

ATI Mental Health

Chapter 10 Brain Stimulation Therapies

VERSION 12

- 11.) A nurse is providing teaching for a client who is scheduled to receive ECT for the treatment of major depressive disorder. Which of the following client statements indicates understanding of the teaching?
- a. "It is common to treat depression with ECT before trying medications."
 - b. "I can have my depression cured if I receive a series of ECT treatments."
 - c. "I should receive ECT once a week for 6 weeks."
 - d. "I will receive a muscle relaxant to protect me from injury during ECT."

- 12.) A charge nurse is discussing TMS with a newly licensed nurse. Which of the following statements by the newly licensed nurse indicates an understanding of the teaching?
- “TMS is indicated for clients who have schizophrenia spectrum disorders.”
 - “I will provide postanesthesia care following TMS.”
 - “TMS treatments usually last 5 to 10 minutes.”
 - “I will schedule the client for daily TMS treatments for the first several weeks.”
- 13.) A nurse is assessing a client immediately following an ECT procedure. Which of the following findings should the nurse expect? (Select all that apply.)
- Hypotension.
 - Paralytic ileus.
 - Memory loss.
 - Nausea.
 - Confusion.
- 14.) A nurse is leading a peer group discussion about the indications for ECT. Which of the following indications should the nurse include in the discussion?
- Borderline personality disorder.
 - Acute withdrawal related to a substance use disorder.
 - Bipolar disorder with rapid cycling.
 - Dysphoric disorder.
- 15.) A nurse is planning care for a client following surgical implantation of a VNS device. The nurse should plan to monitor for which of the following adverse effects? (Select all that apply.)
- Voice changes.
 - Seizure activity.
 - Disorientation.
 - Dysphagia.
 - Neck pain.

Chapter 16 Personality Disorders

- 16.) A nurse manager is discussing the care of a client who has a personality disorder with a newly licensed nurse. Which of the following statements by the newly licensed nurse indicates an understanding of the teaching?
- “I can promote my client’s sense of control by establishing a schedule.”
 - “I should encourage clients who have a schizoid personality disorder to increase socialization.”
 - “I should practice limit-setting to help prevent client manipulation.”
 - “I should implement assertiveness training with clients who have antisocial personality disorder.”
- 17.) A nurse is caring for a client who has avoidant personality disorder. Which of the following statements is expected from a client who has this type of personality disorder?

- a. "I'm scared that you're going to leave me."
 - b. "I'll go to group therapy if you'll let me smoke."
 - c. "I need to feel that everyone admires me."
 - d. "I sometimes feel better if I cut myself."
- 18.) A nurse is caring for a client who has borderline personality disorder. The client says, "The nurse on the evening shift is always nice! You are the meanest nurse ever!" The nurse should recognize the client's statement as an example of which of the following defense mechanisms?
- a. Regression.
 - b. Splitting.
 - c. Undoing.
 - d. Identification.
- 19.) A nurse is assisting with a court-ordered evaluation of a client who has antisocial personality disorder. Which of the following findings should the nurse expect? (Select all that apply.)
- a. Demonstrates extreme anxiety when placed in a social situation.
 - b. Has difficulty making even simple decisions.
 - c. Attempts to convince other clients to give him their belongings.
 - d. Becomes agitated if his personal area is not neat and orderly.
 - e. Blames others for his past and current problems.
- 20.) A charge nurse is preparing a staff education session on personality disorders. Which of the following personality characteristics associated with all of the personality disorders should the charge nurse include in the teaching?
- a. Difficulty in getting along with other members of a group.
 - b. Belief in the ability to become invisible during times of stress.
 - c. Display of defense mechanisms when routines are changed.
 - d. Claiming to be more important than other persons.
 - e. Difficulty understanding why it is inappropriate to have a personal relationship with staff.

Chapter 21 Medications for Anxiety and Trauma- and Stressor-Related Disorders

- 16.) A nurse working in a mental health clinic is providing teaching to a client who has a new prescription for diazepam for generalized anxiety disorder. Which of the following information should the nurse provide?
- a. Three to six weeks of treatment is required to achieve therapeutic benefit.
 - b. Combining alcohol with diazepam will produce a paradoxical response.
 - c. Diazepam has a lower risk for dependence than other antianxiety medications.
 - d. Report confusion as a potential indication of toxicity.
- 17.) A nurse working in an emergency department is caring for a client who has benzodiazepine toxicity due to an overdose. Which of the following actions is the nurse's priority?
- a. Administer flumazenil.