

Chapter 02: Medical Gas Therapy Equipment

1. Oxygen therapy is indicated in the acute care setting for adults with:

- I. PaO₂ < 60 mmHg
- II. SpO₂ < 90%
- III. suspected hypoxemia
- IV. acute myocardia infarction
 - a. I
 - b. I and II
 - c. I, II, and III
 - d. I, II, III, and IV

ANSWER: d

2. Oxygen therapy is indicated in the sub-acute or home setting for adults with:

- I. PaO₂ < 55 mmHg
- II. SpO₂ < 88%
- III. hypoxemia in association with cor pulmonale
- IV. pulmonary hypertension
 - a. I
 - b. I and II
 - c. I, II, and III
 - d. I, II, III, and IV

ANSWER: d

3. A high-flow oxygen delivery device:

- a. is operated at flows greater than 10 L/min
- b. provides part of a patient's inspiratory needs
- c. operates from 100% oxygen only
- d. provides all of a patient's inspiratory needs

ANSWER: d

4. A low-flow oxygen delivery device:

- a. is operated at flows greater than 10 L/min
- b. provides part of a patient's inspiratory needs
- c. operates from 100% oxygen only
- d. provides all of a patient's inspiratory needs

ANSWER: b

5. Most high-flow oxygen systems work using:

- a. the venturi principle
- b. Bernoulli's principle
- c. viscous shearing and vorticity
- d. none of the above

ANSWER: c

6. Low-flow oxygen delivery devices:

- I. vary in the concentration that they deliver
- II. deliver concentrations that are influenced by the patient's respiratory rate
- III. deliver concentrations that are influenced by the patient's respiratory pattern
- IV. deliver concentrations that are influenced by the patient's tidal volume
 - a. I
 - b. I and II
 - c. I, II, and III
 - d. I, II, III, and IV

ANSWER: d

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7. HAFOE (high air flow with oxygen enrichment) masks operate using:

- a. the venturi principle
- b. Bernoulli's principle
- c. viscous shearing and vorticity
- d. none of the above

ANSWER: c

8. At 40%, a HAFOE (high air flow with oxygen enrichment) mask is operating with an air-to-oxygen entrainment ratio of:

- a. 1:1
- b. 2:1
- c. 3:1
- d. 4:1

ANSWER: c

9. A HAFOE (high air flow with oxygen enrichment) mask is set at 40%, and the oxygen flowmeter is running at 6 L/min. What is the total flow to the patient?

- a. 6 L/min
- b. 18 L/min
- c. 24 L/min
- d. 30 L/min

ANSWER: c

10. A HAFOE (high air flow with oxygen enrichment) mask is operating at 50%, and the oxygen flowmeter is set at 15 L/min. What is the total flow to the patient?

- a. 16 L/min
- b. 31 L/min
- c. 41 L/min
- d. 51 L/min

ANSWER: c

11. A HAFOE (high air flow with oxygen enrichment) mask is set at 50%. What is the air-to-oxygen entrainment ratio?

- a. 1:1
- b. 1.7:1
- c. 3:1
- d. 4:1

ANSWER: b

12. A high-flow oxygen delivery device is set at 35%, and the oxygen flowmeter is set at 5 L/min. What is the total flow to the patient?

- a. 15 L/min
- b. 20 L/min
- c. 30 L/min
- d. 35 L/min

ANSWER: c

13. A HAFOE (high air flow with oxygen enrichment) is set at 35%. What is the air-to-oxygen entrainment ratio?

- a. 2:1
- b. 3:1
- c. 4:1
- d. 5:1

ANSWER: d

14. A HAFOE (high air flow with oxygen enrichment) mask is set at 24%, and the oxygen flowmeter is running at 3 L/min. What is the total flow to the patient?

- a. 74 L/min
- b. 84 L/min
- c. 94 L/min
- d. 104 L/min

ANSWER: d

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15. A HAFOE (high air flow with oxygen enrichment) is set at 24%. What is the air-to-oxygen entrainment ratio?
- a. 5:1
 - b. 8:1
 - c. 10:1
 - d. 25:1

ANSWER: d

16. Oxygen delivery through a HAFOE (high air flow with oxygen enrichment) mask:
- a. is affected by the patient's tidal volume
 - b. is affected by the patient's respiratory rate
 - c. is affected by the patient's breathing pattern
 - d. none of the above

ANSWER: d

17. Which of the following are high-flow delivery devices?

- I. disposable non-rebreathing mask
 - II. high air flow with oxygen enrichment (HAFOE) mask
 - III. anesthesia bag-mask systems
 - IV. partial rebreathing mask
- a. I and II
 - b. I and III
 - c. II and III
 - d. III and IV

