



Question: 1 of 5

CORRECT

Time Elapsed: 00:02:36  
Pause Remaining: 08:20:00

PAUSE



FLAG

A nurse is providing discharge teaching about oral rehydration to the parent of a preschooler who has dehydration. Which of the following statements by the parent indicates an understanding of the teaching?

"I will offer my child a cup of oral rehydration fluid every time they have diarrhea."

CORRECT

My Answer

Stool losses should be replaced on a one-to-one basis by using oral rehydration fluids to maintain electrolyte balances.

"I will give my child apple juice in between meals to keep them hydrated."

**INCORRECT**

Offering fruit juices, such as apple juice, does not help with diarrhea because they have high osmolality and contain a large amount of carbohydrates.

"I will give my child bananas, rice, applesauce, and toast until their diarrhea subsides."

**INCORRECT**

The BRAT diet of bananas, rice, applesauce, and toast is contraindicated for children who have acute diarrhea because the diet has little nutritional value.

"I will give my child chicken broth three times each day."

**INCORRECT**

Chicken broth and other broths should be avoided because they contain little nutritional value and are high in sodium.



Question: 2 of 5

CORRECT

Time Elapsed: 00:02:52  
Pause Remaining: 08:20:00

PAUSE



FLAG

A nurse is assessing a 4-year-old child who has severe dehydration. Which of the following manifestations should the nurse expect?

10% weight loss

CORRECT

My Answer

The nurse should recognize that a child who has severe dehydration will exhibit a weight loss of 10% or greater

Respiratory rate of 18/min

**INCORRECT**

The nurse should recognize that a child who has severe dehydration will exhibit hyperpnea, which is deep and rapid respiration.

Capillary refill 3 seconds

**INCORRECT**

The nurse should recognize that a child who has severe dehydration will exhibit a delayed capillary refill of greater than 4 seconds.

Urine output 24 mL/hr

**INCORRECT**

The nurse should recognize that a urine output of 24 mL/hr is within the expected reference range for a 4-year-old child. A child who has severe dehydration will exhibit oliguria or anuria.

PREVIOUS

CONTINUE