

## **VERSION 10**

### **ATI RN COMMUNITY HEALTH PROCTORED: FOCUS STUDY GUIDE**

#### **Care of specific populations**

- Planning care for a pt who has antisocial personality disorder
  - Antisocial personality disorder, borderline, histrionic, and narcissistic are part of cluster B
  - and is characterized by disregard of others with exploitations, repeat unlawful actions, deceit, and failure to accept personality responsibility. They have impulsive behavior, lack of remorse and

fail to empathize, they get easily agitated and aggressive or controlling

- Nurse needs to set limits with clients who have maladaptive behavior
- Behavioral therapy through Operant conditioning would change the client behavior to refrain from manipulating others to earn dining room privileges

- **Prior Action for a client who is homeless**

- Refer those who have underlying mental health disorders to therapy and counseling
- Enhance parenting skills that can prevent young people from feeling the need to run away
- Alleviate the existing homeless by making referrals for financial assistance, food supplements, and health services
- Assist homeless clients in locating temporary shelter, and finding ways to meet long-term shelter
- If homeless shelters are not provided in the community work with government officials to develop shelter programs
- To prevent reoccurrence of poverty, homeless and health problems advocate and provide effort toward political activity to provide needed services for people who have mental health disorders and are homeless
- Make referrals for employee assistance and educational programs to allow clients who are homeless to eliminate the factors contributing to their homelessness
- Families with children are the fastest-growing segment of the homeless population

- **Identifying risk factors for child abuse**

- Unexplained injury
- Unusual fear of the nurse and others
- Injuries or wound not mentioned in history
- Fractures, including older healed fractures
- Presence of injuries in various stages of healing
- Subdural hematomas, trauma to genitalia
- Malnourishment or dehydration
- General poor hygiene or inappropriate dress for weather conditions

- Parents consider the child a bad kid.
- **Teaching about alcohol withdrawal**
  - Irritability
  - Tremors
  - Nausea and vomit
  - Headache
  - Diaphoresis(sweating)
  - Anxiety
  - Sleep disturbances
  - Tachycardia
  - Elevated BP
  - Medication for alcohol withdrawal: benzodiazepines
  - Is important to assess last drink to accurately assess for signs of withdrawal

## **communicable diseases, disasters and bioterrorism**

- **Priority action for infectious diarrhea**
- **Reporting infectious prenatal conditions**
  - HIV; is transmitted from mother to neonate prenatally through the placenta and postnatal through breast milk
  - HIV: laboratory testing recommended in the 3rd trimester for patients who are at increased risk, ask for informed consent, test begins with antibody screening test such as enzyme immunoassay, confirmation of positive results if confirmed by western blot test or immunofluorescence assay.
  - HIV: procedures such as amniocentesis and episiotomy, use of internal fetal monitors, vacuum extraction, and forceps during labor should be avoided due to risk of maternal blood exposure
  - Baby should be first bath before giving him injections or blood testing
  - Nursing care; provide counseling prior and after testing, use standard precautions, encourage vaccination against hepatitis b, pneumococcal infection, haemophilus influenza type b and viral influenza.

- HIV med: Retrovir should be administered at 14 weeks of gestation, throughout the pregnancy and before the onset of labor or cesarean birth and is administered to baby at delivery and for 6 weeks following birth
- TORCH- acronym for group of infections that can negatively affect a woman who is pregnant, they can cross placenta and have teratogenic effects on the fetus
- TORCH risk factors: toxoplasmosis- is caused by consumption of raw or undercooked meat or handling cat feces, symptoms similar to influenza or lymphadenopathy. Other infections can include; hepatitis A and B, syphilis, mumps, parvovirus B19 and varicella-zoster
- TORCH- measles, rubella, cytomegalovirus, herpes simplex virus

## continuity of care

- Role of the Case Manager
  - Coordinating care, facilitating continuity of care, improving the efficiency of care and utilization of resources
  - Enhancing quality of care provided, limiting unnecessary costs and lengthy stays, advocating for client and family
  - The goal of case management is to avoid fragmentation of care and control cost
  - Case manager can be a nurse, social worker or the designated health care pro. They are required to advance practice degrees or advanced training in this area.
  - Case manager nurses do not usually provide direct client care, they oversee a caseload of clients who have similar disorders or treatment regimens
  - Case managers in community coordinate resources and services for clients whose care is based in a residential setting
  - A critical or clinical pathway or care map can be used to support the implementation of clinical guidelines and protocols, these tools are usually based on cost and length of stay parameters mandated by prospective payment systems such as Medicare and insurance companies
  
