ATI MED-SURG 2022-2023 QUESTIONS AND CORRECT ANSWERS (VERIFIED ANSWERS)|AGRADE

Increased cardiac output NCORRECT	Infective endocarditis
Cardiac output is decreased in a dient who has heart failure related to mitral stends because the left ventricle is receiving insufficient blood volume to pump into the systemic distulation.	Infective endocarditis occurs when bacteria invades the endothelial surface of the heart, infective endocarditis is usually seen in clients who have prosthetic heart valves or pacemakers.
CORRECT My Answer	Pericarditts INCORRECT
Pulmonary congestion occurs due to right-sided heart failure. Because of the defect in the mitral valve the left atrial pressure rises the left atrium dilates, there is an increase in pulmonary artery pressure, and hypertrophy of the right ventricle occurs. In this case, dysprea is an indication of pulmonary congestion and right sided heart failure.	Pericarditis can occur 10 days to 2 months following a myocardial infarction. Pericarditis is an inflammation of the pericardial sac that surrounds the heart and is usually a result of infection, connective tissue disorders, or trauma.
Decreased left atris pressure NCORRECT	Ventricular dysrhjithmias CORRECT My Answer
As the mitral valve opening narrows, blood flow from the atria to the ventricle fails causing a back-up, and increased pressure. In the left atria,	After a myocardial infarction, the electrical conduction system of the heart can be irritable and prone to dysrhythmias, ischemic tissue caused by the infarction can also interfere with the normal conduction patterns of the heart's electrical system.
Decreased pulmonary artery pressure NCORRECT	Pulmonary emboli INCORRECT
Pulmonary artery pressure is increased as a result of back-up pressure from the narrowing, or stenosit, of the mitral valve that affects the flow of blood from the left atrum to the left ventrule.	Pulmonary emboli occur if the client develops heart failure following a myocardial infarction. Pulmonary emboli are found more commonly with valivilar disorders: strail fibrilistion, or from a deep-ven thromboss.
nurse is assessing a client who has pericarditis. Which of the following manifestations should the nurse expect?	A nurse is reviewing a client's repeat laboratory results 4 hr after administering fresh frozen plasma (FFP). Which of the following laboratory results should the nurse review?
Pradycardia with S-T segment depression	• • • • • • • • • • • • • • • • • • • •
NCORRECT	Prothrombin time
Pencardits is usually seen on an ECG as an S1-F spixing. This elevation represents ischemic changes caused by the inflammation around the heart. The client who has pericardits will have tachycardia because of decreased cardiac output and oxygen perfusion.	CORRECT My Answer The nurse should review the dient's prothrombin time after the administration of FFP, which is plasma rich in clotting factors. FFP is administered to treat acute clotting disorders. The desired effect is a decrease in the prothrombin time.
Relief of chest pain with deep inspiration NCORRECT	WBC count
Chest pain associated with pericarditis will increase with deep inspiration due to increased pressure on the pericardial sac.	INCORRECT
Dyspnea with hiccups	The nurse should review the clients WBC count if there is a possible infection.
CORRECT My Answer	Platelet count
The client who has performed with the experience dyspnea, hiccupic and a nonproductive cough. These manifestations can indicate heart failure from percardial compression due to constructive pericardits or cardiac tamponade.	INCORRECT The nurse should review the client's platelet count following administration of platelets.
Chest pain that increases when sitting upright NCORRECT	Hematocrit
Chest discomfort associated with pericardets will decrease when the client sits upright or leans forward, as this releves pressure in the pericardial sac.	INCORRECT The nurse should review the client's hematocrit following the administration of packed red blood cells.
nurse is assessing a client who has right-sided heart failure. Which of the following findings should the nurse expect?	•
Decreased capillary refill occurs in clients who have decreased cardiac output resulting from left-sided heart failure.	
Dyspnea NCORRECT	_
When the left side of the heart fails, blood return from the lungs via the pulmonary vein is slowed, causing fluid buildup in the lungs that results in shortness of Dreath.	
Orthopnea NCORRECT	A nurse is preparing to transfuse 250 mL of packed red blood cells (RBCs) to a client over 4 hr. Available is a blood
Dizziness occurs in clients who have decreased cardiac output resulting from left-sided heart failure.	A nurse is preparing to transfuse 250 mL of packed red blood cells (ktuS) to a client over 4 nr. Avalable is a blood administration set that delivers 10 gtt/mL. The nurse should set the manual blood transfusion to deliver how many gti (Round the answer to the nearest whole number. Use a leading zero if it applies. Do not use a trailing zero.)
Dependent edema	
CORRECT My Answer	

