

Edelman: Health Promotion Throughout the Life Span, 7th Edition

Chapter 02: Emerging Populations and Health

Test Bank

MULTIPLE CHOICE

1. Which of the following statements is true about race?
 - a. Races can be distinguished very easily by physical properties.
 - b. Races can be distinguished easily by biological properties.
 - c. There is more variation within races than between them.
 - d. Racial taxonomies are more of a biological category than a social one.

ANS: C

Research data indicate that there is more variation within races than between them. Races cannot be distinguished easily by physical or biological properties. Racial taxonomies are more of a social category than a biological one.

DIF: Cognitive Level: Knowledge REF: 29-30

2. Which of the following terms is appropriately defined as "a collective identity, a sense of uniqueness within the larger society, and a distinction from nonmembers"?
 - a. Culture
 - b. Ethnicity
 - c. Race
 - d. Social standing

ANS: B

Ethnicity is defined as "a collective identity, a sense of uniqueness within the larger society, and a distinction from nonmembers."

DIF: Cognitive Level: Knowledge REF: 30

3. Which of the following is a result of racial categorization?
 - a. Hispanic persons at the top of the social ladder, with white, black, and other minority persons beneath them
 - b. Policies and societal arrangements that limit the opportunities of stigmatized groups
 - c. Social class intermarriage and poverty that are apparent in developing countries
 - d. Interracial marriage that ultimately relieves a community of racial discrimination

ANS: B

Racial categories reflect some of the inequalities that have emerged as attitudes and beliefs about racial groups have become policies and societal arrangements, thus limiting the opportunities of stigmatized groups.

DIF: Cognitive Level: Application REF: 30

4. The term "Arab":

- a. Is a cultural and linguistic designation
- b. Refers to a race of people in the Middle East
- c. Refers to an ethnic group of people in the Middle East
- d. Refers to Islamic populations in the Middle East

ANS: A

The term "Arab" is a cultural, linguistic, and to some extent, political designation.

DIF: Cognitive Level: Knowledge REF: 33

5. Which of the following is true in relation to acculturation and diabetes in Arab Americans?

- a. Arab Americans are genetically predisposed to diabetes
- b. Acculturation is responsible for higher rates of diabetes among Arab Americans
- c. Adopting Western habits of healthy diets explains lower rates of diabetes among acculturated Arab Americans
- d. Acculturation is unrelated to incidence of diabetes among Arab Americans

ANS: C

Post-Westernization—adopting healthy Western health habits—is associated with lower rates of diabetes among acculturated Arab Americans.

DIF: Cognitive Level: Application REF: 33

6. What would be the most appropriate health-related reason that a nurse could use to suggest to newly immigrated Asian American parents that their child should attend public school?

- a. The child will get a good education.
- b. According to law, all children must go to school.
- c. The child can get health care at school.
- d. Exposure to different cultures in school will enhance socialization.

ANS: D

Exposure to different cultures in school facilitates the adoption of other cultural beliefs and aids in the socialization of the child into a new environment.

DIF: Cognitive Level: Application REF: 34-35

7. The interrelationship of poverty and health care dollars spent by Blacks and other minorities is affected greatly by:
- Lack of access to preventive health care services
 - Low numbers of minority health care providers
 - Use of emergency rooms for care
 - Increased infant mortality rates in Black populations

ANS: A

A decrease in resources for preventive care leads to the use of emergency rooms and other more expensive health care services that are often used as resources when severe illness occurs.

DIF: Cognitive Level: Synthesis REF: 39

8. In most minority groups, cultural beliefs related to health:
- Transcend individuality
 - Are characteristically the same
 - Are transmitted from one generation to the next
 - Share some similar characteristics but have individual variations

ANS: D

Although cultures share some similar beliefs, health beliefs must be assessed and managed on an individual basis. Being a member of a socially defined culture does not mean that one's health beliefs and practices are the same as those of all other members of that cultural group.

DIF: Cognitive Level: Synthesis REF: 35 | 38 | 40