## **Chapter 2** Nursing Concepts and Health Promotion

## MULTIPLE CHOICE

1.	<ul> <li>The American Nurses Association's <i>Nursing Scope and Standards of Practice</i>:</li> <li>a. addresses the profession's concern with the quality and accountability of nursing.</li> <li>b. describes both professional and vocational nursing standards of care.</li> <li>c. describes the profession's non-negotiable ethical standards.</li> <li>d. focuses on standards of care strictly applicable to clinical practice.</li> </ul>							
	ANS: A	PTS: 1	DIF:	Challenging				
2.	<ul><li>b. nursing theory.</li><li>c. standards that a</li></ul>	ion of health care.  are applicable to the	ursing and ar	re specific to the discipline.				
3.		ow's Hierarchy of last first satisfy their ging needs. heeds.		Challenging re an individual can address safety and security				
	ANS: B	PTS: 1	DIF:	Easy				
4.	Which of the followa. Approval b. Intimacy c. Rules d. Structure ANS: A	wing is a subcatego  PTS: 1		steem Needs according to Maslow?  Easy				
5.	found in a professional Belongs to the b. Has established c. Is accredited by d. Is taught in contact the contact that is a supply to the contact that is a supply that is	on? medical discipline I professional stand y the National Leag nmunity colleges a	dards gue for Nursi nd vocationa	al schools				
	ANS: B	PTS: 1	DIF:	Challenging				
6.	<ul><li>a. Associate degree</li><li>b. Baccalaureate o</li><li>c. Diploma prepar</li></ul>	b. Baccalaureate of Science in Nursing prepared nurse						
	ANS: D	PTS: 1	DIF:	Easy				

7.	A career ladder approach in nursing refers to: a. associate or diploma educational pathways. b. employment according to the educational level of the nurse. c. nursing education at the university level. d. transitioning of nursing from one educational level to the next.						
	ANS: D	PTS:	1	DIF:	Challenging		
8.	<ul> <li>The difference in health-promotion competencies between a nurse educated at the associate degree level and a baccalaureate prepared nurse (BSN) is that the BSN prepared nurse:</li> <li>a. develops teaching plans concerning health promotion, maintenance, and restoration of health.</li> <li>b. implements nursing care to promote health and manage acute and chronic health problems.</li> <li>c. manages nursing care for a limited number of patients.</li> <li>d. performs comprehensive assessments of patients relative to those factors impacting each patient's health status.</li> </ul>						
	ANS: D	PTS:	1	DIF:	Difficult		
9.	Systems Theory proposes that change is:  a. health care directed.  b. impacted by a person's environment.  c. never haphazard.  d. dependent on the extent of individual behaviors.						
	ANS: B	PTS:	1	DIF:	Difficult		
10.	Which of the following theories would be most appropriate for the nurse to use when educating a 38-year-old diabetic Asian patient about her diet?  a. Adaptation Theory  b. Change Theory  c. Transcultural Theory  d. Values Theory						
	ANS: C	PTS:	1	DIF:	Difficult		
11.	Which of the following a. Adaptation Theory b. Motivation Theory c. Systems Theory d. Transcultural The	ry eory			·		
	ANS: B	PTS:	1	DIF:	Challenging		
12.	Which of the following Nightingale's Theory a. Environment b. Health c. Nursing d. Person			gm con	cepts is most closely associated with Florence		
	ANS: A	PTS:	1	DIF:	Easy		
13.	Which of the followir a. Imogene King b. Jean Watson	ng theor	rists is most clo	osely as	sociated with Systems Theory?		

	ANS: C	PTS:	1	DIF:	Challenging		
14.	Health promotion is an essential concept useful to nursing in:  a. defining nursing practice.  b. identifying nursing's need for change.  c. identifying professional assumptions.  d. providing theoretical frameworks.						
	ANS: A	PTS:	1	DIF:	Challenging		
15.	<ul> <li>Nursing theorists organize nursing theory by:</li> <li>a. accessing nursing definitions.</li> <li>b. addressing nursing's metaparadigm concepts.</li> <li>c. describing nursing's philosophy of health care.</li> <li>d. providing standards of nursing practice.</li> </ul>						
	ANS: B	PTS:	1	DIF:	Challenging		
TRUE/FALSE							
1.	The concept of health	h promo	otion is a new o	ne to th	ne nursing profession.		
	ANS: F	PTS:	1	DIF:	Easy		
2.	<ol> <li>Nursing's metaparadigm helps to critically unify and evaluate concepts that are characterinursing.</li> </ol>						
	ANS: T	PTS:	1	DIF:	Easy		
3.	The four concepts that are addressed in nursing's metaparadigm are person, disease prevention, environment, and nursing.						
	ANS: F	PTS:	1	DIF:	Easy		
4.	There is no current consensus on what constitutes health.						
	ANS: T	PTS:	1	DIF:	Easy		
5.	Health can be described in terms of the role of a person in society.						
	ANS: T	PTS:	1	DIF:	Easy		
6.	General Systems Theory was originally described in 2002.						
	ANS: F	PTS:	1	DIF:	Challenging		
7.	7. Needs Theory may be used interchangeably with Adaptation Theory.						
	ANS: F	PTS:	1	DIF:	Challenging		

c. Martha Rogersd. Virginia Henderson

## **MATCHING**

Match each nurse theorist to their Nursing Theory

- a. Florence Nightingale
- b. Dorothea Orem
- c. Imogene King
- d. Jean Watson
- e. Madeleine Leininger
- f. Martha Rogers
- g. Rosemarie Parse
- h. Sister Callista Roy
- 1. Adaptation Model
- 2. Cultural Care Diversity and Universality Theory
- 3. Environmental Theory of Nursing
- 4. Self-Care Theory
- 5. Science of Unitary Human Beings Theory
- 6. Theory of Goal Attainment
- 7. Theory of Human Becoming
- 8. Theory of Transpersonal Caring

1.	ANS:	Н	PTS:	1	DIF:	Easy
2.	ANS:	E	PTS:	1	DIF:	Easy
3.	ANS:	A	PTS:	1	DIF:	Easy
4.	ANS:	В	PTS:	1	DIF:	Easy
5.	ANS:	F	PTS:	1	DIF:	Easy
6.	ANS:	C	PTS:	1	DIF:	Easy
7.	ANS:	G	PTS:	1	DIF:	Easy
8.	ANS:	D	PTS:	1	DIF:	Easy