

1. The nurse is caring for a 2-week-old girl with a metabolic disorder. Which of the following activities would deviate from the characteristics of family-centered care?
 - A) Softening unpleasant information or prognoses
 - B) Evaluating and changing the nursing plan of care
 - C) Collaborating with the child and family as equals
 - D) Showing respect for the family's beliefs and wishes

2. The nurse is providing home care for a 6-year-old girl with multiple medical challenges. Which of the following activities would be considered the tertiary level of prevention?
 - A) Arranging for a physical therapy session
 - B) Teaching the parents to administer albuterol
 - C) Reminding the parents to give the full course of antibiotics
 - D) Giving the DTaP vaccination at proper intervals

3. The nurse is caring for a 4-year-old boy with Ewing's sarcoma who is scheduled for a CT scan tomorrow. Which of the following best reflects therapeutic communication?
 - A) Telling him he will get a shot when he wakes up tomorrow morning
 - B) Telling him how cool he looks in his baseball cap and pajamas
 - C) Using family-familiar words and soft words when possible
 - D) Describing what it is like to get a CT scan using words he understands

4. The nurse is educating the parents of a 7-year-old girl who has just been diagnosed with epilepsy. Which of the following teaching techniques would be most appropriate?
 - A) Assessing the parents' knowledge of anticonvulsant medications
 - B) Demonstrating proper seizure safety procedures
 - C) Discussing the surgical procedures for epilepsy
 - D) Giving the parents information in small amounts at a time

5. The nurse is making a home visit to a client who had a cesarean birth 3 days ago. Assessment reveals that she is complaining of intermittent pain, rating it as 8 on a scale of 1 to 10. She states, "I'm pretty tired. And with this pain, I haven't been drinking and eating like I should. The medication helps a bit but not much. My mom has been helping with the baby." Her incision is clean, dry, and intact. Which nursing diagnosis would the nurse identify as the priority for this client?
 - A) Impaired skin integrity related to cesarean birth incision
 - B) Fatigue related to effects of surgery and caretaking activities
 - C) Imbalanced nutrition, less than body requirements, related to poor fluid and food intake
 - D) Acute pain related to incision and cesarean birth

6. When caring for childbearing families from cultures different from one's own, which of the following must the nurse accomplish first?
 - A) Adapting to the practices of the family's culture
 - B) Determining similarities between both cultures
 - C) Assessing personal feelings about that culture
 - D) Learning as much as possible about that culture

7. After teaching a group of students about the changes in health care delivery and funding, which of the following, if identified by the group as a current trend seen in the maternal and child health care settings, would indicate that the teaching was successful?
 - A) Increase in ambulatory care
 - B) Decrease in family poverty level
 - C) Increase in hospitalization of children
 - D) Decrease in managed care

8. The nurse would recommend the use of which supplement as a primary prevention strategy to prevent neural tube defects in pregnant women?
 - A) Calcium
 - B) Folic acid
 - C) Vitamin C
 - D) Iron

9. Which action would the nurse include in a primary prevention program in the community to help reduce the incidence of HIV infection?
 - A) Provide treatment for clients who test positive for HIV.
 - B) Monitor viral load counts periodically.
 - C) Educate clients about how to practice safe sex.
 - D) Offer testing for clients who practice unsafe sex.

10. When assuming the role of discharge planner for a child requiring ventilator support at home, the nurse would do which of the following?
 - A) Confer with the school nurse or teacher.
 - B) Teach new self-care skills to the child.
 - C) Determine if there is a need for backup power.
 - D) Discuss coverage with the family's insurance company.

11. The parents of an 8-year-old with cancer are telling the nurse their problems and successes when caring for their child. In response, the nurse arranges for social services to meet with the parents to help them obtain financial assistance for the equipment and supplies. The nurse is acting in which role?
- A) Educator
 - B) Advocate
 - C) Case manager
 - D) Direct care provider
12. When explaining community-based nursing versus nursing in the acute care setting to a group of nursing students, the nurse describes the challenges associated with community-based nursing. Which of the following would the nurse include?
- A) Increased time available for education
 - B) Improved access to resources
 - C) Decision making in isolation
 - D) Greater environmental structure
13. When integrating the principles of family-centered care for a pregnant woman and her family, the nurse would integrate understanding of which of the following?
- A) Childbirth is viewed as a medical event.
 - B) Families are unable to make informed choices.
 - C) Childbirth results in changes in relationships.
 - D) Families require little information to make appropriate decisions.
14. A 3-year-old boy with encephalitis is scheduled for a lumbar puncture. Which of the following actions by the nurse would demonstrate atraumatic care?
- A) Applying an anesthetic cream before the lumbar puncture
 - B) Having his anxious mother stay in the waiting room
 - C) Explaining, using medical terms, what will happen
 - D) Starting the child's intravenous infusion in his room
15. The nurse is caring for a 14-year-old girl with multiple health problems. Which of the following activities would best reflect evidence-based practice by the nurse?
- A) Following blood pressure monitoring recommendations
 - B) Determining how often vital signs are monitored
 - C) Using hospital protocol for ordering diagnostic tests
 - D) Deciding on the medication dose

