

ATI Community Health Proctored 2019 Form C

1. A community health nurse is providing teaching about nutrition guidelines to a group of adolescents. Which of the following information should the nurse include in teaching?
 - A. Adolescents have a decrease need for calcium due to high milk intake
 - B. Appetite naturally increases during the adolescent years
 - C. 75% of adult bone mass is developed during the adolescent years
 - D. Empty calories provide 70% of the total calories consumed by adolescents
2. An occupational health nurse is caring for a client who does not speak the same language as the nurse. Which of the following actions should the nurse take first?
 - A. Validate the clients understanding of communicated information
 - B. Determine the client's primary language
 - C. Use common words and phrases when speaking to the client
 - D. Obtain a translator that is the same gender
3. A case manager is caring for a client who is being discharged following a total hip arthroplasty. Which of the following actions is an example of the nurse functioning in the negotiator role?
 - A. Providing social service with the list of needed referrals
 - B. Reporting safety concerns to the Home Health agency
 - C. Discuss payment options with various pharmacies
 - D. Schedule appointments for physical therapy services
4. A nurse manager is providing teaching to a newly licensed nurse about Mantoux testing. Which of the following clients should the nurse manager include as an example of a client who might manifest a false positive reading?
 - A. A client who has lived in a country where tuberculosis is endemic
 - B. A client who has undergone radiation therapy within last 3 years
 - C. A client who has acquired immune deficiency syndrome
 - D. A client who has received the Bacille Calmette-Guerin vaccine within the last 10 years
5. A school nurse is planning primary prevention activities for the new school year. Which of the following should the nurse include? (Select all that apply)
 - A. Lobbying for funding for health promotion efforts
 - B. Recommending a seating arrangement for a child in a body cast
 - C. Teaching a class about the risks of cigarette smoking
 - D. Create a plan of care for children who have a diagnosis of diabetes mellitus
 - E. Organizing a program to promote skateboard safety
6. A recently hired occupational health nurse is assessing hazards in the work environment. Which of the following actions will help the nurse detect physical hazards?
 - A. Identify industrial toxins that are present in the environment
 - B. Measure noise levels at various locations in the facility
 - C. Track rates of illness caused by infection among employees
 - D. Survey workers about job-related emotional stress
7. A hospice nurse is planning care for a client who follows traditional American Indian practices. Which of the following actions should the nurse take?
 - A. Discuss safe use of herbal medications
 - B. Provide direct eye contact when communicating with the client's family
 - C. Face the client's bed towards the east

- D. Develop a list of appropriate hot and cold food choices
8. A community health nurse is working with a group of homeless veterans who have post-traumatic stress disorder. Which of the following interventions should the nurse implement?
- A. Provide coffee and snacks during the meetings
 - B. Avoid discussing the traumatic event experienced by the veterans
 - C. Teach the clients to practice deep breathing exercises
 - D. Change the meeting sites frequently
9. A group of technicians from a local automotive repair shop presents to an urgent care clinic with reports of dizziness, headaches, and nausea. After providing need to care for the clients which of the following government agencies should the nurse notify to follow up on these reports?
- A. OSHA
 - B. Center for Disease Control
 - C. Environmental Protection Agency
 - D. Department of Health and Human Services
10. A nurse is providing teaching to a 50-year-old female client. Which of the following statement should the nurse include in teaching?
- A. You should have your fasting blood glucose level checked every 6 years
 - B. You should have your hearing screen every 5 years
 - C. You should have complete eye examination every two years until the age of 64
 - D. You should have your stool tested for blood every other year until the age of 74
11. A nurse is caring for a client who asks, "Can I decide not to continue with chemotherapy?" The nurse response is, "This is your choice, and I'll support whatever decision you make." The nurse's response is an example of which of the following ethical principles?
- A. Beneficence
 - B. Nonmaleficence
 - C. Veracity
 - D. Autonomy
12. A nurse manager at a clinic is reviewing the preventive services offered to clients. Which of the following activities should the nurse identify as secondary prevention activity?
- A. Advocate for laws that prohibit texting while driving
 - B. Provide a smoking cessation class
 - C. Refer a client who is recovering from substance abuse disorder to a social service program
 - D. Encourage a pregnant client to participate in prenatal care
13. An occupational health nurse is discussing health promotion with a client who has a history of obesity. Which of the following comment indicates the client is using rationalization as a coping mechanism?
- A. I am obese because it is in my genes
 - B. I know you don't like me because I'm obese
 - C. I have lots of health problems from being obese
 - D. I have difficulty resisting the items in vending machine
14. A home health nurse is evaluating an older client. Which of the following assessment findings should the nurse report as a possible indicator of elder abuse?
- A. The client attends Alcoholics Anonymous meetings
 - B. The client exhibits extreme thirst

- C. The client receives in home meal delivery
- D. The client reports that his son no longer visits

15. A nurse in a health department is participating in an immunization clinic. The nurse should identify that which of the following children requires an alteration in the standard immunization schedule?

- A. An 18-month-old toddler who has failure to thrive
- B. A three-year-old toddler has leukemia
- C. A four-month-old infant who has Down syndrome
- D. A 12-month-old infant who has sickle cell disease

16. The partner of an older adult client who has Alzheimer's disease reports that he is not eating. The home health aide tells the nurse that the client's partner refuses to assist the client with feeding. The partner insists that the client feeds himself without help. Which of the following is the priority action the nurse should take?

- A. Determine the client's ability to self-feed
- B. Refer the client's partner to an Alzheimer's support group
- C. Arrange for meals-on-wheels assistance
- D. Direct the home health aide to assist with meals

17. The first response team is working at the location of a bombing incident. A nurse triaging in the group of clients should give treatment priority through which of the following clients?

