

NURS 6551 Advanced Practice care of Adults Final Exam  
Test Bank

N/B: CORRECT 200 QUESTIONS AND ANSWERS

## **NURS 6551 Final Exam Test Bank 200 Questions with Answers**

### **Question 1**

2 out of 2 points

What is the general goal of surgical treatment for stress UI?

Answer: D. **To support and stabilize the urethra**

### **Question 2**

2 out of 2 points

Gender differences in heart disease can be found in:

Answer: D. **All of the above**

### **Question 3**

2 out of 2 points

Sarah, who just found out she is pregnant, is taking prenatal vitamins with extra daily supplements of iron. She may be a candidate for

Answer: B. **Premature delivery.**

### **Question 4**

2 out of 2 points

Margie, who has been breastfeeding for 4 weeks, has mastitis in her right breast and is taking Dioxycillin. She asks you what she needs to do about feeding the baby. You respond

Answer: B. "There is no need to stop breastfeeding, but start with your left side."

## Question 5

A 25-year-old obese female has a history of frequent candida vaginal infections in the past year. She is in a monogamous sexual relationship and uses an intrauterine device (IUD) for contraception. Of the following, which is the most likely underlying condition predisposing her to recurring candida vaginitis?

Answer: D. **Diabetes mellitus**

### Question 6

2 out of 2 points

Qualitative urine testing for hCG (human chorionic gonadotropin) can be done reliably \_\_\_\_\_ days after implantation of the blastocyst (fertilized egg).

Answer: B. **7-9 days**

### Question 7

2 out of 2 points

Karen is taking oral contraceptive pills for fertility control. Karen calls the clinic and reports the presence of chest pain and shortness of breath. You instruct Karen to:

Answer: A. **Go to the nearest emergency room immediately to be evaluated.**

### Question 8

2 out of 2 points

A new mother asks, "Is it true that breast milk will prevent my baby from catching colds and other infections?" You should give which of the following replies based on current research findings:

Answer: D. **"Your baby will have increased resistance to illness caused by bacteria and viruses, but he may still contract**

infections."

## Question 9

What is a contributor to the increased incidence of heartburn during pregnancy?

Answer: D. The pregnancy hormone relaxin, which softens the lower esophageal sphincter

### **Question 10**

0 out of 2 points

Nettie, who is pregnant, is suffering from exacerbation of peptic ulcer disorder. Which is the best medication to order for her?

Answer: A. Ranitidine

### **Question 11**

2 out of 2 points

A common prenatal care model in which women have their first visit with one provider and then subsequent visits in a group setting is called:

Answer: C. Centering Pregnancy

### **Question 12**

2 out of 2 points

Lynn comes to the clinic for her initial prenatal visit. Based on her menstrual history, the client is at 9 weeks' gestation and is scheduled to have an ultrasound for estimation of the gestational age of the fetus. Which fetal measurement is the best indicator of gestational age at this time?

Answer: C. Crown-rump measurement

## Question 13

What is a possible cause of abdominal pain during pregnancy?

Answer: A. Round ligament pain

#### Question 14

2 out of 2 points

A 28-year-old pregnant patient, at 18 weeks gestation, complains of feeling lightheaded when standing. which of the following is an appropriate response by the nurse practitioner?

Answer: D. Blood pressure normally decreases during pregnancy and can cause this symptom.

#### Question 15

2 out of 2 points

In order to maintain continence bladder pressure must be

Answer: D. lower than urethral pressure.

#### Question 16

2 out of 2 points

How does the third stage of labor end?

Answer: B. With the delivery of the placenta

#### Question 17

2 out of 2 points

Which of the following drugs should be used with extreme caution in

breastfeeding mothers? Answer: C. Phenobarbital



## Question 18

How can hormonal influences during pregnancy cause backache?

Answer: A. They loosen ligaments and joints.

### Question 19

2 out of 2 points

According to Naegele's rule, if a woman's last normal menstrual period (LNMP) was September 23, what is her estimated date of delivery?

