## Herlihy: The Human Body in Health and Illness, 6th Edition

## **MULTIPLE CHOICE**

- 1. Which of the following are located in the orbits surrounding the nucleus?
  - a. Isotopes
  - b. Protons
  - c. Electrons
  - d. Neutrons

ANS: C

- 2. Which of the following is a measurement of hydrogen ion concentration [H<sup>+</sup>]?
  - a. Atomic number
  - b. Atomic mass
  - c. Isotope
  - d. pH

ANS: D

- 3. The sharing of electrons is referred to as
  - a. covalent bonding.
  - b. ionic bonding.
  - c. radioactive decay.
  - d. isotope formation.

ANS: A

- 4. Which element must be present for a substance to be classified as organic?
  - a. Iodine
  - b. Iron
  - c. Carbon
  - d. Calcium

ANS: C

- 5. A cation is a(n)
  - a. positively charged ion.
  - b. electrolyte.
  - c. isotope.
  - d. ion that has an atomic mass of 2.

ANS: A

- 6. Which of the following is an anion?
  - a. Sodium ion
  - b. Potassium ion
  - c. Chloride ion
  - d. Calcium ion

7.	What kind of ion would have 8 protons in its nucleus and 9 electrons in its orbits?  a. Cation  b. Electrolyte  c. Acid  d. Anion  ANS: D
8.	<ul> <li>Which of the following is true of an anion?</li> <li>a. An anion always ionizes to form electrolytes.</li> <li>b. An anion always has an atomic mass of 15.</li> <li>c. An anion carries a negative charge.</li> <li>d. A hydrogen ion is an anion.</li> </ul>
	ANS: C
9.	NaCl, table salt, is called a(n)  a. anion.  b. electrolyte. c. cation. d. ion.
	ANS: B
10.	Which process refers to the dissociation of NaCl into Na <sup>+</sup> and Cl <sup>-</sup> ?  a. Radioactivity  b. Ionization  c. Covalent bonding  d. Hydrogen bonding
	ANS: B
11.	<ul> <li>Which of the following is descriptive of the chemical reaction in the previous question?</li> <li>a. Cation + anion → electrolyte</li> <li>b. Electrolyte → cation + anion</li> <li>c. Electrolyte + anion → cation</li> <li>d. Neutralization of an acid by a base</li> </ul>
	ANS: B
12.	Which of the following is an anion?  a. NaCl  b. KCl  c. H <sub>2</sub> SO <sub>4</sub> d. HCO <sub>3</sub> <sup>-</sup>
	ANS: D
13.	Which of the following represents bicarbonate, an anion that is important in acid—base regulation?  a. HCl

	b. Ca(OH) <sub>2</sub> c. HCO <sub>3</sub> <sup>-</sup> d. KCl  ANS: C
14.	Which compound is the universal solvent?  a. Carbon dioxide  b. Oxygen  c. ATP  d. Water
15.	ANS: D  [H <sup>+</sup> ] refers to a. an isotope of hydrogen. b. heavy hydrogen. c. hydrogen bonding. d. hydrogen ion concentration.
	ANS: D
16.	<ul> <li>Which compound is a waste product of cellular metabolism?</li> <li>a. Oxygen</li> <li>b. Carbon dioxide</li> <li>c. Catalyst</li> <li>d. ATP</li> </ul>
	ANS: B
17.	Which of the following increases the speed of a chemical reaction but is itself not used up in the chemical reaction?  a. An isotope  b. A cation  c. A catalyst  d. ATP
	ANS: C
18.	<ul> <li>What is the energy-transferring molecule?</li> <li>a. H<sup>+</sup></li> <li>b. ATP</li> <li>c. Ca<sup>2+</sup></li> <li>d. NaCl</li> </ul>
	ANS: B
19.	Which of the following acts as a catalyst?  a. An acid  b. An enzyme  c. A buffer  d. ATP

## ANS: B

- 20. Fe<sup>2+</sup> is formed when iron
  - a. gains 2 protons.
  - b. gains 2 electrons.
  - c. loses 2 protons.
  - d. loses 2 electrons.