ANSWER: c

18. A low-flow oxygen delivery device:

- I. meets all of the patient's inspiratory needs
 - II. meets part of the patient's inspiratory needs
 - III. entrains room air
 - IV. delivers 100% oxygen
- a. I and III
 - b. I and IV
 - c. II and III
 - d. II and IV

ANSWER: c

19. At 3 L/min, a nasal cannula delivers approximately what $F_{I}O_2$?

- a. 24%
- b. 28%
- c. 32%
- d. 36%

ANSWER: b

20. A nasal cannula running at 2 L/min delivers approximately what $F_{I}O_2$?

- a. 24%
- b. 28%
- c. 32%
- d. 36%

ANSWER: a

21. A nasal cannula running at 6 L/min delivers approximately what $F_{I}O_2$?

- a. 28%
- b. 32%
- c. 36%
- d. 40%

ANSWER: d

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22. A pendant cannula is advantageous over a simple nasal cannula because:

- a. it delivers a higher $F_I O_2$
- b. it has a more consistent oxygen delivery
- c. it is not affected by the patient's respiratory rate or tidal volume
- d. it can conserve oxygen

ANSWER: d

23. A transtracheal catheter has advantages compared with a nasal cannula because:

- a. it delivers a higher $F_I O_2$
- b. it has a more consistent oxygen delivery
- c. it is not affected by the patient's respiratory rate or tidal volume
- d. it can conserve oxygen

ANSWER: d

24. Hazards of a transtracheal catheter include:

- I. infection
 - II. subcutaneous emphysema
 - III. hemoptysis
 - IV. mucosal drying
- a. I b. I and II
c. I, II, and III d. I, II, III, and IV

ANSWER: c

25. A simple oxygen mask can deliver approximately what range of $F_I O_2$?

- a. 25-45% b. 35-55%
- c. up to 60% d. up to 70%

ANSWER: b

26. A partial rebreathing oxygen mask can deliver approximately what range of $F_I O_2$?

- a. 25-45% b. 35-55%
- c. up to 60% d. up to 70%

ANSWER: c

27. A disposable non-rebreathing oxygen mask can deliver approximately what range of $F_I O_2$?

- a. 25-45% b. 35-55%
- c. up to 60% d. up to 80%

ANSWER: d

28. Which of the following are low-flow oxygen delivery devices?

- I. non-rebreathing mask
 - II. partial rebreathing mask
 - III. simple oxygen mask
 - IV. high air flow with oxygen enrichment (HAFOE) mask
- a. I b. I and II

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- c. I, II, and III d. I, II, III, and IV

ANSWER: c

29. Which of the following are advantages of high flow heated humidified oxygen therapy via a nasal cannula?

- I. Reduced oxygen dilution
 - II. Decreased deadspace
 - III. Generation of continuous positive airway pressure
 - IV. Increased patient comfort
- a. I b. I and II
c. I, II, and III d. I, II, III, and IV

ANSWER: d

30. What is flow rate range for the Teleflex Medical Comfort Flo heated humidified nasal cannula?

- a. 1 - 30 L/min b. 1 - 40 L/min
c. 5 - 50 L/min d. 5 - 60 L/min

ANSWER: b

31. What liter flow of heated humidified oxygen can the Vapotherm Precision FlowTM deliver through its cannula?

- a. 6 L/min b. 10 L/min
c. 20 L/min d. 40 L/min

ANSWER: d

32. What percentage relative humidity at 41 degrees Celsius can the Vapotherm Precision FlowTM deliver?

- a. 65% b. 75%
c. 85% d. 95%

ANSWER: d

33. Incubators (Isolettes) are frequently used for:

- a. oxygen therapy b. humidity therapy
c. thermal regulation d. none of the above

ANSWER: c

34. A head box is classified as:

- a. a high-flow delivery device b. a low-flow delivery device
c. an enclosure d. none of the above

ANSWER: c

35. Oxygen is typically delivered to a head box using:

- a. a high air flow with oxygen entrainment (HAFOE) device
b. two flowmeters (one for air and one for oxygen)
c. a blender
d. none of the above

ANSWER: c

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36. When using mist tents or croupettes, you must be careful because:

- a. oxygen concentrations are high
- b. flow into the tent is high, causing heat retention
- c. oxygen concentrations can layer
- d. the volume of the enclosure is very small

ANSWER: c

37. Hyperbaric oxygen therapy is the application of oxygen at:

- a. ambient pressure
- b. sub-ambient pressure
- c. greater than ambient pressure
- d. none of the above

ANSWER: c

38. Hyperbaric oxygen therapy:

- a. increases the PaO₂
- b. increases oxygen saturation (SaO₂)
- c. decreases elimination of carbon monoxide
- d. increases the size of dissolved gas bubbles

