

RN HESI EXIT EXAM - VERSION 1 (V1) ALL 160 QUESTIONS AND CORRECT ANSWERS INCLUDED 2023-2024 UPDATE INCLUSIVE OF THE NEW PICTURES ALREADY A GRADED WITH EXPERT FEEDBACK

- The nurse is reviewing medical prescriptions for newly admitted clients. It would be a **priority** for the nurse to follow up with the physician if a client with

 - a potassium level of 4.5mEq/L has Kayexalate (sodium polystyrene) prescribed
 - a Dilantin (phenytoin) level of 8 mcg/ml is placed on seizure precautions
 - sensitivity to Aspirin (acetylsalicylic acid) is prescribed Tylenol (acetaminophen)
 - sensitivity to Penicillin is prescribed Zithromax (azithromycin)
- The nurse should **intervene** if the nurse notes a staff member

 - obtaining a client's consent prior to their operative procedure after receiving Ativan (lorazepam)
 - placing a client on the affected side following surgical repair of a retinal detachment
 - handling a wet cast with the palms of the hands
 - using a broad base of support while transferring a client
- The community health nurse is caring for the following clients. It would be a **priority** for the nurse to initiate a multidisciplinary conference for the client who is

 - 12 years old with Autism who is starting a new school and recently had a URI (upper respiratory tract infection)
 - 16 years old, has type 1 Diabetes Mellitus, is unemployed and had a recent Hemoglobin A1c of 13%
 - 52 years old, with Myasthenia Gravis, recently prescribed Mestinon (pyridostigmine) and employed as a mail carrier
 - 70 years old, has schizophrenia, lives alone and reports hearing non-threatening voices.
- The nurse from the postpartum unit has been temporarily assigned to the medical surgical unit. It would be **most appropriate** to assign this nurse to the client who*

 - has returned from right total hip replacement surgery four hours ago

- (b) is being observed for increased intracranial pressure
- (c) had surgery two hours ago to remove the appendix
- (d) is two weeks post partum being maintained on a mechanical ventilator for respiratory failure

5. The nurse in a well baby clinic has assessed several children today. It would be a **priority** for the nurse to suggest follow up for the child who is (a) 2 months old with a positive babinski refl ex
(b) 5 months old and does not hold their own bottle
(c) 10 months old who cries around strangers
(d) **18 months old who needs support while ambulating**
6. The nurse is caring for a mechanically ventilated client who was declared brain dead. An Advance Directive is not documented on the medical record. It would be **most appropriate** to obtain consent for organ donation from the
(a) client's primary care provider
(b) client's nurse manager
(c) **closest living family member**
(d) hospital's ethics committee
7. The nurse has received report on four clients. The nurse should **fi rst** assess the client who has*
(a) Chronic Obstructive Pulmonary Disease (COPD) with a pulse oximetry reading of 90%
(b) Parkinson's Disease and is demanding to leave the hospital against medical advice (AMA)
(c) **been admitted with suspected Guillian-Barre' Syndrome and has begun plasmapheresis therapy**
(d) Congestive Heart Failure (CHF) whose pitting edema has increased to 2(+)
8. It would be **appropriate** to assign which of these tasks to the CNA?
(a) Feeding a client who is experiencing dysphagia
(b) **One-on-one client observation for safety**
(c) Removal of an indwelling catheter
(d) Performing a simple dressing change
9. The nurse should **intervene** if a staff member is observed
(a) **discussing a client's diagnosis with visiting family members**
(b) collaborating with another nurse to review a prescription for blood transfusion
(c) interrupting other staff members discussing a client in the cafeteria
(d) reviewing a clients lab values with the nutritionist

10. The nurse is preparing a staff presentation on legal and ethical issues in nursing. The nurse would be *correct* to include which of the following examples?
- (a) Putting a client in a geriatric chair with the lap tray in front of the client in the day room to watch television is false imprisonment
 - (b) Telling a client that you will put in a feeding tube if the client does not eat is an example of battery
 - (c) Telling a client with bipolar disorder who is suicidal that they have a right to refuse to take their medications is an example of malpractice
 - (d) Placing hands on a client who says –do not touch me! is an example of assault
11. The nurse from the pediatric unit has been temporarily assigned to the Emergency Department. It would be *most appropriate* to assign that nurse to the client who*
- (a) reports epigastric pain that –feels like indigestion
 - (b) has back pain and a pulsating abdominal mass
 - (c) is HIV+ reporting vomiting and diarrhea
 - (d) presents with lower abdominal pain and is six weeks pregnant
12. Four clients recently returned to the unit following invasive diagnostic testing. The nurse should immediately *intervene* if one of the clients
- (a) reports blood tinged sputum following a bronchoscopy
 - (b) has decreased abdominal girth following paracentesis
 - (c) reports a headache following a lumbar puncture
 - (d) is observed flexing and extending the legs two hours after cardiac catheterization
13. The nurse is made aware of the following situations. The nurse should *first* check the client who
- (a) had a transurethral prostatectomy (TURP) and is reporting urinary dribbling two hours after the indwelling catheter is removed
 - (b) has cervical traction and is moving the legs by flexing and extending the feet
 - (c) has Alzheimer’s disease (stage 1) and was returned to the room after being found wandering in the hallway
 - (d) has a history of partial seizures and is sitting in the bed picking at the clothing and smacking the lips
14. The nurse in a community health clinic is talking with the parent of a child with Celiac Disease. Which of the following statements would *require follow-up* by the