Answer: D. June 30

### Question 20

2 out of 2 points

A poorly defined, flat, blue-black macule, present at birth and usually on the trunk and buttocks, is a

Answer: C. Mongolian spot

### Question 21

0 out of 2 points

The majority of early pregnancy losses are due to:

Answer: D. Chromosomal abnormalities

### Question 22

2 out of 2 points

Without treatment shortly after birth, as many as 90 percent of infants born to hepatitis B- infected mothers will:

Answer: D. Become infected

## Question 23

A 28-year-old pregnant patient gives a history of smoking 1 pack of cigarettes per day (1 PPD). The nurse practitioner is accurate when she tells the patient that cigarette smoking is associated with:

Answer: A. **Intrauterine growth restriction**

### **Question 24**

2 out of 2 points

Which of the following does not increase a woman's risk for

developing cervical cancer? Answer: D. **Nulliparity**

### **Question 25**

0 out of 2 points

A nurse practitioner is holding a prenatal nutrition class for a group of patients. Considering cultural variations, which of the following women may be increased risk for inadequate intake of calcium?

Answer: A. **A 35-year-old Caucasian**

### **Question 26**

2 out of 2 points

What is the best description of Bishop's score?

Answer: A. **It is an assessment of the cervix's readiness for elective induction.**

## Question 27

Sandra, who is 5 months pregnant and of average height and weight, asks you how many extra calories she should be adding to her diet per day. You tell her to add:

Answer: A. 300 calories

#### Question 44

0 out of 2 points

A 50-year-old patient has abnormal vaginal bleeding with heavy periods and intermenstrual water discharge with a small amount of blood. What is the most likely diagnosis?

Answer: C. Normal perimenopause

#### Question 45

2 out of 2 points

What is significant about cytomegalovirus (CMV)?

Answer: B. It can remain dormant within the body for life.

#### Question 48

2 out of 2 points

All except which of the following are important historical questions for a 29-year-old woman in clinic for right-sided weakness?

Answer: D. History of pelvic inflammatory disease

#### Question 49

2 out of 2 points

The onset of labor is indicated by regular uterine contractions and:

Answer: D. Progressive cervical change

### Question 28

2 out of 2 points

What components make up the biophysical profile?

Answer: D. Fetal tone, breathing, motion, amniotic fluid volume, and non-stress test.

### Question 29

2 out of 2 points

What is the leading cause of first-trimester maternal death?

Answer: A. Ectopic pregnancy

### Question 30

2 out of 2 points

A newborn delivered by a mother with no prenatal care exhibits the following: dysmorphic facial features including short palpebral fissures, a thin upper lip, an elongated and flattened philtrum, and a flattened midface region. You suspect that the mother engaged in what behavior during pregnancy?

Answer: D. Excessive alcohol intake

### Question 31

2 out of 2 points

What is a common cause of leg cramps

during pregnancy? Answer: A. An imbalance of calcium and magnesium



**Question 32**

2 out of 2 points

What is the simplest and safest method of suppressing lactation after it has started?

Answer: B. Gradually weaning the baby to a bottle or cup over a 3-week period

### Question 33

2 out of 2 points

Uncomplicated acute bacterial cystitis occurs in women who:

Answer: B. Have no signs of upper tract infection

### Question 34

2 out of 2 points

Which of the following diseases is not acquired transplacentally?

Answer: C. Tuberculosis

### Question 35

2 out of 2 points

NSAID use during pregnancy has been linked to which condition in newborns?

Answer: C. Pulmonary hypertension

### Question 36

2 out of 2 points

Carrie is due to deliver her second baby. During your work-up, you

note that she hemorrhaged after delivering her first baby 2 years ago, has always had menorrhagia, and bruises easily. Her lab work reveals a normal blood work-up, including a normal prothrombin time and activated partial thromboplastin time. What do you suspect?

Answer: A. Von Willibrand's disease

### Question 37

2 out of 2 points

Screening for hyperlipidemia is recommended to begin at what age for women with no risk factors?

Answer: C. 45

### Question 38

0 out of 2 points

A 20-year-old female patient presents with lower abdominal pain, moderate vaginal bleeding, and right shoulder pain. Her blood pressure is 85/50 mmHg, pulse 140, respirations 28, and temperature 98 deg. F. She has a history of pelvic inflammatory disease (PID). Her urine pregnancy test is positive. Which of the following is the most likely diagnosis?

Answer: D. Threatened spontaneous abortion

### Question 39

2 out of 2 points

Which of the following recommendations should you provide to parents about reducing the risk of sudden infant death syndrome (SIDS)?

Answer: C. A bare crib with firm sleep surface; no soft objects, wedges, or ruffles.

### Question 40

2 out of 2 points