## MULTIPLE CHOICE

- 1. The \_\_\_\_\_\_ is one of the largest cells in the human body.
  - a. sperm
  - b. ovum
  - c. epithelial
  - d. nerve

ANS: B

- 2. The jelly-like material of the cell is called \_\_\_\_\_.
  - a. cytoplasm
  - b. flagella
  - c. organelles
  - d. nucleus

ANS: A

- 3. The \_\_\_\_\_\_ surrounds and protects the cell, regulating passage of materials into and out of the cell.
  - a. plasma membrane
  - b. endoplasmic reticulum
  - c. nuclear envelope
  - d. cytoplasm

ANS: A

- 4. Each \_\_\_\_\_\_ contains hundreds or thousands of units of hereditary information that govern the structure and activity of the cell.
  - a. nucleolus
  - b. gene
  - c. DNA
  - d. chromosome

ANS: D

- 5. \_\_\_\_\_ are tiny power plants contained within the cell that carry on cellular respiration.
  - a. Ribosomes
  - b. Golgi
  - c. Mitochondria
  - d. Lysosomes

ANS: C

- 6. A small membrane-enclosed structure that holds or transports some type of cargo within the cell is called a \_\_\_\_\_.
  - a. lysosome
  - b. flagellum

- c. vesicle
- d. cellular respiration

ANS: C

- 7. The diffusion of water molecules through a selectively permeable membrane from a region where water molecules are more concentrated to a region where they are less concentrated is called \_\_\_\_\_.
  - a. osmosis
  - b. diffusion
  - c. filtration
  - d. active transport

ANS: A

- 8. When blood cells are placed in a hypertonic solution, \_\_\_\_\_.
  - a. the net movement of water molecules is zero
  - b. the blood cells die immediately
  - c. there is a net movement of water molecules out of the cells
  - d. the blood cells swell and may burst

ANS: C

- 9. In \_\_\_\_\_, the cell moves materials from a region of lower concentration to a region of higher concentration.
  - a. active transport
  - b. diffusion
  - c. filtration
  - d. osmosis

ANS: A

- 10. A white blood cell ingests bacteria. This is an example of \_\_\_\_\_.
  - a. diffusion
  - b. passive transport
  - c. phagocytosis
  - d. cell pumping action

ANS: C

- 11. \_\_\_\_\_ are chemical messengers used between cells for communication.
  - a. Carbohydrates
  - b. Lipids
  - c. Receptors
  - d. Hormones

ANS: D

- 12. Target cells \_\_\_\_\_.
  - a. typically have receptors that bind signal molecules to their surfaces
  - b. usually replicate and die when contracted by a signal molecule
  - c. are the first cells in a cell signaling pathway
  - d. kill invading microorganisms

ANS: A

- 13. In a process called \_\_\_\_\_, receptors convert signals outside the cell into a signal inside the cell that affects cellular activity.
  - a. diffusion
  - b. apoptosis
  - c. signal transduction
  - d. active transport

ANS: C

- 14. The cell spends most of its life in \_\_\_\_\_, the period between mitoses.
  - a. prophase
  - b. interphase
  - c. metaphase
  - d. telophase

ANS: B

- 15. During \_\_\_\_\_, the chromatids separate and become independent chromosomes.
  - a. interphase
  - b. metaphase
  - c. anaphase
  - d. telophase

ANS: C

- 16. \_\_\_\_\_\_ epithelial cells are thin, flattened cells shaped like pancakes or flagstones.
  - a. Stratified
  - b. Squamous
  - c. Cuboidal
  - d. Columnar

ANS: B

17. \_\_\_\_\_ cells in the lining of the intestine secrete mucus, a slippery protective substance.

- a. Body
- b. Muscle
- c. Glial
- d. Goblet

ANS: D

18. \_\_\_\_\_\_ tissue stores fat and releases it when the body needs energy.

- a. Loose connective
- b. Adipose
- c. Muscle
- d. Cardiac

ANS: B

19. \_\_\_\_\_ membranes line the body cavities that open to the outside of the body.

- a. Mucous
- b. Serous
- c. Parietal
- d. Visceral

ANS: A

20. A \_\_\_\_\_ lines a body cavity that does not open to the outside of the body.

- a. mucosa
- b. serous membrane
- c. synovial
- d. connective tissue membrane

ANS: B

21. \_\_\_\_\_ are tiny cells with long whip-like tails called *flagella*.

- a. Sperm
- b. Ovum
- c. Epithelial
- d. Nerve

ANS: A

- 22. \_\_\_\_\_ are specialized structures scattered throughout the cell, which perform jobs within the cell.
  - a. Phospholipids
  - b. Nucleoli
  - c. Organelles
  - d. Chromosomes

ANS: C

- 23. Rough endoplasmic reticulum has a granular appearance that results from the presence of organelles called \_\_\_\_\_.
  - a. cilia
  - b. ribosomes
  - c. lysosomes
  - d. mitochondria

ANS: B

- 24. Bacteria and foreign matter are destroyed by digestive enzymes contained in little sacs called
  - a. chromosomes
  - b. microtubules
  - c. lysosomes
  - d. ribosomes

ANS: C

- 25. \_\_\_\_\_\_ is the net movement of molecules or ions from a region of higher concentration to a region of lower concentration brought about by the energy of the molecules.
  - a. Diffusion

- b. Filtration
- c. Active transport
- d. Hypertonic

ANS: A

- 26. The passage of materials through membranes by mechanical pressure is known as \_\_\_\_\_.
  - a. diffusion
  - b. filtration
  - c. active transport
  - d. permeability

ANS: B

- 27. When blood cells are placed in a hypotonic solution, \_\_\_\_\_.
  - a. there is a net movement of water molecules into the cells
  - b. water is pumped out of the cells
  - c. the cells shrink
  - d. water is removed by phagocytosis

