

ATI – Maternity

VERSION 3

A nurse is providing community education regarding risk factors for ovarian cancer. Identify five (5) risk factors associated with the development of ovarian cancer. (Review the Med Surg RM)

1. Age greater than 40 years

2. Nulliparity or first pregnancy after 30 years of age
3. BRCA1 OR BRCA2 gene mutations
4. High fat diet
5. Endometriosis

The client enters the obstetrical clinic for birth control information on using a diaphragm. What five (5) instructions would be provided by the nurse to explain use of the diaphragm?

1. A client should be properly fitted with a diaphragm by a provider.
2. Replaced q 2 years and refitted for a 20% weight fluctuation, after abdominal surgery, and after every pregnancy.
3. Requires proper insertion and removal. Prior to coitus, the diaphragm is inserted vaginally over the cervix with spermicidal jelly or cream that is applied to the cervical side of the dome around the rim. The diaphragm can be inserted up to 6 hours before intercourse and must stay in place 6 hours after intercourse but no more than 24 hours.
4. Spermicide must be reapplied with each act of coitus.
5. A client should empty her bladder prior to insertion of the diaphragm. Wash with mild soap and water after each use.

What are risks/possible complications/contraindications for the use of intrauterine contraceptive devices?

1. Best used by women in monogamous relationships due to the risks of STIs.
2. Can cause irregular menstrual bleeding
3. Risk of bacterial vaginosis, uterine perforation, or uterine expulsion.
4. Must be removed in the event of pregnancy.
5. Contraindicated in active pelvic infection, abnormal uterine bleeding, severe uterine distortion; for copper IUD also Wilson's disease and copper allergy.

A nurse is providing education to a new mother regarding storage of breast milk. Identify five (5) teaching points to discuss with the new mother regarding storage of breast milk.