

# ATI Nursing Care of Children Proctored exam, ATI Nursing Care of Children Practice A, RN Nursing Care of Children Practice 2019 A ATI, ATI RN Nursing Care of Children Online Practice 2019 B

What is a dictatorial or authoritarian parenting style? - CORRECT ANSWER parents try to control the child's behaviors and attitudes through unquestioned rules and expectations

What is an authoritative parenting style? - CORRECT ANSWER also known as democratic, parents direct the child's behavior by setting rules and explaining the reason for each rule setting

What is passive parenting? - CORRECT ANSWER parents are uninvolved, indifferent, and emotionally removed

A nurse manager on a pediatric floor is preparing an education program on working with families for a group of newly hired nurses. Which of the following should the nurse include when discussing the developmental theory?

- A. describes that stress is inevitable
- B. emphasizes that change with one member affects the entire family
- C. provides guidance to assist families adapting to stress
- D. Defines consistencies in how families change - CORRECT ANSWER D

A nurse is assisting a group of parents of adolescents to develop skills that will improve communication. The nurse heads one

parent states "my son knows he better do what I say". Which of the parenting styles is he exhibiting?

- A. Authoritarian
- B. Permissive
- C. Authroitative
- D. Passive - CORRECT ANSWER A

A nurse is performing family assessment. Which of the following should the nurse include? (select all that apply)

- A. medical history
- B. parents' education level
- C. child's physical growth
- D. Support systems
- E. Stressors - CORRECT ANSWER A, B, D, E

What is the expected pulse rate of a newborn? - CORRECT ANSWER 80 to 180/min

What is the expected pulse of a baby 1 week to 3 months? - CORRECT ANSWER 120 to 180/min

What is the expected pulse of a child 3 months to 2 years? - CORRECT ANSWER 70 to 150/min

What is the expected pulse of a child 2 to 10 years? - CORRECT ANSWER 60 to 110/min

What is the expected pulse of a child 10 years and older? - CORRECT ANSWER 50 to 90/min

What are the expected respirations fo a newborn to one year? - CORRECT ANSWER 30 to 35/min

What are the expected respirations of a 1 to 2 year old? - CORRECT ANSWER 25 to 30/min

What are the expected respirations of a 2 to 6 year old? -  
CORRECT ANSWER 21 to 25/min

What are the expected respirations of a child 6 to 12 years old? -  
CORRECT ANSWER 19 to 21/min

What are the expected respirations of a 12 year old and older? -  
CORRECT ANSWER 16 to 19/min

What are the normal vitals of an infant? - CORRECT ANSWER  
HR: 80-180  
RR: 30-35  
BP: 65-80/40-50

Fontanelles - CORRECT ANSWER should be flat and soft,  
posterior closes between 6 and 8 weeks, anterior closes between  
12 and 18 months

Teeth - CORRECT ANSWER 6 to 8 teeth by 1 year of age, 20  
baby teeth and 32 permanent teeth

How long is the Moro reflex present? - CORRECT ANSWER  
until 4 months of age

How long is the Tonic neck reflex present? - CORRECT  
ANSWER until 3 to 4 months of age

How long does the Babinski reflex last? - CORRECT ANSWER  
usually until a year

Expected findings of the olfactory (I) nerve in infants, children,  
and adolescents - CORRECT ANSWER Infants: difficult to test  
Children and Adolescents: identifies smell through each nostril  
individually

Expected findings of optic nerve (II)? - CORRECT ANSWER  
Infants: looks at face and tracks with eyes

Children and adolescents: has intact visual acuity, peripheral vision, and color vision

Expected findings for trigeminal nerve? - CORRECT ANSWER  
infants: has rooting and sucking reflex  
children and adolescents: is able to clench teeth together and can detect touch on face with eyes closed

A nurse is preparing to assess a preschool-age child. Which of the following is an appropriate action by the nurse to prepare the child?

- A. Allow the child to role play using miniature equipment
- B. use medical terminology to describe what will happen
- C. separate the child from her parents during examination
- D. keep medical equipment visible to the child - CORRECT ANSWER A

A nurse is checking the vital signs of a 3-year-old during a well child visit, which of the following findings should the nurse report to the provider?

