MS4 HESI MED SURG EXAMS TEST BANK

1. Following long-term administration of warfarin sodium to a client with a medical diagnosis of deep vein thrombosis, the nurse should expect which treatment?

- a. The hemoglobin will be greater than 10 g/dl
- b. The hematocrit will be less than 35%
- C. The PT will be 1.5 times the normal
- d. The PTT will be 1.5 times the normal

2. A client who has been taking finasteride, an enzyme (5 alpha reductase) inhibitor used to shrink the prostate gland, is admitted because of continuing benign prostate prostatic hypertrophy (BPH) symptoms when planning care. Which nursing problem should the nurse address first?

- a. Chronic pain
- **D.** Urinary retention
- C. Risk for infection
- d. Disturbed sleep pattern

3. An older client has been diagnosed with chronic venous insufficiency. To prevent venous return, which action should the nurse encourage the client to

a. Wear cotton socks and enclosed toe shoes whenever outside

- b. Drink 8 to 10 ounces of water a day
- C. Sit at the side of the bed for 15 minutes before standing
- d. Lie down in bed 2 times a day

4. When caring for a client with a full thickness burn covering 40% of the body, the nurse observes pertinent drainage at the wound. Before reporting this finding to the healthcare provider, the nurse should review which of the client's laboratory values?

- a. Hematocrit
- b. Platelet count
- C. White blood cell (WBC) count
- d. Blood pH level

5. An older client arrives at the outpatient eye surgery clinic for a right cataract extraction and _____implant. During the immediate postoperative period, which intervention should the nurse implement

a. Provide an eye shield to be worn while sleeping

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- C. Encourage deep breathing and coughing exercises
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7.a client takes daily supplemental iron tablets for iron deficiency anemia reports feeling increasingly fatigued. Which laboratory values should the nurse review?

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- a. Offer ice chips and oral clear liquids
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14. A client is hospitalized after experiencing a myocardial infarction (MI) to reduce cardiac workload, which intervention should the nurse include in the client's plan of care?

- a. Teach to sleep in a side-lying position
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15. The healthcare provider prescribes radiation therapy (RT) for a client with terminal metastatic ______ who is experiencing increased pain due to spinal compression. The client asks the nurse why radiation therapy is prescribed. Which mechanism supports the use of RT in the client's metastatic cancer?

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b. Pain relief can be provided by shrinking tumors that press against spinal nerves

C. Evidence indicates that RT can prolong life in clients with metastatic cancers

KT is an alternative to surgery that affects tumor growth and eradicates cancer

16. The nurse is caring for a client diagnosed with psoriasis vulgaris who is receiving a PUVA treatment. Which assessment finding indicates that the client has been overexposed to the treatment?

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- a. visual acuity
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- C. Sensation in feet and legends
- d. Serum creatinine and blood urea nitrogen (BUN)
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18. A client with a history of chronic obstructive disease (COPD) is admitted with pneumonia. Vital signs include oxygen saturation 89% temperature 100.5 F (___C) heart rate 120 beats/minute, respirations 28 breaths/minute and blood pressure 170/90mmHg. Which finding warrants immediate intervention by the nurse?

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- a. Increase the flow of the bladder irrigation
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20. The nurse assesses an adult client 24 hours after a bowel exploration and formation of a sigmoid colostomy. Which assessment finding should be reported to the surgeon?

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- a. Skull radiography
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- C. Magnetic resonance imaging (MRI)

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23. A client is receiving combination chemotherapy for treatment of metastatic carcinoma. When monitoring the client for systemic, side effects which assessment findings warrants intervention by the nurse?

a. Polycythemia

b. Leukopenia

C. Ascites

d. nystagmus

24. The nurse is planning care for an older adult male who experienced a cerebrovascular accident several weeks ago. Because of expressive aphasia, the client often becomes frustrated with the nursing staff. Which intervention should the nurse implement?

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- C. Teach the client use of basic sign language
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- b. Nausea
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- C. Do your family members share combs and brushes?
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• ANS 75

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a. Take the clients temperature using another method

- b. Check the blood pressure every five minutes for one hour
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31. An adult client is diagnosed with restless leg syndrome and is referred to the sleep clinic.