A nurse is providing teaching about lifestyle changes to a client who had a myocardial infarction and has a new prescription A nurse is caring for a client who has a demand pacemaker inserted with the rate set at 72/min. Which of the following for a beta blocker. Which of the following client statements indicates an understanding of the teaching? findings should the nurse expect? I should eat foods high in saturated fat." Telemetry monitoring shows QRS complexes occurring at a rate of 74/min with no paring spikes. INCORRECT The nume should not expect pacer spikes when the client's pulse is greater than the set rate of 72/min, because the client's intrinsic rate overrides the set rate of the pacemaker. The client should consume foods low in saturated fat to decrease further atherosclerotic plaque development in her arteries. "Before taking my medication. I will count my radial pulse rate." CORRECT My Answer INCORRECT The nurse should report when the client is displaying frequent premature ventricular complexes because this is a complication that can indicate a lead wire is displaced in the ventricle. A beta blocker will induce bradycardia. The client should take her pulse rate for 1 min before self-administration. ing shows pacing spikes with no ORS complexes INCORRECT INCORRECT The client should exercise at least three to five times per week for a minimum of 30 min each. The nuise should report when the client has pacer spikes without QRS complexes because this complication can indicate noncapture of the pacemaker "I will stop taking my medication when my blood pressure is within a normal range." The client is experiencing hiccups. INCORRECT INCORRECT The client should not discontinue the prescribed medication because adherence to a medical regimen when taking medication will help to prevent complications following a myocardial infarction. The nurse should report when the dient experiences hiccups because this complication can indicate a lead wire is displaced and is stimulating the displacage. A nurse is caring for a client who had a myocardial infarction 5 days ago. The client has a sudden onset of shortness of breath and begins coughing frothy, pink sputum. The nurse auscultates loud, bubbly sounds on inspiration. Which of the following adventitious breath sounds should the nurse document? A nurse is caring for a client who is postoperative following vein ligation and stripping for varicose veins. Which of the following actions should the nurse take? O Coarse crackles Position the client supine with his legs elevated when in bed. CORRECT My Answer A client who had a recent myocardial infarction is at risk for left-sided heart failure. Crackles are breach sounds caused by movement of air through alwaps partially or intermittently occluded with fluid and are associated with heart failure and frothy sputum. Cracking sounds are heard at the root of imprintion and are not cleared by coupling. The nurse should elevate the client's legs above his heart to promote venous return by gravity. During discharge teaching, the nurse should reinforce the importance of periodic positioning of the legs above the heart. Encourage the client to ambulate for 15 min every hour while awake for the first 24 hr. INCORRECT INCORRECT The client who has wheezes will manifest a high-pitched musical squeak on inspiration or expiration through a narrow or obstructed The nurse should encourage the client to ambulate 5 to 10 min every hour while awake to prevent venous stasis. () Rhonchi Tell the client to sit with his legs dependent after ambulating. INCORRECT INCORRECT The nurse should discourage the client from sitting or standing for any duration to prevent venous stasis. Feet should be elevated above the heart to prevent venous stasis. The client who has rhonchi will manifest coarse, loud, low-pitched sounds during inspiration or expiration. Coughing often clears the airway and stops the sound. Instruct the client to wear knee-length socks for 2 weeks after surgery. INCORRECT INCORRECT The client who has a friction rub will manifest loud, dry, rubbing or grating sounds over the lower lateral anterior chest surface during inspiration or expiration. The nurse should instruct the client to wear graduated compression stockings for up to 1 week after surgery to promote venous return.