- A. temperature 37.2C (99.0F)
- B. Heart rate of 106/min
- C. Respirations 30/min
- D. Blood pressure 88/54 mmHg - CORRECT ANSWER C

A nurse is assessing a child's ears. Which of the following is an expected finding?

- A. Light reflex is located at the 2 o'clock position
- B. Tympanic membrane is red in color
- C. bone landmarks are not visible
- D. Cerumen is present bilaterally - CORRECT ANSWER D

A nurse is assessing a 6-month-old infant. Which of the following reflexes should the infant exhibit?

- A. Moro
- B. Plantar grasp
- C. Stepping
- D. Tonic neck - CORRECT ANSWER B

A nurse is performing a neurological assessment on an adolescent. Which of the following is an appropriate reaction by the adolescent when the nurse checks the trigeminal cranial nerve? (select all that apply)

- A. clenching the teeth together tightly
- B. recognizing a sour taste
- C. identifying smells through each nostril
- D. detecting facial touches when eyes closed
- E. Looking down and in with the eyes - CORRECT ANSWER A, D

What happens to a baby's birth weight? - CORRECT ANSWER it should double by 6 months and triple by 1 year

How do infants grow? - CORRECT ANSWER 1 inch per month (2.5cm) for 6 months, then by 12 months, height/length should be doubled

When do the first teeth erupt? - CORRECT ANSWER between 6 and 10 months

Gross and fine motor by 3 months - CORRECT ANSWER only have slight head lag

Gross and fine motor by 4 months - CORRECT ANSWER should be able to roll from back to side

Gross and fine motor by 5 months - CORRECT ANSWER  
should be able to roll from front to back

Gross and fine motor by 6 months - CORRECT ANSWER  
should be able to roll from back to front and hold a bottle

Gross and fine motor by 7 months - CORRECT ANSWER  
move object from hand to hand

Gross and fine motor by 8 months - CORRECT ANSWER  
sit unsupported

Gross and fine motor by 9 months - CORRECT ANSWER  
crude pincer grasp

Gross and fine motor by 10 months - CORRECT ANSWER  
prone to sitting position and grasp a ratty by the handle

Gross and fine motor by 11 months - CORRECT ANSWER  
puts objects into a container and have a neater pincer grasp

Gross and fine motor by 12 months - CORRECT ANSWER  
tries to build a 2 block tower and won't succeed

What Piaget cognitive development stage are infants in? -  
CORRECT ANSWER Sensorimotor stage, birth to 24 months,  
separation, object permanence around 9 months, mental  
representation

How many words should the infant know? - CORRECT ANSWER  
3-5 words and has concept of numbers by 1 year

What is the Erikson's stage of development for infants? -  
CORRECT ANSWER Trust vs. Mistrust, birth to 1 year,  
caretaker meeting the needs of the infant

When does separation anxiety begin to occur? - CORRECT ANSWER between 4 and 8 months

When is there stranger fear in infants? - CORRECT ANSWER 6 to 8 months

What toys should be used for an infant? - CORRECT ANSWER rattles, blocks, brightly colored toys, mirrors, patty cake

Infant Immunizations - CORRECT ANSWER Birth: hep B  
2 months: hep B, IPV, RV, PCV, dtap, HIB  
4 months: all of the 2m, hep B  
6 month: all the previous  
Flu shots: 6m to 1 year

Infant Nutrition - CORRECT ANSWER breast milk first 6 months, solids 4 to 6 months and first solid is usually iron fortified rice cereal, no juice or water is needed for first year, foods introduced one at a time over 4-7 day period to monitor for allergies

What are infant safety concerns? - CORRECT ANSWER choking/aspiration (grapes, coins, candy)  
burns (sunscreen, handles turned away from stove, electrical outlets are covered), drowning, rear facing car seat until 2 years, crib slats are no more than 6cm, no pillows, and sleep on back

A nurse is assessing a 12 months old infant during a well-child visit. Which of the following findings should the nurse report to the provider?