ANS: D

- 21. Which of the following is true of Na<sup>+</sup>?
  - a. It is an anion.
  - b. It is an electrolyte.
  - c. It bonds ionically with  $Ca^{2+}$ .
  - d. It is a cation.

ANS: D

- 22. Which of the following carries no net electrical charge?
  - a. An anion
  - b. A cation
  - c. A polar molecule
  - d. An ion

ANS: C

- 23. Which of the following illustrates antacid activity?
  - a.  $NaCl \rightarrow Na^+ + Cl^-$
  - b.  $HCl \rightarrow H^+ + Cl^-$
  - c.  $Mg(OH)_2 + HCl \rightarrow MgCl_2 + H_2O$
  - d.  $KCl \rightarrow K^+ + Cl^-$

ANS: C

- 24. Zinc, selenium, cobalt, and iodine are all
  - a. trace elements.
  - b. compounds.
  - c. radioactive.
  - d. isotopes of hydrogen.

ANS: A

- 25. Iron can be a(n)
  - a. anion.
  - b. electrolyte.
  - c. acid.
  - d. cation.

ANS: D

26. Which of the following is described by this statement? One atom of oxygen bonds covalently with two atoms of hydrogen.

- a. Carbon dioxide
- b. A tincture
- c. Water
- d. Neutralization of an acid with a base

- 27. A solution that has a pH of 6.8
  - a. has a neutral pH.
  - b. is alkaline.
  - c. is basic.
  - d. is acidic.

ANS: D

- 28. What happens when HCl is added to a solution with a pH of 7.45?
  - a. The pH will be higher than 7.45.
  - b. The solution will become more alkaline.
  - c. The [H<sup>+</sup>] of the solution will increase.
  - d. The pH will be higher than 8.0.

ANS: C

- 29. Which pH is considered neutral?
  - a. 7.35
  - b. 7.45
  - c. 7.00
  - d. 14.0

ANS: C

- 30. Blood has a pH range of 7.35 to 7.45 and therefore
  - a. is acidic.
  - b. is three to four times more viscous (thicker) than water.
  - c. has a pH that is similar to urine and stomach contents.
  - d. is alkaline.

ANS: D

- 31. In which of the following is the number of hydrogen ions greater?
  - a. An alkaline solution
  - b. A basic solution
  - c. Blood
  - d. A solution with a pH of 6.2

ANS: D

- 32. An atom has 2 protons, 2 neutrons, and 2 electrons; it has an atomic
  - a. number of 6.
  - b. mass of 2.
  - c. mass of 4.
  - d. number of 4.

A	N	C	$\mathbf{C}$
А	ΙN	O	

- 33. An atom has 1 proton, 0 neutrons, and 1 electron; its isotope has
  - a. 2 electrons and 0 neutrons.
  - b. 2 protons and 2 neutrons.
  - c. 1 proton and 1 neutron.
  - d. 2 protons and 0 neutrons.

- 34. An atom has 1 proton, 0 neutrons, and 1 electron. What will convert this atom to a cation?
  - a. Add 1 neutron.
  - b. Add 1 proton.
  - c. Lose 1 electron.
  - d. Add 1 proton, 2 neutrons, and 1 electron.

ANS: C

- 35. The heart pushes blood into the blood vessels as chemical energy is converted to which form of energy?
  - a. Thermal
  - b. Radiant
  - c. Mechanical
  - d. Nuclear

ANS: C

- 36. Which of the following best describes a solution in which water is the solvent?
  - a. Colloidal suspension
  - b. Aqueous solution
  - c. Tincture
  - d. Isotope

ANS: B

- 37. Which of the following best describes a solution in which alcohol is the solvent?
  - a. Tincture
  - b. Alkaline
  - c. Acid
  - d. Aqueous

ANS: A

- 38. A combination of sugar granules and iron filings is best described as a(n)
  - a. mixture.
  - b. colloidal suspension.
  - c. tincture.
  - d. isotope.