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The healthcare provider prescribes sulfate 300 mg PO daily. Which laboratory values

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b. Platelet count and hematocrit

C. Serum iron and ferritin

d. Neutrophils and eosinophils

32. To reduce the risk for pulmonary complication for a client with Amyotrophic. Lateral Sclerosis (ALS), what interventions should the nurse implement? (SATA)

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b. Establish a regular bladder routine

C. Perform chest physiotherapy

d. Initiate passive range of motion exercises

e. Teach the client breathing exercises

33. A client with **Ureterolithiasis** is preparing for discharge after a ureteroscopy removal. Which instruction should the nurse include in this client's postoperative discharge teaching?

a. Use incentive spirometer

b. Report when hematuria becomes pink triggered

C. Monitor urinary stream for decreased output

d. Restrict physical activities

34. After assessing in a left lateral thoracentesis for a client with pleural effusion, the nurse the pleural fluid samples and sends them to the lab procedure, which finding warrants immediate intervention by the nurse?

a. Oxygen saturation 90% on 4 liters nasal cannula

b. Left-sided pain on inhalation

C. Subcutaneous emphysema around insertion site

d. Decreased left lung breath sounds

35. During a preoperative assessment phone call, a client states taking several "pills" every day. Which response should the office nurse provide?

a. "Obtain a copy of your medications records from your healthcare provider"

b. "Bring all your pill containers to your preoperative appointment"

C. "Discuss with your healthcare provider which medications to take before surgery"

d. "Bring copies of all your prescriptions to your preoperative appointment"

36. Which food is most important for the nurse to encourage a client with osteomalacia to

include in a daily diet?

a. Fortified milk and cereals

b. Citrus fruits and juices

- C. Red meats and eggs
- d. Green leafy vegetables

37. The healthcare provider prescribes metoclopramide 7.5 mg/mL IM every 3 hours PRN vomiting for a client who is receiving chemotherapy. The nurse prepares _____using a 2 mL prefilled syringe cartridge labeled, "metoclopramide 5 mg/mL" How many mL should the nurse administer?

ANS: 3

38. The nurse is assessing a client's arteriovenous (AV) fistula. Which finding provides evidence of its normal function?

a. Ecchymotic area

b. Enlarged vein

C. Pulselessness

d. redness

39. Which instruction should the nurse include in the discharge teaching for a client who has gastroesophageal reflux?

a. Encourage the client to lie down and rest after meals

b. Remind the client to avoid high-fiber foods

C. Teach the client to elevate the head of the bed on blocks

d. Instruct the client to use antacids only as a last resort

40. The home health nurse is evaluating a male client who manages his asthma and measures his peak expiratory flow rate (PEFR). Today he is experiencing an acute exacerbation and tells the nurse his PERF is 60% of his personal-best reading. He is experiencing expiratory and inspiratory wheezes and has a RR of 24 breaths/minute, and oxygen saturation rate of 94% on room air. Which PRN medication should the nurse instruct the client to use?

b. Epinephrine auto-injector 0.15mg

- C. Salmeterol 2 puffs per measured- dose inhaled
- d. Oxygen at 6 liter.minute by nasal cannula

41. The nurse assesses a client who is newly diagnosed with hyperthyroidism and observes that the clients eyeballs are protuberant causign a wide eyed appearance and eye discomfort.

Obtain prescription for artificial tear drops

42. The nurse prepares a teaching plan for an adult client with metabolic syndrome. Which

finding should the nurse address to help the client reduce the risk for diabetes mellitus and vascular disease? (Select all that apply)

- Increased triglyceride levels
- •
- Blood pressure of 150/96
- Abdominal obesity

43. A client with gouty arthritis reports tenderness and swelling of the right ankle and great toe. The nurse observes the area of inflammation. The client receives prescriptions for colchicine and indomethacin, Which instruction should the nurse include in the discharge teaching?

A. Limit use of mobility equipment to avoid muscle atrophy

- B. Massage joints to relax muscles and decrease pain
- C. Substitute natural fruit juices for carbonated drinks

D. Return for periodic liver functions studies

44. After teaching a female client newly diagnosed with cholecystitis about recommended diet changes, the nurse evaluates the clients learning. Elimination of which food choices by the client indicates teaching is successful?

