

## ATI NUTRITION PROCTORED EXAM 2019 RETAKE QUESTIONS WITH VERIFIED ANSWERS

A nurse is assessing a client who is receiving total parental nutrition the nurse should identify which of the following findings as an adverse effect of TPN? Correct Answer: **Weight gain of 1.5 kg per day**

A nurse is teaching a family of a school age child who is obese about the complications of childhood obesity. Which of the following complications should the nurse include in the teaching? Correct Answer: **Hypertension**

A nurse is reviewing the laboratory values of an older adult client. The nurse should identify which of the following findings as an indication of malnutrition? Correct Answer: Prealbumin 10

A nurse is providing teaching to a client about high fiber food. Which of the following foods should the nurse include as containing the highest amount of fiber? Correct Answer: **1 medium apple with peel**

A nurse is teaching an in service about manifestations of hypoglycemia to a group of newly licensed nurses. Which of the following should the nurse include in the teaching? Correct Answer: Blurred vision

A nurse is providing breakfast for a client who has celiac disease. Which of the following meals should the nurse select? Correct Answer: **Rice cereal**

A nurse is caring for a client who consumes 40,000mcg of vitamin A daily for 3 months. Which of the following findings should the nurse monitor to identify vitamin A toxicity? Correct Answer: **Headache**

A nurse is teaching a client who reports wanting to lose weight about behavioral modifications. Which of the following statements should the nurse include in the teaching? Correct Answer: **Make sure to drink water with your meal.**

A nurse is providing teaching to a client who has type I diabetes. Which of the following statements by the client indicates an understanding of the teaching? Correct Answer: **I will keep my HBA1C at 5%**

A nurse is administering continuous internal feeding for a client through a .. for percutaneous esophageal gastrostomy tube (PEG tube). Which of the following actions should the nurse take? Correct Answer: **Return gastric content if residue is less than 250 mL.**

A nurse is teaching a client who has a goiter appropriate food choice related to dietary needs. Which of following indicates the client understands the teaching? Correct Answer: **I will eat more tuna.**

A nurse is teaching a group of parents about appropriate food choices for toddlers. Which of the following choices by the parents demonstrates an understanding of the teaching? Correct Answer: **Spaghetti with sauce**

A nurse is teaching a client who is receiving bolus feedings through an NG tube about dumping syndrome. The nurse should instruct the client to report which of the following manifestations? Correct Answer: **Dizziness**

A nurse is assisting in the selection of food for a client who has hypokalemia. Which of the following foods should the nurse select as it contains the greatest amount of potassium? Correct Answer: **1 small baked potato**

A nurse is planning care for a client who is pregnant and plans to breastfeed her newborn. Which of the following information should the nurse include in the plan of care? Correct Answer: **A newborn should breastfeed immediately following birth.**

A nurse is caring for a client who has dysphasia. Which of the following instructions should

the nurse give to the client to decrease the risk of choking? **Correct Answer: Tilt your head forward while you eat.**

A nurse is providing teaching about the dietary recommendations to stop hypertension.

DASH diet. Which of the following instructions should the nurse include? **Correct Answer: Consume foods that are high in calcium**

A nurse is caring for a client who follows a vegan diet. The nurse should identify that the client is at risk for which of the following deficits? **Correct Answer: Vitamin D**

A nurse is providing a dietary teaching to client who is newly diagnosed with celiac disease.

Which of the following should the nurse include in the teaching? **Correct Answer: This condition may cause secondary lactose intolerance.**

A nurse is teaching a client who has celiac disease about gluten free foods.

Which of the

following foods should the nurse include? **Correct Answer: -Cold cuts**

**-Tapioca**

**-Flavor chips**

A nurse is planning nutritional care for a group of clients. The nurse should recommend a high protein commercial prepared liquid supplement for which of the following clients? **Correct Answer: Client with burns on 20% of their body.**

A nurse is providing teaching to a group of clients about retaining nutrients while preparing fruits and vegetables. Which of the following statements by the client indicates an understanding of the teaching? **Correct Answer: I keep my ripe fruits refrigerated until I eat them.**

A nurse is teaching a parent about recommended protein intake for a toddler. The nurse

should identify the which of the following food selection is equivalent to 1 oz of protein? **Correct Answer: 1 scrambled egg**

A nurse is developing a plan of care for a client who is receiving radiation therapy and is experiencing nausea. Which of the following interventions should the nurse include in the plan? Correct Answer: Administer antiseptics on a schedule

A nurse is caring for a client who has stroke and has manifestations of dysphasia. Which of the following interventions should the nurse take? Correct Answer: Add a thickening agent to liquids.

A nurse is teaching about managing hypoglycemia with carbohydrates to a client who has diabetes mellitus. Which of the following foods should the nurse include in the teaching as containing the most carbohydrates? Correct Answer: 4 oz. fruit juice

A client in the oliguric phase of acute renal failure had a urinary output of 240mL during the proceeding 24 hours. How much fluid should the nurse plan to provide the client over the next 24 hours? Correct Answer: 920 mL

A nurse in a provider's office is reviewing laboratory values of a client who reports a poor appetite. Which of the following values should the nurse report to the provider? Correct Answer: Hgb 10

Calculate BMI of a client at 70kg and 1.6 meters Correct Answer: 27 overweight

A nurse is caring for a client who has a history of receiving chemotherapy treatments. The client states "I feel so nauseated after my treatments". Which of the following instruction should the nurse provide for the client? Select all the apply Correct Answer:

-Consume foods that are served cold -  
sit up for 1 hour after you eat meals

A nurse is selecting food items for a client who follows a lacto vegetarian diet.

Which of the

following foods should the nurse include in meals? Correct Answer: Cheese

A nurse is reviewing the laboratory findings of a client who has c-Diff. which of the following finding should indicate to the nurse that the client is experiencing fluid volume deficit? Correct Answer: Hct 53%

A nurse is planning care for a client who reports increasing difficulty with swallowing foods.

Which of the following interventions should the nurse plan to take?

Correct Answer: Encourage client to rest prior to meal times.

A nurse is teaching a parent about appropriate snack choices for her 9-month-old infant.

Which of the following choices should the nurse recommend? Correct Answer: Graham crackers

A nurse is assisting a client at meal time who is at risk for aspiration following a stroke.

Which of the following actions should the nurse take? Correct Answer: Instruct the client to tuck her chin when swallowing

A nurse is caring for a client who has malnutrition. Which of the following findings should the nurse report to the provider? Correct Answer: Albumin 2.5

A nurse is providing teaching to a client who has a prescription for a low saturated fat diet.

Which statement by the client indicates understanding? Correct Answer: I will eat 7 oz. of fish in my diet weekly

A nurse is teaching a group of clients about risks of developing diabetes mellitus.

The nurse

should include which of the following as a risk factor for diabetes? Correct Answer: Abdominal obesity