

NR 511 Midterm/Final exam 2023/2024 GRADED A LATEST VERSION 200 QUESTIONS AND ANSWERS

A patient is diagnosed with gastroesophageal reflux disease (GERD), and his endoscopic report reveals the presence of Barrett's epithelium. Which of the following information should the clinician include in the explanation of the pathology report? - CORRECT ANSWER A) This is a premalignant tissue.

B) This tissue is resistant to gastric acid.

C) This tissue supports healing of the esophagus.

D) All of the above

Answer D

On further questioning, the 21-year-old patient with the chief complaints of fatigue, headache, anorexia, and a runny nose explains that she is sexually active only with her boyfriend, does not use injectable drugs, and works as an aide in a day-care center. Which of the following tests would be most helpful in confirming your diagnosis? - CORRECT ANSWER HAV IgM

Which statement about adenocarcinoma of the lung is accurate? - CORRECT ANSWER It is the most prevalent carcinoma of the lung in both sexes and in nonsmokers, representing 35% to 40% of all tumors.

Marci has a wart on her hand. She says she heard something about "silver duct tape therapy." What do you tell her about this? - CORRECT ANSWER It is a simple treatment that should be tried first.

Which patient is more likely to have a cluster headache? - CORRECT ANSWER A 45-year-old male awakened at night

Tinea unguium is also known as: - CORRECT ANSWER Onychomycosis.

Which of the following medications used in the treatment of glaucoma works by constricting the pupils to open the angle and allow aqueous fluid to escape? - CORRECT ANSWER Pilocarpine

George has cardiovascular disease (CVD), is 64 years old, has a total cholesterol of 280 mg/dL, has a systolic blood pressure (BP) of 158, and is being treated for hypertension. You are doing a Framingham Risk Assessment on him. Which assessment factor would give him the highest number of points on the scale? - CORRECT ANSWER His cholesterol level

Which of the following is "a linear crack extending from the epidermis to the dermis"? - CORRECT ANSWER A fissure

A patient is seen in the office with complaints of six to seven liquid bowel movements per day. Which of the following assessment findings would lead the clinician to a diagnosis of inflammatory bowel disease? - CORRECT ANSWER History of international travel

Which of the following is associated with celiac disease (celiac sprue)? - CORRECT ANSWER Malabsorption

In which of the following situations would referral to a specialist be needed for sinusitis? - CORRECT ANSWER A) Recurrent sinusitis

B) Allergic sinusitis

C) Sinusitis that is refractory to antibiotic therapy

D) All of the above

Answer D

Heart valve damage resulting from acute rheumatic fever is a long-term sequelae resulting from infection with which of the following pathogens? - CORRECT ANSWER Group A streptococcus

A bulla is: - CORRECT ANSWER A vesicle larger than 1 cm in diameter.

An example of ecchymosis is: - CORRECT ANSWER A bruise

Severe pain associated with acute otitis media signifies perforation of the tympanic membrane. -
CORRECT ANSWER False

A patient is seen in the office complaining of severe flank pain. The clinician should assess this patient for which risk factors for kidney stones? - CORRECT ANSWER Hypertension

Which of the following foods should be limited in a patient with chronic renal failure (CRF)? - CORRECT ANSWER A) Milk

B) Bananas

C) Soy sauce

D) All of the above

Answer D

John is a 16-year-old boy who presents to the emergency room after hurting his knee in a football game. He described twisting his knee and then being unable to extend it completely. John tells the clinician that he heard a pop when the injury occurred and has been experiencing localized pain. The clinician suspects a meniscal tear. Which test would be most appropriate to assess for the presence of a meniscal tear? - CORRECT ANSWER McMurray circumduction test

Which characteristic of delirium helps to distinguish delirium from dementia? - CORRECT ANSWER Abrupt onset

When looking under the microscope to diagnose an intravaginal infection, you see a cluster of small and oval to round shapes. What do you suspect they are? - CORRECT ANSWER spores

Which solution should be used when irrigating lacerated tissue over a wound on the arm? - CORRECT ANSWER Saline irrigation or soapy water

The main mechanism for avoiding a lawsuit involves: - CORRECT ANSWER Open communication skills

Which drug commonly prescribed for burns is active against a wide spectrum of microbial pathogens and is the most frequently used agent for partial- and full-thickness thermal injuries? - CORRECT ANSWER Silver sulfadiazine (Silvadene)

Which clinical feature is the first to be affected in increased intracranial pressure (ICP)? - CORRECT ANSWER Decrease in level of consciousness (LOC)

George, aged 59, complains of a flulike illness, including fever, chills, and myalgia after returning from visiting his grandchildren in New England. He reports having discovered a rash or red spot that grew in size on his right leg. What disease are you considering? - CORRECT ANSWER Lyme disease

Infectious mononucleosis results from an acute infection with which of the following? - CORRECT ANSWER Epstein-Barr virus (EBV)

Which of the following signs or symptoms indicate an inflammatory etiology to musculoskeletal pain? - CORRECT ANSWER morning stiffness

Immunizations are an example of which type of prevention? - CORRECT ANSWER primary

Which of the following classes of drugs should be used as first-line therapy for treatment of delirium? - CORRECT ANSWER Antipsychotic

Clinicians who learn how to code and document Evaluation and Management (E&M) and clinician services will be more successful in gaining timely payment for care delivery. Which of the following Centers for Medicare and Medicaid Services (CMS) practices are designed to financially penalize clinicians who do not bill according to CMS guidelines? - CORRECT ANSWER Audits and probes

The current goal of treatment for a patient with HIV infection is which of the following? - CORRECT ANSWER Viral suppression of HIV to undetectable levels in the peripheral blood

The effectiveness of benzodiazepines in treating anxiety disorders suggests that which of the following neurotransmitters plays a role in anxiety? - CORRECT ANSWER Gamma-aminobutyric acid (GABA)

The vegetarian patient with gout asks the clinician about food that he should avoid. The clinician should advise the patient to avoid which of the following foods? - CORRECT ANSWER spinach

What is the treatment of choice for a patient diagnosed with testicular cancer? - CORRECT ANSWER
Radical orchidectomy

Which drug for Alzheimer's disease should be administered beginning at the time of diagnosis? -
CORRECT ANSWER Cholinesterase inhibitors

The criteria for diagnosing generalized anxiety disorder in the American Psychiatric Association's
Diagnostic and Statistical Manual of Mental Disorders (text revision) (DSM-IV-TR) state that excessive
worry or apprehension must be present more days than not for at least: - CORRECT ANSWER 6 months

A bulla is: - CORRECT ANSWER A vesicle larger than 1 cm in diameter.

A 45-year-old woman is seen in the clinic with complaints of a vaginal discharge. The clinician identifies
clue cells on the vaginal smear. Which of the following diagnoses is associated with this finding? -
CORRECT ANSWER Bacterial vaginosis

The most cost-effective screening test to determine HIV status is which of the following? - CORRECT
ANSWER Enzyme-linked immunosorbent assay (ELISA)

A 58-year-old woman presents with a breast mass. Which of the following responses by the clinician
would be most appropriate? - CORRECT ANSWER "We will order a mammogram and ultrasound to help
establish a diagnosis."

Which ethical principle reflects respect for all persons and their self-determination? - CORRECT ANSWER
autonomy

In the United States, what is the second most common connective tissue disease and the most
destructive to the joints? - CORRECT ANSWER Rheumatoid Arthritis

Which of the following laboratory findings should the clinician expect in a patient with untreated Graves'
disease? - CORRECT ANSWER A) Elevated thyroid-stimulating hormone (TSH)

B) Elevated T4

C) Elevated TRH