

## Chapter 2: Historical Perspectives

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### MULTIPLE CHOICE

1. The early Christian era brought which of these important changes in health care?
- A) The development of aqueducts and sewage systems
  - B) A belief in the sanctity of life
  - C) A deep understanding of the anatomy of the human body
  - D) The shift of care from the home to large hospitals

ANS: B                      PTS: 1                      DIF: Medium                      TOP: Historical Perspectives |  
KEY: Cognitive Domain: Application | Integrated Process: Planning | Client Need: Safe and Effective Care Environment

2. Which development during the European Middle Ages led to a major improvement in health care?
- A) A rapid growth in medical knowledge
  - B) Establishment of large central hospitals
  - C) Growth of religious orders to care for the sick
  - D) A shift to care of ill persons by women

ANS: C                      PTS: 1                      DIF: Hard                      TOP: Historical Perspectives  
KEY: Cognitive Domain: Analysis

3. Who is called the “father of modern medicine”?
- A) William Harvey
  - B) Hippocrates
  - C) Cyrus the Great
  - D) Emperor Darius

ANS: A                      PTS: 1                      DIF: Easy                      TOP: Historical Perspectives  
KEY: Cognitive Domain: Comprehension | Integrated Process: Planning | Client Need: Safe and Effective Care Environment

4. What are the dates of Florence Nightingale’s birth and death?
- A) March 3, 1578; June 10, 1657
  - B) January 9, 1715; September 30, 1785
  - C) May 12, 1820; August 13, 1910
  - D) April 15, 1932; December 10, 1957

ANS: C                      PTS: 1                      DIF: Easy                      TOP: Historical Perspectives  
KEY: Cognitive Domain: Comprehension | Integrated Process: Planning | Client Need: Safe and Effective Care Environment

5. Identify a key element in the success of Nightingale’s school of nursing.
- A) It was not under control of the hospital.
  - B) Large amounts of private funds were paid to well-qualified teachers.
  - C) The Watson Model for nursing was used.
  - D) The primary goal was service to the hospital rather than education.

ANS: A                      PTS: 1                      DIF: Medium                      TOP: Historical Perspectives  
KEY: Cognitive Domain: Analysis | Integrated Process: Intervention | Client Need: Safe and Effective

Care Environment

6. What was a major goal of Lavinia Dock?
- A) Establish a new nursing organization.
  - B) Publish a nursing journal.
  - C) Obtain the right to vote for women.
  - D) Improve the education for nurses.

ANS: C                      PTS: 1                      DIF: Medium                      TOP: Historical Perspectives  
KEY: Cognitive Domain: Application| Integrated Process: Intervention| Client Need: Safe and Effective Care Environment

7. Which belief about what nurses needed to do shaped Lillian D. Wald's nursing practice?
- A) Spend more time in clinical preparation and less time in the classroom.
  - B) Fight political corruption to procure the types of legislation needed to improve social conditions.
  - C) Conduct more research into the conditions of hospital patients.
  - D) Stand up to medical doctors who were arrogant and obnoxious.

ANS: B                      PTS: 1                      DIF: Medium                      TOP: Historical Perspectives  
KEY: Cognitive Domain: Analysis| Integrated Process: Planning| Client Need: Safe and Effective Care Environment

8. Which problem had the most severe effect on nursing education during the 1920s and 1930s?
- A) Too many college-based schools of nursing
  - B) A lack of qualified nursing instructors
  - C) Too many nursing students from the lower and middle classes
  - D) Not enough demand for educated nurses

ANS: B                      PTS: 1                      DIF: Hard                      TOP: Historical Perspectives  
KEY: Cognitive Domain: Application| Integrated Process: Implementation| Client Need: Safe and Effective Care Environment

9. Identify a negative effect that World War II had on health care in the United States.
- A) A rapid increase in medical knowledge
  - B) Expanded health-care services
  - C) Increased use of LPNs and aides to substitute for a lower number of RNs
  - D) Increases in pay for nurses

ANS: C                      PTS: 1                      DIF: Medium                      TOP: Historical Perspectives  
KEY: Cognitive Domain: Analysis| Integrated Process: Problem Identification| Client Need: Safe and Effective Care Environment

10. Select the statement that most accurately states the effects of increasing populations on health care.
- A) Economically depressed populations have fewer health-care needs.
  - B) Larger populations often lead to large numbers of well-educated and well-nourished people.
  - C) Large groups of economically depressed people tend to live in rural areas.
  - D) Crowded living conditions in cities lead to the spread of communicable diseases.

ANS: D                      PTS: 1                      DIF: Easy                      TOP: Historical Perspectives  
KEY: Cognitive Domain: Comprehension| Integrated Process: Planning| Client Need: Safe and

Effective Care Environment

11. Which characteristic of health care in ancient civilizations distinguishes it from the health care of today?
- A) Health care was closely related to religious practices.
  - B) Most health care was provided by women.
  - C) Health care focused on curing the sick and injured.
  - D) Physicians received extensive education in formal schools.

