

ATI Fundamentals Proctored Final Assessment Study Guide

ATI FUNDAMENTALS PROCTOR

1. A nurse is teaching an assistive personnel about a upper body mechanics to prevent injury. Which of the following actions by the AP demonstrate an understanding of the teaching?

The AP extends his pelvis outward when reaching for an object.

The AP keeps the object he is lifting close to his body

The AP bends at the waist when lifting an object.

The AP relaxes his abdominal muscles when reaching for an object.

2. A nurse is assessing a client who is immobile and notices a red area over the client's coccyx. Which of the following actions should the nurse take?

Change the clients position every 4 hours

Apply petroleum base ointment in the red area

Assess the red area for blanching

Use friction when cleansing the client's skin

3. A nurse is preparing to insert an IV catheter for a client following a right mastectomy. Which of the following veins should the nurse select when initiating an IV therapy?

The radial vein on the left wrist

The cephalic vein in the left distal forearm

The basilic vein in the right antecubital fossa

The cephalic vein on the back of the right hand

4. A nurse is preparing to administer a medication into a client by the intradermal route after applying gloves and cleaning the site with an antiseptic swab. In what order should the nurse take the steps to administer the medication? (move steps into box 1- 4 priority)

1. Use a nondominated hand to stretch the skin

2. Insert the needle at an angle

3. inject the medication

4. Withdrawal the needle

5. Activate the needle safety device

5. A nurse is providing teaching to a client about colorectal cancer prevention guidelines. Which of the following recommendations should the nurse include?

Intake of dietary fiber

Have a fecal occult blood test every 2 years

Reduce intake of red meats

Have a colonoscopy every 3 years

6. A nurse is planning care to prevent skin breakdown for a client who is immobile and is urinary incontinent. Which of the following actions should the nurse include in the plan of care?

Reposition the client every 4 hours

Arrange for an alternating pressure mattress

Apply cornstarch to the skin

Request a prescription for an indwelling urinary catheter

7. A nurse is preparing to apply a condom catheter for a client who is uncircumcised which of the following actions should the nurse plan to take?

Place adhesive tape directly on the penis

Allow 2.5 to 5 m between the end of the catheter and the tip of the penis

Keep foreskin in a retractable position after application of the catheter

Change the condom catheter every 3 days

8. A nurse is teaching a client who had an enucleation about care of an artificial eye. Which of the following information should the include in the teaching? (select all that apply)

Store the artificial eye in the label container filled with 0.9% sodium chloride irrigation

Remove from the artificial eye by retracting the upper eyelid

Apply pressure just below artificial eye to break the suction

Clear the artificial eye with hydrogen peroxide before storing

Retract the upper and lower lids to reinsert the artificial eye

9. A nurse is reviewing client confidentiality with a newly licensed nurse. The nurse should identify which of the following examples as a violation of HIPPA?

Faxing medical information about the client to a provider's office

Teaching a client discharge instruction with his partner present

Giving a telephone report to a surgical nurse and sending the client to the surgical suite

Discussing the clients transfer to a long-term care facility with a nurse from another unit

10. A nurse is caring for a client who is 2 days postoperative following bowel resection and reports sudden severe abdominal pain. Which of the following actions should the nurse take first?

Determine areas of resonance across the abdomen using a systematic approach

Expose the client's abdomen to look for changes in appearance

Perform abdominal palpation by pressing gently with the finger pads

Use the diaphragm of the stethoscope to listen for bowel sounds

11. A nurse is providing care for a client who is to undergo a total laryngectomy. Which of the following interventions is the nurse's priority?

Determine the client's reading ability

Review the use of an artificial larynx

With the client schedule a support session

Explain the techniques of esophageal speech

12. A home care nurse is teaching a client about home safety. Which of the following statements by the client indicates an understanding of the teaching? (select all that apply)

I will use the bars when getting in and out of the bathtub

I need to check my medications for expiration dates

I need to have a fire escape plan with my family

I will apply tape over frayed areas of electrical cords

I need to set my hot water heater to 140 degrees Fahrenheit

13. A nurse is assessing a client's cranial nerve VII. Which of the following responses should the nurse expect?

The client has a symmetrical smile

The client's tongue is in a midline position

The client turns his head against resistance

The client's pupils constrict and responds to light

14. A nurse in an emergency department is assessing a client who reports a right lower quadrant pain, nausea and vomiting for the past 48 hours? Which of the following actions should the nurse take first?

Offer pain medication

Palpate the abdomen

Auscultate bowel sounds

Administer an antiemetic

15. A nurse is caring for a client who recently received a diagnosis of terminal cancer. Which of the following statements by the client's partner indicates maladaptive coping?

I don't understand why he can't get better and return to work

I cook for him at home and work hard to prepare a nutritious meal

I am going to ask my daughter to come and stay for a week

I don't know if I will be able to meet his physical needs

16. A nurse is planning care for a client who has a stage 1 pressure ulcer on the right heel. The nurse should anticipate application of which of the following dressings?

Dry gauze

Transparent

Calcium alginate

Hydrogel

This question was different, but a question was asked about a Stage 1 pressure ulcer and "transparent self-adhesive" dressing was the answer I chose.

17. A nurse is caring for a client who has brain cancer and is transferring to hospice care. The client's son tells the nurse "I don't know what to tell my dad if he asks how he is going to die". Which of the following is an appropriate response from the nurse?

Questions like this one... The answer is anything like **"lets discuss your concerns about your father,"** or anything along those lines that is therapeutic.

18. A nurse is teaching an older adult client who has type 2 diabetes mellitus about how to care for corns and calluses toes. Which of the following statements by the client indicates understanding of the teaching?

I can apply lotion to soften the calluses as long as I don't put lotion between my toes

I can place an oval corn pad over toes that have corns as long as I remove the pad weekly

I should soak my feet in warm water daily to soften corns and calluses

I should use an over the counter liquid medication to remove corns

19. A nurse is caring for a client who has wrist restraints after an episode of violent behavior. Which of the following actions should the nurse take?

Tie the restraints to the side rail

Secure restraints with a square knot

Remove one restraint at a time

Remove the restraints every 3 hours