16. The nurse is providing care to an ill child and his family. Which of the following activities would deviate from the basic principles of case management?
- A) Collaborating with the family throughout the care path
 - B) Focusing on both the client's and the family's needs
 - C) Coordinating care provided by the interdisciplinary team
 - D) Ensuring quality care regardless of the cost
17. A nursing student is reviewing information about documenting client care and education in the medical record and the purposes that it serves. The student demonstrates a need for additional study when the student identifies which of the following as a reason for documentation?
- A) Serves as a communication tool for the interdisciplinary team
 - B) Demonstrates education the family has received if legal matters arise
 - C) Permits others access to allow refusal of medical insurance coverage
 - D) Verifies meeting client education standards set by the Joint Commission
18. A pregnant client tells her nurse that she is interested in arranging a home birth. After educating the client on the advantages and disadvantages, which statement would indicate that the client understood the information?
- A) "I like having the privacy, but it might be too expensive for me to set up in my home."
 - B) "I want to have more control, but I am concerned if an emergency would arise."
 - C) "It is the safest method for giving birth because there are no interferences."
 - D) "The midwife is trained to resolve any emergency, and she can bring any pain meds."
19. After teaching a group of students about the different levels of prevention, the instructor determines a need for additional teaching when the students identify which of the following as an activity at the tertiary prevention level in community-based health care?
- A) Teaching women to take folic acid supplements to prevent neural tube defects
 - B) Working with women who are victims of domestic violence
 - C) Working with clients at an HIV clinic to provide nutritional and CAM therapies
 - D) Teaching hypertensive clients to monitor blood pressure

20. A nursing instructor is describing trends in maternal and newborn health care and the rise in community-based care for childbearing women. The instructor addresses the length of stay for vaginal births during the past decade, citing that which of the following denotes the average stay?
- A) 24–48 hours or less
 - B) 72–96 hours or less
 - C) 48–72 hours or less
 - D) 96–120 hours or less
21. A nurse is educating a client about a care plan. Which of the following would the nurse use to assess the client's learning ability?
- A) “Did you graduate from high school; how many years of schooling did you have?”
 - B) “Do you have someone in your family who would understand this information?”
 - C) “Many people have trouble remembering information; is this a problem for you?”
 - D) “Would you prefer that the doctor give you more detailed medical information?”
22. A nurse is developing cultural competence. Which of the following indicates that the nurse is in the process of developing cultural knowledge? Select all that apply.
- A) Examining personal sociocultural heritage
 - B) Reviewing personal biases and prejudices
 - C) Seeking resources to further understanding of other cultures
 - D) Becoming familiar with other culturally diverse lifestyles
 - E) Performing a competent cultural assessment
 - F) Advocating for social justice to eliminate disparities
23. A nurse is considering a change in employment from the acute care setting to community-based nursing. The nurse is focusing her job search on ambulatory care settings. Which of the following would the nurse most likely find as a possible setting? Select all that apply.
- A) Urgent care center
 - B) Hospice care
 - C) Immunization clinic
 - D) Physician's office
 - E) Day surgery center
 - F) Nursing home

24. A nursing instructor is presenting a class for a group of students about community-based nursing interventions. The instructor determines that additional teaching is needed when the students identify which of the following as a role of the community-based nurse?
- A) Conducting childbirth education classes
 - B) Counseling a pregnant teen with anemia
 - C) Consulting with a parent of a child who is vomiting
 - D) Performing epidemiologic investigations
25. During class, a nursing student asks, "I read an article that was talking about integrative medicine. What is that?" Which response by the instructor would be most appropriate?
- A) "It refers to the use of complementary and alternative medicine in place of traditional therapies for a condition."
 - B) "It means that complementary and alternative medicine is used together with conventional therapies to reduce pain or discomfort."
 - C) "It means that mainstream medical therapies and complementary and alternative therapies are combined based on scientific evidence for being effective."
 - D) "It refers to situations in which a client and his or her family prefer to use an unproven method of treatment over a proven one."
26. While a nurse is obtaining a health history, the client tells the nurse that she practices aromatherapy. The nurse interprets this as which of the following?
- A) Use of essential oils to stimulate the sense of smell to balance the mind and body
 - B) Application of pressure to specific points to allow self-healing
 - C) Use of deep massage of areas on the foot or hand to rebalance body parts
 - D) Participation in chanting and praying to promote healing
27. A pregnant woman asks the nurse about giving birth in a birthing center. She says, "I'm thinking about using one but I'm not sure." Which of the following would the nurse need to integrate into the explanation about this birth setting? Select all that apply.
- A) An alternative for women who are uncomfortable with a home birth
 - B) The longer length of stay needed when compared to hospital births
 - C) Focus on supporting women through labor instead of managing labor
 - D) View of labor and birth as a normal process requiring no intervention
 - E) Care provided primarily by obstetricians with midwives as backup care

28. A nurse is preparing a teaching plan for a woman who is pregnant for the first time. Which of the following would the nurse incorporate into the teaching plan to foster the client's learning? Select all that apply.
- A) Teach "survival skills" first.
 - B) Use simple, nonmedical language.
 - C) Refrain from using a hands-on approach.
 - D) Avoid repeating information.
 - E) Use visual materials such as photos and videos.
29. A group of nurses is engaged in developing cultural competence. The students demonstrate achievement of this goal after developing which of the following?
- A) Cultural knowledge
 - B) Cultural skills
 - C) Cultural encounter
 - D) Cultural awareness
30. The nurse who is scheduled to work in a clinic in a Hispanic neighborhood takes time to research Hispanic cultural norms to better provide culturally competent care to people at work. This behavior is an example of which of the following cultural components?
- A) Cultural awareness
 - B) Cultural knowledge
 - C) Cultural skills
 - D) Cultural encounter

Answer Key

1. A
2. A
3. D
4. D
5. D
6. C
7. A
8. B
9. C
10. C
11. B
12. C
13. C
14. A
15. A
16. D
17. C
18. B
19. A
20. A
21. C
22. C, D
23. A, D, E
24. D
25. C
26. A
27. A, C, D
28. A, B, E
29. C
30. B