- Continuity of care: consultations and referrals, transfers and discharge planning
  - Continuity of care is desired as clients move from one level of care to another such as from ICU to a medical unit, or from acute care facility to skilled care facility, PACU to post surgical unit

- Nurses are responsible for facilitating continuity of care and coordinating care through documentation, reporting and collaboration.
- A formal written plan of care enhances coordination of care between nurses, interpro team members and providers.
- Nurse role in continuity of care:
  - Facilitates continuity of care provided by members of the health care team
  - Acts as a representative of the client and as a liaison when collaborating with the provider and other health care team. When acting as a liaison the nurses serves in the role of client advocate by protecting the rights of clients and ensuring that the client needs are met
  - Nurse is responsible for admission, transfer, discharge and postdischarge prescriptions.
  - Initiation, revision and evaluation of the plan of care
  - Reporting the clients status to other nurses and provider
  - Coordinating the discharge plan and facilitating referrals and the use of community resources
- Assesment for a client following a traumatic amputation
  - Nurse needs to monitor capillary refill and compare extremities
  - Observe for edema, necrosis, hair distribution of extremity due to inadequate peripheral circulation
  - Manifestations of decrease tissue perfusion: clients may or may not report pain, altered peripheral pulses (Doppler), differences in temp of extremities, altered color of extremities, presence of infection and lack of sensation in affected area

### Chapter 30 skin infections and infestations NCC

- Recommended natural treatment for lice
  - Shampoos containing 1% permethrin
  - Remove nits with a nit comb repeat in 7 days after shampoo treatment
  - Wash cloths in hot water with detergent

### Chapter 31 anger management MH

- Priority action for violent behavior
  - Provide safe environment for client and others
  - Assess for triggers or preconditions that escalate the client emotions
  - Steps to handle aggressive behavior:
    - Respond quickly in a calm and in control manner
    - Encourage client to express feelings verbally using therapeutic communication techniques, allowing the client as much personal space as possible
    - Maintaining eye contact and sitting or standing at the same level as the client
    - Be honest, sincerity and nonaggressive stance
    - Avoid accusatory or threatening statements
    - Describing options clearly and offering choices
    - Reassuring the client that staff members are present to help prevent loss of control
    - Set limits for client
    - Tell him calmly and directly what he must do in a particular situation such as “I need you to stop yelling and walk with me to the day room where we can talk,”
    - Use physical activity, such as walking, to deescalate anger and behaviors inform the client of the consequences of his behavior such as loss of privileges
    - Use pharmacological interventions if the client does not respond to a limit-setting
    - Plan for four to six staff members to be available and in sight of the client as a “show of force” if appropriate

## Chapter 18 substance use and addictive disorders MH

- Interventions for gambling
  - Encourage the client in a 12-step program such as gamblers anonymous
    - Teaching abstinence is necessary for recovery
    - Higher power is needed to assist in recovery
    - They are not responsible for their disease but they are responsible recovery
    - Others cannot be blamed for their addictions and they must acknowledge their feelings and problems

## Chapter 12 acute neurological disorders

- Priority action for client who has bacterial meningitis
  - Isolate the pt as soon as meningitis is suspected
  - Droplet precautions which require private room or room w cohorts, wearing of a surgical mask when within 3 ft of the pt, appropriate hand hygiene and use of designated equipment such as a BP cuff and thermometer
  - Implement fever reduction measures (cooling blanket)
  - Report meningococcal infections to public health dept.
  - Decrease environment stimuli, minimize exposure to bright light
  - Bed rest with HOB – head of the bed ELEVATED 30 Degrees
  - Seizure precautions
  - Replace fluid and electro. Balance
  - Older adults clients are at an increased risk for secondary complications such as pneumonia
  - Monitor for ICP increase, pupillary changes, widening pulse pressure, decrease level of consciousness
  - To decrease ICP provide positioning and avoidance of cough and straining, and mannitol can be administered IV
  - Expected findings: photophobia, nausea, irritable and headache
  - Brudzinkski's sign: severe neck stiffness cause hips and knees to flex when neck is flexed, 2 years and through adolescence
  - Medications: only for bacterial meningitis, for viral only supportive care
    - Ceftriaxone (rocephin) or cefotaxime (claforan)
    - Antibiotics given until culture and sensitivity results are available
    - Phenytoin(dilantin)- for anticonvulsants given if ICP increases or pt experiences seizure
    - Ciprofloxacin( cipro) and rifampin (rifadin) are giving prophylactic antibiotics to individuals in close contact with pt.