A nurse in a clinic is assessing the lower extremities and ankles of a client who has a history of peripheral arterial disease. Which of the following findings should the nurse expect?

nurse is reviewing laboratory values for an adult client who has sickle cell anemia and a history of receiving blood ransfusions. For which of the following complications should the nurse monitor?	• • • • • • • • • • • • • • • • • • •
	, INCORRECT
Hypokalemia INCORRECT	The client who has venous insufficiency can display pitting edema because the valves of the veins are damaged from venous hypertension from sitting or standing in place for too long. This also can be a manifestation of congestive heart failure due to coronary artery disease.
The client who has received several blood transfusions is at risk for hyperkalemia. Stored blood releases increased amounts of potassium due to red blood cell hemolysis.	Areas of reddish-brown pigmentation INCORRECT
Lead poisoning: NCORRECT	The client who has venous insufficiency can display areas of reddish-brown pigmentation because the valves of the veins are damaged from venous hypertension from sitting or standing in place for too long.
The client who has received numerous blood transfusions is not at risk for lead poisoning because lead is not found in blood.	 Dry. pale skin with minimal body hair
	CORRECT My Answer
Hypercalcentia INCORRECT	A client who has peripheral arterial disease can display dry, scaly, pale, or mottled skin with minimal body hair because of narrowing of the
The client who has received several blood transfusions is at risk for hypocalcemia. The citrate in the transfused blood bonds with calcium, causing calcium to be excreted,	arteries in the legs and feet. This causes a decrease in blood flow to the distal extremities, which can lead to tissue damage. Common manifestations are intermittent claudication (leg pain with exercise), cold or numb feet at rest. loss of hair on the lower legs, and weakenee pulses.
Tron tusidity	Sunburned appearance with desquamation INCORRECT
CORRECT My Answer	Desquamation, which is the loss of bits of outer skin by peeling or shedding, is associated with sunburn, Kawasaki's disease, and various
The client who has received several blood transfusions is at risk for development of hemosiderosis, which is excess storage of iron in the body. The excessive iron can come from overuse of supplements or from receiving frequent blood transfusions, as in sickle cell anemia.	ather skin lesions.
Instruct the client on a long term cardiac conditioning program. INCORRECT	Ornega-3 fatty acids
The nurse should provide teaching about cardiac rehabilitation prior to the client's discharge from the hospital	Fish oil contains omega-3 fatty acids, which can help lower the risk of cardiovascular disease and stroke by decreasing triglyceride levels.
Administer scheduled doses of acetaminophen. INCORRECT	Antioxidants INCORRECT
The nurse should plan to administer scheduled doors of appin postproceture. This maintains the patency of the client's coronary arteries following the PICA by preventing platelat aggregation and thrombus formation around the newly placed stent.	Antioxidants are substances that occur naturally in many fruits and vegetables, as well as in nuts, grains, and even some meat poultry, and fish. Beta-carotene, vitamins A, C, E, and selenium are some of the most commonly known antioxidants. Studies their suggested that antioxidants can slow or even prevent the development of cancer however, they are not found in fish oil.
Check for peak laboratory markers of myocardial damage. INCORRECT	Vitamins A. D. and C
The nurse should monitor for peak laboratory markers of myocardial damage following a myocardial infarcation and reperfusion with thrombolyes therapy.	INCORRECT Vitamins A, D, and C are not substances found in fish oil.
Monitor for Elevening	Beta-carotene
Reseting is a post-procedure complication of PTCA because of the administration of heparin during the procedure and the removal of the femoral (or brachue) sheath. Nanual pressue or a closure device is used to obtain hemostasis to the site. The client remains on bed rest	INCORRECT Beta-carotene is the precursor to vitamin A. Beta-carotene functions as a fat-soluble antioxidant, which can help protect the body from
remoral (or or actival) sheath, warnal pressure or a closure bevice is used to obtain nemotisatis to the are. The overthremains on sep rest until hemostasis to assured,	elet-carotene is the precursor to vitamin A, beta-carotene functions as a rat-soluble antioxidant, which can help protect the body from deleterious free-radical reactions. It is not found in fish oil.
nurse is transfusing a unit of B-positive fresh frozen plasma to a client whose blood type is O-negative. Which of the Ilowing actions should the nurse take?	A nurse is completing an assessment for a client who has a history of unstable angina. Which of the following findings should the nurse expect?
	Chest pain is relieved soon after results.
Continue to monitor for manifestations of a transfusion reaction.	INCORRECT
INCORRECT ABC compatibility is required for the transfusion of frish frozen plasma. A client whose blood type is O can only receive type O plasma.	The client who has unstable anging will have check pain even while resting because of insufficient blood flow to the coronary arteries and decreased oxygen supply. Check pain at rest is a condition called variant (Pintzmetals) anging, caused by an artery spasm,
8 Remove the unit of plasma immediately and start an IV infusion of normal saline solution.	Nitrogiveerin relieves chest pain.
CORRECT My Answer	INCORRECT The client who has unstable angina will have minimal. If any relief of chest pain from nitroelycerin. This is due to the reduced blood flow in
A client who receives FFP that is not compatible can experience a hemolytic transfusion reaction. The nurse should stop the transfusion and infuse 0.949 Sodium chloride solution with new tubing.	a coronary artery due to atherosclerotic plaque and thrombus formation causing partial arterial obstruction.
Continue the transfusion and repeat the type and crossmatch. NCORRECT Image: Continue the transfusion and repeat the type and crossmatch. Image: Continue the transfusion and repeat the type and crossmatch.	Physical exertion does not precipitate chest pain. INCORRECT
The nurse should not continue intusing plasma that is not compatible with the client. There is no indication that a repeat type and crossmatch of the client's blood is necessary.	The client who has unstable angins will report chest pain or discomfort with exertion, which can limit the client's activity. This is due to the reduced blood flow in a coronary artery due to atherosclerotic plaque and thromous formation causing partial arterial obstruction.
Prepare to administer a dose of diphenhydramine IV.	Chest pain tasts lenger than 15 min.
The nurse should administer diphenhydramine IV only if the client manifests an allergic transfusion reaction.	The client who has unstable angina will have chest pain lasting longer than 15 min. This is due to the reduced blood flow in a coronary artery due to atherosclerotic plaque and thrombus formation causing partial arterial obstruction, or from an artery sparm.

