

# HESI RN EXIT Exam Questions and Answers 100% correct latest student guide 2022, Exams for Nursing

## Women & Newborn Health

### ATI –Form A

- 1) A client and her partner ask the nurse for information about permanent contraception. Which of the following statements should the nurse include in the counseling?
  - a. **Most sterilization procedures are considered irreversible**
  - b. A woman should use contraception for 1-2 months after a tubal ligation
  - c. A man is usually sterile immediately after a vasectomy
  - d. The menstrual cycle is shorter after a tubal ligation
- 2) A nurse is planning care for a newborn who has neonatal abstinence syndrome. Which of the following interventions should the nurse include in the plan of care?
  - a. **Swaddle the newborn in a flexed position**
  - b. Weigh the newborn every other day
  - c. Increase the newborn's visual stimulation
  - d. Discourage parental interaction until after a social service evaluation
- 3) A nurse is providing teaching about increasing dietary fiber to an antepartum client who reports constipation. Which of the following food selections has the highest fiber content per cup?
  - a. **Lentils**
  - b. Oatmeal
  - c. Cabbage
  - d. Asparagus
- 4) A nurse is teaching a client who is pregnant about a new prescription for iron supplements. Which of the following instructions should the nurse include in the teaching?
  - a. **Increase intake of foods rich in vitamin C**
  - b. Take an extra pill if you miss a dose
  - c. Report black stools to the provider
  - d. Drink 8 oz of milk with each pill
- 5) A nurse is caring for a preterm newborn immediately after delivery. Which of the following actions should the nurse take first?
  - a. **Dry the infant under the radiant warmer**
  - b. Take the infant's temperature
  - c. Weigh the infant
  - d. Obtain the infant's blood glucose
- 6) A nurse is discussing family planning with a client who has a history of DVT. The nurse should inform the client that this condition is a contraindication for which of the following birth control methods?
  - a. **Oral contraceptive**
  - b. Cervical cap
  - c. Diaphragm
  - d. Intrauterine device
- 7) A nurse is teaching a client who is postpartum about car seat safety. Which of the following

statements indicates and understanding of the instructions?

- a. **I will make sure the retainer clip is at the level of my baby's abdomen**
  - b. I will position the car seat in the front passenger seat facing the front of the car
  - c. I will adjust the angle of the car seat so that my baby sits at a 90-degree angle
  - d. I will place the shoulder harness slightly below my baby's shoulders
- 8) A nurse is monitoring a newborn whose mother reports recent opiate use for neonatal abstinence syndrome. Which of the following findings indicates narcotic withdrawal?
- a. **Excessive Crying**
  - b. Unequal pupils
  - c. Respiratory rate of 50/min
  - d. Hypotonia
- 9) A nurse is assessing the reflexes of a term newborn. After placing the newborn in the supine position, which of the following methods should the nurse use to elicit the Moro reflex?
- a. **Make a loud noise above the newborn**
  - b. Touch the newborn's cheek with a finger
  - c. Turn the newborn's head to one side
  - d. Tap the newborn's forehead with a finger
- 10) A nurse is providing teaching to a client who is postpartum about her car seat safety. Which of the following statements by the client indicates an understanding of the teaching?
- a. **I will ensure that my baby is at a 45-degree angle in the car seat**
  - b. I will put my baby facing forward in the middle of the back seat of the car
  - c. I will fasten the harness clip 1 inch above my baby's underarms
  - d. I will swaddle my baby in a blanket before placing her in the car seat
- 11) A nurse is teaching a client who is breastfeeding and has mastitis. Which of the following statements by the client indicates an understanding of the teaching?
- a. **I should apply a warm compress after feeding**
  - b. I should apply lanolin to the infection site daily
  - c. I should use a nipple shield while breastfeeding
  - d. I should stop breastfeeding until the infection has healed
- 12) A nurse is caring for a client following a vaginal delivery of a term fetal demise. Which of the following statements should the nurse make?
- a. **You can bathe and dress your baby if you'd like to**
  - b. You should name the baby so he can have an identity
  - c. If you don't hold the baby, it will make letting go much harder
  - d. I'm sure you will be able to have another baby when you're ready
- 13) A nurse is performing an initial assessment of a newborn who was delivered with a nuchal cord. Which of the following clinical findings should the nurse expect?
- a. **Facial petechiae**
  - b. Erythema toxicum
  - c. Periauricular papillomas
  - d. Telangiectatic nevi
- 14) A charge nurse is discussing STIs with a newly licensed nurse. Which of the following infections should the nurse include in the teaching as an indication for a cesarean birth?
- a. **HIV**
  - b. Chlamydia

