

VERSION 2

ATI COMMUNITY HEALTH PROCTORED STUDY GUIDE

ADHD teaching

- Consistent daily routine and limit distractions
- Advocating for a newly approved community health clinic in an area of the city that has fewer resources is known as distributive justice
- Alcohol abstinence medications
 - Disulfiram~ used to maintain abstinence when no longer experiencing manifestations of withdrawal
 - Naltrexone
 - Acamprosate
- Medications for alcohol withdrawal
 - Diazepam
 - Clonidine
 - Carbamazepine
 - Chlordiazepoxide
 - Phenobarbital
 - Naltrexone
- Alcohol withdrawal symptoms tend to appear 2-3 days after stopping
 - Hallucinations
 - Severe hypertension
 - Cardiac dysrhythmias
 - Delirium
 - Death
- Alcohol symptoms that tend to appear 4-12 hours after stopping
 - Abdominal cramps
 - Vomiting
 - Tremors

- Restlessness
- Inability to sleep
- TACHYCARDIA
- HYPERTENSION
- Hallucinations
- Anxiety
- Increased respirations
- Fever
- Tonic colonic seizures
- Diaphoresis
- **African Indian health medications and beliefs~ seek SHAMAN for healing of an infection**
- ANTHRAX exposure
 - Ciproflaxin is the treatment of choice and should be used prophylactically
- **Asian health beliefs~ steam removes toxins from the body—heated blanket (ying and yang theory)**
- Autonomy means respecting a client's right to choose and refuse
- Beneficence is maximizing benefits and minimizing possible harm
- Breast cancer prevention includes yearly exams beginning at 40 years old
- Calculating disease incidence and prevalence cases / population total X 1000
- Indications of digoxin toxicity
 - Hypokalemia
 - Fatigue
 - Weakness
 - Vision changes
 - GI affects
- Caregiver burden responses~ fatigue, difficulty sleeping, illness
- Care of migrant workers health problems
 - 1) Dental disease
 - 2) Tuberculosis
 - 3) Chronic conditions
 - 4) Stress and anxiety
 - 5) Leukemia
 - 6) Iron deficiency anemia
 - 7) Cancer
 - 8) Lack of parental care
- **Caribbean nations health beliefs and medicine~ voodoo and witchcraft**
- Caring for a client with GONORRHEA

- Notionally notifiable disease
- Women are frequently ASYMPTOMATIC
- Yearly screening for women over 25 with risk factors
- At risk population—pregnant women—should be screening at 1st prenatal visit and identify and treat all partners
- Administer erythromycin to all infants following delivery
- Ceftriaxone IM or azithromycin PO
- It is the providers responsibility to report
- State notification is voluntary
- If left untreated can lead to PID and cause infertility
- Medication Ceftriaxone
- Case management nurses identify referrals that clients need, promote interpersonal service and increase involvement, decrease cost by improving outcomes, provide education to optimize health participation, and advocate for services and client rights
- Case managers provide referral information, facilitate movement through health care system, negotiate and collaborate
- Category A biological agents
 - Tularemia
 - Botulism
- **Christian religion medicine and health beliefs~ believe in faith healing**
- Hospice care is to control manifestations
- Clients rights
 - 1) Right to information disclosure
 - 2) Right to privacy
 - 3) Right to informed consent
 - 4) Right to confidentiality
 - 5) Right to participate in treatment decisions
- Colds and other illnesses are not contraindications for getting immunizations
- What identifies as secondary data
 - Birth statistics
 - Previous health survey results
 - Health records
- Clients who have ringworm~ clean all surfaces
- Community based means management of acute and chronic conditions where individuals and families live, work, and attend school
- Community oriented is at risk individuals, families, groups within the community. One must determine health needs, intervene at individual/ family/ and group level to improve the health of the community