- A. closed anterior fontanel
- B. eruption of 6 teeth
- C. Birth weight doubled
- D. Birth length increased by 50 % - CORRECT ANSWER C

A nurse is performing a developmental screening of a 10-month old infant. Which of the following fine motor skills should the nurse expect to find? (select all that apply)

- A. grasp a rattle by the handle
- B. try building a two-block tower
- C. use a crude pincer grasp
- D. Place objects into a container
- E. Walks with one hand held - CORRECT ANSWER A, C

A nurse is conducting a well-baby visit with a 4 month old infant. Which of the following immunizations should the nurse plan to administer? (select all that apply)

- A. MMR
- B. IPV
- C. PCV
- D. varicella
- E. RV - CORRECT ANSWER B, C, E

A nurse is providing education about introducing new foods to the parents of a 4 months old infant. The nurse should recommend that the parents introduce which of the following foods first?

- A. Strained yellow vegetables
- B. Iron fortified cereals
- C. Pureed foods
- D. Whole Milk - CORRECT ANSWER B

A nurse is providing teaching about dental care and teething to the parent of a 9-month-old. Which of the following statements by the parent indicates an understanding of the teaching?

- A. I can give my baby a warm teething ring to relieve discomfort
- B. I should clean my baby's teeth with a cool, wet washcloth
- C. I can give Advil for up to 5 days while my baby is teething
- D. I should place diluted juice in the bottle my baby drinks while falling asleep - CORRECT ANSWER B



Weight gain of toddler - CORRECT ANSWER 4x their birth weight by 30 months

Height gain of toddler - CORRECT ANSWER 3 inches per year (7.5cm)

Head and chest growth of toddler - CORRECT ANSWER head and chest circumference are about equal, compared to when they are born, and their head is wider than their chest

gross and fine motor skills of a 15-month toddler - CORRECT ANSWER expect walking without help, should be able to build a 2 block tower

gross and fine motor skills of 18-month toddler - CORRECT ANSWER can throw a ball over head

gross and fine motor skills of 2 year old toddler - CORRECT ANSWER can walk up and down stairs by placing feet on each step and build a 6-7 block tower

gross and fine motor skills of 2.5 year old toddler - CORRECT ANSWER can jump with both feet and draw circles

Language of a toddler - CORRECT ANSWER 1 year = 1 word sentences/hollow phrases  
2 year = 2-3 word sentences

Erikson's stage of Toddlers - CORRECT ANSWER autonomy vs shame and doubt, independence, begin to express selves by saying no a lot, thrive on rituals, maintain routines

Toddler appropriate activities - CORRECT ANSWER blocks, push pull, thick crayons, puzzle

Bathroom needs of toddlers - CORRECT ANSWER toilet training begins when they have recognized the sensation that they need to go potty

Immunizations of a toddler - CORRECT ANSWER 12-15 month: IPV, PCV, MMR, varicells, HIB

12-23 months: Hep A 2 doses 6 months apart

15-18months: dtap and annual flu

Nutrition of a toddler - CORRECT ANSWER breast milk or formula through 1 year, 1-2 year whole milk, after 2 can transition to low fat, limit juice consumption to 4-6oz per day, prevent choking, nuts, grapes, hot dogs, peanut butter, raw carrots, tough meat, popcorn

What are safety hazards of toddlers? - CORRECT ANSWER burns, drowning, falls, aspiration, prevention

A nurse is assessing a 2.5-year-old toddler at a well-child visit. Which of the following findings should the nurse report to the provider?

- A. height increased by 7.5cm or 3inches in the past year
- B. Head circumference exceeds chest circumference
- C. anterior and posterior fontanelles are closed
- D. current weight equals four times the birth weight - CORRECT ANSWER B

A nurse is performing a developmental screening on an 18 month old. Which of the following skills should the toddler be able to perform? (select all that apply)

- A. build a tower with 6 blocks
- B. Throw a ball overhead
- C. walk up and down stairs
- D. draw circles