with prescribed medications has the greatest potential for causing untoward physiological effects because of the potential interactions of the chemicals. Although the other three choices could have some effect on physical well-being, they are less likely to cause serious physiological disturbance or disruption. Relying on an adult son for making decisions may or may not be a positive contribution to the client's well-being.

Implementation

Physiological Integrity - Reduction of Risk Potential

Analysis

D) Mixing herbal remedies with prescribed medications has the greatest potential for causing untoward physiological effects because of the potential interactions of the chemicals. Although the other three choices could have some effect on physical well-being, they are less likely to cause serious physiological disturbance or disruption. Relying on an adult son for making decisions may or may not be a positive contribution to the client's well-being.

Implementation

Physiological Integrity - Reduction of Risk Potential

Analysis

8) The nurse asks a Chinese-American client being admitted to a hospice if he has a signed Advance Directive. The primary purpose for asking this question is because it is a/an: 8) \_\_\_\_\_

- A) Legal requirement when being admitted to a hospice.
- B) Basic element of the cultural assessment.
- C) Factor in planning and implementing care for the client.
- D) Indication of the degree of acculturation of the client.

Answer: C

Explanation: A) The client is being admitted to a hospice, so it is likely the client is seriously ill and may be expecting to die in the hospice. An Advance Directive, although not a basic element of the cultural assessment, may provide additional information about cultural beliefs and practices for the staff, and will be important in providing nursing care to the client. The term Advance Directive may not be familiar to a client. It will be important to ascertain the client's thoughts and desires about his care. Clients are not legally required to have an Advance Directive to receive health care.

Assessment

Safe, Effective Care Environment - Coordinated Care

Analysis

B) The client is being admitted to a hospice, so it is likely the client is seriously ill and may be expecting to die in the hospice. An Advance Directive, although not a basic element of the cultural assessment, may provide additional information about cultural beliefs and practices for the staff, and will be important in providing nursing care to the client. The term Advance Directive may not be familiar to a client. It will be important to ascertain the client's thoughts and desires about his care. Clients are not legally required to have an Advance Directive to receive health care.

Assessment

Safe, Effective Care Environment - Coordinated Care

Analysis

C) The client is being admitted to a hospice, so it is likely the client is seriously ill and may be expecting to die in the hospice. An Advance Directive, although not a basic element of the cultural assessment, may provide additional information about cultural beliefs and practices for the staff, and will be important in providing nursing care to the client. The term Advance Directive may not be familiar to a client. It will be important to ascertain the client's thoughts and desires about his care. Clients are not legally required to have an Advance Directive to receive health care.

Assessment

Safe, Effective Care Environment - Coordinated Care

Analysis

D) The client is being admitted to a hospice, so it is likely the client is seriously ill and may be expecting to die in the hospice. An Advance Directive, although not a basic element of the cultural assessment, may provide additional information about cultural beliefs and practices for the staff, and will be important in providing nursing care to the client. The term Advance Directive may not be familiar to a client. It will be important to ascertain the client's thoughts and desires about his care. Clients are not legally required to have an Advance Directive to receive health care.

Assessment

Safe, Effective Care Environment - Coordinated Care

Analysis

9) The nurse is attempting to explain the procedure for a dressing change to a client who will be discharged within the hour. The client's primary language is Spanish and he speaks very little English. The client in the other bed in the room says, "I speak Spanish. Would you like me to explain this for you?" The most important consideration for the nurse in determining whether to accept or reject the offer is:

9) \_\_\_\_\_

A) The client's right to confidentiality.

B) How fluent the roommate is in Spanish.

C) The roommate's understanding of the dressing change procedure.

D) The need to instruct the client before discharge.

Answer: A

Explanation: A) If the client agrees to allow the roommate to interpret, it is essential that the client understand that this may breach his confidentiality. It would be best to use an interpreter, a Spanish-speaking nurse, or an adult family member who speaks English as well as Spanish. The roommate's fluency in Spanish will be a factor to consider, as it will directly affect the teaching of the procedure. Do not allow the time restraint to be a factor in the response.

Evaluation

Safe, Effective Care Environment - Coordinated Care

Analysis

B) If the client agrees to allow the roommate to interpret, it is essential that the client understand that this may breach his confidentiality. It would be best to use an interpreter, a Spanish-speaking nurse, or an adult family member who speaks English as well as Spanish. The roommate's fluency in Spanish will be a factor to consider, as it will directly affect the teaching of the procedure. Do not allow the time restraint to be a factor in the response.

