

ATI RN ADULT MEDICAL SURGICAL PROCTORED EXAM 2019 WITH NGN QUESTIONS/A+ GRADE

1. A nurse is assessing for compartment syndrome in a patient who has a short leg cast. Which of the following findings should the nurse identify as a manifestation of this condition?

- Bounding pedal pulse
- Capillary refill less than 2 seconds
- **Pain that increases with passive movement**
- Areas of warmth on the cast

2. A nurse is providing teaching to a patient who has a severe form of stage II Lyme disease. Which of the following statements made by the patient reflects an understanding of the teaching?

- "I will need to take antibiotics for 1 year"
- "My partner will need to take an antiviral medication"
- **"My joints ache because I have Lyme disease"**
- "I will bruise easily because I have Lyme disease"

3. A nurse is preparing to administer phenytoin 600 mg PO daily to a patient. The amount available is oral solution 125 mg/5 mL. How many mL should the nurse administer? 24

A nurse is caring for a patient who has an arterial line. Which of the following actions should the nurse take?

- Flush the line before administering antibiotics
- Position the patient in Trendelenburg to obtain measurements
- Have the patient bear down when readings are obtained
- **Place a pressure bag around the flush solution**

4. A nurse is updating the plan of care for a patient who is receiving chemotherapy. Which of the following findings should the nurse identify as the priority?

- **Report of sore throat**
- Report of memory loss
- Alopecia
- Mucositis

5. A nurse is reviewing the medical record of a patient who has systemic lupus erythematosus (SLE). Which of the following findings should the nurse expect?

- **Facial butterfly rash**
- Bradycardia
- Esophagitis
- Interstitial fibrosis

6. A nurse is planning care for a patient who is postoperative following a parathyroidectomy. Which of the following actions should the nurse identify as the priority?

- Use pillows to support the patient's head and neck
- Offer opioid medication

- Place a tracheostomy tray at the bedside
- Place the patient in semi-Fowler's position

7. A nurse is assessing a patient who has diabetes insipidus. Which of the following findings should the nurse expect?

- Low urine specific gravity
- Hypertension
- Bounding peripheral pulses
- Hyperglycemia

8. A nurse is providing teaching to a patient who has stage II cervical cancer and is scheduled for brachytherapy. Which of the following instructions should the nurse include?

- "You will have an implant placed twice each month for the duration of the treatment"
- "You should remain at least 6 feet away from others between treatments"
- "You should expect to have blood in your urine for a few days after treatment"
- "You will need to stay still in the bed during each treatment session"

9. A nurse is planning care for a patient who is scheduled for a thoracentesis. Which of the following interventions should the nurse include in the plan?

- Encourage the patient to take deep breaths after the procedure
- Assist the patient to hold their arms up during the procedure
- Instruct the patient to remain NPO after midnight prior to the procedure
- Keep the patient on bedrest for 8 hr following the procedure

10. A nurse is caring for a patient who is receiving a blood transfusion. The patient becomes restless, dyspneic, and has crackles noted to the lung bases. Which of the following actions should the nurse anticipate taking?

- Administer an antihistamine
- Slow the infusion rate
- Give the patient a corticosteroid
- Elevate the patient's lower extremities

11. A nurse is providing teaching to a patient who has end-stage kidney disease and is waiting for a kidney transplant. Which of the following information should the nurse provide?

- Kidney donation must come from a living donor
- Immunosuppressive therapy is necessary until the donated kidney begins producing urine
- Hemodialysis is sometimes required following surgery
- Kidney transplant recipients can resume their regular diet following surgery

12. A nurse is caring for a patient who has hypothyroidism. Which of the following manifestations should the nurse expect?

- Constipation
- Insomnia
- Tachycardia
- Diaphoresis

13. A nurse is providing preoperative teaching for a patient who is scheduled for a mastectomy. Which of the following statements should the nurse make?

- "You should accept your body image change before discharge"
- "It is important for you to look at the incisional site when the dressings are removed"
- "I will refer you to community resources that can provide support"
- "The scar will remain red and raised for many years after surgery"

14. A nurse is caring for a patient who had a nephrostomy tube inserted 12 hr ago. Which of the following findings should the nurse report to the provider?

- The patient's urinary output has increased
- The patient reports back pain
- The patient's urine color is red tinged
- The patient's BUN is 18 mg/dL

15. A nurse is teaching a family about the care of a patient who has a new diagnosis of Alzheimer's disease. Which of the following information should the nurse include in the teaching?

- Position tabletop clocks with multi-colored backgrounds throughout the home
- Explain how to complete a task while having the patient do the task
- Place a calendar on the wall with days and weeks included
- Create complete outfits and allow the patient to select one each day

16. A nurse is caring for a patient who has breast cancer and tells the nurse that they would like to have acupuncture because it provides greater relief than pain medication. Which of the following statements should the nurse make?

