

written by

proficient

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□ 1.) The nurse is to instruct the client about the long-term consequences of non-compliance to prescribed medication. Which education strategy would be most appropriate for the nurse to use in order to develop the affective learning domain of the client?

- A. Lecture followed by a simple written test.
- **B. Role playing and group discussion**
- C. Video presentation and handouts
- D. Demonstration and practice

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□ 2.) A nurse manager is teaching a group of nurses about the levels of prevention. Which example of the tertiary level of prevention should be included in the instruction.

- A. Surgery to repair a hip dislocation of an older adult client.
- B. Teaching breastfeeding to expectant mothers in a prenatal clinic.
- C. Chemotherapy treatment to a client newly diagnosed with cancer.
- D. Physical therapy to a patient who has a right-sided paralysis from a stroke.

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□ 3.) A nurse is establishing health promotion goals for a female client who smokes cigarettes, has hypertension and has a BMI of 26. Which of the following goals should the nurse include?

- A. The client will list foods that are high in calcium, which should be avoided.
- **B. The client will walk for 30 mins a day 5 days a week.**
- C. The client will increase calorie intake by 200 cal per day.
- D. The client will replace cigarettes with smokeless tobacco products.

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4.) Which of the following emphasizes that an individual's belief in being personally capable of performing the behavior is required to influence one's own health?

- A. Social Cognitive Theory
- B. Self-Efficacy Theory
- C. Health Belief Model
- D. Theoretical Model

5.) The nurse is discussing the importance of routine preventive care with a Hispanic family who has recently immigrated to the United States. Which factor will the nurse consider as a barrier in the family's interest to receive professional health care? Select All That Apply

- A. Lack of health insurance
- B. Concern about invasion of privacy
- C. Absence of transportation services
- D. Limited proficiency in the English Language
- E. Belief and accessibility to folk healers and remedies
- F. The availability of family members for support and help

6.) The following are true about Healthy People 2020 initiative (Select All That Apply)

- A. Healthy People Initiative provides science-based, 10 year national objectives for improving the health of all Americans.
- B. Healthy People initiative seeks to change the health practices of people who are most at risk to illness and injury thereby decreasing the cost of health care and maintenance.
- C. For 3 decades, Healthy People initiative has established benchmarks and monitored progress over time in order to encourage collaborations across communities and sectors.

- D. Healthy People initiative was developed to established health improvement priorities and measure the impact of prevention activates.
- E. Healthy People initiative gives protocols to each state on how conduct community health prevention education and giving nurses standards on educational programs.
- F. Healthy People initiative empower individuals towards making informed health decisions .

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□ 7.) True statements about the ANA Code of Ethics (Select All That Apply):

- A. The nurses primary commitment is to self first; then , if the situation is favorable, commitment to the patients whether the individual, family, group, community, or population.
- B. The nurse has authority, accountability and responsibility for nursing practices; make decisions; and takes action consistent with the obligations to provide optimal patient care.
- C. The profession of nursing articulates its values through individual nurses without recommendations from professional organizations; maintaining integrity and principles of social justice into nursing and healthy policy is optimal for nurses.
- D. The nurse owes the same duties to self as to other, including the responsibility to promote health and safety, preserve wholeness of character and integrity, maintain competence and continue personal and professional duties.
- E. It is the nurses responsibility to protect human rights, promote health diplomacy, and reduce health disparities.
- F. Nurse advocates for, and protects the rights, health, and safety of the patient.

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□ 8.) The following are health concerns and issues of migrant workers (Select All that Apply)

- A. Pesticide exposure
- B. Iron deficiency anemia
- C. Constipation and Dehydration
- D. Tuberculosis
- E. Chronic Conditions
- F. Dental Disease

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□ 9.) Which data represents objective findings? (Select All That Apply)

- A. Lab values
- B. Pain level state by the patients
- C. Patients stated emotional status
- D. Respiratory and pulse oximetry reading.
- E. The nurse's description of the patient's gait.

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□ 10.) The steps included in the nursing process include: (Select All That Apply)

- A. Use a nursing diagnosis to state the problem.
- B. Plan care to help meet stated patient goals
- C. Collect data and assess the patient
- D. Establishes priorities, patient goals and outcomes.
- E. Determine appropriate nursing interventions for patient care.
- F. Order labs that are needed for the patient.

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□ 11.) What information is about nursing standards of care?

- A. Nursing standards of care guidelines for nursing practice.
- B. Nursing standards of care are defined in Nurse Practice Acts.
- C. Nursing standards of care are used to measure nursing conduct in malpractice suit.