

Unit 2: On the Job: Being a Nursing Assistant

1. Nursing care is planned and directed by
- registered nurses.
 - physicians.
 - licensed practical (vocational) nurses.
 - supervisory personnel.

ANSWER: a

2. The nursing assistant is supervised by
- licensed nursing personnel.
 - ancillary personnel.
 - physicians and assistants.
 - administrative personnel.

ANSWER: a

3. The nursing assistant assists
- physicians in making medical diagnoses.
 - licensed nurses with making assessments.
 - ancillary departments in their responsibilities.
 - patients in solving personal and financial problems.

ANSWER: b

4. You report your concerns about patient care to your immediate supervisor, who seems unconcerned and tells you she is too busy to address the problem. You should
- say nothing.
 - inform the next person in authority.
 - report to the physician.
 - complete an incident report.

ANSWER: b

5. When delivering care,
- complete only those procedures that you are instructed to do.
 - always do everything that the patient requests.
 - perform procedures that are safely within your scope of practice.
 - assist only the patients listed on your assignment.

ANSWER: c

6. As a nursing assistant, your personal hygiene, grooming, and dress
- must be fashionable and stylish.
 - is not important if the care you provide is good.
 - should reflect your personal taste in clothes and jewelry.
 - should reflect pride in yourself and your work.

ANSWER: d

7. The nursing assistant can be an effective member of the interdisciplinary team by

Unit 2: On the Job: Being a Nursing Assistant

- a. taking assignments directly from the physician.
- b. avoiding the chain of command whenever possible.
- c. appreciating each person's contribution to the team.
- d. helping patients with personal problems and concerns.

ANSWER: c

8. The OBRA regulations

- a. provide recognition to nursing assistants through registration.
- b. define the scope of RN practice in acute care facilities.
- c. determine the members of the interdisciplinary team.
- d. regulate hospital structure and function.

ANSWER: a

9. Upon completion of the nursing assistant class, you will

- a. have learned all that you need to know.
- b. be qualified to administer medications.
- c. continue to learn new things.
- d. be qualified to perform advanced medical procedures.

ANSWER: c

10. Partners in practice is a method of care in which

- a. the convenience of each department is a primary consideration.
- b. task-oriented services are provided to patients by many individuals.
- c. team members receive assignments from and give reports to a team leader.
- d. a registered nurse is paired with a nursing assistant to provide patient care.

ANSWER: d

11. When patient-focused care is delivered,

- a. patient services are scheduled and coordinated with many departments.
- b. patient needs and convenience are always the primary concern.
- c. the physician makes most of the decisions about patient care.
- d. many different staff members carry out specific tasks for the patient.

ANSWER: d

12. A(n) _____ diagnoses and treats patients with disorders of the heart and blood vessels.

- a. anesthesiologist
- b. cardiologist
- c. endocrinologist
- d. hospitalist

ANSWER: b

13. Which of the following statements is correct?

- a. Rules are also known as statutes.
- b. Laws are more specific than rules.

Unit 2: On the Job: Being a Nursing Assistant

- c. Rules set standards of conduct.
- d. Laws can be updated whenever necessary.

ANSWER: c

14. A nurse practice act
- a. is the same in every state.
 - b. is regulated by a board of physicians.
 - c. describes a state's scope of nursing practice.
 - d. applies to all health care professionals.

ANSWER: c

15. Why should a nursing assistant wear his or her uniform *only* while at work?
- a. To avoid spreading germs
 - b. To keep it clean for the next day
 - c. To maintain personal safety
 - d. To prevent it from tearing

ANSWER: a

16. Part of a nursing assistant's uniform includes a
- a. head covering.
 - b. watch with a second hand.
 - c. pair of sunglasses.
 - d. medical identification bracelet.

