



Question: 1 of 60

Time Elapsed: 00:00:34  
Pause Remaining: 08:20:00



A nurse is assessing a client who recently used cocaine. Which of the following findings should the nurse expect?



- Polyphagia
- Hypertension
- Decreased temperature
- Depressed mood





**Question: 2 of 60**

**Time Elapsed:** 00:01:17  
**Pause Remaining:** 08:20:00



**A nurse is caring for a group of clients. Which of the following findings should the nurse report?**



- A client who is taking clozapine and has a WBC count of  $7,500/\text{mm}^3$
- A client who is taking lamotrigine and has developed a rash
- A client who is taking valproate and has a platelet count of  $150,000/\text{mm}^3$
- A client who is taking lithium and has a lithium level of 1.2 mEq/L





**Question: 3 of 60**

**Time Elapsed:** 00:01:40  
**Pause Remaining:** 08:20:00



A nurse on a mental health unit is admitting a client who is anxious and tells the nurse, "I hear voices telling me what to do." Which of the following actions should the nurse take?



- Tell the client that the voices do not really exist.
- Touch the client to help reduce feelings of anxiety.
- Instruct the client to go to a quiet room when the voices start talking.
- Ask the client what the voices are saying.





**Question: 4 of 60**

**Time Elapsed:** 00:02:01  
**Pause Remaining:** 08:20:00



A nurse is communicating with a client in an inpatient mental health facility. Which of the following actions by the nurse demonstrates the use of active listening?



- Offering self
- Use of silence
- Attention to body language
- Reflection of feelings





Question: 5 of 60

Time Elapsed: 00:02:21  
Pause Remaining: 08:20:00



A client who has paranoid schizophrenia is attending a treatment planning conference with a family member. During the discussion of the medication adherence portion of the plan, a nurse notices that the family member seems distracted. Which of the following actions should the nurse take?



- Call the family member to the side to inquire if they have questions or concerns about the treatment plan.
- Advise the family member that this treatment plan has been developed specifically for the client to follow.
- Ask the family member if they have any thoughts or questions about the treatment plan.
- Document that the family member does not support the medication treatment plan.



**Question: 6 of 60**

Time Elapsed: 00:02:40  
Pause Remaining: 08:20:00



A nurse is caring for a client who has schizophrenia and is experiencing psychosis. The nurse should identify that which of the following findings indicates a potential psychiatric emergency?



- The client is exhibiting echolalia.
- The client reports command hallucinations.
- The client reports loss of motivation.
- The client is exhibiting blunted affect.





Question: 7 of 60

Time Elapsed: 00:03:07  
Pause Remaining: 08:20:00



Exhibit 1   Exhibit 2   Exhibit 3

**Progress Reports**

Tremors of hands and fingers bilaterally  
Emesis of 30 mL bile-colored fluid  
Client is restless and unable to sit still.  
Client is diaphoretic and has flushed skin.

A nurse is caring for a client who is experiencing alcohol withdrawal. Which of the following medications should the nurse administer first? (Click on the "Exhibit" button below for additional client information. There are three tabs that contain separate categories of data.)



Diazepam 5 mg IV bolus

Clonidine 0.1 mg transdermal patch

Naltrexone 380 mg IM

Bupropion 150 mg PO



Question: 8 of 60

Time Elapsed: 00:03:30  
Pause Remaining: 08:20:00



A nurse is reviewing the electronic medical record of a client who has schizophrenia and is taking clozapine. Which of the following findings is the priority for the nurse to notify the provider?



- The client's chart indicates a 1.36-kg (3-lb) weight gain in 1 month.
- The client reports an inability to breathe easily.
- The client's laboratory results indicate a fasting blood glucose level of 130 mg/dL.
- The client reports having recently started smoking cigarettes.







**Question: 9 of 60**

**Time Elapsed:** 00:03:41  
**Pause Remaining:** 08:20:00



A nurse in a community health center is counseling a family of two parents and two children. Which of the following statements by a family member indicates manipulative behavior?



"If you do my homework for me, I won't bother you for the rest of the day."

"Mom is always upset."

"It's not the children's fault. It's mine."

"It's your fault that we're having problems as a family."





**Question: 10 of 60**

**Time Elapsed:** 00:03:58  
**Pause Remaining:** 08:20:00

PAUSE



FLAG

A nurse is caring for a client who has schizophrenia and began taking a conventional antipsychotic medication yesterday. Which of the following findings indicates the nurse should administer benztropine 2 mg IM?