## Chapter 11 infection control

- Caring for a client who has c. difficile
  - Withdrawal of causative antibiotic
  - Good skin care
  - Well balanced diet and increase fluid intake
  - Rest periods during acute phase

- Meds: IV FLUIDS, probiotics, metronidazole oral or IV, Vancomycin as first line agent for severe disease
- Teach family to wear a gown and gloves
- Wash hands with soap and water, because alcohol base does not remove the bacteria

## Chapter 1 overview of community health nursing

- Planning primary prevention programs
  - Prevention of initial occurrence of disease or injury
  - Nutrition education
  - Family planning
  - Sex ed, smoking cessation education
  - Communicable diseases education
  - Safety education, prenatal classes, providing immunizations
  - Advocating for access to health care and healthy environments

## Chapter 2 factors influencing community health

- Counseling and adolescent who is pregnant
  - Refer her to prenatal provider

## Chapter 3 health promo. Of infants 2 days to 1 year

- Evaluating parent understanding of infant care
  - Assess family readiness of home care for newborn
  - Assess if they have previous experience or knowledge,
  - Social support received, education needs indicated
  - Sibling rivalry issues,
  - Newborn infants should be placed in car seat at 45 degree angle to prevent slumping and airway obstruction. Placed rear facing in the rear seat of the vehicle and secure using the safety belt. Shoulder harness are placed in the slots at or below the level of the infants shoulder. The harness should be snug and the retainer clip placed at the level of the infants armpits.
  - Newborns require a checkup by provider within 72 hours of discharge, important for breastfed newborns to evaluate weight and hydration status.



## Chapter 4 Practice settings and aggregates

- Teaching about disposal of insulin syringes
  - Place the needle and syringe into the sharps container
  - Do not try to recap the needle after it has been used, do not try to separate the needle and syringe before disposal

### Community Health Proctored: Level 3

- 1) A parish nurse is planning activities for a faith-based community. Which of the activities should the nurse include?
  - a. **Teach stress management strategies**
  - b. Provide case management
  - c. Offer primary care to uninsured members
  - d. Change the negative pressure wound therapy dressing
- 2) A nurse is working with a case manager for a client who participates in a health maintenance organization. The nurse should identify that a health maintenance organization provides which of the following payment structures?
  - a. The client pays the insurer a percentage of the total cost for each service rendered by the provider
  - b. **The provider is paid a fixed sum for the client on a monthly or yearly bases**
  - c. The client is participating in a fee-for service health care insurance program
  - d. The provider bills the client directly predetermined percentage for the cost of services.
- 3) A public health nurse is developing protocols to use in emergency shelters following a disaster. Which of the following should the nurse include as a secondary prevention strategy for clients who survive a disaster?
  - a. Providing age-appropriate activities for shelter residents
  - b. **Compiling resources available to transition individuals from shelters to a home**
  - c. Interviewing shelter residents to determine the effectiveness of coping behaviors
  - d. Publishing a listing of shelter locations in local media source
- 4) A nurse is conducting home visits to postpartum adolescents who participated in prenatal parenting classes. Which of the following statements indicates an understanding of the teaching?
  - a. I warm my baby bottle in the microwave 30 seconds at a time
  - b. I limit the time her grandparents cuddle my baby to prevent spoiling
  - c. **I carry my baby with me as I move around the house**
  - d. I use baby talk when talking to my baby
- 5) A nurse is caring for a client who has hepatitis A. Which of the following reservoirs should the nurse identify for this infection?
  - a. Blood
  - b. **Feces**
  - c. Genitourinary tract
  - d. Skin
- 6) A nurse is triaging victims of a commuter train crash. Which of the following clients should be transported to the Emergency Department first?