Evaluation

Safe, Effective Care Environment - Coordinated Care

Analysis

- C) If the client agrees to allow the roommate to interpret, it is essential that the client understand that this may breach his confidentiality. It would be best to use an interpreter, a Spanish-speaking nurse, or an adult family member who speaks English as well as Spanish. The roommate's fluency in Spanish will be a factor to consider, as it will directly affect the teaching of the procedure. Do not allow the time restraint to be a factor in the response.

Evaluation

Safe, Effective Care Environment - Coordinated Care

Analysis

- D) If the client agrees to allow the roommate to interpret, it is essential that the client understand that this may breach his confidentiality. It would be best to use an interpreter, a Spanish-speaking nurse, or an adult family member who speaks English as well as Spanish. The roommate's fluency in Spanish will be a factor to consider, as it will directly affect the teaching of the procedure. Do not allow the time restraint to be a factor in the response.

Evaluation

Safe, Effective Care Environment - Coordinated Care

Analysis

10) A long-time resident in a skilled nursing facility is Buddhist. The client's condition is now declining and death appears imminent. In planning care for this client and the client's family, it is essential that the nurse understand and use the knowledge that fundamental to the Buddhist religion is a:

10) \_\_\_\_\_

- A) Belief in reincarnation of the soul.
- B) Prohibition of autopsy and organ donation.
- C) Practice of leaving one window open so that evil spirits will leave the room.
- D) Requirement for cremation of the body within 24 hours after death.

Answer: A

Explanation: A) Buddhists believe in reincarnation of the soul. Merit is placed on what the person has done in this life, including donation of any organs that may be helpful to another. Illness is not connected with the presence of evil spirits. Buddhists do not generally cremate their dead.

Planning  
Psychosocial Integrity  
Application

B) Buddhists believe in reincarnation of the soul. Merit is placed on what the person has done in this life, including donation of any organs that may be helpful to another. Illness is not connected with the presence of evil spirits. Buddhists do not generally cremate their dead.

Planning  
Psychosocial Integrity  
Application

C) Buddhists believe in reincarnation of the soul. Merit is placed on what the person has done in this life, including donation of any organs that may be helpful to another. Illness is not connected with the presence of evil spirits. Buddhists do not generally cremate their dead.

Planning  
Psychosocial Integrity  
Application

D) Buddhists believe in reincarnation of the soul. Merit is placed on what the person has done in this life, including donation of any organs that may be helpful to another. Illness is not connected with the presence of evil spirits. Buddhists do not generally cremate their dead.

Planning  
Psychosocial Integrity  
Application

11) A client of German, Dutch, and Italian heritage is admitted to the hospital for surgery the next day. To best determine the approach to explore any concerns the client may have prior to surgery, the nurse will most appropriately:

11) \_\_\_\_\_

- A) Wait for an indication from the client that the upcoming surgery is causing her anxiety.
- B) Ask the client if she has any concerns about surgery.
- C) Understand that the client is likely to be very stoic and deny any concerns.
- D) Observe the client's verbal and nonverbal communication during the interaction.

Answer: D

Explanation: A) By observing verbal and nonverbal communication, the nurse begins to collect information that will be helpful in planning how to approach and interact with individual clients. Knowing characteristic behaviors of various cultures may help in interpreting the nurse's observations and revealing inconsistencies. Asking the client if she has any concerns about surgery is often a nurse's usual way of approaching the topic and the nurse cannot be assured that the response is not culturally influenced. The nurse should be proactive in assisting the client to verbalize and discuss any concerns.

Assessment

Psychosocial Integrity

Application

B) By observing verbal and nonverbal communication, the nurse begins to collect information that will be helpful in planning how to approach and interact with individual clients. Knowing characteristic behaviors of various cultures may help in interpreting the nurse's observations and revealing inconsistencies. Asking the client if she has any concerns about surgery is often a nurse's usual way of approaching the topic and the nurse cannot be assured that the response is not culturally influenced. The nurse should be proactive in assisting the client to verbalize and discuss any concerns.

Assessment

Psychosocial Integrity

Application

C) By observing verbal and nonverbal communication, the nurse begins to collect information that will be helpful in planning how to approach and interact with individual clients. Knowing characteristic behaviors of various cultures may help in interpreting the nurse's observations and revealing inconsistencies. Asking the client if she has any concerns about surgery is often a nurse's usual way of approaching the topic and the nurse cannot be assured that the response is not culturally influenced. The nurse should be proactive in assisting the client to verbalize and discuss any concerns.