- nurse for **additional teaching**? (a) -This weekend we are going to a seafood restaurant. ||
- (b) —I can feed my child oatmeal and eggs for breakfast. ||
- (c) -My child loves to eat rice and chicken for dinner. ||
- (d) -Last night we ate fish with corn for dinner. ||
15. The charge nurse is observing a Licensed Practical Nurse (LPN) performing care for assigned clients. **Follow up** will be required if the LPN*: (a) assesses a client's apical pulse before administering Digoxin (lanoxin)
- (b) elevates the client's stump on a pillow eight hours after amputation
- (c) **puts on a clean glove on the dominant hand before tracheal suctioning**
- (d) positions a client on the operative side following a pneumonectomy
16. The nurse at a health promotion fair has taught a group of parents about car seat and seat belt safety. Which of the following statements, if made by the parent, would indicate a **correct** understanding of the information given?
- (a) **-I will place my newborn infant in a rear facing car seat in the middle of the rear seat. ||**
- (b) —I will wear a lap seat belt high on my belly since I am 8 months pregnant. ||
- (c) —I can use a front-facing car seat once my baby weighs 15 pounds. ||
- (d) —I can allow my six-year-old to use a seat belt in the front passenger seat. ||
17. The nurse is caring for a client being treated for Vancomycin Resistant Enterococcus (VRE). The nurse **should** place the client on
- (a) **contact precautions**
- (b) droplet precautions
- (c) protective precautions
- (d) airborne precautions
18. The nurse is caring for a client with a Vancomycin Resistant Enterococcus (VRE) wound infection. Which of the following actions would be **appropriate** for the nurse to take?
- (a) Wear a particulate respirator mask when providing wound care
- (b) Instruct visitors not to bring flowers into the client's room
- (c) Place the client in a private room with negative air pressure
- (d) **Wear a disposable gown when changing the client's dressing**

19. The nurse *should* initiate protective precautions for a client who has a
- (a) Red Blood Cell Count (RBC) of 3,900/mm³
 - (b) Platelet count of 400,000μ/L
 - (c) Hemoglobin (Hgb) 9.0 g/dl
 - (d) **White Blood Cell Count (WBC) 2,500/mm³**
20. The nurse has provided health promotion teaching for a group of clients who were recently diagnosed with the Human immunodeficiency virus (HIV). Which statement, if made by one of the clients, would *require further teaching*?
- (a) **—I am glad that I can still clean my parakeet's cage.¶**
 - (b) —I will not go to the parade this weekend.¶
 - (c) —I will increase protein in my diet.¶
 - (d) —I will miss not being able to work in my garden.¶
21. The nurse in the emergency department is caring for clients admitted following a rescue from a burning bus. The nurse should *fi rst* see the client who
- (a) has the tibia bone protruding through the skin and is in severe pain
 - (b) has third degree burns of the left foot and is crying
 - (c) is unconscious, pulseless, and has dilated pupils
 - (d) **has soot on the face and the nares and is coughing**
22. A nurse is observing a newly-hired nurse provide care for assigned clients. The nurse should *follow up* if the newly-hired nurse is observed
- (a) wearing gloves when taking the blood pressure of a client with disseminated varicella zoster
 - (b) **cleansing the wound from the outer surface to the inner surface for a client whose wound is infected with a multi-drug resistant organism**
 - (c) washing the hands with the fi ngertips pointed downward before providing care for a client on protective precautions
 - (d) removing the gloves before removing the gown when leaving a room of a client who is on contact precautions
23. The nurse is caring for a client who has been diagnosed with rheumatoid arthritis. The nurse should anticipate that the client will *initially* be prescribed
- (a) Disease-modifying rheumatic agents (DMARDs)
 - (b) **Nonselective anti-infl ammatory drugs (NSAIDs)**

- (c) Long-term corticosteroids
 - (d) Biologic Response Modifiers
24. The nurse is assessing a 2-month-old infant at a well baby clinic. The nurse *should* anticipate the infant should
- (a) roll from prone to back
 - (b) have no head lag
 - (c) smile socially
 - (d) have no tonic neck reflex
25. The nurse is teaching a class on infant nutrition. The nurse *should* instruct parents to introduce
- (a) fruit juices at 3 months
 - (b) honey sweetened water at 6 months
 - (c) pureed chicken at 7 months
 - (d) whole milk at 9 months
26. The nurse is caring for a 7-year-old who has thrombocytopenia and is on protective precautions. Which of the following would be an *appropriate* toy for the nurse to provide to the client?
- (a) Finger paints and paper
 - (b) A rubber ball and bat
 - (c) A board game
 - (d) A stuffed toy
27. The nurse on a pediatric unit has been informed that the following clients are being admitted. The nurse should *first* plan to assess the client who is*
- (a) 2 years old, has a temperature of 100.8 F and a blood pressure of 68/44
 - (b) 4 years old with a history of asthma and has a peak expiratory flow rate (PERF) of 81%
 - (c) 5 years old, has a fracture of the tibia and is reporting pain rated 7 on a pain scale of 0 (no pain) to 10 (severe pain)
 - (d) 7 years old with ulcerative colitis and has had 15 blood tinged stools today
28. The nurse is providing discharge instructions to the parents of an infant who has a cleft lip. The nurse *should instruct* the parents to
- (a) place the infant in a prone position after each feeding
 - (b) encourage the parents to provide the infant rest periods during feedings