A nurse is caring for a client who is in hypovolemic shock. While waiting for a unit of blood, the nurse should administer which A nurse is caring for a client who has hemophilia. The client reports pain and swelling in a joint following an injury. Which of the following actions should the nurse take?

INCORRECT

The solution 0.45% sodium chloride is a hypotonic solution and should not be used for fluid replacement. This solution can cause lysis of red blood cells because it has fewer solutes than the cell, and osmotic pressure pulls the fluid into the few cells remaining.

INCORRECT

The solution of dextrose 5% in 0,0% sodium chloride is a hypertonic solution and should not be used for fluid replacement. This solu will diffuse into the cells of the tosue, having no effect on circulating tokume. When the fluid surrounding the cells is hypertonic or ha more solutes than the cells, os notic pressure pulls the fluid from the cells.

INCORRECT

The solution of destrose 10% in water is a hypertonic solution and should not be used for fluid replacement. This solution will diffuse into the cells of the situe, having no effect on circulating volume. When the fluid surrounding the cells is hypertonic or has more solutes than the cells control (presure pull the fluid from the cells).

(D) 0.9% sectium chiloride

↓ CORRECT My Answer

Solutions of 0.9% sodium chloride, as well as Lactated Ringer's solution, are used for fluid volume replacement. Sodium chloride crystalloid, is a physiologic record solution that replaces lost volume in the blood stream and is the only solution to use when blood products.

Obtain blood samples to test platelet function. INCORRECT

Coagulation tests that measure platelet function, such as bleeding time, are used to diagnose, not treat, hemophilia.

Prepare for replacement of the missing clotting factor.

CORRECT My Answer

Hemophilia is a hereditary bleeding disorder in which blood clots slowly and abnormal bleeding occurs. It is caused by a deficiency in the most common dotting factor, factor VIII (hemophilia A), aggressive factor replacement is initiated to prevent hemarthrosis that can result in long-term loss of range of motion in repeatedly affected joints.

INCORRECT

Medications that interfere with clotting function, such as aspirin, NSAIDS, and some herbal supplements, should be avoided.

Place the bleeding joint in the dependent position.

INCORRECT

The affected joint should be elevated to allow the blood to drain away from the joint.

nurse is assessing a client who has late-stage heart failure and is experiencing fluid volume overload. Which of the following findings should the nurse expect?