Shuffling gait

Hypotension

Decreased WBC count

Blurred vision

PREVIOUS

CONTINUE



**Question: 11 of 60**

**Time Elapsed:** 00:04:18  
**Pause Remaining:** 08:20:00



A nurse is delegating client care tasks to a licensed practical nurse (LPN) and an assistive personnel. Which of the following tasks should the nurse assign to the LPN?



- Obtain the weight of a client who has bipolar disorder and is experiencing mania.
- Assess the nutritional intake of a client who has anorexia nervosa and has refused to eat for the past 2 days.
- Monitor the cardiovascular status of a client who is experiencing serotonin syndrome.
- Change the dressings of a client who has borderline personality disorder and superficial self-inflicted wounds.

PREVIOUS

CONTINUE



**Question: 12 of 60**

**Time Elapsed:** 00:04:29  
**Pause Remaining:** 08:20:00



While observing group therapy, a nurse recognizes that a client is behaving in a way suggestive of dependent personality disorder. Which of the following behaviors is consistent with this condition?



- The client needs excessive external input to make everyday decisions.
- The client demonstrates a dedication to their job that excludes time for leisure activities.
- The client adheres to a rigid set of rules.
- The client has difficulty starting new relationships unless they feel accepted.





**Question: 13 of 60**

Time Elapsed: 00:04:57  
Pause Remaining: 08:20:00



A nurse is planning care for a 7-year-old child who has ADHD. Which of the following interventions should the nurse identify as the priority?



- Decrease distractions during meal times.
- Provide positive feedback when the child completes a task.
- Clearly identify consequences for unacceptable behavior.
- Remove unnecessary equipment from the child's surroundings.



## Question: 14 of 60

Time Elapsed: 00:05:21  
Pause Remaining: 08:20:00

PAUSE



FLAG

A nurse in an outpatient mental health setting is collecting a health history from a client who is taking paroxetine for depression. The client reports to the nurse that he also takes herbal supplements. The nurse should advise the client that which of the following supplements interacts adversely with paroxetine?



St. John's wort

Saw palmetto

Echinacea

Ginkgo

Question: 15 of 60

 CORRECT

Time Elapsed: 00:06:00  
Pause Remaining: 08:20:00

PAUSE



 FLAG

A nurse is documenting admission assessment findings for a client who has major depressive disorder. The nurse should identify which of the following findings as clinical manifestations? (Select all that apply.)



- Feelings of hopelessness
- Pressured speech
- Grandiosity
- Anhedonia
- Flat facial expression

 CORRECT

 My Answer

Question: 16 of 60

Time Elapsed: 00:06:24  
Pause Remaining: 08:20:00



A nurse is caring for a client who has borderline personality disorder. Which of the following goals is the priority when planning care for this client?



The client will take prescribed medications as scheduled.

The client will express feelings of frustration.

The client will refrain from self-mutilation.

The client will participate in group therapy.





## Question: 17 of 60

Time Elapsed: 00:07:01  
Pause Remaining: 08:20:00



A nurse is providing teaching to a client who is to begin undergoing light therapy at home. Which of the following information should the nurse include in the teaching?



- Ensure a family member can be present during treatment.
- Increase fluid intake for 24 hr before the treatment starts.
- Change position slowly when the treatment is complete.
- Avoid looking directly at the light during treatment.



## Question: 18 of 60

Time Elapsed: 00:07:28  
Pause Remaining: 08:20:00



A nurse is obtaining a mental health history from an older adult client. Which of the following actions should the nurse plan to take?



- Raise the pitch of the voice when speaking to the client.
- Begin the interview by explaining the plan of care.
- Interview the client in a private setting.
- Ask the client to complete a detailed questionnaire.



Question: 19 of 60

Time Elapsed: 00:07:38  
Pause Remaining: 08:20:00



A nurse is discussing the home care of a client who has advanced Alzheimer's disease with the client's partner, who is planning to go out of town for several days. Which of the following resources should the nurse recommend to the caregiver?



- Respite care
- Partial hospitalization
- Adult day care program
- Geropsychiatric unit



Question: 20 of 60

Time Elapsed: 00:07:49  
Pause Remaining: 08:20:00



A nurse is caring for a client who has antisocial personality disorder and is receiving behavioral therapy through operant conditioning. Which of the following client behaviors indicates effectiveness of the therapy?



- Controls anger outbursts to avoid being placed in seclusion
- No longer exhibits a fear of social or public situations
- Refrains from manipulating others to earn dining room privileges
- Imitates the therapist's use of a relaxation technique

