

NGN ATI RN NURSING CARE OF CHILDREN PROCTORED EXAM 2019 QUESTIONS AND ANSWERS GRADED A

1. A nurse is providing education about dietary modifications to the parents of a school-age child who has glomerulonephritis. Which of the following information should the nurse include in the teaching?
 - a. Increase the child's calcium intake
 - b. Decrease the child's sodium intake**
 - c. Increase the child's intake of carbohydrates.
 - d. Decrease the child's fat intake.
2. A nurse is providing teaching to the parents of a school-age child newly diagnosed with a seizure disorder. The nurse should teach the parents to take which of the following actions during a seizure?
 - a. Minimize movement of the limbs.
 - b. Insert tongue blade between the teeth.
 - c. Clear the area of hard objects.**
 - d. Place the child in a prone position.
3. A nurse is assessing an adolescent who has type 1 diabetes mellitus. Which of the following findings is the nurse's priority?
 - a. HbA1c 11.5%**
 - b. Cholesterol 189 mg/dL
 - c. Preprandial blood glucose 124 mg/dL
 - d. Glycosuria
4. A nurse is providing anticipatory guidance to a parent of a 1-month-old infant. The nurse should include that it is recommended to start the series of which of the following immunizations first?
 - a. Varicella
 - b. MMR
 - c. Inactivated Poliovirus**
 - d. Hepatitis A
5. A nurse is reviewing the laboratory report of a toddler who has hemolytic uremic syndrome. Which of the following findings should the nurse expect?
 - a. Creatinine 0.3 mg/dL
 - b. Hgb 18 g/dL
 - c. Urine casts absent
 - d. BUN 28 mg/dL**
6. A nurse is caring for a school-age-child who is experiencing a sickle cell crisis. Which of the following actions should the nurse take?
 - a. Administer furosemide IV twice per day.
 - b. Apply warm compress to the affected areas.**
 - c. Decrease the child's fluid intake
 - d. Initiate contact precautions.
7. A nurse is assessing a 6-month-old infant who has respiratory syncytial virus. The nurse should immediately report which of the following findings to the provider?
 - a. Rhinorrhea
 - b. Tachypnea

c. Pharyngitis

- d. Coughing
8. A nurse is planning to teach an adolescent who is lactose intolerant about dietary guidelines. Which of the following instructions should the nurse include in the teaching?
- You can drink milk on an empty stomach.
 - You should consume flavored yogurt instead of plain yogurt.
 - You may tolerate plain milk better than chocolate milk
 - You can replace milk with non dairy sources of calcium.**
9. A nurse on a pediatric intensive care unit is caring for a toddler who weighs 12 kg (26.5lb) and is postoperative following open-heart surgery. Which of the following findings should the nurse report to the provider?
- Skin temperature of 36 C / 96.8 F
 - Pedal and posterior tibial pulses of 2+
 - Urine output of 15 mL in the last 2 hours**
 - Drainage from the chest tube of 22 mL in the last hour.
10. A nurse is providing dietary teaching to a parent of a 10-month-old infant who has phenylketonuria. Which of the following responses by the parent indicates an understanding of the teaching?
- My daughter can't drink orange juice
 - I will steam carrots and cut them into small pieces for her.**
 - I should ensure that my daughter eats 1 ounce of meat every day.
 - I will switch her to whole milk now that she's old enough.
11. A nurse is providing teaching to the parents of a preschool-age child who has celiac disease. Which of the following instructions should the nurse include?
- Your child will be on a gluten free diet for the rest of her life.**
 - Your child will need to follow a low protein diet temporarily.
 - You should place your child on a high fiber diet when she has exacerbation.
 - You should replace white flour with wheat flour when preparing meals for your child.
12. A nurse is administering albuterol by metered dose inhaler for a preschool-age child who is experiencing an asthma exacerbation. Which of the following findings should the nurse report to the provider?
- Respiratory rate of 24/min
 - Peak flow rate of 80%
 - Intercostal retractions**
 - Elevated heart rate.
13. A nurse is caring for a school-age child who is 1hr postoperative following a tonsillectomy. Which of the following actions should the nurse take? (Select all that apply.)
- Administer an analgesic to the child on a scheduled basis.**
 - Observe the child for frequent swallowing**
 - Provide cranberry juice to the child.
 - Maintain the child in a supine position.
 - Discourage the child from coughing.**