Whole milk and daily ice cream servings

45. A client with chronic obstructive pulmonary disease (COPD) is admitted to a non-emergent cholecystectomy. The admission arterial blood gas) ABG PCO2 48 mmHG

Administer a PRN bronchodilator

46. A client with pyelonephritis is receiving discharge instructions with the goal to prevent readmission. Which instruction is most important to include in the discharge teaching plan.

Complete the full course of antibiotics

47. A client with heart failure is receiving intravenous fluids at 125 ml/hour. The nurse observes an increased jugular venous distention. Which assessment should the nurse make before reporting to the healthcare provider.

a. Observe for change in breathing pattern

b. Assess for inflammation of the calves

48. The nurse is caring for a client after a cerebrovascular accident (CVA) who is adapting to functional changes in mobility. The client continues to experience awareness of the urge to urinate and retains a large amount of residual urine after voiding. Which action should the nurse include?

• Remind the client to practice pelvic floor (Kegel) exercises regularly

49.Which dietary instruction is most important for the nurse to explain to a client who had a gastric bypass surgery?

- a. Sip fluids with each meal
- b. Eat small frequent meals
- C. Chew Slowly and thoroughly

d. Reduce intake of fatty foods

50. The nurse is providing teaching to a client with Type 2 diabetes mellitus and peripheral neuropathy. What information should the nurse provide?

A. Heading pads are useful if on the lowest setting

B. Shoes should be worn outside the house, but it is fine to be barefoot inside.

C. Family members can help with regular foot exams

D. Aching feet may be soaked in lukewarm water for one hour or more

51. A client with a history of heart failure reports increasing fatigue over the past week. On assessment the nurse obtains the following blood pressure 122/70 mmgHg, and respiratory rate 24 breaths/minute. While waiting for an electrocardiogram (ECG),,

-Rythm of apical pulse

52. The nurse assists a client with parkinson's disease to ambulate in the hallway. The client appears to "Freeze" and then tells the nurse of pretending to step over a crack on the floor. How should the nurse respond?

-Re-orient the client to his present location and circumstances

53. When completing a health assessment for a client with migraine headachesm the nurse assesses bilateral weakness in the ... trouble twisting a door knob due to weakness. What action should the nurse take in response to these findings?

• C. Gather additional assessment data about the pain and weakness

54. A client is admitted with a deep and productive cough, hemophytisis, and a low grade fever. The client's Mantoux skin test has 15mm induration. Which intervention should the nurse implement first?

A. Provide a mask for the client to wear in public areas

B. Initiate airborne particulate isolation precautions

C. Administer the initial dose of rifampin and isonaizaid

D. Collect a sputum specimen for acid fast baccilus

55. The nurse is caring for a client who is receiving teletheraphy radiation for a maligant tumor. Which instructions regarding skin care of the

D. avoid washing the skin inside the radiation portal site.

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- c. "Discuss with your healthcare provider which medications to take before surgery"
- d. "Bring copies of all your prescriptions to your preoperative appointment"

36. Which food is most important for the nurse to encourage a client with osteomalacia to include in a daily diet?

- a. Fortified milk and cereals-good
- b. Citrus fruits and juices
- c. Red meats and eggs
- d. Green leafy vegetables

37. The healthcare provider prescribes metoclopramide 7.5 mg/mL IM every 3 hours PRN vomiting for a client who is receiving chemotherapy. The nurse prepares_____using a 2 mL prefilled syringe cartridge labeled, "metoclopramide 5 mg/mL" How many mL should the nurse administer?

ANS: 3 i put 1.5

38. The nurse is assessing a client's arteriovenous (AV) fistula. Which finding provides evidence of its normal function?

