

ATI fundamentals, ATI RN Fundamentals Proctored Focus

STUDY

 Flashcards

 Learn

 Write

 Spell

 Test

PLAY

 Match

Terms in this set (106)

Always correct You've answered all of these correctly!

+1	Home safety: Teaching an older adult client about home safety	-remove items that could cause the client to trip (rugs, cords, carpets) -place electrical/extension cords	☆
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against a wall behind furniture
-monitor gait/balance, provide aids PRN
-make sure steps/sidewalks are in good condition
-grab bars near toilet, tub, shower
-stool riser, toilet cushion
-nonskid bath mats/shower mats
-shower chair or bedside commode PRN
-ensure adequate lighting
-water heater 120
-no smoking if on oxygen, cotton stuff only, no heating oil or nail polish remover
-cook meat and fish fully, handle properly

+1 Safe Medication Administration & Error Reduction: Appropriate Actions Following a Medication Error

-assess client
-inform charge nurse
-complete incident report



No Answers Yet You still haven't studied these!

? Normal level for WBC's

4,500 - 11,000



? Normal lab values for Hbg male

13.5-17.5 g/dL



?	Normal lab values for Hbg female	12-16 g/dL	☆
?	Normal lab values for Na	135-145 mEq/L	☆
?	Normal lab values for K	3.5-5 mEq/L	☆
?	Normal lab values for Cl	95-105 mEq/L	☆
?	Normal lab values for HCO ₃	22-29 mEq/L	☆
?	Normal BUN lab values	7-18 mg/dL	☆
?	Normal Creatine lab values	0.6- 1.2 mg/dL	☆
?	Normal Glucose lab values	70-110 mg/dL	☆
?	Normal Calcium lab values	8.5-10.5 mg/dL	☆
?	Normal total protein lab values	6-8 g/dL	☆

?	Normal Alb lab values	3.5-6 g/dL	☆
?	Normal total Bili	0-1 mg/dL	☆
?	How many grams are in 1 oz	28.35	☆
?	How many mL are in 1 oz	29.57	☆
?	How many oz are in 1 cup?	8 oz	☆
?	How many liters are in 1 gallon?	3.8	☆
?	What are normal values of pH for ABG	7.35-7.45	☆
?	What are normal values of PaCO ₂ ?	35-45 mmHg	☆
?	What are normal values of PaO ₂ ?	80-100 mmHg	☆

?	What are normal values of HCO ₃	24-30 mEq/L	☆
?	What are the steps in removing an artificial eye?	pull down the lower lip with index finger & exert slight pressure, allowing to slide over lower lid and grab with free hand -store artificial eye in labeled container filled with tap water or saline	☆
?	What are the steps in inserting an artificial eye?	lift upper and lower lid to insert and blink until sets	☆
?	How do you wash an artificial eye?	Wash with warm, normal saline, with soft gauze or clean tap water	☆
?	How do you properly irrigate an ear	-Have pt sit or lie on side with the affected ear UP. -Using a bulb-irrigating syringe or Walter Pik set on No 2, gently wash ear with warm solution, directing flow toward the superior aspect of the ear canal.	☆
?	Nonblanchable erythema indicates the skin has been damaged by what?	Pressure	☆

?	Explain what is happening in the S1 sound	"Lub" sound- tricuspid and mitral valves snap shut @ beginning of systole. It is loudest at the apex of the heart.	☆
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?	Explain what is happening in the S2 sound	"Dub" sound- Aortic and Pulmonic valves shut at beginning of diastole. This is heard best at the base of the <3	☆
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?	What does a split S2 mean?	Electrical conduction may be delayed on one side so ventricles might not close at the same time - may sound like a "stutter"	☆
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?	S3 is heard in pt's with what?	CHF. It follows S2	☆
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?	S4 is heard in pt's with what?	HTN, CAD, MI.	☆
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?	What is a murmur?	occurs between S1 and S2. It should be silent there, but with a murmur there is a whooshing sound.....this typically happens if a valve isn't open wide enough (Stenotic) or if a valve doesn't close tightly enough and blood leaks back	☆
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?	Grade 1 murmurs	difficult	☆
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are typically ___to
hear

?

Grade 6 murmurs
are typically ___ to
hear

easy to hear

☆

?

Grade 4 and
above murmurs
are considered___
and are
accompanied by a

loud murmurs. palpable thrill

☆

?

Pericardial friction
rub

pericardium (membrane around
the heart) becomes inflamed. It
causes high pitched, scratchy
sound. It is located at apex

☆

?

What is the
Valsalva
maneuver?

holding breath and bearing
down. Usually done to check for
hernias

☆

?

When suctioning a
trach, do you
apply suction
before or after
insertion?Do you
use a rotation
method?

After insertion. Yes

☆

?	Do not insert ___ ___ into artificial airway because it increases the risk of infection	normal saline.	☆
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?	insert artificial airway until ___	feel resistance or patient starts coughing.	☆
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?	If pt needs more suctioning, repeat procedure only ___ more times & wait at least ___ minute	1-2. 1	☆
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?	To rinse catheter, use _____ mL of _____	5-10 mL. Normal saline	☆
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?	Elderly people and children need a ___ gauge for IV's	larger #	☆
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?	Every time access port you should ___	clean it	☆
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?	NEVER infuse _____	potassium chloride	☆
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?	Change IV sites every ____	72 hours	☆
?	Change tubing every ____	96 hours	☆
?	Fluids should not hang more than ____	24 hours	☆
?	Infiltration in IV	Fluid goes into interstitial skin and pt's extremities look cool and swollen	☆
?	Phlebitis	inflammation of vein. Pt is red and warm near site	☆
?	Signs and symptoms of fluid overload are__	SOB, crackles in lung, increased urine output	☆
?	Steps for inserting an IV	-place pt in dependent position -apply tourniquet above the antecubital fossa or approximately 4-6 inches from anticipated site	☆
?	if pt has fragile skin or excessive hair, where do you	over sleeve of gown to protect skin	☆