ANS: A

- 28. In \_\_\_\_\_, the cell ingests large solid particles such as food or bacteria.
  - a. diffusion
  - b. osmosis
  - c. apoptosis
  - d. phagocytosis

ANS: D

- 29. In cell signaling, \_\_\_\_\_.
  - a. a message passes through membranes by mechanical pressure
  - b. the first step is active transport
  - c. the first step is signal transduction
  - d. one cell communicates with another by means of a hormone or other regulatory molecule

ANS: D

- 30. Signal molecules bind to \_\_\_\_\_ on the surface of target cells.
  - a. receptors
  - b. tissues
  - c. lysosomes
  - d. neurons

ANS: A

- 31. \_\_\_\_\_\_ is the stage of mitosis in which the nuclear membrane dissolves.
  - a. Prophase
  - b. Interphase
  - c. Metaphase
  - d. Anaphase

- 32. During \_\_\_\_\_, the chromatids are positioned along the equator of the cell.
  - a. prophase
  - b. interphase
  - c. metaphase
  - d. anaphase

ANS: C

- 33. Epithelium lining the digestive tract \_\_\_\_\_ molecules of digested food.
  - a. secretes
  - b. absorbs
  - c. senses
  - d. excretes

ANS: B

34. Almost every organ in the body has a framework of \_\_\_\_\_\_ tissue that supports it.

- a. adipose
- b. connective
- c. muscle
- d. nervous

ANS: B

35. \_\_\_\_\_ fibers are very fine, branched fibers that form a network that supports many tissues and organs.

- a. Elastic
- b. Collagen
- c. Reticular
- d. Nervous

ANS: C

36. In contrast to epithelial tissue, the cells of connective tissue \_\_\_\_\_.

- a. are separated by intercellular substance
- b. contain fewer fibers
- c. lack collagen fibers
- d. are joined by ducts

ANS: A

- 37. Smooth muscle \_\_\_\_\_.
  - a. is found in the wall of the heart
  - b. contracts rapidly
  - c. has a striated appearance
  - d. can be found in the wall of the intestine

ANS: D

- 38. \_\_\_\_\_ are specialized for receiving impulses.
  - a. Adipose cells

- b. Axons
- c. Collagen fibers
- d. Dendrites

ANS: D

- 39. The main types of \_\_\_\_\_ membranes are mucous membranes, serous membranes, and the skin.
  - a. epithelial
  - b. connective tissue
  - c. synovial
  - d. cardiac

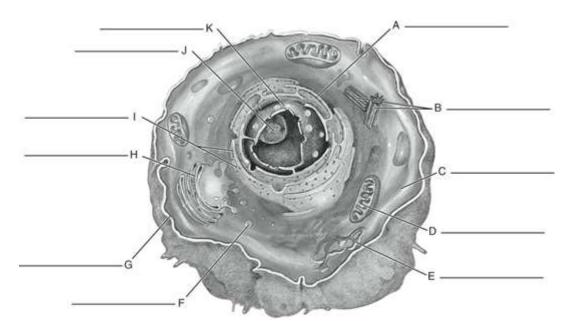
ANS: A

- 40. The \_\_\_\_\_\_ is the serous membrane lining the abdominal cavity.
  - a. synovial membrane
  - b. parietal pleura
  - c. visceral pleura
  - d. parietal peritoneum

ANS: D

## MATCHING

Fill in the correct labels for the following figure using the word bank below.



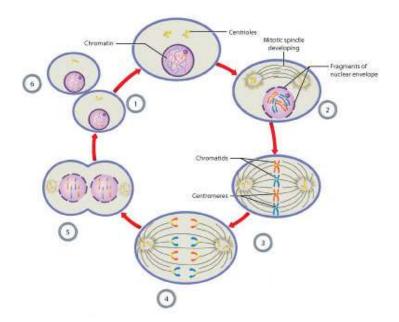
- a. Mitochondrion
- b. Plasma membrane
- c. Ribosomes
- d. Centrioles
- e. Nucleolus
- f. Cytoplasm

- g. Rough endoplasmic reticulum
- h. Nucleus
- i. Smooth endoplasmic reticulum
- j. Lysosome
- k. Golgi complex

1. A\_\_\_\_\_

- 2. B \_\_\_\_\_
- 3. C \_\_\_\_\_
- 4. D\_\_\_\_\_
- 5. E\_\_\_\_\_
- 6. F \_\_\_\_\_
- 7. G\_\_\_\_\_
- 8. H\_\_\_\_\_
- 9. I\_\_\_\_\_ 10. J\_\_\_\_\_
- 11. K\_\_\_\_\_
- 1. ANS: G
- 2. ANS: D
- 3. ANS: F
- 4. ANS: A
- 5. ANS: I
- 6. ANS: J
- 7. ANS: B
- 8. ANS: K
- 9. ANS: C
- 10. ANS: E
- 11. ANS: H

Fill in the correct labels for the following figure using the word bank below.



- a. Anaphase
- b. Daughter Cells
- c. Telophase
- d. Prophase
- e. Interphase
- f. Metaphase
- 12. A\_\_\_\_\_
- 13. B\_\_\_\_\_
- 14. C\_\_\_\_\_
- 15. D\_\_\_\_\_
- 16. E\_\_\_\_\_
- 17. F\_\_\_\_\_
- 12. ANS: E
- 13. ANS: D
- 14. ANS: F
- 15. ANS: A
- 16. ANS: C
- 17. ANS: B

## **OTHER**

1. Describe a condition in which excess adipose tissue could be harmful.

ANS:

Obesity is the result of excess adipose tissue. Obese people have a much greater risk for heart disease, stroke, diabetes, cancer, and arthritis.