

**NEW GENERATION HESI  
Maternity Exam 2023,  
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(WITH ANSWER KEY)**

# HESI Maternity Exam

Which finding for a client in labor at 41 weeks gestation requires

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additional assessment by the nurse?

- Cervix dilated 2 cm and 50%
- effaced. Score of 8 on the biophysical profile. Fetal heart rate of 116 beats per minute. One fetal movement noted in an hour.
- movement noted in an hour.

A client at 28 weeks gestation arrives at the labor and delivery unit with a complaint of bright red, painless vaginal bleeding. For which diagnostic procedure should the nurse prepare the client?

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- Contraction stress test.
- Internal fetal monitoring.
- Abdominal ultrasound.
- Lecithinsphingomyelin ratio.

A multiparous client delivered a 7 lb 10 oz infant 5 hours ago. Upon fundal assessment, the nurse determines the uterus is boggy and is displaced above and to the right of the umbilicus. Which action should the nurse implement next?

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- Document the color of the lochia.
- Observe maternal vital signs.

- Assist the client to the bathroom.

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Notify the healthcare provider.

A multiparous client is experiencing bleeding 2 hours after a vaginal delivery. What action should the nurse implement next?

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- Determine the firmness of the

fundus. Give

oxytocin (Pitocin)

intravenously.

- Inform the healthcare
- provider of the bleeding.
- Assess the vital signs for
- indicators of shock.

**The nurse notes a pattern of the fetal heart rate decreasing after each contraction. What action should the nurse implement?**

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Give 10 liters of oxygen via face mask.

- Prepare for an emergency cesarean section.
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Continue to monitor the fetal heart rate pattern. Obtain an oral maternal temperature.

**A client at 28 weeks gestation experiences blunt abdominal trauma. Which parameter should the nurse assess first for signs of internal hemorrhage?**

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- Vaginal bleeding.
- Complaints of abdominal pain.

Changes in fetal heart rate

- Patterns.** Alteration in maternal blood pressure.
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**Which client should the nurse report to the healthcare provider as needing a prescription for Rh Immune Globulin (RhoGAM)?**

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- Woman whose blood group is AB
- Rh- positive. Newborn with rising serum bilirubin level.
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