ANSWER: b

17. What is the goal of evidence-based practice (EBP)?
- a. To eliminate scientifically unsound practices
 - b. To find a treatment plan that works for all patients
 - c. To validate the practice of doing "whatever works"
 - d. To provide on-the-job training for new health care workers

ANSWER: a

18. The essence of nursing care is _____.
- a. learning.
 - b. caring.
 - c. curing.
 - d. understanding.

ANSWER: b

19. A charge nurse is responsible for all patients in which type of system of care?
- a. Primary Nursing
 - b. Team Nursing
 - c. Partners in Practice
 - d. Functional Nursing

Unit 2: On the Job: Being a Nursing Assistant

ANSWER: d

20. In the Progressive Patient Care system, a patient will
- a. work with a case manager who coordinates his or her care.
 - b. move from one unit to the next as his or her health needs change.
 - c. develop an understanding that death is a natural part of life.
 - d. receive care from one nurse throughout his or her entire hospitalization.

ANSWER: b

21. When a nurse delegates a task to you that is within your scope of practice as a nursing assistant, you
- a. can ask a co-worker to complete the task.
 - b. are not responsible for doing the task.
 - c. must complete the task given to you.
 - d. may refuse if your shift is almost over.

ANSWER: c

22. Which of the following is *not* one of the Five Rights of Delegation?
- a. Right time
 - b. Right task
 - c. Right person
 - d. Right supervision

ANSWER: a

23. By law, a nursing assessment
- a. may be delegated to nursing assistants.
 - b. should be performed by any skilled staff member.
 - c. must be conducted by a registered nurse.
 - d. requires both a nurse and a nursing assistant.

ANSWER: c

24. An assignment tells a nursing assistant
- a. what happened on the unit earlier in the day.
 - b. if any changes in patients' conditions have occurred.
 - c. how long it will take to complete a task.
 - d. the names of other staff members who are working that shift.

ANSWER: b

25. "Working smarter" means
- a. taking shortcuts to save time.
 - b. skipping breaks to get more work done.
 - c. mastering good organization and time management skills.
 - d. focusing on completing individual tasks.

ANSWER: c

Unit 2: On the Job: Being a Nursing Assistant

26. What is hand-off communication?

- a. Delegating a specific task to another nursing assistant
- b. Communicating directly with the next person who will be caring for a patient
- c. Communicating the care needs about all of the patients seen during a shift
- d. All of the above

ANSWER: b

27. Body language is often a clue that reveals a person's _____.

- a. skill level.
- b. attitude.
- c. name.
- d. age.

ANSWER: b

28. A nursing assistant can risk harming interpersonal relationships with fellow staff members by doing which of the following?

- a. Finishing assignments
- b. Listening to instructions
- c. Gossiping about others
- d. Accepting help when needed

ANSWER: c

29. A nursing assistant may use an employee assistance program (EAP) for help with

- a. stress management.
- b. career advancement.
- c. continuing education.
- d. preventive health care.

ANSWER: a

30. It is important to view change as a(n)

- a. opportunity for failure.
- b. chance to learn something new.
- c. threat to job security.
- d. unusual occurrence.

ANSWER: b

31. The nursing assistant assists with development of the care plan.

- a. True
- b. False

ANSWER: True

32. Only the charge nurse is responsible for unit management and efficiency.

- a. True
- b. False

Unit 2: On the Job: Being a Nursing Assistant

ANSWER: False

33. Scope of practice means the skills the nursing assistant is legally permitted to perform by state regulations.

- a. True
- b. False

ANSWER: True

34. Nursing assistants may take orders from doctors.

- a. True
- b. False

ANSWER: False

35. When team nursing is used, a registered nurse team leader determines the nursing needs of all patients assigned to the team.

- a. True
- b. False

ANSWER: True

36. Dependability and accuracy are signs of maturity.

- a. True
- b. False

ANSWER: True

37.

The single most important aspect that you bring to your job is proper hygiene and grooming.

- a. True
- b. False

ANSWER: False

38. Interpersonal relationships are of no concern to the nursing assistant.

- a. True
- b. False

ANSWER: False

39. Burnout is total mental, emotional, and sometimes physical exhaustion.

- a. True
- b. False

ANSWER: True

40. Change is ongoing in the health care industry.

- a. True
- b. False

ANSWER: True