

Tod  
Gouseau  
iHuman  
Case  
Study Answers

Tod Gouseau

57 y/o

5' 10" (178 cm)

197.0 lb (89.5 kg)

Human

patients

by KAPLAN)

Reason for encounter

Left knee pain

Review

Submitted on 01/16/2022 17:26:17

Case authored by: Jennifer Kherani, MD

Graded	Approach	Question	Response	Information Obtained Clinic Notes
	CC	How can I help you today?	My left knee is killing me. And when my daughter saw that I was limping and how red the knee was, she insisted that I come in and get it checked out.	
	Assoc sx	Do you have any other symptoms or concerns we should discuss?	Nope, just the knee pain and swelling.	
	Assoc sx	Have you been having fevers?	Nope no fever, no chills.	
	Etiology	Have you had any trauma to your knee(s)?	No. Initially I thought I must have hurt it at some point, but I can't recall injuring it. The skin on the knee looks red, almost like a sunburn, but I don't remember hurting or bruising it.	

Graded	Approach	Question	Response	Information Obtained Clinic Notes
	Onset	When did the pain in your knee(s) start?	Two days ago it was just a mild ache, but now it really hurts.	
	Onset	When did your swelling start?	With the pain but is getting worse over the last couple of days.	
	Location	Does the pain in your knee(s) radiate someplace else? Where?	It doesn't move anywhere. It's just in my left knee.	

● Asked ~~✗~~ Not asked

	Duration			
	Characteristics	Does the pain in your knee(s) come and go?	No, it's there constantly.	

## OLD-CARTS for the HPI

Asked X Not asked

	Characteristics	Have you had pain in your knee(s) before?	The knee pain? Now that you ask, I did have some knee pain last year. I think it was the same knee. It wasn't this bad and it went away pretty fast. Do you think it was the same thing?	
●	Characteristics	Have you had swelling like this before?	I had slight knee swelling about a year ago now that you mention it, but nothing like today.	
X	Characteristics	Is the pain in your knee(s) superficial (on the surface) or deep inside?	It feel like both inside and outside.	
●	Characteristics	What does the pain in your knee(s) feel like?	It started as an ache. Then it turned into a throbbing pain. Today I'm having trouble walking because it hurts so much.	
	Aggravating	Does anything make the pain in your knee(s) better or worse?	It tends to feel better if I rest, but it doesn't go away. I tried ibuprofen, but that isn't helping. I haven't tried ice or anything. Do you think I should? Walking and bending hurts a hell of a lot.	
	Relieving			
	Timing/Treatments	How often does your knee pain occur?	This is the first time I have ever had knee pain like this.	

History

Physical  
Exam

Assessment

Test Results

Diagnosis

Plan

Summary

	Severity	How severe (1-10 scale) is the pain in your knee(s)?	About 6-8 out of 10, depending on what I'm doing. Can't put weight on it.	
	HPI			

## PMH, FH, SH as Needed

● Asked X Not asked

Graded	Approach	Question	Response	Information Obtained Clinic Notes
	PMH	Are you taking any prescription medications?	I was just diagnosed with hypertension, and my doc gave me a prescription for hydrochlorothiazide. I also take an aspirin a day. Figured it was cheap prevention with my dad having died of a heart attack.	
X	SH	Can you tell me about your diet? What do you normally eat?	My doctor told me to eat better and lose weight to keep my pressure down. I've been trying to eat healthier the Mediterranean diet. I've been eating Greek salads with sardines at this new Greek restaurant my new favorite meal. I used to eat a lot of burgers and steaks, but I'm trying to cut down and be a "sardines guy."	

Graded	Question	Response	Information Obtained Clinic Notes
	Have you noticed any bruising, bleeding gums, nose bleeds, or other sites of increased bleeding?	No.	

<input checked="" type="radio"/>	SH	Do you drink alcohol? If so, what do you drink and how many drinks per day?	A couple of beers maybe three with dinner to help me wind down. But that's only two or three times a week.	
----------------------------------	----	---	--	--

## Review of Systems (ROS)

Select the major body systems that have not been touched on during the interview process for the HPI.

Asked X Not asked



	Do you have problems with heat or cold intolerance, increased thirst, increased sweating, frequent urination, or change in appetite?	Nope.	
	Do you have problems with dizziness, fainting, spinning room, seizures, weakness, numbness, tingling, or tremor?	None of any of that. It is hard to walk because of my knee hurting so much, but I wouldn't say it is weak.	
	Do you experience chest pain discomfort or pressure; pain/pressure/dizziness with exertion or getting angry; palpitations; decreased exercise tolerance; or blue/cold fingers and toes?	No	

	Do you experience shortness of breath, wheezing, difficulty catching your breath, chronic cough, or sputum production?	Nope.	
	Do you have problems with nausea, vomiting, constipation, diarrhea, coffee grounds in your vomit, dark tarry stool, bright red blood in your bowel movements, early satiety, or bloating?	No.	