- a. An ambulatory client whose nose is bleeding and who reports feeling dizzy
  - b. A client who has a fracture of the humerus with a 2+ radial pulse in the effected arm
  - c. A client who is exhibiting agonal respirations with fixed pupils
  - d. A client who has full-thickness burn injuries over 30% of his total body surface area**
- 7) A nurse working in an assisted living care facility is developing a disaster plan. Which of the following is the first action the nurse should take?
- a. Develop response strategies specific to older adults
  - b. Verify dates of the annual community-wide mass causality drill
  - c. Determine potential environmental health hazards**
  - d. Identify materials needed for staff and resident education.
- 8) An occupational health nurse is completing a walk-through of a factory to identify workers at risk for injury. Which of the following workers should the nurse identify at being at risk?
- a. A worker who is standing in place in extended period and rests one foot on a box
  - b. A worker standing with a wide base support when pulling a cart towards himself
  - c. A worker who is 7 weeks postoperative following a rotator cuff surgery and is labeling boxes.
  - d. A worker who is wearing a back brace and bends at the waist when picking up a pallet.**
- 9) A nurse is providing teaching to a newly licensed nurse about secondary prevention strategies related to violence and abuse. Which of the following strategies should the nurse include in the teaching?
- a. Teach a parenting skills class at a child development t center
  - b. Assess client for withdrawal and passivity during home health visits**
  - c. Refer clients to the appropriate community agency if signs of abuse is evident
  - d. Coordinate a personal defense program at a local agency
- 10) A community health nurse is working with a migrant population. The nurse should recognize which of the following interventions is necessary to provide care to this population?
- a. Requiring the clients to show a work visa before they receive care
  - b. Treating clients on a fee-for-service basis
  - c. Providing health services at work sites**
  - d. Offer health screenings at a community center
- 11) A nurse caring for a client who is homeless. Which of the following actions should the nurse take first?
- a. Assist the client to develop goals for obtaining shelter.
  - b. Discuss the risks of being homeless with the client
  - c. Develop client teaching using a variety strategies
  - d. Determine the client's understanding of her living situation.**
- 12) A nurse is working for a hospice organization. The nurse should identify that which of the following criteria must be met for a client to qualify for hospice care?
- a. The client has declined additional life-prolonging treatments**
  - b. The client requires inpatient care due to lack of a caregiver
  - c. The client has documentation that states he has less than 12 months to live
  - d. The client's insurance provides coverage for palliative care
- 13) nurse is providing teaching to a client about directives regarding end-of life care. Which of the following information should the nurse include in the teaching?
- a. The client can chose a non-family member as the designated power of attorney**
  - b. The living will binding contract between the client and the provider
  - c. The client family has the authority to revoke the do-not-resuscitate order at any time
  - d. The client can verbally choose a health care proxy it two nurses witness the designation.
- 14) A home health nurse is planning the initial home visit for a client who has dementia and lives with his adult son's family. Which of the following actions should the nurse take first during the visit?
- a. Encourage the family to join a support group
  - b. Provide the family about respite care
  - c. Engage the family in informal conversation**
  - d. Educate the family regarding the progression of dementia**
- 15) A nurse educator is teaching a group of newly licensed nurses about maintaining client confidentially according to HIPAA regulations. Which of the following statements by a newly licensed nurse indicates an understanding of the teaching?
- a. HIPAA rules vary from state to state
  - b. We should share our computer password with our managers

- c. HIPAA rules allows clients to receive a copy of the medical records**  
d. A client dx can
- 16) A nurse is assessing an outbreak of mumps among school aged children. Using the epidemiological triangle, the nurse should recognize that which of the following is the host?  
a. The vaccine  
b. The school  
c. The virus  
**d. The children**
- 17) A home health nurse is caring for a client who has chemotherapy-induced nausea that has been resistant to relief from pharmacological measures. Which of the following interventions should the nurse initiate ? (SATA)  
a. Offer 120ml(4oz) of cold 2% milk as a meal replacement  
**b. Maintain the head of the bed in an elevated position after eating**  
**c. Provide sips of room-temperature ginger ale between meals**  
d. Use seasoning to enhance the flavor of foods  
**e. Assist the client in using guided imagery**
- 18) A nurse is working with community health care team to devise strategies for preventing violence in the community. Which of the following interventions is an example of tertiary prevention?  
a. Urging community leaders to make nonviolence a priority  
**b. Developing resources for victims of abuse**  
c. Assessing for risk factors of IPV during health examinations  
d. Presenting community education programs about stress management
- 19) A nurse in an antepartum clinic is reviewing the medical records for 4 clients. Which of the following infectious conditions should the nurse report to the CDC?  
**a. Gonorrhea**  
b. Bactria vaginosis  
c. Genital herpes simplex virus  
d. HPV
- 20) A home health nurse is caring for a client that has C. diff infection. Which of the following actions should the nurse take?  
a. Instruct the client to avoid use of probiotics  
b. Us and ETOH-based hand sanitizer following care  
c. Obtain a surgical mask for the client to wear when away from home  
**d. Clean the client's bathroom with diluted bleach solution**
- 21) A nurse working in an infectious disease clinic is caring for a client who has a new diagnosis of Lyme disease. Which of the following agencies is responsible for voluntarily reporting cases of this disease to CDC?  
**a. State health department**  
b. Local red cross chapter  
c. Hospital infection control department  
d. Office of the surgeon general
- 22) A nurse is in a clinic is reviewing home safety precautions with a client who is to begin radioactive iodine therapy. Which of the following statements by the client indicates an understanding of the teaching?  
**a. I will use a toilet that is not used by others in my family**  
b. I will wait one week after treatment to use a laxative  
c. I will allow my granddaughter to visit for 4 hours daily  
d. I will use cloth handkerchiefs instead of tissues
- 23) A nurse is teaching a group of clients about ways to prevent skin cancer. Which of the following statements by the nurse demonstrates a primary prevention strategy?  
**a. Avoid direct sunlight b/t 10am-4pm**  
b. Apply cool tap water soaks for 20 mins to relieve sunburn  
c. Use acetaminophen as needed for sunburn  
d. Ensure you have a yearly skin examination with your provider
- 24) A community nurse health nurse is working with a task force to decrease community violence. Which of the following planned interventions should the nurse identify as a primary prevention strategy?  
**a. Providing parenting classes for local parents**

