

Chapter 2: The Unfolding History of Occupational Therapy in Mental Health

Multiple Choice

1. A humanistic treatment approach had a major impact on the formation of occupational therapy and is still an important aspect of occupational therapy's philosophy. Which 19th century theory can this approach be attributed to?

- a. Moral Treatment
- b. Arts and Crafts Movement
- c. Mental Hygiene Movement
- d. Reductionistic Movement

ANS: a

Topic: History of Occupational Therapy

LO: 2.1

2. Which of the following models was initiated in response to industrialization of society and can be described as "reestablishing harmony between environment, occupation and the person"?

- a. Moral Treatment
- b. Arts and Crafts Movement
- c. Mental Hygiene Movement
- d. Reductionistic Movement

ANS: b

Topic: History of Occupational Therapy

LO: 2.1

3. Which occupational therapy founder was most closely associated with the development of performance-based tests?

- a. William Rush Dunton, Jr.
- b. Eleanor Clarke Slagle
- c. Susan Tracy
- d. George Barton

ANS: c

Topic: Founding of Occupational Therapy

LO: 2.2

4. Which occupational therapy founder was most closely associated with habit training?
- William Rush Dunton, Jr.
 - Eleanor Clarke Slagle
 - Susan Tracy
 - George Barton

ANS: b

Topic: Founding of Occupational Therapy

LO: 2.2

5. Habit training can best be described as _____.
- A well-balanced daily routine that contributes to health and wellness
 - A program that encourages highly structured, monotonous daily routines
 - A program that requires equal time in each area of work, leisure, and self-care
 - A program that teaches specific behavior patterns for completion of activities of daily living

ANS: a

Topic: Founding of Occupational Therapy

LO: 2.2

6. Habit training is still seen in occupational therapy practice today. Which domain of the American Occupational Therapy Association Practice Framework best reflects this concept?
- Areas of occupation
 - Performance skills
 - Performance patterns
 - Client factors

ANS: c

Topic: Founding of Occupational Therapy

LO: 2.3

7. A 10-year-old with anxiety disorder is experiencing difficulty at school. As the occupational therapist at that school, which of the following best describes your role related to this child?
- Promote inclusion and increased understanding of mental health issues in the classroom, at recess, and before and after school activities
 - Work on handwriting skills
 - Facilitate the development of a productive daily routine
 - Engage the child in sensory integration activities

ANS: a

Topic: Mental Health Settings Where Occupational Therapists Practice

LO: 2.4