Assessment

Psychosocial Integrity

Application

D) By observing verbal and nonverbal communication, the nurse begins to collect information that will be helpful in planning how to approach and interact with individual clients. Knowing characteristic behaviors of various cultures may help in interpreting the nurse's observations and revealing inconsistencies. Asking the client if she has any concerns about surgery is often a nurse's usual way of approaching the topic and the nurse cannot be assured that the response is not culturally influenced. The nurse should be proactive in assisting the client to verbalize and discuss any concerns.

Assessment

Psychosocial Integrity

Application

12) A nursing assistant is reluctant to care for a client whose cultural practices are very different from his own and is discussing this with the nurse. What is the most helpful response by the nurse at this time?

12) \_\_\_\_\_

A) "I know it is hard to have to accept so many different cultural practices. We just have to do the best we can do."

B) "What value do you think the practices have for the client?"

C) "It probably is better if you don't care for this client because you may not be able to provide effective care."

D) "Your beliefs and practices are just as important as the client's."

Answer: B

- Explanation:
- A) Focusing on the value the client places on the practices encourages the nursing assistant to explore various cultural practices and learn more about himself as well as others. The nurse has a responsibility to teach other staff, not just clients and families. The other choices reflect the nurse's opinions and limit any further discussion of the issue.  
Implementation  
Psychosocial Integrity  
Analysis
  - B) Focusing on the value the client places on the practices encourages the nursing assistant to explore various cultural practices and learn more about himself as well as others. The nurse has a responsibility to teach other staff, not just clients and families. The other choices reflect the nurse's opinions and limit any further discussion of the issue.  
Implementation  
Psychosocial Integrity  
Analysis
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Implementation  
Psychosocial Integrity  
Analysis
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Implementation  
Psychosocial Integrity  
Analysis

- 13) An example of appropriate adaptation of a nursing practice to fit the cultural context of the client is: 13) \_\_\_\_\_
- A) Reducing the amount of eye contact during the admission procedure if this is uncomfortable for the client.
  - B) Auscultating a client's apical pulse over the gown to maintain privacy.
  - C) Allowing a client to not bathe while in the hospital if this is what they want.
  - D) Keeping information from the client at the family's request.

Answer: A

- Explanation:
- A) Safety, accuracy, and client's rights cannot be ignored solely to accommodate the client's cultural practices. The nurse is expected to help the client understand the reasons for particular nursing actions. Nurses in the U.S. are encouraged to have eye contact with clients to promote the nurse-client relationship. Reducing (not eliminating) eye contact with a client who is uncomfortable with this should not negatively influence the establishment of the relationship. Auscultating a client's apical pulse over the gown and allowing a client to not bathe may compromise accuracy and safety. Keeping information from a client is a legal aspect of nursing.  
Implementation  
Safe, Effective Care Environment - Coordinated Care  
Analysis

- B) Safety, accuracy, and client's rights cannot be ignored solely to accommodate the client's cultural practices. The nurse is expected to help the client understand the reasons for particular nursing actions. Nurses in the U.S. are encouraged to have eye contact with clients to promote the nurse-client relationship. Reducing (not eliminating) eye contact with a client who is uncomfortable with this should not negatively influence the establishment of the relationship. Auscultating a client's apical pulse over the gown and allowing a client to not bathe may compromise accuracy and safety. Keeping information from a client is a legal aspect of nursing.  
Implementation  
Safe, Effective Care Environment - Coordinated Care  
Analysis
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Implementation  
Safe, Effective Care Environment - Coordinated Care  
Analysis
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Implementation  
Safe, Effective Care Environment - Coordinated Care  
Analysis

- 14) A nurse is wearing a necklace that has a yin and yang symbol attached to it and the nurse manager asks the nurse to remove it. The nurse must understand that the primary basis for the request is because the necklace and symbol may be: 14) \_\_\_\_\_
- A) A source of injury or infection for the client or the nurse.
  - B) Offensive to some clients from a cultural standpoint.
  - C) Revealing too much information about the nurse to the client.
  - D) In violation of the nurse's Code of Ethics.