- b. Arranging for a local clinic to provide methadone treatments
  - c. Providing sexual assault nurse examiner training for nurses in the local clinic
  - d. Developing protocols for managing victims of violence
- 25) A nurse is developing health promotion strategies for older adult clients at an assisted living facility. Which of the following strategies is the priority for the nurse to include?
- a. Schedule annual dental examinations for the clients
  - b. Encouraging the clients to exercise regularly
  - c. Immunizing the clients against influenza**
  - d. Providing the clients with low-fat diet
- 26) A home health nurse is discussing electrical hazards with a client. Which of the following statements should the nurse include?
- a. You should cover electrical cords with an area rug
  - b. You should pull on the cord when unplugging items
  - c. You should limit your use of extension cords**
  - d. You should secure extension cords with clear packaging tape.
- 27) A nurse is caring for a client who asks “Can I decide not to continue with chemotherapy?” the nurse responds “This is your choice, and I’ll support whatever decision you make.” The nurse response is an example of which of the following?
- a. Nonmaleficence
  - b. Veracity
  - c. Autonomy**
  - d. Beneficence
- 28) A nurse care manager is providing discharge planning for a client. The nurse is functioning in which of the following roles when arranging delivery of medical equipment to the client home?
- a. Advocate
  - b. System allocator
  - c. Consultant
  - d. Coordinator**
- 29) A home health nurse is assessing a client who has AIDS. Which of the following responses by the client indicates a risk for suicide?
- a. I know that everything will be better soon**
  - b. I don’t want to lose control of my ability to make decisions.
  - c. I’m afraid of experiencing pain near the end.
  - d. I’m relying on my partner more and more for support
- 30) A school nurse is caring for a child who has muscular dystrophy and is having difficulty swallowing at lunch. Which of the following referrals should the nurse initiate?
- a. Dietician
  - b. Speech-language therapist**
  - c. Respiratory therapist
  - d. Occupational therapist
- 31) A nurse in an extended facility enters the room of a client and notices a fire in the trash can. Which of the following is the nurse’s priority?
- a. Move the client to another location**
  - b. Activate the alarm
  - c. Shut the windows and doors
  - d. Attempt to extinguish the fire
- 32) A community nurse is teaching a group of parents about manifestations of Alcohol withdrawal. Which of the following manifestations should the nurse include in the teaching?
- a. Hyperglycemia
  - b. Hypotension
  - c. Seizures**
  - d. Somnolence
- 33) A nurse is reviewing levels of prevention with a newly licensed nurse. Which of the following is an example of tertiary prevention?
- a. Promoting the use of helmets with children who ride bikes
  - b. Providing STI testing for students on a college campus
  - c. Teaching about inhaler use in a client who has asthma**

