

VERSION 4

Maternal Newborn- Practice 2019 B

1. A nurse is caring for a client who is pregnant & is at the end of her first trimester. The nurse should place the Doppler ultrasound stethoscope in which of the following locations to begin assessing for the fetal heart tones (FHT)?

Just above the symphysis pubis.

2. A nurse is preparing to administer azithromycin to a client who is at 16 weeks of gestation & has a positive chlamydia culture. The prescription states "Administer azithromycin 1 g orally now." Available is 250 mg tablets. How many tablets should the nurse administer? (Round to the nearest whole number) $1 \times 1000 = 1000 / 250 = 4$.
3. A nurse is assessing a client who is postpartum & has idiopathic thrombocytopenia purpura (ITP). Which of the following findings should the nurse expect? **Decreased platelet count.**
4. A nurse is assessing a newborn for manifestations of hypoglycemia. Which of the following findings should the nurse expect? **Jitteriness.**

5. A nurse in a women's health clinic is providing teaching about nutritional intake to a client who is at 8 weeks of gestation. The nurse should instruct the client to increase her daily intake of which of the following nutrients? **Iron.**
6. A nurse is teaching a new parent about newborn safety. Which of the following instructions should the nurse include in the teaching? **"You can share your room with your baby for the next few weeks."**
7. A nurse is providing teaching about family planning to a client who has a new prescription for a diaphragm. Which of the following statements should the nurse include in the teaching? **"You should leave the diaphragm in place for at least 6 hours after intercourse."**
8. A nurse is reviewing the medical record of a client who is postpartum & has preeclampsia. Which of the following laboratory results should the nurse report to the provider? **Platelets 50,000/mm³.**
9. A nurse is providing dietary teaching to a client who has hyperemesis gravidarum. Which of the following statements by the client indicates an understanding of the teaching? **"I will eat foods that taste good instead of balancing my meals."**
10. A nurse in the antepartum clinic is assessing a client's adaption to pregnancy. The client states that she is, "happy one minute & crying the next." The nurse should interpret the client's statement as an indication of which of the following? **Emotional lability.**
11. A nurse is caring for a client who is in labor & reports increasing rectal pressure. She is experiencing contractions 2-3 minutes apart, each lasting 80-90 seconds, & a vaginal examination reveals that her cervix is dilated to 9 cm. The nurse should identify that the client is in which of the following phases of labor? **Transition.**
12. A nurse is reviewing laboratory results of a newborn who is 4 hours old. Which of the following findings should the nurse report to the provider? **Bilirubin 9 mg/dL.**
13. A nurse on a postpartum unit is caring for a client who is experiencing hypovolemic shock. After notifying the provider, which of the following actions should the nurse take next? **Massage the client's fundus.**