Answer: A

Explanation: A) The wearing of jewelry by a nurse is discouraged primarily because of safety reasons. The nurse's Code of Ethics addresses professional appearance, not specifically jewelry. Any symbol can be offensive to someone at any time. The nurse should avoid personal expressions in clothing and jewelry while practicing as a nurse.  
Assessment  
Safe, Effective Care Environment - Safety and Infection Control  
Application

B) The wearing of jewelry by a nurse is discouraged primarily because of safety reasons. The nurse's Code of Ethics addresses professional appearance, not specifically jewelry. Any symbol can be offensive to someone at any time. The nurse should avoid personal expressions in clothing and jewelry while practicing as a nurse.

Assessment

Safe, Effective Care Environment - Safety and Infection Control

Application

C) The wearing of jewelry by a nurse is discouraged primarily because of safety reasons. The nurse's Code of Ethics addresses professional appearance, not specifically jewelry. Any symbol can be offensive to someone at any time. The nurse should avoid personal expressions in clothing and jewelry while practicing as a nurse.

Assessment

Safe, Effective Care Environment - Safety and Infection Control

Application

D) The wearing of jewelry by a nurse is discouraged primarily because of safety reasons. The nurse's Code of Ethics addresses professional appearance, not specifically jewelry. Any symbol can be offensive to someone at any time. The nurse should avoid personal expressions in clothing and jewelry while practicing as a nurse.

Assessment

Safe, Effective Care Environment - Safety and Infection Control

Application

15) Which of the following best describes a culturally proficient nurse?

15) \_\_\_\_\_

- A) The nurse who has explored personal beliefs and practices.
- B) The nurse who understands the role culture plays in a client's healthcare experience.
- C) The nurse who speaks at least one language in addition to his or her primary language.
- D) The nurse who looks for differences in all clients.

Answer: B

Explanation: A) Proficiency implies a thorough competence derived from training and practice. To demonstrate cultural proficiency, the nurse must understand the effect of all areas of culture in an individual's healthcare experience. Cultural proficiency includes the attitudes, skills, and knowledge that integrate cultural awareness, sensitivity, and competence. An acknowledgement and understanding of cultural similarities as well as differences is essential to be a culturally proficient nurse. Understanding self-beliefs and practices is part of the process of attaining cultural proficiency. Speaking languages other than one's primary language is always helpful. It is not an indication of cultural proficiency.

Evaluation

Psychosocial Integrity

Analysis

B) Proficiency implies a thorough competence derived from training and practice. To demonstrate cultural proficiency, the nurse must understand the effect of all areas of culture in an individual's healthcare experience. Cultural proficiency includes the attitudes, skills, and knowledge that integrate cultural awareness, sensitivity, and competence. An acknowledgement and understanding of cultural similarities as well as differences is essential to be a culturally proficient nurse. Understanding self-beliefs and practices is part of the process of attaining cultural proficiency. Speaking languages other than one's primary language is always helpful. It is not an indication of cultural proficiency.

Evaluation

Psychosocial Integrity

Analysis

C) Proficiency implies a thorough competence derived from training and practice. To demonstrate cultural proficiency, the nurse must understand the effect of all areas of culture in an individual's healthcare experience. Cultural proficiency includes the attitudes, skills, and knowledge that integrate cultural awareness, sensitivity, and competence. An acknowledgement and understanding of cultural similarities as well as differences is essential to be a culturally proficient nurse. Understanding self-beliefs and practices is part of the process of attaining cultural proficiency. Speaking languages other than one's primary language is always helpful. It is not an indication of cultural proficiency.

Evaluation

Psychosocial Integrity

Analysis

D) Proficiency implies a thorough competence derived from training and practice. To demonstrate cultural proficiency, the nurse must understand the effect of all areas of culture in an individual's healthcare experience. Cultural proficiency includes the attitudes, skills, and knowledge that integrate cultural awareness, sensitivity, and competence. An acknowledgement and understanding of cultural similarities as well as differences is essential to be a culturally proficient nurse. Understanding self-beliefs and practices is part of the process of attaining cultural proficiency. Speaking languages other than one's primary language is always helpful. It is not an indication of cultural proficiency.

Evaluation

Psychosocial Integrity

Analysis

Answer Key  
Testname: C2

- 1) C, E, F
- 2) A
- 3) D
- 4) A
- 5) B
- 6) A
- 7) A
- 8) C
- 9) A
- 10) A
- 11) D
- 12) B
- 13) A
- 14) A
- 15) B