

ATI MATERNAL NEWBORN PROCTORED EXAM

2019 2023/2024 REVISED VERSION

- A nurse is assessing a newborn following a forceps assisted birth. Which of the following clinical manifestations should the nurse identify as a complication of the birth method?
 - Hypoglycemia
 - Polycythemia
 - Facial Palsy
 - Bronchopulmonary dysplasia

- A nurse is providing teaching about terbutaline to a client who is experiencing preterm labor. Which of the following statement by client indicates an understanding of the teaching?
 - “The medication could cause me to experience heart palpitation”
 - “This medication could cause me to experience blurred vision”
 - “This medication could cause me to experience ringing in my ears”
 - “This medication could cause me to experience frequent …”

- A nurse is caring for a client who is receiving oxytocin for induction of labor and notes late decelerations of the fetal heart rate on the monitor Tracing. Which of the following action should the nurse take?

- Decrease maintenance IV solution infusion rate.
- Place the client in lateral position.
- Administer misoprostol 25 mcg vaginally D
- Administer oxygen via face mask at 2 L/min

- A nurse is planning care for a client who is pregnant and has HIV. Which of the following actions should the nurse include in the plan of care?

- Instruct the client to stop taking the antiretroviral medication at 32 weeks of gestation.
- Use a fetal scalp electrode during labor and delivery.
- Administer a pneumococcal immunization to the newborn within 4 hr. following birth.
- Bathe the newborn before initiating skin-to-skin contact

- A nurse caring for a client who is at 20 weeks of gestation and has trichomoniasis. Which of the following findings should the nurse expect?
 - Thick, White Vaginal Discharge
 - Urinary Frequency
 - Vulva Lesions
 - Malodorous Discharge

- A nurse is caring for a client who has hyperemesis gravidarum. Which of the following laboratory tests should the nurse anticipate?
 - Urine Ketones
 - Rapid plasma regain
 - Prothrombin time
 - Urine culture

- A nurse is caring for a client who is experiencing sore nipples from breastfeeding. Which of the following actions should the nurse take?
 - Place a snug dressing on the client's nipple when not breastfeeding.
 - **Ensure the newborn's mouth is wide open before latching to the breast.**
 - Encourage the client to limit the newborn's feeding to 10 min on each breast.
 - Instruct the client to begin the feeding with the nipple that is most tender.

- A nurse is assessing a preterm newborn who is at 32 weeks of gestation. Which of the following finding should the nurse expect?
 - **Minimal arm recoil**
 - Popliteal angle of less than 90
 - Creases over the entire sole
 - Sparse lanugo

- A nurse on a labor and delivery unit is providing teaching to a client who plans to use hypnosis to control labor pain. Which of the following information should the nurse include?

- Focusing on controlling body functions
 - “Synchronized breathing will be required during hypnosis”
 - “Hypnosis can be beneficial in you practiced it during the prenatal period”
 - “Hypnosis does not work for controlling pain associated with labor”.
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- A nurse is caring for client who is in active labor. Following epidural placement, the nurse a maternal blood pressure of 98/58 mmHg and minimal FHR variability on the fetal monitor. Which of the following images indicates the action the nurse should take?
 - These are the signs of complication of epidural anesthesia as Hypotension, patient need to be connected with Oxygen immediately, rush IV fluids, check for bleeding status and the progress of labor.
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- A nurse is caring for a client who is in labor and requests nonpharmacological pain management. Which of the following nursing actions promotes client comfort?
 - Assisting the client into squatting position
 - Having the client lie in a supine position
 - Applying fundal pressure during contractions

- Encouraging the client to void every 6 hr.

- A nurse is caring for a client who is 14 weeks of gestation. At which the following locations should the nurse place the Doppler device when assessing the fetal heart rate?
 - Midline 2 to 3 cm (0.8 to 1.2 in) above the symphysis pubis
 - Left Upper Abdomen
 - Two fingerbreadths above the umbilicus
 - Lateral at the Xiphoid Process

- A nurse is assessing a client who is at 27 weeks of gestation and has preeclampsia. Which of the following findings should the nurse report to the provider?
 - Urine protein concentration 200 mg/ 24 hr.
 - Creatinine 0.8 mg/ dl
 - Hemoglobin 14.8 g/ dL
 - Platelet Count 60,000/ mm³

- A nurse is teaching about clomiphene citrate to a client who is experiencing infertility. Which of the following adverse effect should the nurse include?

- Tinnitus
- Urinary Frequency
- Breast Tenderness
- Chills

- A nurse is assessing a newborn upon admission to the nursery. Which of the following should the nurse expect?

- Bulging Fontanel
- Nasal Flaring
- Length from head to heel of 40 cm (15.7 in)
- Chest circumference 2 cm (0.8 in) smaller than the head circumference

- A nurse is planning care for a newborn who has neonatal abstinence syndrome. Which of the following interventions should the nurse include in the plan of care?

- Increase the newborn's visual stimulation
 - Weigh the newborn every other day
 - Discourage parental interaction until after a social evaluation
 - Swaddle the newborn in a flexed position
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- A nurse is caring for a newborn who is 6 hr. old and has a bedside glucometer reading of 65 mg/ dL. The newborn's mother has type 2 diabetes mellitus. Which of the following actions should the nurse take?
- Obtain a blood sample for a serum glucose level
 - Feed the newborn immediately
 - Administer 50 mL of dextrose solution IV
 - Reassess the blood glucose level prior to the next feeding
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- A nurse is providing teaching to a client about exercise safety during pregnancy. Which of the following statements by the client indicates an understanding of the teaching? (Select all that apply).
- "I will limit my time in the hot tub to 30 minutes after exercise."

- “I should consume three 8-ounce glasses of water after I exercise.”
- “I will check my heart rate every 15 minutes during exercise sessions.”
- “I should limit exercise sessions to 30 minutes when the weather is humid.”
- “I should rest by lying on my side for 10 minutes following exercise.”

• A nurse is caring for a client following a vaginal delivery of a term fetal demise. Which of the following statement should the nurse make?

- “You can bathe and dress your baby if you’d like to.”
- “If you don’t hold the baby, it will make letting go much harder.”
- “You should name the baby so she can have an identity.”
- “I’m sure you will be able to have another baby when you’re ready.”

• A nurse is providing teaching to a client who is at 38 weeks of gestation and has a prescription to receive misoprostol intravaginally. Which of the following statement should the nurse make?

- “You will need to stay in a side-lying position for 30 minutes after each dose.”
- “You will receive an IV infusion of oxytocin 1 hour after your last dose.”

- " You will receive a magnesium supplement immediately following therapy."
- " You will need to have a full bladder before the therapy begins."

- A charge nurse is teaching a group of staff nurses about fetal monitoring during labor. Which of the following findings should the charge nurse instruct the staff members to report to the provider?
 - **Contraction durations of 95 to 100 seconds**
 - Contraction frequency of 2 to 3 min apart
 - Absent early deceleration of fetal heart rate
 - Fetal heart rate is 140/min

- A nurse in a woman's health clinic is obtaining a health history from a client. Which of the following findings should the nurse identify as increasing the client's risk for developing pelvic inflammatory disease (PID)?
 - Recurrent Cystitis
 - Frequent Alcohol Use
 - Use of Oral Contraceptives
 - **Chlamydia Infection**