

Buttaro: Primary Care, A Collaborative Practice, 5th Ed.

Chapter 2: Transitional Care

Test Bank

Multiple Choice

1. To reduce adverse events associated with care transitions, the Centers for Medicare and Medicaid Service have implemented which policy?
 - a. Mandates for communication among primary caregivers and hospitalists
 - b. Penalties for failure to perform medication reconciliations at time of discharge
 - c. Reduction of payments for patients readmitted within 30 days after discharge
 - d. Requirements for written discharge instructions for patients and caregivers

ANS: C

As a component of the Affordable Care Act, the Centers for Medicare and Medicaid Service developed the Readmissions Reduction Program reducing payments for certain patients readmitted within 30 days of discharge. The CMS did not mandate communication, institute penalties for failure to perform medication reconciliations, or require written discharge instructions. REF: Transitional Care

2. According to Naylor's transitional care model, which intervention has resulted in lower costs and fewer rehospitalizations in high-risk older patients?
 - a. Coordination of post-hospital care by advanced practice nurses
 - b. Frequent post-hospital clinic visits with a primary care provider
 - c. Inclusion of extended family members in the outpatient plan of care
 - d. Telephone follow up by the pharmacist to assess medication compliance

ANS: A

Naylor's transitional care model provided evidence that high risk older patients who had post-hospital care coordinated by an APN had reduced rehospitalization rates. It did not include clinic visits with a primary care provider, inclusion of extended family members in the plan of care, or telephone follow up by a pharmacist. REF: Transitional Care

3. Which approaches are among those recommended by the Agency for Healthcare Research and Quality to improve health literacy in patients?
Select all that apply.
 - a. Empowering patients and families
 - b. Giving written handouts for all teaching

- c. Highlighting no more than 7 key points
- d. Repeating the instructions
- e. Supplementing teaching with visual aids

ANS: A, D, E

AHRQ recommends using clear, simple language, highlighting 3 to 5 key points, using pictures or visual aids, repeating the instructions, using Teach Back, and empowering patients. Written communication is not part of the recommendations. REF: Health Literacy