

7. A career ladder approach in nursing refers to:
- associate or diploma educational pathways.
 - employment according to the educational level of the nurse.
 - nursing education at the university level.
 - transitioning of nursing from one educational level to the next.

ANS: D PTS: 1 DIF: Challenging

8. The difference in health-promotion competencies between a nurse educated at the associate degree level and a baccalaureate prepared nurse (BSN) is that the BSN prepared nurse:
- develops teaching plans concerning health promotion, maintenance, and restoration of health.
 - implements nursing care to promote health and manage acute and chronic health problems.
 - manages nursing care for a limited number of patients.
 - performs comprehensive assessments of patients relative to those factors impacting each patient's health status.

ANS: D PTS: 1 DIF: Difficult

9. Systems Theory proposes that change is:
- health care directed.
 - impacted by a person's environment.
 - never haphazard.
 - dependent on the extent of individual behaviors.

ANS: B PTS: 1 DIF: Difficult

10. Which of the following theories would be most appropriate for the nurse to use when educating a 38-year-old diabetic Asian patient about her diet?
- Adaptation Theory
 - Change Theory
 - Transcultural Theory
 - Values Theory

ANS: C PTS: 1 DIF: Difficult

11. Which of the following theories is most closely related to Needs Theory?
- Adaptation Theory
 - Motivation Theory
 - Systems Theory
 - Transcultural Theory

ANS: B PTS: 1 DIF: Challenging

12. Which of the following nursing metaparadigm concepts is most closely associated with Florence Nightingale's Theory of Nursing?
- Environment
 - Health
 - Nursing
 - Person

ANS: A PTS: 1 DIF: Easy

13. Which of the following theorists is most closely associated with Systems Theory?
- Imogene King
 - Jean Watson

- c. Martha Rogers
- d. Virginia Henderson

ANS: C PTS: 1 DIF: Challenging

14. Health promotion is an essential concept useful to nursing in:
- a. defining nursing practice.
 - b. identifying nursing's need for change.
 - c. identifying professional assumptions.
 - d. providing theoretical frameworks.

ANS: A PTS: 1 DIF: Challenging

15. Nursing theorists organize nursing theory by:
- a. accessing nursing definitions.
 - b. addressing nursing's metaparadigm concepts.
 - c. describing nursing's philosophy of health care.
 - d. providing standards of nursing practice.

ANS: B PTS: 1 DIF: Challenging

TRUE/FALSE

1. The concept of health promotion is a new one to the nursing profession.

ANS: F PTS: 1 DIF: Easy

2. Nursing's metaparadigm helps to critically unify and evaluate concepts that are characteristic of nursing.

ANS: T PTS: 1 DIF: Easy

3. The four concepts that are addressed in nursing's metaparadigm are person, disease prevention, environment, and nursing.

ANS: F PTS: 1 DIF: Easy

4. There is no current consensus on what constitutes health.

ANS: T PTS: 1 DIF: Easy

5. Health can be described in terms of the role of a person in society.

ANS: T PTS: 1 DIF: Easy

6. General Systems Theory was originally described in 2002.

ANS: F PTS: 1 DIF: Challenging

7. Needs Theory may be used interchangeably with Adaptation Theory.

ANS: F PTS: 1 DIF: Challenging

MATCHING

Match each nurse theorist to their Nursing Theory

- a. Florence Nightingale
 - b. Dorothea Orem
 - c. Imogene King
 - d. Jean Watson
 - e. Madeleine Leininger
 - f. Martha Rogers
 - g. Rosemarie Parse
 - h. Sister Callista Roy
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- 1. Adaptation Model
 - 2. Cultural Care Diversity and Universality Theory
 - 3. Environmental Theory of Nursing
 - 4. Self-Care Theory
 - 5. Science of Unitary Human Beings Theory
 - 6. Theory of Goal Attainment
 - 7. Theory of Human Becoming
 - 8. Theory of Transpersonal Caring

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|-----------|--------|-----------|
| 1. ANS: H | PTS: 1 | DIF: Easy |
| 2. ANS: E | PTS: 1 | DIF: Easy |
| 3. ANS: A | PTS: 1 | DIF: Easy |
| 4. ANS: B | PTS: 1 | DIF: Easy |
| 5. ANS: F | PTS: 1 | DIF: Easy |
| 6. ANS: C | PTS: 1 | DIF: Easy |
| 7. ANS: G | PTS: 1 | DIF: Easy |
| 8. ANS: D | PTS: 1 | DIF: Easy |