- a. Ecchymotic area
- b. Enlarged vein good
- c. Pulselessness
- d. redness

39. Which instruction should the nurse include in the discharge teaching for a client who has gastroesophageal reflux?

- a. Encourage the client to lie down and rest after meals
- b. Remind the client to avoid high-fiber foods
- c. Teach the client to elevate the head of the bed on blocksgood
- d. Instruct the client to use antacids only as a last resort

40. The home health nurse is evaluating a male client who manages his asthma and measures his peak expiratory flow rate (PEFR). Today he is experiencing an acute exacerbation and tells the nurse his PERF is 60% of his personal-best reading. He is experiencing expiratory and inspiratory wheezes and has a RR of 24 breaths/minute, and oxygen saturation rate of 94% on room air. Which PRN medication should the nurse instruct the client to use?

- a. Albuterol 2.5 to 5 mg per nebulization-good
- b. Epinephrine auto-injector 0.15mg
- c. Salmeterol 2 puffs per measured- dose inhaled
- d. Oxygen at 6 liter.minute by nasal cannula

41. The nurse assesses a client who is newly diagnosed with hyperthyroidism and observes that the clients eyeballs are protuberant causign a wide eyed appearance and eye discomfort.

• Obtain prescription for artificial tear drops -good

42. The nurse prepares a teaching plan for an adult client with metabolic syndrome. Which finding should the nurse address to help the client reduce the risk for diabetes mellitus and vascular disease? (Select all that apply) -good

- Increased triglyceride levels
- Hypergylcemia
- Blood pressure of 150/96
- Abdominal obesity

43. A client with gouty arthritis reports tenderness and swelling of the right ankle and great toe. The nurse observes the area of inflammation. The client receives prescriptions for colchicine and indomethacin, Which instruction should the nurse include in the discharge teaching?

- A. Limit use of mobility equipment to avoid muscle atrophy -goood
- B. Massage joints to relax muscles and decrease pain
- C. Substitute natural fruit juices for carbonated drinks
- D. Return for periodic liver functions studies

44. After teaching a female client newly diagnosed with cholecystitis about recommended diet changes, the nurse evaluates the clients learning. Elimination of which food choices by the client indicates teaching is successful?-good

• Whole milk and daily ice cream servings

45. A client with chronic obstructive pulmonary disease (COPD) is admitted to a non-emergent cholecystectomy. The admission arterial blood gas) ABG PCO2 48 mmHG

• Administer a PRN bronchodilator -good

46. A client with pyelonephritis is receiving discharge instructions with the goal to prevent readmission. Which instruction is most important to include in the discharge teaching plan.

• Complete the full course of antibiotics -good

47. A client with heart failure is receiving intravenous fluids at 125 ml/hour. The nurse observes an increased jugular venous distention. Which assessment should the nurse make before reporting to the healthcare provider.

- a. Observe for change in breathing pattern
- b. Assess for inflammation of the calves

48. The nurse is caring for a client after a cerebrovascular accident (CVA) who is adapting to functional changes in mobility. The client continues to experience awareness of the urge to urinate and retains a large amount of residual urine after voiding. Which action should the nurse include?

- Remind the client to practice pelvic floor (Kegel) exercises regularly
- i put self cath

49. Which dietary instruction is most important for the nurse to explain to a client who had a gastric bypass surgery?

- a. Sip fluids with each meal
- b. Eat small frequent meals
- c. Chew Slowly and thoroughly-good
- d. Reduce intake of fatty foods

50. The nurse is providing teaching to a client with Type 2 diabetes mellitus and peripheral neuropathy. What information should the nurse provide?

- A. Heading pads are useful if on the lowest setting
- B. Shoes should be worn outside the house, but it is fine to be barefoot inside.
- C. Family members can help with regular foot exams-good
- D. Aching feet may be soaked in lukewarm water for one hour or more

51. A client with a history of heart failure reports increasing fatigue over the past week. On assessment the nurse obtains the following blood pressure 122/70 mmgHg, and respiratory rate 24 breaths/minute. While waiting for an electrocardiogram (ECG),,

-Rythm of apical pulse -good

52. The nurse assists a client with parkinson's disease to ambulate in the hallway. The client appears to "Freeze" and then tells the nurse of pretending to step over a crack on the floor. How should the nurse respond?

-Re-orient the client to his present location and circumstances -good

53. When completing a health assessment for a client with migraine headachesm the nurse assesses bilateral weakness in the ... trouble twisting a door knob due to weakness. What action should the nurse take in response to these findings?

