# NURS 6635 MIdterm Exam NO Answer

Nursing Education (Walden University)

**NURS 6635/6640 Midterm Exam**

**QUESTION 1**

1. Select the theorist who is credited with establishing the area of psychosomatic medicine.

  A.          Freud

  B.          Abraham

  C.          Groddeck

  D.          <mark>Ferenczi</mark>

**1 point**

**QUESTION 2**

1. Select the most important component of the patient-provider rapport.

  A.          <mark>Empathy</mark>

  B.          Confidentiality

  C.          Respect

  D.          Privacy

**1 point**

**QUESTION 3**

1. Select the disorder in which patients feel detached from their environment.

  A.      Derealization

  B.      Transient global amnesia

C.     Depersonalization

D.     Dissociative identity

**1 point**

**QUESTION 4**

1. Select the patient evaluation scale to be used before and during prescribing antipsychotic drugs.

A.              MMSE

B.              AIMS

C.              CAGE

D.              HAM-D

**1 point**

**QUESTION 5**

1. Select the event most associated with the occurrence of dissociative fugue.

A.         Head trauma

B.         Substance abuse

C.         Partner betrayal

D.         Unplanned travel

**1 point**

**QUESTION 6**

1. Select the most influential source of bias in a mental status examination.

A.              Culture

B.	Genetics

C.	Environment

D.	Age

**1 point**

**QUESTION 7**

1. Select the nondrug therapy with the greatest evidence of effectiveness in treating major depressive disorder.

2. A.	Family

B.	Psychoanalytic

C.	Cognitive

D.	Behavior

**1 point**

**QUESTION 8**

1. Select the therapy that has been most effective in treating childhood PTSD.

2. A.	SSRI antidepressants

B.	CBITS

C.	SPARCS

D.	Crisis intervention

**1 point**

**QUESTION 9**

1. Select the rating scale used to assess response to antidepressant drug therapy.

A.          BDI

B.          MMSE

C.          BPRS

D.          ==HAM-D==

**1 point**

**QUESTION 10**

1. Select the greatest impediment to treating anorexia nervosa patients.

A.    Drug adverse effects

B.    Variability of family therapy

C.    ==Patient resistance==

D.    Noncompliance with therapy

**1 point**

**QUESTION 11**

1. Select the public performance that is most associated with social anxiety in children.

A.          Dancing

B.          ==Speaking==

C.          Athletics

D.          Eating

**1 point**

**QUESTION 12**

1. Select the difference in rates of suicidal thoughts and behaviors between placebo and drug in children and adolescents observed from random controlled trials of nine antidepressant drugs that resulted in the 2004 FDA "black box" warning in labeling of antidepressant drugs.

A.    1% placebo, 5% drug

B.    2% placebo, 4% drug

C.    2% placebo, 10% drug

D.    4% placebo, 12% drug

**1 point**

**QUESTION 13**

1. Select the drug used to treat bipolar disorder that may cause hypothyroidism.

A.        Lithium

B.        Risperidone

C.        Lamotrigine

D.        Valproate

**1 point**

**QUESTION 14**

1. Select the rating scale area developed by the World Health Organization (WHO).

A.        Cognitive

B.        Anxiety

C.        Depression

**1 point**

**QUESTION 15**

1. Select the rating scale used to screen for Alzheimer's disease and other dementias.

A.        BPRS

B.        YBOCS

C.        NPI

D.        BDI

**1 point**

**QUESTION 16**

1. Select the mood disorder that occurs most frequently in children and adolescents with ADHD.

A.        Bipolar

B.        Major depression

C.        Dysthymia

D.        Conduct

**1 point**

**QUESTION 17**

1. Select the activity in which children are most likely to suffer selective mutism.

A.        Religious

B.          Family

C.          Playmates

D.          School

**1 point**

**QUESTION 18**

1. Select the comorbidity most commonly occurring with intermittent explosive disorder.

A.          Narcissism

B.          Pyromania

C.          Depersonalization

D.          Kleptomania

**1 point**

**QUESTION 19**

1. Select the quantities of mental disorders categories and discrete illnesses in DSM-5.

A.          10 and 60

B.          16 and 120

C.          22 and 150

D.          31 and 175

**1 point**

**QUESTION 20**

1. Select the scientist who is most associated with the development of learning theory.

A. Piaget

B. Ainsworth

C. Bowlby

D. Pavlov

**1 point**

**QUESTION 21**

1. Select the short rating scale used to assess change in psychiatric inpatients.

A. PANSS

B. BPRS

C. HAM-D

D. CAPS

**1 point**

**QUESTION 22**

1. Select the period of time after most recent use that THC (marijuana) can be detected in urine specimens.

A. 7-12 hours

B. 36-72 hours

C. 3 days

D. 2-7 days

**1 point**

**QUESTION 23**

1. Select the therapy for insomnia that can be effective at up to three years after discontinuation.

A. Cognitive-behavioral

B. Sedating antihistamines

C. Benzodiazepines

D. Paradoxical intention

**1 point**

**QUESTION 24**

1. Select **two** brain regions that are associated with anxiety disorders.

A. Substantia nigra

B. Locus ceruleus

C. Temporal lobe

D. Raphe nuclei

**1 point**

**QUESTION 25**

1. Select the hormone or neurotransmitter that is involved in regulating the 24-hour circadian sleep-wake cycle.

A. Dopamine

B. Corticotrophin releasing

C.       Serotonin

D.       Melatonin

**1 point**

**QUESTION 26**

1. Select the medical condition that must be excluded as a cause of somatic symptom disorder or hypochondriasis.

A.       Angina pectoris

B.       Asthma

C.       Diabetes

D.       Multiple sclerosis

**1 point**

**QUESTION 27**

1. Select the **two** rating scales used specifically for schizophrenia.

A.                PANSS

B.                MMSE

C.                SAPS

D.                BPRS

**1 point**

**QUESTION 28**

1. Select **two** events that are causes of dissociative trance disorder.
2.                       A.  Natural disaster

**1 point**

**QUESTION 29**

1. Select the term that best describes the study of human behavior based on transmission and modification of genetically influenced behavioral traits.

