

# COMPREHENSIVE ATI MEDICAL SURGICAL EXIT EXAM

## 2023-2024

A nurse is reinforcing teaching about dietary measures with a client who is at risk for developing osteoporosis. Which of the following food choices should the nurse recommend to increase the client's calcium level?

**One cup of cooked spinach contains 245mg of calcium. Most vegetables contain considerably less calcium, except for kale, collard greens with stems, and turnip greens, which are also good sources of calcium**

A nurse is collecting data from a client who has anemia and a hemoglobin level of 7.2 g/dL. Which of the following findings should the nurse expect?

**Brittle Fingernails**

A nurse is collecting data from a client who has acute gastroenteritis. Which of the following data collection findings should the nurse identify as the priority?

**Potassium 2.5 mEq/L**

A nurse is caring for a client who is receiving total parenteral nutrition (TPN) the nurse should monitor the client for which of the following conditions as a complication of TPN?

**POLYURIA**

A nurse is reinforcing teaching with a client about the oliguric phase of acute kidney injury. Which of the following information should the nurse include in the teaching?

**the client's urine output is less than 400 mL per 24 hrs**

A nurse is reviewing a provider's admission orders for a client who has acute heart failure. For which of the following prescriptions should the nurse obtain clarifications?

**Ambulate three times daily**

A nurse provides teaching to a client who is being fitted for a prosthetic leg. Which of the following statements indicate to the nurse a need for further instruction?

**I'll learn to balance well on one leg, so I don't have to use crutches**

A nurse is planning client care for the shift. Which of the following tasks should the nurse delegate to assistive personnel (AP)

### **Measuring a client's intake and output**

A nurse is assessing an older adult client who has a urinary tract infection (UTI). Which of the following findings should the nurse identify as unique for this age group?

### **Confusion**

A client who is 7 days postpartum calls the provider's office and reports pain, swelling, and redness of her left calf. Besides the client seeing the provider, which of the following interventions should the nurse suggest?

### **Elevate the leg**

A nurse is shopping and finds a woman who has collapsed with right-sided weakness and slurred speech. Which of the following actions should the nurse take?

### **Call emergency medical services**

A nurse is collecting data on a client who has acute pancreatitis. Which of the following factors should the nurse anticipate in the client's history?

### **Gallstones**

A nurse is reinforcing teaching with a client who has a urinary tract infection (UTI) which of the following risk factors should the nurse include in the teaching?

### **Diabetes mellitus**

A nurse is collecting data from a female client who has a cystocele. Which of the following findings should the nurse expect?

### **Difficulty Voiding**

A nurse is reinforcing teaching with a young adult client who has a family history of osteoporosis which of the following health promotion activities should the nurse recommend?

### **Engaging in weight-bearing exercise regularly**

A nurse is checking a client's abdominal incision several hours following surgery and realizes that it is eviscerating. Which of the following actions should the nurse take?

### **Apply a sterile normal saline dressing to the wound**

A nurse is reviewing data for a client who has disseminated intravascular coagulation (DIC). Which of the following findings should the nurse expect?

**Excessive thrombosis and bleeding**

A nurse is admitting a client who is having an exacerbation of asthma. When reviewing the provider's orders, the nurse recognizes that clarification is needed for which of the following prescribed medications?

**Propranolol**

A nurse is caring for a older adult client who has left-sided heart failure. Which of the following findings should the nurse expect?

**Frothy sputum**

A nurse is assisting with the plan of care for a client who has leukemia and whose platelet count is 50,000 mm<sup>3</sup>. Which of the following interventions should the nurse include in the plan of care?

**Administer a stool softener**

A nurse is reinforcing teaching with a client about how to use a patient-controlled analgesia (PCA) pump. Which of the following statements should the nurse include in the teaching?

**Use the pain scale to determine if you should push the medication self-administration button**

A nurse is reinforcing teaching with a newly licensed nurse about the manifestations of hypoxia. Which of the following findings should the nurse include in the teaching?

**Agitation**

A nurse is collecting data from a client who has meningitis. When passively flexing the client's neck, the nurse notes an involuntary flexion of both legs. Which of the following conditions is the client displaying?

**Brudzinski sign**

A nurse is preparing a client who has hypotension for gastric lavage using a large-bore nasogastric (NG) tube. In which of the following positions should the nurse place the client?

**Left lateral**

A nurse is caring for a client who is postoperative following a colon resection. For which of the following findings should the nurse monitor to identify a pulmonary embolus?

**Sudden shortness of breath**

A nurse is reinforcing teaching about the manifestations of hyperglycemia with a client who has diabetes mellitus. Which of the following statements by the client indicates an understanding of the teaching?

**I will be more thirsty than usual**

A nurse at a community center is assisting with a presentation about sun protection to a group of residents. Which of the following responses by the residents indicates an understanding of the teaching?

**I should apply a sunscreen with an SPF of 30**

A nurse is reinforcing infection control practices for hand hygiene with a group of unit nurses. Which of the following information should the nurse reinforce in the teaching?

**Change gloves between tasks on the same client**

A nurse is discussing the nurse's role in obtaining informed consent with a group of coworkers. Which of the following statements should the nurse include?

**The nurse should sign the form as confirmation that a client appears competent**

A nurse is assigned a group of postoperative clients. Which of the following client findings should the nurse identify as the priority?

**SaO<sub>2</sub> 88%**

A nurse is reinforcing teaching about self-care techniques with a client who has rheumatoid arthritis. Which of the following strategies should the nurse include to illustrate the concept of joint protection?

**Turn doorknobs in a counterclockwise motion to open them**

A nurse is reviewing data for a client who has chronic kidney disease. Which of the following data should the nurse identify as the best indicator of fluid volume status?

**Daily weight**

A nurse is monitoring a client who has dehydration and is receiving iv fluid replacement. Which of the following findings should the nurse identify as effectiveness of the treatment?

### **Urine output 200 mL/4hr**

A nurse is reviewing the plan of care for a client who has cellulitis of the leg which of the following interventions should the nurse recommend?

### **Wash daily with an antibacterial soap**

A nurse is collecting data from a client who has a score of 8 using the Glasgow coma scale. Which of the following findings should the nurse expect?

### **The client requires total nursing care**

A nurse is planning care for a client who has a deep-vein thrombosis (DVT) in the right leg. Which of the following interventions should be included in the plan of care?

### **Apply compression stockings**

A home health nurse is planning care for a client who has COPD which of the following interventions should the nurse include in the plan of care?

### **Advise the client to keep snacks handy**

A nurse is reinforcing teaching with a client who is having difficulty using an incentive spirometer. Which of the following instructions should the nurse include in the teaching?

### **Start slowly and increase volume over several sessions**

A nurse is reinforcing dietary teaching with a client who has iron deficiency anemia. Which of the following foods should the nurse recommend?

### **Cooked oatmeal**

A nurse is reinforcing teaching with a client who has gastroesophageal reflux disease (GERD) which of the following statements should the nurse include in the teaching?

### **Avoid wearing constricting clothing**

A nurse is reinforcing teaching with a client who has a new diagnosis of systemic lupus erythematosus (SLE). Which of the following information should the nurse include in the teaching?

### **SLE affects the connective tissue of the body**