ANS: A

- 39. Which of the following can neutralize H<sup>+</sup>?
  - a.  $Ca^{2+}$

- b. Na+
- c. OH-
- d. H<sub>2</sub>O

- 40. Which of the following is incorrect?
  - a. Mixtures: suspension, colloidal suspension, solution
  - b. Ions: Na<sup>+</sup>, Cl<sup>-</sup>, Ca<sup>2+</sup>, K<sup>+</sup>
  - c. Electrolytes: NaCl, KCl, CaCl<sub>2</sub>, HCO<sub>3</sub><sup>-</sup>
  - d. Cations: Na<sup>+</sup>, Ca<sup>2+</sup>, K<sup>+</sup>, H<sup>+</sup>

ANS: C

- 41. The ionization of salt (NaCl)
  - a. produces an acid and a base.
  - b. produces an electrolyte.
  - c. lowers pH.
  - d. produces a cation and an anion.

ANS: D

- 42. Which of the following is true of iodine and radioactive iodine?
  - a. Both have the same atomic numbers.
  - b. Both have the same atomic masses.
  - c. Neither has electrons in its orbit.
  - d. Both create radiation hazards.

ANS: A

- 43. Which of the following is true of Na<sup>+</sup>?
  - a. Called the sodium ion
  - b. Has fewer protons than electrons
  - c. Called an anion
  - d. Lowers pH

ANS: A

- 44. Which of the following is true of Cl<sup>-</sup>?
  - a. Is an electrolyte
  - b. Is an anion
  - c. Increases pH
  - d. Decreases pH

ANS: B

- 45. Which of the following is most descriptive of HCl?
  - a. Is called bicarbonate
  - b. Is an acid
  - c. Raises pH
  - d. Dissociates into Na<sup>+</sup> and Cl<sup>-</sup>

ANS: B

- 46. Water is a(n)
  - a. molecule.
  - b. aqueous solvent.
  - c. compound.
  - d. All of the above.

ANS: D

- 47. An atom that has 3 protons, 4 neutrons, and 3 electrons
  - a. has an atomic mass of 7.
  - b. is a cation.
  - c. has an atomic number of 4.
  - d. has an atomic number of 10.

ANS: A

- 48. An atom has 3 protons, 4 neutrons, and 3 electrons; another atom has 3 protons, 3 neutrons, and 3 electrons. Which of the following is most descriptive of this pair of atoms?
  - a. Mixture
  - b. Cation
  - c. Electrolyte
  - d. Isotope

ANS: D

- 49. An atom has 4 protons, 4 neutrons, and 4 electrons. It
  - a. has an atomic number of 8.
  - b. is a cation.
  - c. has an atomic mass of 12.
  - d. has an atomic mass of 8.

ANS: D

- 50. ATP
  - a. is a buffer, removing  $H^+$  from solution.
  - b. is an energy transfer molecule.
  - c. is a radioactive isotope of phosphate.
  - d. ionizes to H<sup>+</sup>, thereby lowering pH.

ANS: B

- 51. Which of the following is most descriptive of the nucleus of the atom?
  - a. Contents determine the atomic number
  - b. Contents determine the atomic mass
  - c. "Home" of the protons
  - d. All of the above

ANS: D

- 52. Which of the following is most descriptive of ionic and covalent?
  - a. Types of bonding in which the electrons are shared
  - b. Types of bonding in which the electrons are swapped

- c. Types of bonding
- d. Types of bonding found only in reactions in which H<sup>+</sup> is produced

- 53. An electrolyte
  - a. dissociates into ions.
  - b. yields only cations.
  - c. always yields H<sup>+</sup> and lowers pH.
  - d. always removes H<sup>+</sup> and increases pH.

ANS: A

- 54. A catalyst
  - a. is an H<sup>+</sup>-yielding molecule.
  - b. is an acid.
  - c. is an alkali.
  - d. increases the speed of a chemical reaction.

