

### **GERO EXAM 3**

1. An older woman recently lost her brother, provides care for her husband who has health needs, and must move to a new location after 35 years in the same home. When she comes to the

primary care facility with clinical indicators of influenza, the nurse recognizes which of the following? **CRISIS AND STRESSORS CAN IMPAIR PHYSICAL HEALTH**

2. Which of the following statements is true about the mental health of older adults? **THE NURSE AVOIDS ANTIANXIETY MEDS WITHOUT AN ASSESSMENT FOR FACTORS ASSOCIATED WITH ANXIETY**

3. Which of the following is a true statement about psychotic behavior in older adults? **AN OLDER ADULT WITH PSYCHOTIC BEHAVIOR SHOULD BE ASSESSED FOR A VARIETY OF CAUSES**

4. Which of the following statements is true about loss in older adulthood? **REFERRING TO THE DECEASED IN THE PAST TENSE CAN ACKNOWLEDGE THE DEATH'S REALITY**

5. The HCP believes an older woman has approximately 6 weeks to live. After 2 months, the family remains at the bedside but, in the last few days, are becoming increasingly impatient and irritable. This pattern is least indicative of which of the following statements? **FAMILY DESIRES THAT THE PT BE RELIEVED OF HER MISERY**

6. After the older adult dies, the brother who has a hx of alcohol abuse upsets the family by going on a drinking binge instead of attending the funeral. Which of the following is the best description of the brother's behavior? **DISENFRANCHISED GRIEF**

7. Which of the following interventions is recommended for an older adult in the final stages of dying? **SUPPORT THE PRESERVATION OF ENERGY**

8. Which of the following of statements is true about end-of-life care? **THE PROXY APPOINTED IN A LIVING WILL CANNOT SPEAK FOR THE TESTATOR IN HEALTH CARE MATTERS OTHER THAN TERMINAL ILLNESS**

9. After the loss and burial of a beloved pet, an older man loses weight because he eats very little. 3 months later, he starts to paint pictures of the pet and his appetite slowly improves. Describe the individual's mourning for his pet. **PET'S BURIAL AND PAINTING PICS OF THE PET**

10. The primary difference between the Loss Response Model (LRM) and the Worden model of grief is which of the following? **THE LRM USES A SYSTEMS APPROACH THAT ACTS TO UPHOLD STABILITY**

11. When the older who is close to death asks the family to leave after short visits and acts withdrawn in their presence, the family becomes distraught. Which of the following does the nurse include in family teaching to explain the pt's behavior? **SHE CAN BE EXPERIENCING ANTICIPATORY GRIEF**

12. The son of an older couple ends his life suddenly and violently. The husband proceeds with living as usual. After 1 year, the wife remains in seclusion and is

hospitalized for dehydration. Which steps should the nurse implement to help improve the wife's mental health and wellness?**ESTABLISH A TRUSTING, CARING RELATIONSHIP WITH HER**