A nurse is caring for a school-age child who has heart failure. Which of the following findings should the nurse expect? (Select all that apply)

- a. Tachycardia
- b. Weight loss
- c. Cyanosis
- d. Dyspnea
- e. Bounding peripheral pulses

A nurse in an emergency department is assessing a toddler who has a head injury. Which of the following findings should the nurse report to the provider?

- a. GCS of 15
- b. Respiratory rate of 25/min
- c. Vomiting
- d. Negative Babinski reflex

A nurse is caring for a toddler who is in the terminal stage of neuroblastoma. The parents ask, "How can we help our child now?" Which of the following responses by the nurse is appropriate?

- a. Talk to your child about the meaning of death.
- b. Encourage your child's friends to visit.
- c. Stay close to your child
- d. Change your child's schedule every day.

A nurse is preparing to administer cephalexin 25 mg/kg PO to a child who has otitis media and weighs 22 kg (48.5lb). Available is cephalexin solution 250 mg/5mL. How many mL should the nurse administer? (Round to the nearest whole number. Use a leading zero if it applies. Do not use a trailing zero.)

- a. 11 mL

During a well-baby visit, the parent of a 2-week-old newborn tells the nurse, "My baby always keeps her head tilted to the right side." The nurse should further assess which of the following areas?

- a. Sternocleidomastoid muscle
- b. Posterior fontanel
- c. Trapezius muscle
- d. Cervical vertebrae

A nurse is caring for a single mother of a 6-month-old infant. During a well-baby visit, the mother expresses feeling "inexperienced" in caring for the baby. The nurse should recommend which of the following community resources?

- a. Respite child care
- b. Parent management training
- c. Support group for postpartum depression
- d. Parent enhancement center

A nurse is admitting an infant who has GERD. Which of the following is the priority assessment finding?

- a. Regurgitation
- b. Wheezing**
- c. Excessive crying
- d. Weight loss

A nurse is caring for an infant who has severe dehydration. Which of the following clinical findings should the nurse expect?

- a. Capillary refill 3 seconds
- b. Rapid respirations**
- c. Bradycardia
- d. Warm extremities

A nurse is teaching a group of female adolescents about healthy eating. Which of the following instructions should the nurse include in the teaching?

- a. Consume 1500 to 1700 calories a day
- b. Decrease your vitamin D intake once you start to menstruate
- c. Increase the amount of your dietary iron intake**
- d. Limit your sodium intake to 3000 mg a day.

A nurse is preparing to administer immunizations to a 3-month-old infant. Which of the following is an appropriate action for the nurse to take to deliver atraumatic care?

- a. Provide a pacifier coated with an oral sucrose solution prior to the injections.**
- b. Inject the immunizations into the deltoid muscle
- c. Apply eutectic mixture of local anesthetic cream immediately before the injection
- d. Use a 20-gauge needle for the injection.

A nurse is caring for a child who has impetigo contagiosa that developed in the hospital. Which of the following actions should the nurse take?

- a. Report the disease to the state health department
- b. Administer amphotericin B IV
- c. Initiate contact isolation precaution**
- d. Apply lidocaine ointment topically.

A nurse is providing discharge teaching to the parents of a school-age child who has cystic fibrosis. Which of the following responses by the parents indicates an understanding of the teaching?

- a. I will limit my child's daily fluid intake
- b. I will restrict the amount of sodium in my child's diet.
- c. I will give my child pancreatic enzymes with snacks and meals.**
- d. I will prepare low fat meals with limited protein for my child.