

## ATI Med-Surg PART B (90 Q &A) (Newest, 2023-2024)

a nurse is reinforcing teaching with an older adult client who has osteoporosis. which of the following instructions should the nurse include in the teaching? - ANSWER- take calcium supplements with meals

\*take calcium carbonate supplements with or following meals to increase absorption and effectiveness.

Other considerations:

-weight-bearing exercises-recommend that the client perform weight-bearing exercises, such as walking, or low-impact aerobic exercises, three to four times per week to promote bone formation. Swimming is not a weight-bearing exercise.

-Take Vit D - to improve calcium absorption

a nurse is reviewing the medication record of a client who is taking digoxin. which of the following medications should the nurse identify as increasing the risk for the client to develop digoxin toxicity? - ANSWER-Furosemide

a nurse is reinforcing teaching about insulin injections with an adult client who weighs 45.4 kg (100 lb). Which of the following statements by the client indicates an understanding of the teaching? - ANSWER-"i should give my shot in my belly tissue"

a nurse is reinforcing discharge teaching for a client who had a mechanical mitral valve replacement. Which of the following statements by the client indicates an understanding of the teaching - ANSWER-"i will notify my dentist about this procedure"

a nurse is reviewing the medical record for an older adult who is experiencing nausea and vomiting. based on the client data, which of the following actions should the nurse take? - ANSWER-notify the charge nurse of the client's BUN level

a nurse is providing information regarding transmission-based precautions for a client who has clostridium difficile to an assistive personnel (AP). Which of the following instructions should the nurse include? (select all) - ANSWER-provide the client with disposable utensils and dishes for meals

leave blood pressure equipment in the client's room

clean contaminated surfaces with a bleach solution

a nurse is admitting a client who is suspected of having active tuberculosis (TB). which of the following actions should the nurse take first - ANSWER-institute airborne precautions

a nurse is caring for a client who is postoperative and has a Jackson-pratt drain. which of the following actions should the nurse take - ANSWER-compress the bulb reservoir and then close the drainage valve

a nurse is reinforcing teaching with the parent of a toddler who has type I diabetes mellitus and whose prescription has been changed from regular insulin to lispro insulin. which of the following information should the nurse include in the teaching - ANSWER-lispro should be given before eating

a nurse is reinforcing teaching with a client who has microcytic anemia and is prescribed a daily iron supplement. the nurse tells the client to consume foods containing vit C when taking the supplement to enhance iron absorption. which of the following client food choices indicates an understanding of the teaching? - ANSWER-1 cup boiled broccoli

a nurse is assisting with the development of a plan of care to manage pain for a client who has herpes zoster with lesions on the lower extremities. which of the following interventions should the nurse include in the plan of care? - ANSWER-keep bed linens off of the affected areas

a nurse is reinforcing teaching with a client about increasing dietary fiber. the nurse should recommend which of the following foods as the best source of fiber? - ANSWER-1/2 cup cooked kidney beans

a nurse is assisting in the care of a client who has AIDS-related pneumonia. The client is receiving antibiotic therapy and albuterol nebulizer treatments daily. Which of the following findings should indicate to the nurse that the client's therapeutic regimen is effective? - ANSWER-decrease in exertional dyspnea

a nurse is monitoring a client who has a wrist cast and reports intense itching underneath the cast. Which of the following actions should the nurse take? - ANSWER-blow cool air into the cast using a blow dryer on a cool setting

\*Using a blow dryer on a cool setting to blow cool air into the cast is an effective way to relieve the client's itching without damaging the skin.

-->The nurse should plan to have the provider bivalve a cast to relieve pressure caused by impaired blood flow. The cast is split down both sides and held together with hook and loop fastener straps to maintain immobilization.

a nurse is preparing to insert a double-lumen gastric (salem) sump tube for a client who has peptic ulcer disease and has developed gastrointestinal bleeding. Which of the following images indicates the tube that the nurse should select? - ANSWER-A

a nurse is caring for a client who has just returned to the unit following a bronchoscopy. Which of the following findings should the nurse report to the provider? - ANSWER-diminished breath sounds

a nurse is caring for a client who has been taking enalapril. the nurse should monitor the client for which of the following adverse effects? - ANSWER-cough

a nurse is preparing a client for a cardiac catheterization. Which of the following actions should the nurse take first - ANSWER-verify the client has given informed consent

a nurse is caring for an adult client who has age-related macular degeneration. which of the following findings should the nurse expect? - ANSWER-distorted central vision of the eyes

a nurse is planning care for a group of clients after receiving change-of-shift report. which of the following clients should the nurse plan to see first? - ANSWER-a client who is dehydrated, has mental confusion, and was found getting out of bed several times during the night

a nurse is collecting data from a client who is receiving sumatriptan. Which of the following is an expected outcome? - ANSWER-diminished headache

a nurse is caring for a client who reports shortness of breath and has an oxygen saturation of 90%. which of the following actions should the nurse take - ANSWER-administer oxygen via nasal cannula

a nurse is caring for a client who has a prescription for digoxin 0.25 mg PO daily. While taking the client's apical pulse, the nurse notes a rate of 58/min. which of the following actions should the nurse take? - ANSWER-withhold the dose

a nurse is caring for a client who has neutropenia. which of the following nursing interventions should the nurse implement? - ANSWER-limit visitors to healthy adults

a nurse is caring for a client who has an intestinal obstruction and reports a new onset of nausea. the client has an NG tube set at low intermittent suction and is receiving continuous IV infusion of 0.9% sodium chloride. Which of the following actions should the nurse take first - ANSWER-check for kinks in the NG tube