• C. Gather additional assessment data about the pain and weakness -good

54. A client is admitted with a deep and productive cough, hemophytisis, and a low grade fever. The client's Mantoux skin test has 15mm induration. Which intervention should the nurse implement first?

- A. Provide a mask for the client to wear in public areas
- B. Initiate airborne particulate isolation precautions-good
- C. Administer the initial dose of rifampin and isonaizaid
- D. Collect a sputum specimen for acid fast baccilus

55. The nurse is caring for a client who is receiving teletheraphy radiation for a maligant tumor. Which instructions regarding skin care of the

D. avoid washing the skin inside the radiation portal site. - i put avoid exposure to light i felt like getting last one wrong lol dont know if it was right or wrong

- Following long-term administration of warfarin sodium to a client with a medical diagnosis of deep vein thrombosis, the nurse should expect which treatment?
 a. The hemoglobin will be greater than 10 g/dl
 b. The hematocrit will be less than 35%
 - c. The PT will be 1.5 times the normal
 - d. The PTT will be 1.5 times the normal
 - Ans. C
- 2. A client who has been taking finasteride, an enzyme (5 alpha reductase) inhibitor used to shrink the prostate gland, is admitted because of continuing benign prostate prostatic hypertrophy (BPH) symptoms when planning care. Which nursing problem should the nurse address first?
 - a. Chronic pain
 - b. Urinary retention
 - c. Risk for infection
 - d. Disturbed sleep pattern
- Ans. B
- 3. An older client has been diagnosed with chronic venous insufficiency. To prevent venous return, which action should the nurse encourage the client to a. Wear cotton socks and enclosed toe shoes whenever outside
 - b. Drink 8 to 10 ounces of water a day
 - c. Sit at the side of the bed for 15 minutes before standing
 - d. Lie down in bed 2 times a day
- Ans. A
- 4. When caring for a client with a full thickness burn covering 40% of the body, the nurse observes pertinent drainage at the wound. Before reporting this finding to the healthcare provider, the nurse should review which of the client's laboratory values?
 - a. Hematocrit
 - b. Platelet count
 - c. White blood cell (WBC) count
 - d. Blood pH level
- Ans. C
- 5. An older client arrives at the outpatient eye surgery clinic for a right cataract extraction and implant. During the immediate postoperative period, which intervention should the nurse implement
 - a. Provide an eye shield to be worn while sleeping

- b. Obtain vital signs every 2 hours during hospitalization
- c. Encourage deep breathing and coughing exercises
- d. Teach a family member to administer eye drops

Ans. A

- 6. After several days of coughing and taking acetaminophen to treat temperatures of 101 F (38. 3 C), a client with DI is admitted to the hospital with an upper respiratory infection. Several hours after admission, the client reports having a severe headache and feeling dizzy. Which intervention should the nurse implement first?
 - a. Reassess vital signs
 - b. Obtain sputum for culture
 - c. Obtain a fingerstick glucose
 - d. Administer an antipyretic

Ans. A

- 7. A client takes daily supplemental iron tablets for iron deficiency anemia reports feeling increasingly fatigued. Which laboratory values should the nurse review?
 - a. Serum electrolytes
 - b. Complete blood count
 - c. Liver enzymes
 - d. Platelet count

Ans. B

8. The nurse is caring for a client post anesthesia care unit (PACU) who underwent a thoracotomy two hours ago. The nurse observes the following vital signs: heart rate 140 beats/ minute, respirations 26 breaths/minute, and blood pressure 140/90 mmHg.

Which intervention is most important for the nurse to implement?

- a. Administer IV fluid bolus as prescribed by the healthcare provider
- b. Medicate for pain and monitor vital signs according to protocol
- c. Encourage the client to splint the incision with a pillow to cough and deep breathe
- d. Apply oxygen at 10 L via non-rebreather mask and monitor pulse oximeter

Ans. B

9. A client who was involved in a motor vehicle collision is admitted with a fractured left femur which is immobilized using a fracture traction splint in preparation for an open reduction internal fraction (ORIF). The nurse