A nurse is assessing a client who has fluid volume overload from a cardiovascular disorder. Which of the following manifestations should the nurse expect? (Select all that apply.)

- Jugular vein distension
- Moist-crackles
- Postural hypotension
- M Increased heart rate

Fever

CORRECT My Answer

Jugular voin distension is correct. The increase in venous pressure due to excessive circulating blood volume results in neck vein distension. Moist crackles is correct. This is an indicator of pulmonary edema that can quickly lead to death.

ural hypotension is incorrect. Fluid volume excess, or hypervolemia, is an expansion of fluid volume in the extracellular fli artment. This results in hypertension and tachycardia.

A nurse is assessing a client for manifestations of aplastic anemia. Which of the following findings should the nurse expect?

Increased heart rate is correct. Fluid volume excess, or hy This results in increased heart rate and bounding pulses. lemia, is an expansion of fiuld volume in the extra

Fever is incorrect. Fever is common in clients who are experiencing dehydration, not fluid volume excess.

Meight gain 1 kg (2.2 lb) in 1 day CORRECT My Answer

A weight gain of 1 kg (2,2 lb) in 1 day alerts the nurse that the client is retaining fluid and is at risk of fluid volume overload. This is an indication that the client's heart failure is worsening.

INCORRECT

Pitting edema, a visible finger indertation after application of pressure, alerts the nurse that the client has retained fluid and demonstrates that there is fluid in the client's tosues. Nuting edema is rated on a scale of hild (+1) to sever (+3). Potting edema of +3 is an indication that the client has devolved fluid volume overload and the heart failure all workening.

INCORRECT

The client who is in the early stages of heart failure might report a cough that is irritating, occurs at night, and is nonproductive.

INCORRECT

BNP levels increase as the result of the ventricular hypertrophy that occurs in heart failure. A BNP level above 100 pg/mL is indicative of heart failure. Levels continue to increase with the severity of the heart failure.

A nurse is providing teaching to a client who has anemia and a new prescription for epoetin alfa. Which of the following information should the nurse include in the teaching?

Plethoric app INCORRECT INCORRECT The nurse should teach the client that epoetin alfa can be self-administered at home. The client who has polycythemia vera will have a plethonic (dark, flushed) manifestation of the facial skin and mucous membranes. The maximum effect of the medication will occur in 6 m Glossitis and weight loss INCORRECT INCORRECT The nurse should teach that the maximum effect of epoetin alfa will occur in 2 to 3 months. The client who has permicious anemia will have manifestation of glossitis (smooth, beely red tongue) and weight loss Hypertension is a common adverse effect of this medication. Jaundice with an enlarged liver CORRECT My Answer INCORRECT The nurse should teach that a common adverse effect of epoetin alfa is hypertension because of the rise in the production of erythrocytes and other blood cell types. Epoetin alfa is a synchroix version of human enythroconters. Epoetin alfa in used to treat anemia associated with kohey disease or medicator threasy. In increases and manintum thre effection cell libro cell libra. The client who has sickle cell anemia will have manifestations of jaundice with an enlarged liver and spleen. Petechiae and ecchymosis CORRECT My Answer Blood transfusions are needed with each treatment. INCORRECT The client who has aplastic anemia will nave manifestations of patientiae and acotymosis. Dyspnea on evertion also can be present in apaastic namital, all three major blood components (red blood cells, white blood cells, and platelets) are reduced or absent, which is know as pancytopena's Manifestation's usable veryed gravalually. The nurse should teach that epoetin alfa is administered to decrease the need for periodic blood transfusions.

A nurse is assessing for cardiac tamponade on a client who had coronary artery bypass grafts. Which of the following actions should the nurse take?

A nurse is caring for a client who has an abdominal aortic aneurysm and is scheduled for surgery. The client's vital signs are blood pressure 160/98 mm Hg, heart rate 102/min, respirations 22/min, and 5pO2 95%. Which of the following actions should the nurse take?

Administer anthypertensive media CORRECT My Answer

The nurse should administer antihypertensive medication for the elevated blood pressure because hypertension can cause a sudden rupture of the aneurysm due to pressure on the arterial wall.