ANSWER: a

39. Hyperbaric oxygen therapy is approved for the treatment of:

- I. gas gangrene
 - II. radiation necrosis
 - III. carbon monoxide poisoning
 - IV. necrotizing soft tissue infections
- a. I
 - b. I and II
 - c. I, II, and III
 - d. I, II, III, and IV

ANSWER: d

40. The only absolute contraindication for hyperbaric therapy is:

- a. subcutaneous emphysema
- b. upper respiratory infections
- c. bullous emphysema
- d. untreated pneumothorax

ANSWER: d

41. When setting the flowmeter on a partial rebreathing mask, oxygen flow

- a. should be at least 10 L/min
- b. should be set at flush (maximum setting)
- c. should be adjusted to maintain the desired PaCO₂
- d. should be adjusted to keep the bag full

ANSWER: d

42. Helium/oxygen (heliox) mixtures are advantageous in treating obstructive lung disease (refractory asthma) because:

- a. the gas viscosity is lower
- b. higher oxygen concentrations are possible
- c. helium doesn't dissolve into the plasma

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d. the density of the gas is lower

ANSWER: d

43. When adjusting the flow during helium/oxygen (heliox) therapy, gas flow:

- a. should be at least 10 L/min
- b. should be set at flush (maximum setting)
- c. should be adjusted to maintain the desired PaCO₂
- d. should be adjusted to keep the bag full

ANSWER: d

44. A helium/oxygen (heliox) mixture of 80%/20% has a density compared with oxygen of:

- a. 1.8 times greater
- b. 1.6 times greater
- c. 1.8 times lower
- d. 1.6 times lower

ANSWER: c

45. A helium/oxygen (heliox) mixture of 70%/30 % has a density compared with oxygen of:

- a. 1.8 times greater
- b. 1.6 times greater
- c. 1.8 times lower
- d. 1.6 times lower

ANSWER: d

46. The physician wants a liter flow of 12 L/min of a 20%/80% helium/oxygen mixture. The only flowmeter you have is an oxygen flowmeter. What should you adjust the flowmeter to read?

- a. 22 L/min
- b. 19 L/min
- c. 7 L/min
- d. 8 L/min

ANSWER: c

47. The physician wants a liter flow of 12 L/min of a 30%/70% helium/oxygen mixture. The only flowmeter you have is an oxygen flowmeter. What should you adjust the flowmeter to read?

- a. 22 L/min
- b. 19 L/min
- c. 7 L/min
- d. 8 L/min

ANSWER: d

48. Helium/oxygen (heliox) therapy should be delivered using:

- a. a nasal cannula
- b. a simple oxygen mask
- c. a partial rebreathing mask
- d. a tight non-rebreathing mask

ANSWER: d

49. Which of the following is a common mixture for carbon dioxide/oxygen therapy?

- a. 5%/95%
- b. 20%/80%
- c. 30%/70%
- d. none of the above

ANSWER: a

50. Which of the following is a common mixture for helium/oxygen therapy?

- a. 7%/93%
- b. 20%/80%

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- c. 5%/95% d. none of the above

ANSWER: b

51. Which of the following are hazards of carbon dioxide/oxygen therapy?

- I. increased blood pressure
 - II. increased heart rate
 - III. increased respiratory rate
 - IV. increased depth of breathing
- a. I b. I and II
c. I, II, and III d. I, II, III, and IV

ANSWER: d

52. Carbon dioxide/oxygen therapy should be limited to:

- a. 1 to 5 minutes b. 5 to 15 minutes
c. 15 to 20 minutes d. 20 to 60 minutes

ANSWER: b

53. Nitric oxide (NO) therapy is approved for treatment of:

- a. pulmonary embolus b. pulmonary edema
c. pulmonary hypertension d. pulmonary infarction

ANSWER: c

54. The therapeutic range for inhaled nitric oxide is:

- a. 10 to 20% b. 2 to 80%
c. 2 to 80 parts per million d. less than 1 part per million

ANSWER: c

55. Inhaled nitric oxide is delivered via

- a. nasal cannula b. transtracheal catheter
c. non-rebreathing mask d. the I-NO vent

ANSWER: d

56. Nitric oxygen may combine with water to form

- I. nitrous oxide
 - II. nitrogen dioxide
 - III. nitric acid
 - IV. nitrate
- a. I and II b. II and III
c. I and III d. II and IV

ANSWER: b

57. How is oxygen percentage regulated in a heated humidified high flow nasal cannula?

- a. It is factor preset.
b. It is adjusted using air dilution (HAFOE).
c. It is adjusted by setting two flowmeters; one for air and the other for oxygen.
d. There are proportional solenoid valves that adjust the oxygen percentage.

Name: _____ Class: _____ Date: _____

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ANSWER: d