- c. Gonorrhea
  - d. Syphilis
- 15) A nurse is reviewing the medication prescriptions for a newborn who is 6 hours old and whose mother is HBsAg-positive. The nurse should anticipate administering which of the following medications?
- a. **Hepatitis B Immune Globulin**
  - b. Hepatitis A immune globulin
  - c. Haemophilus influenzae type B vaccine
  - d. Hepatitis A vaccine
- 16) A nurse is assessing a client immediately following the placement of an epidural. The nurse obtains a maternal blood pressure of 96/54 and a fetal HR of 102/min. Which of the following actions should the nurse take?
- a. **Position the client in a lateral position**
  - b. **OR administer naloxone to the client???**
  - c. Prepare the client for an amnioinfusion
  - d. Place the client in knee-chest position
- 17) A nurse is planning care for a full-term newborn who is receiving phototherapy. Which of the following actions should the nurse include in the plan of care?
- a. **Avoid using lotion or ointment on the newborn's skin**
  - b. Dress the newborn in lightweight clothing
  - c. Keep the newborn supine throughout treatment
  - d. Measure the newborn's temperature every 8 hours
- 18) A nurse on the labor and delivery unit is caring for a client who is at 33 weeks of gestation and was admitted with placenta previa. Which of the following interventions should the nurse include in the client's plan of care?
- a. **Administration of magnesium sulfate**
  - b. Routine vaginal exams
  - c. Ambulation as tolerated
  - d. Nonstress test twice weekly
- 19) A nurse is admitting a client who is in preterm labor to the labor and delivery unit. The nurse should anticipate which of the following tests to assess for fetal lung maturity?
- a. **L/S ratio**
  - b. Direct coombs test
  - c. Biophysical profile
  - d. Chorionic villus sampling
- 20) A nurse is caring for a client who is in labor and prescribed an amnioinfusion. Which of the following findings is an indication for this?
- a. **Variable decelerations**
  - b. Early decelerations
  - c. Fetal macrosomia
  - d. Increased uterine tone
- 21) A nurse is caring for a client who is postpartum following repair of a vaginal laceration. The client has a firm fundus, moderate lochia rubra, and reports moderate perineal discomfort and pressure. Which of the following actions should the nurse take?

- a. **Check the perineal area**
  - b. Perform deep fundal massage
  - c. Obtain vaginal culture
  - d. Administer methylergonovide 0.2 mg IM
- 22) A nurse is assessing a full-term newborn 1 hr following a vaginal birth. Which of the following is an expected assessment finding?
- a. The newborn's anterior fontanel bulges when he is quiet
  - b. **The newborn's head circumference is greater than the chest circumference**
  - c. The newborn exhibits apneic episodes of 30 seconds
  - d. The newborn has a heart rate of 70/min while sleeping
- 23) A nurse is providing discharge teaching to the parent of a newborn about surgical site care following circumcision using a clamp technique. Which of the following statements by the parent indicates an understanding of the teaching?
- a. I will check the site hourly for bleeding
  - b. I will remove the crust with each diaper change
  - c. I will wash the penis with soap and water daily
  - d. **I will apply petroleum jelly to the area with each diaper change**
- 24) A nurse in a provider's office is caring for a 20-year-old client who is 12 weeks of gestation and requests an amniocentesis to determine the gender of the fetus. Which of the following responses should the nurse make?
- a. You cannot have an amniocentesis until you are at least 35 year of age
  - b. **This procedure determines if your baby has genetic or congenital disorders**
  - c. Your provider will schedule a chorionic villus sampling to determine the sex of your baby
  - d. We can schedule the procedure for later today if you'd like
- 25) A nurse is teaching a prenatal client about listeriosis and dietary modifications during pregnancy. Which of the following statements by the client indicates an understanding of the teaching?
- a. I can have a mid-day snack with soft cheese
  - b. I can purchase a seafood salad from the grocery store
  - c. I can still have a hot dog at the ballpark
  - d. **I can eat grilled chicken on a bun at lunch time**
- 26) A nurse is providing education to a client who is to receive misoprostol for induction of labor. Which of the following instructions should the nurse include in the teaching?
- a. **You will lie on your side for 40 minutes after I administer the medication**
  - b. I will insert a urinary catheter before I administer the medication
  - c. I will begin an oxytocin infusion within 2 hours of your last dose of medication
  - d. You will receive an antacid containing magnesium before the medication
- 27) A nurse is reviewing the laboratory findings of a client who is 10 weeks gestation. Which of the following findings should the nurse report to the provider?
- a. WBC 10,000
  - b. Hemoglobin 12 g/dL
  - c. Creatinine 0.5 mg/dL
  - d. **Platelets 100,000**