MULTIPLE CHOICE

- 1. The ______ is one of the largest cells in the human body.
 - a. sperm
 - b. ovum
 - c. epithelial
 - d. nerve

ANS: B

- 2. The jelly-like material of the cell is called _____.
 - a. cytoplasm
 - b. flagella
 - c. organelles
 - d. nucleus

ANS: A

- 3. The ______ surrounds and protects the cell, regulating passage of materials into and out of the cell.
 - a. plasma membrane
 - b. endoplasmic reticulum
 - c. nuclear envelope
 - d. cytoplasm

ANS: A

- 4. Each ______ contains hundreds or thousands of units of hereditary information that govern the structure and activity of the cell.
 - a. nucleolus
 - b. gene
 - c. DNA
 - d. chromosome

ANS: D

- 5. _____ are tiny power plants contained within the cell that carry on cellular respiration.
 - a. Ribosomes
 - b. Golgi
 - c. Mitochondria
 - d. Lysosomes

ANS: C

- 6. A small membrane-enclosed structure that holds or transports some type of cargo within the cell is called a _____.
 - a. lysosome
 - b. flagellum

- c. vesicle
- d. cellular respiration

ANS: C

- 7. The diffusion of water molecules through a selectively permeable membrane from a region where water molecules are more concentrated to a region where they are less concentrated is called _____.
 - a. osmosis
 - b. diffusion
 - c. filtration
 - d. active transport

ANS: A

- 8. When blood cells are placed in a hypertonic solution, _____.
 - a. the net movement of water molecules is zero
 - b. the blood cells die immediately
 - c. there is a net movement of water molecules out of the cells
 - d. the blood cells swell and may burst

ANS: C

- 9. In _____, the cell moves materials from a region of lower concentration to a region of higher concentration.
 - a. active transport
 - b. diffusion
 - c. filtration
 - d. osmosis

ANS: A

- 10. A white blood cell ingests bacteria. This is an example of _____.
 - a. diffusion
 - b. passive transport
 - c. phagocytosis
 - d. cell pumping action

ANS: C

- 11. _____ are chemical messengers used between cells for communication.
 - a. Carbohydrates
 - b. Lipids
 - c. Receptors
 - d. Hormones

ANS: D

- 12. Target cells _____.
 - a. typically have receptors that bind signal molecules to their surfaces
 - b. usually replicate and die when contracted by a signal molecule
 - c. are the first cells in a cell signaling pathway
 - d. kill invading microorganisms

ANS: A

- 13. In a process called _____, receptors convert signals outside the cell into a signal inside the cell that affects cellular activity.
 - a. diffusion
 - b. apoptosis
 - c. signal transduction
 - d. active transport

ANS: C

- 14. The cell spends most of its life in _____, the period between mitoses.
 - a. prophase
 - b. interphase
 - c. metaphase
 - d. telophase

ANS: B

- 15. During _____, the chromatids separate and become independent chromosomes.
 - a. interphase
 - b. metaphase
 - c. anaphase
 - d. telophase

ANS: C

- 16. ______ epithelial cells are thin, flattened cells shaped like pancakes or flagstones.
 - a. Stratified
 - b. Squamous
 - c. Cuboidal
 - d. Columnar

ANS: B

17. _____ cells in the lining of the intestine secrete mucus, a slippery protective substance.

- a. Body
- b. Muscle
- c. Glial
- d. Goblet

ANS: D

18. ______ tissue stores fat and releases it when the body needs energy.

- a. Loose connective
- b. Adipose
- c. Muscle
- d. Cardiac

ANS: B

19. _____ membranes line the body cavities that open to the outside of the body.

- a. Mucous
- b. Serous
- c. Parietal
- d. Visceral

ANS: A

20. A _____ lines a body cavity that does not open to the outside of the body.

- a. mucosa
- b. serous membrane
- c. synovial
- d. connective tissue membrane

ANS: B

21. _____ are tiny cells with long whip-like tails called *flagella*.

- a. Sperm
- b. Ovum
- c. Epithelial
- d. Nerve

ANS: A

- 22. _____ are specialized structures scattered throughout the cell, which perform jobs within the cell.
 - a. Phospholipids
 - b. Nucleoli
 - c. Organelles
 - d. Chromosomes

ANS: C

- 23. Rough endoplasmic reticulum has a granular appearance that results from the presence of organelles called _____.
 - a. cilia
 - b. ribosomes
 - c. lysosomes
 - d. mitochondria

ANS: B

- 24. Bacteria and foreign matter are destroyed by digestive enzymes contained in little sacs called
 - a. chromosomes
 - b. microtubules
 - c. lysosomes
 - d. ribosomes

ANS: C

- 25. ______ is the net movement of molecules or ions from a region of higher concentration to a region of lower concentration brought about by the energy of the molecules.
 - a. Diffusion

- b. Filtration
- c. Active transport
- d. Hypertonic

ANS: A

- 26. The passage of materials through membranes by mechanical pressure is known as _____.
 - a. diffusion
 - b. filtration
 - c. active transport
 - d. permeability

ANS: B

- 27. When blood cells are placed in a hypotonic solution, _____.
 - a. there is a net movement of water molecules into the cells
 - b. water is pumped out of the cells
 - c. the cells shrink
 - d. water is removed by phagocytosis

