

HESI
COMMUNITY
HEALTH
PROCTORED
EXAM
Version 21

HESI Community Health Proctored Exam

SET 1

1. A nurse manager at a community agency is developing an orientation program for newly hired nurses.

When discussing the differences between community-based and community-oriented nursing, the nurse should include which of the following as examples of community-based nursing? (*Select all that apply.*)

A. A home health nurse performing wound care for a client who is immobile

B. An occupational health nurse providing classes on body mechanics at a local industrial plant

C. A school nurse teaching a student who has asthma about medications

D. A parish nurse teaching class on low-sodium cooking techniques

E. A mental health nurse discussing stress management techniques with a support group

2. A nurse is advocating for local community leaders to place a newly approved community health clinic in an area of the city that has fewer resources than other areas. The nurse is advocating for the leaders to uphold which of the following ethical principles?

A. distributive justice

B. fidelity

C. respect for autonomy

D. veracity

3. A nurse is preparing an education program on disease transmission for employees at a local day care facility. When discussing the

epidemiological triangle, the nurse should include which of the following factors as agents? (*select all that apply*)

- A. resource availability
- B. ethnicity
- C. **toxins**
- D. **bacteria**
- E. altered immunity

4. A nurse is developing a community health education program for a group of clients who have a new diagnosis of DM. Which of the following learning strategies should the nurse include for clients who are auditory learners?

- A. showing informational videos
- B. providing equipment to practice hands-on skills
- C. supplying outlines for note-taking
- D. **Facilitating small group discussions**

5. A community health nurse is implementing health programs with several populations in the local area. In which of the following situations is the nursing using primary prevention?

- A. Performing a home safety check at a client's home
- B. teaching healthy nutrition to clients who have HTN
- C. **providing influenza immunizations to employees at a local preschool**
- D. implementing a program to notify individuals exposed to a communicable disease

SET 2

1. A nurse is preparing an educational program on cultural perspectives in nursing. The nurse should include that which of the following factors are influenced by an individual's culture? (*select all that apply*)

- A. nutritional practices**
- B. family structure**
- C. health care interactions**
- D. biological variations
- E. views about illness**

2. A nurse is caring for a client who is from a different culture than himself. When beginning the cultural assessment, which of the following actions should the nurse take first?

- A. determine the client's perception of his current health status
- B. gather data about the client's cultural beliefs**
- C. determine how the client's culture can affect the effectiveness of nursing actions
- D. gather information about previous client interactions with the health care system

3. A nurse is using the I PREPARE mnemonic to assess a client's potential environmental exposures. Which of the following questions should the nurse ask when assessing for "A" in the mnemonic?

- A. "what do you like to do for fun?"**
- B. "what year was your residence built?"
- C. "what jobs have you had in the past?"
- D. what industries are near where you live?"

4. A nurse is reviewing information about the local health department to prepare for an interview. Which of the following services should the nurse expect the local health department to provide? (*select all that apply*)

- A. managing the women, infant, and children program
- B. providing education to achieve community health goals**
- C. coordinating directives from state personnel**
- D. reporting communicable diseases to the CDC
- E. licensing of registered nurses