

2022 HESI LEADERSHIP AND MANAGEMENT REVIEW

Leadership Hesi Review

1. The charge nurse, along with one nurse, two practical nurses (PN), a unit secretary, and two unlicensed assistive personal (UAP), is caring for 24 clients on a medical surgical unit. Which task is **best** for the charge nurse to assign to the nurse?
 - The admission assessment of a client diagnosed with bacterial pneumonia
 - The subclavian dressing change on a client diagnosed with inflammatory bowel disease
 - Transcription of the healthcare provider's treatment plan for a client transferred from a critical care unit
 - The insertion of a foley catheter for a client diagnosed with septicemia*
2. The nurse manager observes that the staff nurse has used wrist restraints to help secure an elderly female in her wheelchair. The client is pleading for the nurse to release her arms. The nurse explains to the nurse-manager that the client needs to be retrained in the wheelchair so that the nurse can change her bed linens. What is the **priority** action by the nurse-manager?
 - Close the door to the room to avoid disturbing other clients in nearby rooms.
 - Advise the staff nurse to remove the restraints from the client's wrists*
 - Contact the healthcare provider to ensure that a prescription for restraints was written
 - Determine if the client has a PRN prescription for an antianxiety agent
3. After having coronary artery bypass surgery, a client develops a deep venous thrombosis in the left leg. Which nurse should be responsible for coordinating the progression of the client's care?
 - Risk management nurse*
 - Nurse case manager
 - Cardiology unit supervisor
 - Adult nurse practitioner
4. A client is transferred to the surgical unit following a strangulated inguinal hernia repair. The post anesthesia care unit nurse reports the total intake and output that occurred during surgery, the sedation reversal agent, and two episodes of emesis post extubation. Which **additional** information should the nurse provide to complete this report?
 - Soft abdomen, absent bowel sounds, no bleeding on dressing
 - Peripheral pulses present with full range of motion of both legs*
 - History of vomiting at home for 3 days prior to surgery

- Refuses to take ice chips for complaints of dry mouth
5. When assessing a client who is returned to the unit following a left nephrectomy, the nurse notes a small amount of bloody drainage at the drain site. Which intervention is **most** important for the nurse to include in this client's plan of care?
- Document temperature every four hours
 - Turn, cough, deep breath
 - Provide sips of water and ice chips
 - Monitor urinary output hourly**
6. The nurse assigns collection of a sputum specimen to an unlicensed assistive personnel (UAP). Before delegating this task to the UAP, which action is most important for the nurse to implement?
- Verify the UAP has read the procedure for collection of sputum specimen.
 - Determine if the UAP received training to collect sputum specimen.
 - Assess the client's willingness to allow the UAP to collect the specimen.
 - Review the institutional policy for delegation with the nursing supervisor.**
7. A nurse is performing telephone triage at the clinic office. Which client has the **most** acute problem and should be scheduled for the first available appointment?
- A 2-year-old girl with a history of a "cold." Today she is tugging on her ear and has a fever of 102 F (38.9 C).
 - A 42-year-old male who hurt his back while lifting yesterday. Today he has non-radiating, low-pain rated at 10 on a scale of 1 to 10.**
 - A client at 38-weeks gestation who today noted a small amount of bright red blood on the toilet paper after passing stool.
 - A 21-year-old with a history of a kidney transplant. Today the client reports "flu-like" symptoms with a fever of 100.4 F (38 C).
8. The nurse hears a newly employed unlicensed assistive personnel (UAP) who is working in a long-term care facility calling the adult residents "honey" and "dearie." What is the **best** action for the nurse to take?
- Role model the correct approach for addressing the residents.
 - Ask the long term care facility supervisor to rebuke the UAP.
 - Meet with the UAP to discuss respectful client care strategies.**