- "Acupuncture is not an approved treatment for cancer pain"
- "I can speak to the provider about incorporating acupuncture into your treatment plan"
- "I will ask the provider to prescribe a stronger medication to help ease your pain"
- "I can contact a family member or spiritual advisor for you to speak with"

17. A nurse is caring for a patient following extubation of an endotracheal tube 10 min ago. Which of the following findings should the nurse report to the provider immediately?

- Stridor
- Oral secretions
- Hoarseness
- Sore throat

18. A nurse is reviewing the laboratory findings of a patient who developed chest pain 6 hr ago. The nurse should identify which of the following findings as an indication of a myocardial infarction (MI)?

- Creatine kinase (CK-MB) 85 mg/dL
- High-density lipoprotein (HDL) 65 mg/dL
- Alanine aminotransferase (ALT) 28 units/L
- Troponin I 8 ng/mL

19. A nurse is preparing to administer a blood transfusion to a patient who has anemia. Which of the following actions should the nurse take first?

- Obtain the patient's vital signs
- Describe the blood transfusion procedure to the patient
- **Check for the type and number of units of blood to administer**
- Initiate a peripheral IV line

20. A nurse is reviewing the laboratory results of a patient who has aplastic anemia. Which of the following findings indicates a potential complication?

- RBC count 5.2 million/mm³
- **WBC count 2,000/mm³**
- Platelets 380,000/mm³
- Potassium 4 mEq/L

21. A nurse is providing discharge teaching to a patient who is postoperative following a modified radical mastectomy. Which of the following instructions should the nurse include?

- Flex the affected arm when ambulating
 - **Numbness can occur along the inside of the affected arm**
 - Begin active range-of-motion exercises 1 day after surgery
 - Dress in clothing that fits snugly
- B. Numbness can occur along the inside of the affected arm

22. A nurse is preparing to present a program about prevention of atherosclerosis at a health fair. Which of the following recommendations should the nurse plan to include? (Select all that apply.)

- **Follow a smoking cessation program**
- **Maintain an appropriate weight**
- **Eat a low-fat diet**
- Increase fluid intake
- Decrease intake of complex carbohydrates

23. A nurse is caring for a patient who has homonymous hemianopsia as a result of a stroke. To reduce the risk of falls when ambulating, the nurse should provide which of the following instructions to the patient?

- "Wear an eye patch over one eye"
- "Make sure to have a staff member walk on your stronger side"
- **"Scan the environment by turning your head from side to side"**
- "Make sure to look at your feet while walking"

24. A nurse is caring for a patient who has a pneumothorax and a closed-chest drainage system. Which of the following findings is an indication of lung re-expansion?

- The chest tube is draining serosanguineous fluid at 65 mL/hr
- The patient tolerates gentle milking of the tubing
- **Bubbling in the water seal chamber has ceased**

- There is tidaling in the water seal chamber

25. A nurse is providing discharge teaching to a patient who is to self-administer heparin subcutaneously. Which of the following statements by the patient indicates an understanding of the teaching?

- "I can expect to have blood in my urine during the first week of injections"
- "I will floss my teeth after each meal"
- "I will gently massage the site after I inject my medication"
- **"I will use an electric razor to shave"**

26. A nurse is providing follow-up care for a patient who is sustained a compound fracture 3 weeks ago. The nurse should recognize that an unexpected finding for which of the following laboratory values is a manifestation of osteomyelitis and should be reported to the provider?

- **Sedimentation rate**
- Hematocrit
- Calcium
- Acid phosphatase

27. A nurse is performing a preoperative assessment for a patient. The nurse should identify that an allergy to which of the following foods can indicate a latex allergy?

- Shellfish
- Peanuts
- **Avocados**
- Eggs

28. A nurse is caring for a patient who has DKA. Which of the following findings should indicate to the nurse that the patient's condition is improving?

- Potassium 3.5 mEq/L
- pH 7.28
- **Glucose 272 mg/dL**
- HCO₃ 14 mEq/L

29. A nurse is caring for a patient who has diabetic ketoacidosis (DKA). Which of the following should the nurse plan to administer?

- 240 mL (8oz) of orange juice
- 1 ampule of 50% dextrose IV bolus
- NPH insulin 60 units subcutaneous
- **Regular insulin 20 units IV bolus**

30. A nurse is evaluating the plan of care for four patients after 2 days of hospitalization. The nurse should identify the need to revise the plan for which of the following patients?

- A patient who is taking potassium supplements, has a potassium level of 3.2 mEq/L and reports constipation
- A patient who has Alzheimer's Disease (AD), has a room near the nurse's station, and is agitated