## •MENTAL HEALTH 25 QUESTIONS RN 2017

- 1. A female client with a history of drinking who was admitted 8 hours ago after receiving treatment for minor abrasions occurred from a fall at home. The nurse determines the client's blood alcohol level (BAL) was not analyzed on administration action should the nurse take?
- 2. Ask client about alcohol quantity, frequency, and time of last drink
- 3. A male client is admitted to the psychiatric inpatient unit with a bandaged flesh wound after attempting to shoot himself. he is recently divorced one year ago, lost his job four months ago, and suffered a break up of his current relationship last week. What is the most likely source of this client's current feelings of depression?
- 4. a sense of loss
- 5. What is the most important goal for a client diagnosed with major depression who has been receiving an antidepressant medication for two weeks?
- 6. not attempt to commit suicide
- 7. A male adult comes to the mental health clinic and walks back and forth in front of the office door, but does not enter the office. He then walks around a chair that is in the

- hallway several times before sitting down in the chair. What action should the nurse take first
- 8. observe the client in the chair
- 9. A male client in the mental health unit is guarded and vaguely answers the nurse's questions. He isolates to his room and sometimes opens the door to peek into the hall. Which problem can the nurse anticipate?
- 10. delusions of persecution
- 11. A male client who is seen in the mental health clinic monthly reports feeling very stressed and nervous and further describes becoming angry increasingly more often during the last month. What action should the nurse take first?
- 12. ask the client to identify problems that have occurred during the last month
- 13. A young woman is preparing to be discharged from the psychiatric unit. Which nursing intervention is most important for the nurse to include in this phase of the nurse client relationship? (
- 14. explore the client's feelings related to discharge
- 15. A female high school teacher who was a child of alcoholic parents seeks counseling at the community health clinic because of depression over a student who was killed by a drunk driver. After several weeks of counseling, which behavior is the best indicator that the client is coping well with the anxiety related to the student's death?
- 16. becomes the faculty sponsor for students against drunk driving (SADD
- 17. A male client arrives at the mental health clinic and asks the nurse for more lithium and the antidepressant (Elavil) that he uses to help him sleep. After reviewing his assessment findings with the healthcare provider, a serum creatinine is obtained. What information supports the reason for this laboratory test?
- 18. Lithium is excreted by the kidneys and creatinine is related to kidney functioning
- 19. When preparing to administer a domestic violence screening tool to a female client, which statement should the nurse provide?
- 20. all clients are screened for domestic abuse because it is common in our society
- 21. A client with schizophrenia who is taking Haldol begins exhibiting tremors of the extremities. Which intervention should the nurse implement?
- 22. consult with the healthcare provider about reducing the dosage
- 23. one on one session and nurse begins to get angry at patient
- 24. terminate session
- 25. Common side effects of anti-depressants (this is a select all question)
- 26. Dry mouth, constipation, and blurred vision (3 should be selected
- 27. A woman who started chemotherapy three days ago for cancer of the breast calls the clinic reporting that she is so upset she cannot sleep. The client has several PRN medications available. Which drug should the nurse instruct her to take?
- 28. Lorazepam (Ativan) 8 mg PO HS
- 29. When a male client is asked about his reason for coming to the mental health clinic he replies, "It all started because I work in a hostile work environment. My boss would not let me go to a religious service, so I went to human resources, and they didn't want to do anything. It has been a really difficult time for me." Which response should the nurse provide?
- 30. "Have the feelings associated with these events brought you to the clinic?"
- 31. What are the signs of postpartum depression (this is a select all question)