Monitor that similary output

INCORRECT

The nurse should monitor that the clent has adequate kidney profusion determined by urinary output of at least 30 mU/hr. Olguna can indicate a rupture of the aneuryam.

Withhold pain medication to prepare for surgery. INCORRECT

The nume should administer pain medication because pain occurs due to pressure from the aneurysm on the lumbar cause hypertension.

Take vital signs every 2 hr.

INCORRECT

The nurse should take the client's vital signs at least every 15 min in order to monitor for a sudden drop in blood pressure, which can indicate a rupture of the aneurysm.

INCORRECT

The client who has cardiac tamponade will have hypotension because of the sudden decrease in cardiac output from the fluid compressing the atria and ventricles.

Auscultate for loud, bounding heart sounds.

INCORRECT
The client who has cardiac tamponade will have muffled heart sounds on auscultation due to the fluid compressing the atria and ventricles.

Auscultate blood pressure for pulsus paradoxus.

CORRECT My Answer

The client who has cardiac tamponade will have pulsus paradoxus when the systolic blood pressure is at least 10 mm Hg higher on expiration than on inspiration. This occurs because of the sudden decrease in cardiac output from the fluid compressing the atria and ventricles.

Check for a pulse deficit.

rves. Pain can also

INCORRECT

INCORRECT

Stop the infusion of blood.

The nurse will not detect cardiac tamponade by checking for a pulse deficit. This is performed by checking the apical and radial pulses simultaneously to determine if the rate is the same. If the rate is different, the findings indicate a cardiac dysrhythmia.

A nurse is administering a unit of packed red blood cells (RBCs) to a client who is postoperative. The client reports itching and has hives 30 min after the infusion begins. Which of the following actions should the nurse take first?

Maintaining IV access by initiating an infusion of 0.9% sodium chloride solution using a new IV administration set is important. However, there is another action that is the nurse's priority.

A nurse is caring for a client who has heart failure and whose telemetry reading displays a flattening of the T wave. Which of the following laboratory results should the nurse anticipate as the cause of this ECG change?

Potassium 2.8 mEq/L

A flattened T wave or the development of U waves is indicative of a low potassium level.

Digoxin level 0.7 ng/mL

INCORRECT

The client has a digoxin level within the therapeutic range of 0.5 to 0.8 ng/mL. Atrioventricular block, ventricular fibrillation, and ventricular tachycardia are a few of the dysrhythmias occurring with toxic digoxin levels.

Hemnelohin 9.8 e/rtl

INCORRECT

The client who has low hemoglobin will manifest tachycardia on the ECG rhythm because of the compensatory mechanism that provides oxygen to vital organs. The ECG pattern anticipated with low hemoglobin is tachycardia.

Calcium 8.0 mg

INCORRECT

The client who has hypocalcemia can have a prolonged 5-T interval and a prolonged Q-T interval, but not a flattened T wave.

CORRECT My Answer
The nurse should apply the urgent vs. nonurgent priority-setting framework. Using this framework, the nurse should consider urgent needs, the priority because they pose more of a threat to the client. The nurse might also need to use Maslow's hierarchy of needs, the ABC priority-setting framework, or nursing knowledge to identify which finding is the most urgent. The nurse should stop the infusion of blood because the client has manifestations of an allergic reaction.

Send the blood container and tubing to the

INCORRECT

The nurse should send the blood container and tubing to the blood bank for a repeat typing and culture. However, there is another action that is the nurse's priority.

Obtain a urine sample

INCORRECT

The nurse should obtain a urine sample from the client to determine if hemoglobin is in the urine. However, there is another action that is the nurse's priority.

ing a client who has an abdominal aortic aneurysm. Which of the following manifestations should the nurse
chest pain
chest pain
id assess for mid or lower abdominal pain to the left of the midline because of the enlarged artery mass,
Id auscultate for a bruit heard over the location of the mass.
main lower extremities
s a manifestation of neart failure. This is not an assessment the nurse should find with an abdominal aortic aneurysm.
discomfort
ICT (My.Answer
tc aneurysm involves a widening, stretching, or ballooning of the aorta. Back and abdominal pain indicate that the tending downward and pressing on lumbar spinal nerve roots, causing pain.
T a i a i