- d. Educating adults about breast cancer screening guidelines
- 34) A nurse is participating in a quality improvement committee for home health clients. Which of the following topics should the nurse recommend for the committee to review?
- a. An increase in levels of local air pollution
  - b. An increase in client falls at home**
  - c. An increase in clients receiving annual flu vaccines
  - d. An increase in client admission for home health care
- 35) A first response team is working at the location of a bombing incident. A nurse triaging a group of clients should give treatment priority to which of the following clients?
- a. Client who has a finger fracture with a 2+ pedal pulse
  - b. A client who has superficial partial thickness burns injuries over 5% of his body
  - c. A client who is ambulatory in exhibits manic behavior
  - d. A client who has rigid abdomen with manifestations of shock**
- 36) A mental health nurse is scheduling a home health appointment with a client who has recently lost his partner to a motor vehicle crash. Which of the following statements by the client indicates a need for immediate nursing intervention?
- a. I just feel so angry right now
  - b. Everything is going to be fine soon**
  - c. There's no need for anyone to come see me, including you
  - d. I'm not going to talk to you about my problems
- 37) A school nurse is planning primary prevention activities for the school year. Which of the following should the nurse plan to take?
- a. Monitor the immunization status of students**
  - b. Provide referrals for students who have asthma
  - c. Provide first aid for injured students
  - d. Schedule hearing screening for each grade level
- 38) A case manager in a rehabilitation facility is discussing discharge plans with a client who has a pressure injury and requires special beds at home. Which of the following statements should the nurse make first?
- a. A social worker can help you with the cost of supplies
  - b. Describe the place where you are currently living**
  - c. Apply moisture barrier ointment 3 times a day
  - d. Eat a balanced diet with high protein snack
- 39) A community health nurse encounters a client who has suspected bioterrorism-related illness. Which of the following actions should the nurse take?
- a. Report the client's condition to the FBI
  - b. Disinfect contaminated areas of the skin with isopropyl alcohol
  - c. Move the client to a quarantine area
  - d. Don personal protective equipment**
- 40) A faith-based organization asks a community health nurse to develop mobile meal program for older adults who are no longer driving. Which of the following should the nurse plan to take first?
- a. Inquire about availability of volunteers
  - b. Perform a needs assessment**
  - c. Determine potential funding sources for the program.
  - d. Identify alternative solutions to address concerns.
- 41) A nurse in a mobile clinic is caring for a client who requires a tetanus immunization and is accompanied by his daughter. The client does not speak the same language as the nurse. Which of the following actions should the nurse take?
- a. Arrange the member of the client's community to interpret the teaching
  - b. Use a professional terminology when providing education prior to the procedure
  - c. Have the client's daughter communicate information about the procedure
  - d. Identify the client's dialect prior to contacting an interpreter**
- 42) A school nurse is planning primary prevention activities for the new school year. Which of the following should the nurse include? (SATA)
- a. Lobbying for funding for health promotion effects**
  - b. Recommending a seating arrangement for a child in a body cast
  - c. Creating a plan of care for children who have a diagnosis of DM

- d. Organizing a program to promote skateboard safety**  
**e. Teaching a class about the risks of cigarette smoking**
- 43) An occupational health nurse is assessing agricultural workers for acute effects of pesticide exposure. Which of the following findings should the nurse expect?
- Oliguria
  - Dizziness**
  - Hypoglycemia
  - Diplopia
- 44) A home health nurse is caring for a client who has terminal cancer and no longer wants to receive enteral feeding tube feeding. Which of the following actions should the nurse take?
- Request the facility Chaplain to visit the client
  - Ask the client to sign an informed consent
  - Complete an against medical advice form
  - Explain the process for completing a living will**
- 45) A nurse is providing teaching to a newly licensed nurse about case management. The nurse should include which of the following tasks is the responsibility of a case manager?
- Enforce OSHA standards in the workplace
  - Teach a smoking cessation support group
  - Evaluate the cost effectiveness of client treatments**
  - Perform employee risk assessment
- 46) A nurse at a rural clinic is interviewing a family who has different cultural beliefs than the nurse. The family reports seeing a folk healer. Which of the following statements should the nurse make?
- Describe how you hope the treatments will affect your health**
  - Alternative health practices could be dangerous and should be avoided
  - Many folk medicines treatments work by providing a placebo effect
  - I can refer you to a medical practitioner for your health care needs
- 47) A nurse is planning a primary prevention strategy for reducing obesity in a community. Which of the following strategies should the nurse use?
- Educate children at a day care center about nutrition and exercise**
  - Measure the BMI of older adults at a community center
  - Encourage enrollment and attendance at a weight-reduction program
  - Distribute health risk appraisal questionnaires at community functions
- 48) A nurse in a community health clinic is assessing a client who has 2 preschoolers, was recently divorced, and is seeking help for managing depression. Which of the following statements should the nurse ask first?
- Are you having any thoughts of hurting yourself**
  - Who is available to help you
  - Could you describe how you are feeling today
  - Is there anything that makes you feel less depressed
- 49) A nurse is teaching a client who has terminal illness about hospice care. Which of the following statements by the client indicates an understanding of the teaching? (SATA)
- My provider will recommend that I enter hospice care when I have 1 year left to live
  - I will receive care from a variety of interprofessional team members**
  - I can discontinue hospice care whenever I want**
  - I will need to have a private insurance because Medicare does not cover hospice care
  - I can receive care in the hospital or at home**
- 50) A nurse is teaching a 50-year-old female client. Which of the following statement should the nurse include in the teaching?
- You should have a complete eye exam every 2 years until the age of 64.**
  - You should have your stool tested for blood every other year until the age of 74
  - You should have your hearing screened every 5 years
  - You should have your fasting Blood glucose level checked every 6 years
- 51) A nurse is serving a state task force for disaster planning. The nurse is engaging in disaster preparedness efforts when performing which of the following actions?
- Functioning as a manager at a temporarily shelter
  - Assisting with the identification of biological agent