- (c) regularly offer the infant a pacifier to enhance the sucking reflex
- (d) elevate the child's head forty five degrees during feeding
29. The nurse is assessing a 3-year-old during a well-child visit. During the visit the boy says to his mother, -Mommy, I love you. I'm going to marry you. The nurse **should**
- (a) suggest to the mother not to encourage these types of statements
- (b) explain to the child that he will not be able to marry his mother even though he loves her
- (c) **tell the mother that this statement is appropriate for his stage of development**
- (d) recommend that the mother provide more opportunities for her son to play with other 3-year-old boys
30. The nurse is assessing a child with coarctation of the aorta. Which of the following would be an **expected** finding?
- (a) diminished blood pressure in the upper extremities
- (b) excessive weight gain
- (c) high pitched murmur
- (d) **absence of femoral pulses**
31. The nurse is caring for a child with an acyanotic heart defect. Which of the following would be an **expected** finding. **Select all that apply.**
- (a) _____poor suck reflex
- (b) _____**tachycardia**
- (c) _____**increased respiratory rate**
- (d) _____bradycardia
- (e) _____fainting spells
- (f) _____**delayed growth and development**
32. The nurse is teaching a new mother about immunizations. Which of the following **should** the nurse include in the teaching?
- (a) -Your baby should wait six months to receive any immunizations since the baby was born preterm.
- (b) -Your baby will receive the first hepatitis B vaccine after one year of age.
- (c) **-Acellular Pertussis vaccine has less side effects than whole-cell pertussis vaccine.**

- (d) The Haemophilus Influenza Type b (HIB) is given annually to protect against the flu.
33. The mother of an infant tells the nurse that the baby has not been tolerating feedings lately and she noticed an olive-shaped mass in the infant's abdomen. The nurse recognizes that this could be an *expected* finding if the infant has
- (a) intussusception
 - (b) Hirschsprung's disease
 - (c) umbilical hernia
 - (d) pyloric stenosis
34. The nurse is teaching a group of parents about the expected growth and development of three-year-old children. The nurse should include that a three-year-old *should*
- (a) discriminate between fantasy and reality
 - (b) ride a tricycle independently
 - (c) have a vocabulary of 7,000 words
 - (d) play in a group of two or three with one being the leader
35. The nurse and the nursing assistant are caring for a group of clients. Which of the following client care activities should the nurse assign to the nursing assistant? **Select all that apply.**
- (a) _____ reinforcing the dressing of a client who has a decubitus ulcer
 - (b) _____ monitoring the vital signs of a client who had a myocardial infarction 12 hours ago and is being transferred from the coronary care unit
 - (c) _____ administering a prescribed Fleet's enema to a client who will undergo a colonoscopy in two hours
 - (d) _____ placing a client who had an above the knee amputation 24 hours ago in a prone position
 - (e) _____ assisting a client who had a colon resection 36 hours ago to ambulate
 - (f) _____ showing a client who had a vaginal hysterectomy 36 hours ago how to perform perineal care
36. The nurse is caring for a client with Acquired immunodeficiency syndrome (AIDS) who was started on Zidovudine (AZT). It would be *important* for the nurse to assess

- (a) blood ammonia serum
- (b) serum potassium
- (c) complete blood count (CBC)
- (d) serum uric acid

37. The nurse is performing an abdominal assessment. Indicate the correct sequence the nurse *should* use to perform this assessment.

- (a) percussion
- (b) palpation
- (c) auscultation
- (d) inspection

Answer _____

38. The nurse has become aware of the following client situations. The nurse should *fi*rst assess the client who*

- (a) had received a unit of packed red blood cells four hours ago and is requesting a bedpan
- (b) had an abdominal hysterectomy yesterday and is reporting calf pain
- (c) has history of multiple sclerosis and is reporting diplopia
- (d) had a tonsillectomy three hours ago and is reporting a sore throat

39. The nurse is caring for a client who has been prescribed 1,000 ml of Ringer's Lactate to infuse over 8 hours. The available intravenous set delivers 10 drops per milliliter. How many drops per minute should the nurse set the intravenous controller to administer?

Answer _____

40. The primary health care provider has prescribed an oral solution of Potassium Chloride (KCL) 20 mEq PO, QD. The drug available is Potassium Chloride 10 mEq/15ml. How many ml should the nurse administer?

Answer _____