- A. A client who is ambulatory and exhibits manic behavior
- B. A client who has a rigid abdomen and manifestations of shock
- C. A client who has a femur fracture and a 2+ pedal pulse
- D. A client who has superficial partial thickness burn injuries over 5% of his body

18. A client arrives at a mental health clinic and tell the nurse that she has no purpose in life. Which of the following is the nurse's priority response?

- A. How long have you been feeling this way?
- B. Do you really think your life has no purpose?
- C. Tell me what is going on with you right now?
- D. Have you been thinking about harming yourself?

19. A community health nurse is teaching a group of adolescent clients about substance use disorders. Which of the following statements by a client indicates an understanding of the teaching?

- A. Barbiturates cause an increase in heart rate
- B. Opioids cause a decrease in respiratory rate
- C. Anabolic steroids stimulate the immune system
- D. Amphetamines alleviate symptoms of depression

20. A nurse case manager is providing discharge planning for a client. The nurse is functioning in which of the following roles when arranging for the delivery of medical equipment to the client's home?

- A. Systems allocator
- B. Coordinator
- C. Consultant
- D. Advocate

21. A nurse is providing teaching to a newly licensed nurse about case management. The nurse should include that which of the following tasks is the responsibility of the case manager?

- A. Teach smoking cessation support group
- B. Perform employee risk assessments

- C. Evaluate the cost effectiveness of client's treatments
- D. Enforce OSHA standards in the workplace

22. A home health nurse is making a home safety evaluation visit for an older client who was recently discharged from the facility after receiving a diagnosis of diabetes mellitus. Which of the following findings indicate a need for corrective intervention? SATA

- A. A red light is kept on in the bedroom at night
- B. An extension cord extends across the floor from an outlet to the floor lamp
- C. The water heater is set at 130 degrees Fahrenheit
- D. A rubber backed bathmat is on the floor outside the shower
- E. The floors of the house are made of wood.

23. A community health nurse is planning to use web-based information resources in the care of a client who is undergoing dialysis. Which of the following criteria should the nurse consider selecting an appropriate resource for the client?

- A. The website is sponsored by Health Care political action committee
- B. The website provides a peer review process for publishing information
- C. The website is hosted by a dialysis equipment Marketing Group
- D. The website is updated every 5 years

24. A public health nurse addresses community leaders at a forum about Community Improvement. The nurse should identify that which of the following groups is being the fastest growing segment of the homeless population?

- A. Families who have children
- B. Men who are unemployed
- C. People who have substance use disorders
- D. Adolescent Runaways

25. A home health nurse is teaching a client about the safe use of crutches. Which of the following information should the nurse include in the teaching?

- A. Wipe the rubber crutch tips to remove moisture
- B. Wear leather soled shoes when walking with crutches
- C. Lean forward while walking with crutches
- D. Support body weight on the axillae

26. A community health nurse is caring for a client who has a new diagnosis of gonorrhea. Which of the following actions should the nurse take?

- A. Obtain a blood culture
- B. Change the client about application of imiquimod cream
- C. Notify the State Health Department
- D. Administer metronidazole 500 mg PO

27. A community health clinic is planning annual goals. Which of the following outcomes addresses the ethical principle of distributive justice?

- A. Clients verbalize their right to refuse treatment
- B. Clients understand the right to confidentiality
- C. Clients receive Medicare benefits when eligible
- D. Clients demonstrate completion of advance directives

28. A community health nurse is planning a program for young adults about STI prevention. Which of the following actions should the nurse take preparing for this program?

- A. Identify topics with Health Department nurses
 - B. Develop content appropriate to learner needs**
 - C. Arrange for computer-assisted learning
 - D. Collect data to identify learner current knowledge base
29. A community health nurse notes that 6 new cases of diabetes mellitus have been reported in the past 3 months. In the previous year, 5 cases are reported. The population of the community is 15000 people. Which of the following is the prevalence proportion for the community?
- A. 73.3/100,000**
 - B. 0.9/100,000
 - C. 40.0/100,000
 - D. 33.3/100,000
30. A community health nurse is teaching a group of parents about manifestations of alcohol withdrawal. Which of the following manifestations should the nurse include in teaching?
- A. Hypotension
 - B. Hyperglycemia
 - C. Seizures**
 - D. Somnolence
31. A Community Health nurse is working with a migrant population. The nurse should recognize that which of the following interventions is necessary to provide care to the population?
- A. Providing health services at work sites**
 - B. Treating clients on a fee-for-service basis
 - C. Requiring clients to show a work visa before they receive care
 - D. Offering health screenings at a community center
32. A nurse is working with parent suspected of child abuse recognizes that the social factor most predictive of abusive behavior is which of the following?
- A. Inadequate living conditions
 - B. Social isolation
 - C. Relationship difficulties
 - D. Prior exposure to violence**
33. A home health nurse is visiting a client who has a new diagnosis of diabetes mellitus. Which of the following actions should the nurse take first?
- A. Teach the client about appropriate food choices
 - B. Refer the client to diabetes mellitus support group
 - C. Identify the client's dietary preferences**
 - D. Develop a nutritional program
34. A nurse is assessing an outbreak of mumps among school-age children. Using the epidemiological triangle, the nurse should recognize that which of the following is the host?
- A. The virus
 - B. The children**
 - C. The vaccine
 - D. The school
35. Which of the following federal agencies should a community health nurse seek guidance from regarding a public building that has asbestos leaking from rips in the heating duct insulation?
- A. National Institutes of Health