- c. Implementing a disaster triage plan with the local medical facility  
**d. Organizing a mass causality drill for community members**
- 52) nurse is planning an in-service about isolation precautions for her coworkers. For which of the following infections should the nurse identify the need for contact precautions.  
**a. Herpes simplex**  
b. Pertussis  
c. Diphtheria  
d. Pulmonary tuberculosis
- 53) A home health nurse is performing an eye assessment for an older adult client. Which of the following is the priority for the nurse to report to the provider?  
**a. Conjunctivitis**  
**b. Hemianopia**  
c. Decreased near vision  
d. Increased sensitivity to glare
- 54) A nurse at a community clinic is assessing a client who reports injecting heroin an 1hr ago. Which of the following should the nurse expect?  
a. Nystagmus  
b. Tachypnea  
c. Euphoria  
**d. Dilatated pupils**
- 55) A nurse manager at a clinic is reviewing the preventive services offered to clients. Which of the following activities should the nurse identify as a secondary prevention activity?  
a. Encourage a pregnant woman to participate in a prenatal care class  
**b. Provide smoking cessation class**  
c. Advocate for laws that prohibit texting while driving  
d. Refer a client who is recovering from a substance use disorder to social service program.
- 56) A parish nurse is counseling a family following a client's recent dx with heart diseases. Which of the following actions should the nurse take first?  
a. Assist the client and the client partner finding an affordable exercise program  
b. Discuss the benefits of eating a well-balanced diet with the client's family  
**c. Ask family about the impact of the disease on relationships within the family**  
d. Offer to accompany the client and the client's partner during health care provider visits
- 57) A home health nurse is providing teaching to the guardian of a child who has leukemia about methods to prevent complications. Which of the following statements by the guardian indicates an understanding of the teaching?  
a. I'm sure my child will feel better now that he can ride his bike  
**b. I should inspect my child's mouth for sores**  
c. I should take my child's rectal temperature daily  
d. I will make sure my child gets his MMR vaccination this week
- 58) A school nurse is planning a safety education for a group of adolescents. The nurse should give priority to which of the following topics as the leading cause of death in this age group?  
a. Gun safety  
**b. Motor vehicle safety**  
c. Substance abuse prevention  
d. Sports injury prevention
- 59) A case manager is completing discharge planning for a client who has alcohol use disorder and cirrhosis of the liver. Which of the following actions should the case manager take first?  
a. Contact a social worker to assist the client with managing finances.  
b. Provide client information on self-help groups for alcohol use disorder  
c. Determine which home safety measure the client will need to implement  
**d. Arrange for a home health nurse to visit the client following discharge.**
- 60) A nurse in a community clinic is preparing an educational guide about cultural variances in expression of pain. Which of the following information should the nurse include?  
A. Puerto Rican cultural practices include the view that outspoken expression of pain is shameful.  
b. Middle eastern cultural practices include hiding pain from close family members  
c. Native Americans cultural practices include being outspoken about pain.

**d. Chinese cultural practices include enduring pain to prevent family dishonor**



1. A community health nurse observes the accumulation of garbage at a neighborhood playground. Which of the following actions should the nurse take to promote a clean and safe environment?
2. Work with local businesses to sponsor more trash receptacles in the playground
3. Meet with community members to discuss methods of playground maintenance
4. Partner City officials with community members to improve the playgrounds condition
5. Engage neighborhood families to monitor the playground for further trash build up

2. Nurse is planning the initial home visit for a client who has dementia and lives with his adult sons family. Which of the following actions should the nurse take first during the visit?

1. Educate the family regarding the progression of dementia
2. engage the family in informal conversation
3. provide the family with information about respite care
4. encourage the family to join a support group

3. A community health nurse is providing teaching to a group of clients who have alcohol use disorder. Which of the following findings should the nurse include in the teaching as a manifestation of alcohol withdrawal?