ANS: A

- 28. In _____, the cell ingests large solid particles such as food or bacteria.
 - a. diffusion
 - b. osmosis
 - c. apoptosis
 - d. phagocytosis

ANS: D

- 29. In cell signaling, _____.
 - a. a message passes through membranes by mechanical pressure
 - b. the first step is active transport
 - c. the first step is signal transduction
 - d. one cell communicates with another by means of a hormone or other regulatory molecule

ANS: D

- 30. Signal molecules bind to _____ on the surface of target cells.
 - a. receptors
 - b. tissues
 - c. lysosomes
 - d. neurons

ANS: A

- 31. ______ is the stage of mitosis in which the nuclear membrane dissolves.
 - a. Prophase
 - b. Interphase
 - c. Metaphase
 - d. Anaphase

- 32. During _____, the chromatids are positioned along the equator of the cell.
 - a. prophase
 - b. interphase
 - c. metaphase
 - d. anaphase

ANS: C

- 33. Epithelium lining the digestive tract _____ molecules of digested food.
 - a. secretes
 - b. absorbs
 - c. senses
 - d. excretes

ANS: B

34. Almost every organ in the body has a framework of ______ tissue that supports it.

- a. adipose
- b. connective
- c. muscle
- d. nervous

ANS: B

35. _____ fibers are very fine, branched fibers that form a network that supports many tissues and organs.

- a. Elastic
- b. Collagen
- c. Reticular
- d. Nervous

ANS: C

36. In contrast to epithelial tissue, the cells of connective tissue _____.

- a. are separated by intercellular substance
- b. contain fewer fibers
- c. lack collagen fibers
- d. are joined by ducts

ANS: A

- 37. Smooth muscle _____.
 - a. is found in the wall of the heart
 - b. contracts rapidly
 - c. has a striated appearance
 - d. can be found in the wall of the intestine

ANS: D

- 38. _____ are specialized for receiving impulses.
 - a. Adipose cells

- b. Axons
- c. Collagen fibers
- d. Dendrites

ANS: D

- 39. The main types of _____ membranes are mucous membranes, serous membranes, and the skin.
 - a. epithelial
 - b. connective tissue
 - c. synovial
 - d. cardiac

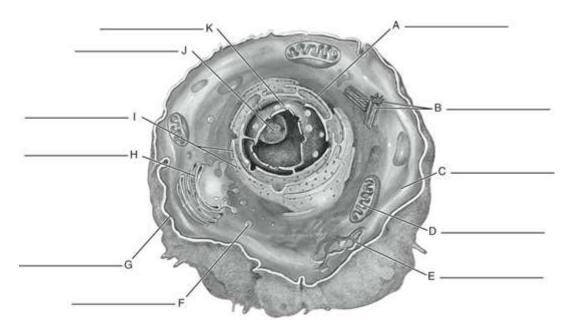
ANS: A

- 40. The ______ is the serous membrane lining the abdominal cavity.
 - a. synovial membrane
 - b. parietal pleura
 - c. visceral pleura
 - d. parietal peritoneum

ANS: D

MATCHING

Fill in the correct labels for the following figure using the word bank below.



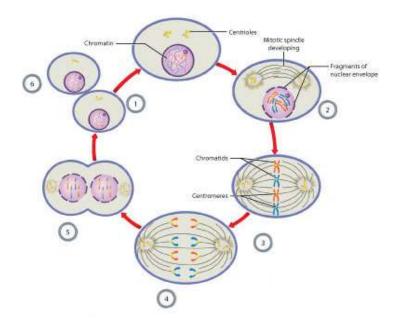
- a. Mitochondrion
- b. Plasma membrane
- c. Ribosomes
- d. Centrioles
- e. Nucleolus
- f. Cytoplasm

- g. Rough endoplasmic reticulum
- h. Nucleus
- i. Smooth endoplasmic reticulum
- j. Lysosome
- k. Golgi complex

1. A_____

- 2. B _____
- 3. C _____
- 4. D_____
- 5. E_____
- 6. F _____
- 7. G_____
- 8. H_____
- 9. I_____ 10. J_____
- 11. K_____
- 1. ANS: G
- 2. ANS: D
- 3. ANS: F
- 4. ANS: A
- 5. ANS: I
- 6. ANS: J
- 7. ANS: B
- 8. ANS: K
- 9. ANS: C
- 10. ANS: E
- 11. ANS: H

Fill in the correct labels for the following figure using the word bank below.



- a. Anaphase
- b. Daughter Cells
- c. Telophase
- d. Prophase
- e. Interphase
- f. Metaphase
- 12. A_____
- 13. B_____
- 14. C_____
- 15. D_____
- 16. E_____
- 17. F_____
- 12. ANS: E
- 13. ANS: D
- 14. ANS: F
- 15. ANS: A
- 16. ANS: C
- 17. ANS: B

OTHER

1. Describe a condition in which excess adipose tissue could be harmful.

ANS:

Obesity is the result of excess adipose tissue. Obese people have a much greater risk for heart disease, stroke, diabetes, cancer, and arthritis.