ANS: A                      PTS: 1                      DIF: Medium                      TOP: Historical Perspectives  
KEY: Cognitive Domain: Knowledge| Integrated Process: Problem Identification| Client Need: Intervention

12. What are two similarities between the health care provided by the ancient Hebrews and that practiced by the ancient Egyptians?
- A) The belief that disease was caused by evil spirits and the use of health spas
  - B) Trained women as the primary care providers and the use of many medications
  - C) Majority of health care provided in hospitals and the use of medical specialization
  - D) Emphasis on sanitation and well-developed knowledge of surgical techniques

ANS: D                      PTS: 1                      DIF: Hard                      TOP: Historical Perspectives  
KEY: Cognitive Domain: Evaluation| Integrated Process: Evaluation| Client Need: Safe and Effective Care Environment

13. Select the element of the medical practice of Hippocrates that remains appropriate for the health-care providers of the 21st century.
- A) Belief that disease is a result of failure to comply with the natural law
  - B) The whole client needs to be treated: the mind, body, and spirit
  - C) Only physicians have enough education to provide safe health care
  - D) Hospitals should be avoided unless there are no other treatment options

ANS: B                      PTS: 1                      DIF: Hard                      TOP: Historical Perspectives  
KEY: Cognitive Domain: Analysis| Integrated Process: Evaluation| Client Need: Safe and Effective Care Environment

14. Identify the characteristic of ancient Roman society that distinguished the health-care practices of the empire from those of its surrounding neighbors.
- A) Use of slaves to provide basic health care
  - B) Belief that the Roman Emperor was a descendent of a god
  - C) Lack of concern about the sanctity of life
  - D) Relatively high social status allotted to Roman women

ANS: D                      PTS: 1                      DIF: Medium                      TOP: Historical Perspectives  
KEY: Cognitive Domain: Analysis| Integrated Process: Implementation| Client Need: Safe and Effective Care Environment

15. To what event and to which period of history is the disappearance of male nurses usually attributed?
- A) The Crusades during the Dark Ages
  - B) The use of medical inventions during the Renaissance
  - C) The Protestant Reformation during the Middle Ages
  - D) The rapid population growth during the Industrial Revolution

ANS: C                    PTS: 1                    DIF: Medium            TOP: Historical Perspectives  
KEY: Cognitive Domain: Application| Integrated Process: Problem Identification| Client Need:  
Psychosocial Integrity

16. For which contribution to professional nursing is Isabel Adams Hampton Robb most noted?
- A) Raising the standards for nursing education
  - B) Developing storefront clinics in New York City
  - C) Advocating the use of MASH units during the Korean War
  - D) Changing the laws that affect health care of the poor

ANS: A                    PTS: 1                    DIF: Medium  
KEY: Cognitive Domain: Comprehension| Integrated Process: Intervention| Client Need: Safe and  
Effective Care Environment

17. Who is credited with the development of the nurse practitioner role?
- A) Anne Goodrich
  - B) Loretta Ford
  - C) Isabel Robb
  - D) Barak Obama

ANS: B                    PTS: 1                    DIF: Medium            TOP: Historical Perspectives  
KEY: Cognitive Domain: Application| Integrated Process: Planning| Client Need: Safe and Effective  
Care Environment

18. What situation led to the development of the nurse practitioner role?
- A) Not enough regular nurse jobs for the excessive number of BS graduates.
  - B) Nurses with advanced degrees recognizing they could function in a primary physician role.
  - C) A shortage of health care providers in rural areas of the county.
  - D) Hospitals seeking a less expensive source of primary care providers.

ANS: C                    PTS: 1                    DIF: Medium            TOP: Historical Perspectives  
KEY: Cognitive Domain: Application| Integrated Process: Problem Identification | Client Need: Safe  
and Effective Care Environment

## COMPLETION

1. List the following civilizations in their correct time sequence. (*Enter the letter of each in the proper sequence; do not use commas or spaces.*)
- A) Greek Empire
  - B) Ancient Hebrews
  - C) Roman Empire
  - D) Egyptian Empire
  - E) Taoism

ANS: DCEBA

PTS: 1                    DIF: Hard                    TOP: Historical Perspectives  
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Care Environment

2. Complete the following statement by filling in the blank with the correct word.  
The Dark Ages brought the advent of \_\_\_\_\_ that were composed exclusively of men who wore suits of armor to protect themselves and their hospitals.

ANS: military; nursing; orders

PTS: 1                    DIF: Medium                    TOP: Historical Perspectives

KEY: Cognitive Domain: Comprehension| Integrated Process: Problem Identification| Client Need: Safe and Effective Care Environment