1. Bradycardia
2. Hypothermia
3. Insomnia
4. increased appetite

4. A nurse is counseling a client who is to undergo enzyme-linked immunosorbent assay testing for HIV. Which of the following information should the nurse include?

1. The test measures antibodies to the virus
2. the test results are accurate 24 hours after exposure to the virus
3. a positive result requires initiating immunoglobulin Administration
4. the test monitors progression of the disease

5. A nurse is working with a Community Health Care team to devise strategies for preventing violence in the community. Which of the following interventions is example of tertiary prevention?

1. Assessing for risk factors of intimate partner abuse during Health examinations
2. presenting Community Education programs about Stress Management
3. Urging community leaders to make nonviolence a priority
4. Developing resources for victims of abuse

6. A faith-based organization ask a community health nurse to develop on mobile meal program for older adults who are no longer driving. Which of the following actions should the nurse take first?

1. perform a needs assessment
2. inquire about the availability of volunteers
3. identify alternative solutions to address concerns
4. determine potential funding sources for the program

7. A nurse is planning a primary prevention strategy for reducing obesity in the community. Which of the following strategies should the nurse use?

1. Educate children at a daycare about nutrition and exercise
2. measure the BMI of older adults at a community Senior Center
3. encourage enrollment and attendance at weight reduction programs
4. distribute health risk appraisal questionnaires at Community functions

8. Several nurses are developing a parish nurse group to help adjust the primary and secondary health care needs of a congregation. Which of the following Services should the nurses plan to provide to the congregation?

1. provide end-of-life care for members who are terminal
2. perform wound care in the home of members
3. facilitate discharge from the facility to the home
4. organize an influenza immunization clinic with American Red Cross

9. A nurse is conducting a community assessment. Which of the following information should the nurse include as part of the windshield survey?

1. Demographic data
2. housing quality

3. informant interviews
4. mortality rates

10. A client who has diabetes mellitus asks a home health nurse to help her adapt some of her traditional cultural foods to fit her meal plan. Which of the following is the first action the nurse should take when assisting this client?

1. Explain the diabetes exchange list
2. use cookbooks to include traditional foods and meal plans
3. observe the client during preparation of traditional foods
4. provide the client with printed recipes

11. A school nurse is implementing Health screenings. Which of the following assessment findings should the nurse recognize as the highest priority?

1. A child who has nits
2. An Adolescent who has scoliosis
3. and Adolescent who has psoriasis
4. a child who has a BMI of 18

12. The first response team is working at the location of a bombing incident. The nurse triaging a group of clients should give treatment priority to which of the following clients?

1. A client who has a femur fracture with a 2+ pedal pulse
2. a client who has a rigid abdomen With manifestations of shock
3. a client who has superficial partial thickness burn injuries over 5% of his body
4. a client who is ambulatory and Exhibits manic behavior

13. A 35 year old client who has a diagnosis of tuberculosis informs the provider's office that she is unable to pay for the treatment. Which of the following actions by the nurse will facilitate obtaining appropriate treatment?

1. Explore options for alternative Therapies
2. arrange for medication through local agencies
3. send the clients to the nearest facility for further evaluation
4. help the client apply for Medicare

14 A home health nurses scheduled for first-time visit to a client. Which of the following should the nurse perform first?

1. Mental status examination
2. review of the neighborhood
3. family history
4. blood pressure screening

15. A nurse is working in a shelter following a disaster. Which of the following is the priority action for the nurse to take?

1. Explore feelings the clients are experiencing
2. create diversionary activities for children
3. help clients gather needed supplies
4. address the physical needs of clients

16 A community health nurse is educating up here in about the importance of hepatitis B immunization. Which of the following explanations should the nurse give to a parent about the disease?

1. People who have had hepatitis B infection still need the immunization
2. Hepatitis B spreads easily among children through casual contact
3. many people who acquire acute hepatitis B develop chronic hepatitis
4. One dose of the immunization gives children life-long protection from hepatitis B

17. A nurse at a community clinic is preparing an educational guide about cultural variances and expression of pain. Which of the following information should the nurse include?

1. Native American Cultural practices include being outspoken about pain
2. Chinese Cultural practice include and during pain to prevent family dishonor
3. Puerto Rican cultural practices include the view that outspoken expressions of pain are shameful
4. Middle Eastern cultural practices include hiding pain from close family members

18. A nurse is providing education to the family of a school-age child who has