2. A.     Ethology

B.     Sociobiology

C.     Neuropsychology

D.     Phenomenology

**1 point**

**QUESTION 30**

1. Select the theorist who developed psychoanalysis.

2. A.     Maslow

B.     Skinner

C.     Erikson

D.     Freud

**1 point**

**QUESTION 31**

1. Select the serum assessment that is required when prescribing drugs to treat psychiatric disorders in psychosomatic patients.

A. Potassium

B. White blood cells

C. Liver enzymes

D. Blood urea nitrogen

**1 point**

## QUESTION 32

1. Select **two** types of theories that have contributed to causes of anxiety.

A. Psychoanalytic theory

B. Behavioral theory

C. Family

D. Group

**1 point**

## QUESTION 33

1. Select the neurotransmitter that is most genetically involved in childhood and adolescent depression.

A. Norepinephrine

B. Serotonin

C. Dopamine

D. Gamma amino butyric acid (GABA)

**1 point**

**QUESTION 34**

1. Select the drug that has been effective in treating social anxiety in children.

A.        Bupropion

B.        Carbamazepine

C.        Amitriptyline

D.        Fluoxetine

**1 point**

**QUESTION 35**

1. Select the alternate name for persistent depressive disorder.

A.        Cyclothymia

B.        Bipolar I

C.        Bipolar II

D.        Dysthymia

**1 point**

**QUESTION 36**

1. Select the percentage occurrence of anxiety disorders in children and adolescents.

A.        2-5

B.        5-10

C.        10-20

D.                                20-30

**QUESTION 37**

    1.  Select the rating scale used to assess obsessive-compulsive disorder.

  A.          HAM-A

  B.          CAGE

  C.          YBOCS

  D.          CAPS

**QUESTION 38**

    1.  Select the characteristic in long sleepers (more than 9 hours) that is absent in short sleepers (less than 6 hours).

  A.      Mildly depressed

  B.      Ambitious

  C.      Socially adept

  D.      Efficient

**QUESTION 39**

    1.  Select the function that is most affected by conversion disorder.

  A.      Voluntary motor

  B.      Hearing

C.        Involuntary motor

D.        Smelling

**1 point**

**QUESTION 40**

1. Select the minimum treatment time to assess the effectiveness of antidepressant drugs

A.        1-2 weeks

B.        3-4 weeks

C.        6-8 weeks

D.        10-14 weeks

**1 point**

**QUESTION 41**

1. Select the largest percentage prevalence of psychiatric disorders in patients hospitalized for medical conditions.
2. A.  10

B.  33

C.  50

D.  67

**1 point**

**QUESTION 42**

1. Select the percent rate of mortality in anorexia nervosa patients.

| A. | 1 to 5 |
| B. | 3 to 12 |
| C. | 5 to 18 |
| D. | 18 to 25 |

**1 point**

## QUESTION 43

1. Select the therapeutic plasma concentration range for lithium in mEq/L.

| A. | 0.1-0.5 |
| B. | 0.6-1.2 |
| C. | 1.4-1.9 |
| D. | 2.0-2.6 |

**1 point**

## QUESTION 44

1. Select the type of dissociative amnesia described by patient's inability to recall any information about her or his family.

| A. | Selective |
| B. | Localized |
| C. | Continuous |
| D. | Systematized |

**1 point**

**QUESTION 45**

1. Select the memory category retained in transient global amnesia that is absent in dissociative amnesia.

A.       Family members

B.       <mark>Sequential events</mark>

C.       Personal identity

D.       Adolescent years

**1 point**

**QUESTION 46**

1. Select the behavior that best describes early onset bipolar disorder in children and adolescents.

A.       Aggression

B.       <mark>Withdrawal</mark>

C.       Panic

D.       Exhibition

**1 point**

**QUESTION 47**

1. Select the serum substance that should be measured to aid the diagnosis of restless leg syndrome.

A.       Potassium

B.       <mark>Ferritin</mark>

C.       Magnesium

D.   Albumin

**1 point**

**QUESTION 48**

 1. Select the **two** primary psychometric properties of psychiatric rating scales.

A.   Reproducibility

B.   <mark>Reliability</mark>

C.   <mark>Validity</mark>

D.   Variability

**1 point**

**QUESTION 49**

 1. Select the third most commonly reported psychiatric symptom.

A.   Depression

B.   Anxiety

C.   <mark>Psychosis</mark>

D.   Depersonalization

**1 point**

**QUESTION 50**

 1. Select the anxiety disorder that emerges in ages 9 to 18 months.

A.   <mark>Separation</mark>

B.   Generalized

C.          Social

D.          Traumatic

**1 point**

**QUESTION 51**

       1.  Select the factor that best correlates with the occurrence of PTSD in children.

2.A.     Excessive dopamine metabolites

B.     Higher IQ

C.     Larger corpus callosum

D.     <mark>Lower IQ</mark>

**1 point**

**QUESTION 52**

       1.  Select the percentage that most accurately represents the rate of heritability of major depression.

  2.  A.  15

B.  30

C.  45

<mark>D.  60</mark>

**1 point**

**QUESTION 53**

       1.  Select the least effective method to treat dissociative amnesia.

2.A.     Antipsychotic drugs