- Call a staff meeting to encourage more professional behaviors.
9. The nurse is planning care for a client who is experiencing acute pain. Which intervention can be implemented by the unlicensed assistive personnel (UAP) in providing personal care for this client?
- Guided imagery
 - Patient-controlled analgesia
 - Distraction**
 - Biofeedback
10. The nurse calls a surgeon about a male client who is having abdominal pain after a bowel resection. He received hydromorphone 2 hours ago and is now requesting additional pain medication. Vital signs include temperature 97.8 F (36.6 C), heart rate 112 beats/minute, respirations 24 breaths/minute, and blood pressure is 98/62 mmHg, which is lower from previous reading one hour ago. The client has a history of chronic atrial fibrillation and takes clopidogrel, which was continued until one day prior to surgery. The nurse recommends that the surgeon see the client immediately to evaluate the situation. What information makes this report complete?
- Nasogastric suction is draining bile-colored secretions
 - Lungs are clear bilaterally and oxygen saturation is 97%
 - The abdomen is rigid, tender to touch, and distended**
 - Client's history includes cardioversion and ablation therapy
11. An older female client who was recently widowed has become increasingly confused and disoriented. Her family tells the healthcare provider's office nurse that it is imperative for their mother to be admitted to the hospital for medical evaluation. The client is a member of a managed healthcare plan. Which information is **best** for the nurse to provide this family?
- Managed care providers have mandatory pre-certification requirements for hospitalization.
 - Managed healthcare plans do not pay for any in-hospital medical evaluations.
 - The client is grieving normally in response to her husband's death and hospitalizations is not necessary.**
 - Healthcare costs are escalating because clients want to have diagnostic testing conducted in the hospital.
12. The charge nurse on a surgical unit is assessing the morning lab work on four clients. Which client's lab finding should be reported to the healthcare provider **immediately**?

- A client scheduled for an elective transurethral resection of the prostate that has an aPTT of 80seconds.
 - **An elderly client in end-stage renal disease who has a creatinine level of 2.4 mg/dL (212 micromol/L) and a BUN of 84 mg/dL (30 mmol/L).**
 - An adolescent who had an emergency appendectomy yesterday and has a WBC of 12,000 mm³ (12*10⁹/L).
 - A client who had a hip replacement two days ago and has a potassium of 3.8 mEq/L (3.8 mmol/L) and sodium of 147 mEq/L (147 mmol/L).
13. The charge nurse needs to determine if an additional nurse should be called to help staff unit for the next shift. Which information is **most** important for the charge nurse to consider when making this decision?
- The skill level of the personnel staffing the unit.
 - The number of clients leaving the unit for diagnostic tests.
 - **The acuity level of the clients on the unit.**
 - The physician's plans to perform procedures on the unit.
14. The fire alarm goes off while the charge nurse is receiving the shift report. Which action should the charge nurse implement **first**?
- **Tell the staff to keep all clients and visitors in the client rooms with the doors closed.**
 - Instruct the client's family member to stay in the visitor waiting area until further notice.
 - Call the hospital operator to determine if this is indeed a real emergency or a fire drill.
 - Direct the nursing staff to evacuate the clients using the stairs in a calm and orderly manner.
15. It is **most** important for the charge nurse to schedule a multi-disciplinary team meeting to discuss which client?
- A woman who is pregnant with twins and whose due date is one week away.
 - A 2-year-old who contracted Hepatitis A while at a local daycare center.
 - A business executive admitted with Guillain-Barre syndrome who has residual POal numbness in the lower extremities.
 - **An elderly client admitted through the emergency department with a broken hip whose blood glucose is 400 mg/dL (22 mmol/L SI).**

16. The healthcare provider prescribes an oral medication to be given daily for 3 days. However, the medication was also given on the fourth day. Which intervention is **most** important for the charge nurse to implement?

- Review the medication transcription with the nurse.**
- Evaluate the client for symptoms of a drug interaction
- Inform the pharmacist who dispensed the medication
- Report the medication error to the nursing supervisor

17. The nurse is caring for a group of clients with help of an experienced unlicensed assistive personnel (UAP). Several specimens need to be collected and sent to the lab. Which specimen collection can the nurse delegate to the UAP?

- Drainage from pressure ulcer
- Fecal drainage sample**
- Urine from indwelling catheter**
- Sample of chest tube drainage
- Incisional wound drainage

18. A client is admitted with exacerbation of chronic obstructive pulmonary disease (COPD) and reports that it is difficult to eat due to shortness of breath (SOB). Which tasks should the nurse to delegate to the unlicensed assistive personnel (UAP)? (Select all that apply.)

- Offer high caloric foods such as milk and ice cream**
- Maintain a clean and pleasant environment during meals.**
- Consult with registered dietitian about recommended nutritional needs.
- Assist the client with eating small frequent high calorie meals.**
- Set up the food and drink containers within easy reach.**

19. After receiving morning report on an acute care unit, which client should the nurse assess **first**?

- An elderly client whose children are concerned about the care their mother is receiving.
- An immobile client who is incontinent and has just soiled the linens.
- A client who is shouting loudly because the breakfast trays have not arrived.
- A client sitting close to the nurse's station who has been restrained for the past six hours.**