\*The first action the nurse should take when using the nursing process is to collect data from the client. Therefore, the priority action is to check the NG tube to determine if the tube is kinked, which can interfere with the suctioning function and result in nausea.

a nurse in a clinic is assisting with the development of a pamphlet about STIs. which of the following information should the nurse recommend to include in the pamphlet? - ANSWER-women have a higher risk of contracting STIs than men

a nurse is reinforcing teaching with a client who is postoperative following a cemented total hip arthroplasty. Which of the following instructions should the nurse include? - ANSWER-maintain hip flexion to 90 degrees or less when sitting

a nurse is caring for a client who is 24 hr postoperative following an abdominal surgery. which of the following findings requires immediate attention from the nurse - ANSWER-oxygen saturation of 88%

a nurse is caring for a client following a gastrectomy. which of the following actions should the nurse take to decrease episodes of dumping syndrome - ANSWER-place the client in the supine position after meals

a nurse is assisting with the care of a client who had a stroke and is unable to speak. the nurse should identify that the client's injury occurred in which of the following lobes of the brain? - ANSWER-frontal lobe

a home health nurse is caring for a client who has COPD. the client tells the nurse that he becomes short of breath while eating despite the use of home oxygen. which of the following instructions should the nurse include? - ANSWER-drink beverages at the end of meals

a nurse is reinforcing teaching with a client who has chronic kidney disease about disease management. which of the following statements by the client indicates an understanding of the teaching - ANSWER-i will limit my daily intake of protein

\* client should decrease his intake of protein to slow the progression of kidney failure.

Other considerations:

-caution the client to avoid salt substitutes, which are high in potassium, because kidney impairment causes hyperkalemia

- reinforce that the client should maintain adequate carbohydrates as part of a balanced diet to maintain tissue integrity. Restriction of fluids and phosphorus are necessary

-avoid eating foods high in potassium, such as bananas, because kidney impairment causes hyperkalemia.

a nurse is caring for a client who has dementia due to Alzheimer's disease. which of the following actions should the nurse take to reduce the client's confusion - ANSWER-encourage reminiscence of past experiences

a nurse is caring for a client who has cushing's syndrome and expresses concern regarding body image changes. which of the following should the nurse recognize as a physical change caused by this disease? - ANSWER-truncal obesity

a nurse is delegating the task of repositioning a client who is in the skeletal traction to an assistive personnel (AP). which of the following instructions should the nurse give the AP - ANSWER-allow the weights to hang freely

a nurse is contributing to the plan of care for a client who has a head injury and is at risk for increased intracranial pressure (ICP). which of the following actions should the nurse include in the plan? - ANSWER-use a turn sheet to reposition the client

nurse is preparing to administer an influenza vaccine to a client. which of the following statements by the client should cause the nurse to postpone administration of the vaccine - ANSWER-i had a low fever this morning

a nurse is repositioning a client who has lower back pain. which of the following positions is appropriate for the client - ANSWER-semi-Fowler's with knees flexed

a nurse is reinforcing teaching with a client who has a new diagnosis of genital herpes. which of the following information should the nurse include in the teaching - ANSWER-the virus can be transmitted without lesions present

a nurse is reinforcing teaching regarding the use of a continuous passive motion (CPM) machine with a client who is scheduled for a total knee arthroplasty. which of the following information should the nurse include in the teaching (select all) - ANSWER-your knee is flexed and extended as prescribed by your provider

the machine is padded with sheep skin-Padding the CPM machine with sheep skin prevents injury to pressure points on the extremity.

Other:

-The client can elevate the head of the bed up to 20° while the CPM machine is in motion.

-The client should exert force on the CPM machine but allow the machine to perform passive range-of-motion exercises.

-The nurse should avoid placing the CPM on the floor to protect it from contamination.

a nurse is caring for a client who begins to have a seizure while ambulating in the hall. identify the sequence of actions the nurse should follow. - ANSWER-lower the client to the floor

place a pad beneath the client's head to protect the client from injury

loosen the clothing around the client's neck

time the length of the client's seizure

reorient and reassure the client

a nurse is reinforcing teaching with a client who has a new diagnosis of tuberculosis (TB) and a prescription for isoniazid and rifampin. which of the following information should the nurse include in the teaching - ANSWER-household family members should be tested for TB

a nurse is reinforcing teaching with a client who has coronary artery disease and is taking a statin medication to lower cholesterol levels. which of the following