ANS: D

- 55. Which of the following is most descriptive of the function of an enzyme?
  - a. Neutralization
  - b. Ionization
  - c. Catalyst
  - d. pH

ANS: C

- 56. A patient with a blood pH of 7.28
  - a. has an excess of H<sup>+</sup>.
  - b. has a blood pH that is within normal limits.
  - c. is alkalotic.
  - d. has a blood pH that indicates a deficiency of acid.

ANS: A

- 57. A solution with a pH of 8
  - a. is more acidic than blood.
  - b. is more acidic than stomach contents.
  - c. has more H<sup>+</sup> than urine.
  - d. is more alkaline than blood.

ANS: D

- 58. The pH of urine
  - a. is always more alkaline than blood.
  - b. is always acidic.
  - c. can be acidic or alkaline.
  - d. is more acidic than stomach contents.

- 59. The addition of H<sup>+</sup> to blood
  - a. increases blood pH.
  - b. makes the blood more acidic.
  - c. makes the blood more alkaline.
  - d. changes the blood pH from 7.4 to 7.8.

ANS: B

- 60. Blood is called a colloidal suspension because
  - a. it has a pH of 7.4.
  - b. it is alkaline.
  - c. it consists of the suspended plasma proteins.
  - d. it consists of the sodium and chloride ions.

ANS: C

- 61. Which of the following is correct about the following reaction: NaCl  $\leftrightarrow$  Na<sup>+</sup> + Cl<sup>-</sup>?
  - a. Neutralization
  - b. Ionization
  - c. Anabolic
  - d. Irreversible

ANS: B

- 62. An atom of oxygen has an atomic number of 8. Therefore
  - a. it can share electrons with another identical atom.
  - b. it can share electrons with another oxygen atom.
  - c. it can form O<sub>2</sub>.
  - d. All of the above are true.

ANS: D

- 63. An atom of oxygen shares its outer shell electrons with two hydrogen atoms thereby
  - a. forming an acid.
  - b. ionizing.
  - c. forming a molecule of water.
  - d. forming an anion and cation.

ANS: C

- 64. A molecule of water has a (+) charge at one and a (-) charge at the other end of the molecule. What is the best description?
  - a. Radioactive
  - b. Tincture
  - c. Polar molecule
  - d. Ionization

- 65. Intestinal secretions are alkaline. What can decrease its pH?
  - a. The addition of H<sup>+</sup> in the form of HCl
  - b. Drinking baking soda (NaHCO<sub>3</sub>)

- c. Neutralization of gastric (stomach) HCl
- d. Drinking lots of water

ANS: A

- 66. What do the following have in common: Pb, plumbism, and plumber? All terms refer to
  - a. persons who work with pipes.
  - b. toxic effects of a trace element.
  - c. toxic cations.
  - d. lead.

ANS: D

- 67. Which group is correct?
  - a. Subatomic particles located within the nucleus: protons, neutrons, electrons
  - b. Common cations: Na<sup>+</sup>, K<sup>+</sup>, HCO<sub>3</sub><sup>-</sup>, NH<sub>4</sub><sup>+</sup>
  - c. Common molecules: O<sub>2</sub>, N<sub>2</sub>, H<sub>2</sub>O
  - d. Bases: NaOH, Na HCO<sub>3</sub>-, HCl

ANS: C

- 68. Which of the following is most descriptive of a precipitate that forms during a chemical reaction?
  - a. Acid
  - b. Base
  - c. Solid
  - d. Solution

ANS: C

- 69. In the reaction  $HCl \rightarrow H^+ + Cl^$ 
  - a. HCl ionizes, thereby yielding the cation (H<sup>+</sup>) and anion (Cl<sup>-</sup>).
  - b. hydrochloric acid dissociates into an anion and cation.
  - c. HCl dissociates into a hydrogen ion and chloride ion.
  - d. All of the above are true.

ANS: D

- 70. Which group is correct?
  - a. Blood pH 7.50, alkaline, turns litmus paper pink
  - b. Blood pH 7.2, acidosis, turns litmus paper pink
  - c. Blood pH 7.35, normal blood pH, turns litmus paper blue
  - d. More than one of the above are true.