

Ati Mental Health B

1. A nurse is caring for a school-aged child who has conduct disorder and is being physically aggressive toward other children in the unit. Which of the following actions should the nurse take first?

- a) **Place the child in seclusion**
- b) Use therapeutic hold technique
- c) Apply wrist restraints
- d) Administer risperidone

2. A nurse is creating a plan of care for a client who has major depressive disorder. Which of the following interventions should the nurse include in the plan?

- a) Discourage client from expressing feelings of anger
- b) Identify and schedule alternative group activities for the client
- c) **Encourage physical activity for the client during the day**
- d) Keep a bright light on in the client's room at night

3. A nurse is caring for a client who has posttraumatic stress disorder related to military service. Which of the following actions should the nurse take?

- a) Encourage the client to suppress feelings of trauma
- b) **Assign the same staff to care for the client each day**
- c) Address the client in an authoritative manner
- d) Limit the amount of time spent with the client

4. A nurse is providing teaching for school age child and his parents regarding a new prescription for risperidone. Which of the following statements by the parent indicates an understanding of the teaching?

- a) I will provide a low sodium diet for my son
- b) I will make sure my son takes the last dose of the day by 4 PM
- c) I should expect my son to develop hand tremors**
- d) I should contact my doctor if my son urinates excessively

5. A nurse is caring for a client who has a lithium level of 0.8 mEq L. Which of the following actions should the nurse take?

- a) Withhold the next doses of lithium
- b) Repeat the lithium level test
- c) Administer the next doses of lithium**
- d) Recommended a low sodium diet

6. A nurse in a community mental health clinic is caring for a group of clients. The nurse should encourage participation in cognitive behavioral family therapy in response to which of the following client statements.

- a) I want to learn how to change the way I react to problems within my family
- b) I want to understand why my past experiences are affecting my family relationships
- c) I want to improve my family's understanding of each other's boundaries
- d) I want each of my family members to be more aware of each other's feelings**

7. A nurse is reviewing laboratory values for a client who has bipolar disorder and a prescription for lithium. The nurse should identify that which of the following laboratory results places the client at risk for lithium toxicity?

- a) Calcium 9.0 mg dL
- b) Sodium 130 mEq L**
- c) Chloride 98 mEq L
- d) Potassium 5.0 mEq L

8. A nurse is providing teaching to the caregiver of an older adult client who has Alzheimer's disease and is being cared for at home. The client wanders at night and has a history of previous falls. Which of the following instructions should the nurse include? (Select all that apply) in the teaching

- a) Position the mattress on the floor
- b) Install sensor devices on outside doors
- c) Encourage physical activity prior to bedtime
- d) Put locks at top of doors
- e) Place the client in a reclining chair

9. A nurse is assisting with obtaining informed consent from a client who has been declared legally incompetent. Which of the following actions should the nurse take?

- a) Contact the facility social worker to obtain the consent
- b) Explain implied consent to the client's family
- c) Request that the client's Guardian sign the consent
- d) Ask the charge nurse to obtain an informed consent

10. A nurse is giving a presentation about intimate partner abuse for a community group. Which of the following statements by a group member indicates understanding of the teaching?

- a) Survivors of abuse often feel guilty
- b) Abusers often have high self-esteem
- c) The honeymoon stage of violence usually gets longer over time
- d) As abuse continues, victims become more determined to be independent

11. A nurse is planning care for a client who has experienced intimate partner abuse. The nurse should identify which of the following outcomes as the priority?

- a) The client joins a support group
- b) The client identifies techniques to reduce her stress
- c) The client develops a safety plan
- d) The client identifies support systems