

MENTAL HEALTH | ATI MENTAL HEALTH FORM A , B, C ACTUAL EXAMS QUESTIONS AND CORRECT ANSWERS 2023-2024 UPDATE ALREADY A GRADED|BRAND NEW!!

1. A nurse is teaching a client with schizophrenia about her new prescription for risperidone. Which of the following statements should the nurse include in the teaching?
 - a. You should discontinue the medication if you develop muscle rigidity
 - b. You will experience weight loss while taking this medication**
 - c. You will notice your symptoms improve than 24 hours of taking this medication
 - d. You should increase your consumption of complex carbohydrates
2. A nurse is admitting a client who has generalized anxiety disorder. Which of the following actions should the nurse plan to take first?
 - a. Provide the client with a quiet environment**
 - b. Determine how the client handle stress
 - c. Teach the client to use guided imagery
 - d. Ask the client to identify her strengths
3. A nurse is conducting an admission interview with a client who is experiencing mania. Which of the following findings should the nurse report to the provider?
 - a. States that he hasn't bathed in 2 days
 - b. Reports eating twice in the past week**
 - c. Make inappropriate sexual comments
 - d. Speak in rhyming sentences
4. A nurse is planning care for a client who has OCD. Which of the following recommendation should the nurse include in the client's plan of care?
 - a. Validation therapy
 - b. Thought stopping**
 - c. Operant conditioning
 - d. Reality orientation therapy
5. A nurse is caring for a client who has bipolar disorder and experiencing a manic episode. Which of the following actions should the nurse take?
 - a. Encouraged client to join group activities
 - b. Dim the lights in the client's room**
 - c. Provide detailed explanations to the client
 - d. Administer methylphenidate to the client

6. A nurse is leading a crisis intervention group for adolescents who witnessed the suicide of a classmate. Which of the following actions should the nurse take first?
- a. Initiate referrals
 - b. Review Community Resources
 - c. Identify prior coping skills**
 - d. Discuss the importance of confidentiality
7. A nurse overhears a client saying, "I am a spy, a spy for the FBI. I am an I, an eye for an eye, and eye in the sky. Sky is up high." The nurse should document the client statement as which of the following speech alterations?
- a. Echolalia
 - b. Word salad
 - c. Neologism
 - d. Clang Association**

8. An older adult client is brought to the mental health clinic by her daughter. The daughter reports that her mother is not eating and seems uninterested in routine activities. The daughter States, "I am so worried that my mother is depressed." Which of the following responses should the nurse make?
- Everyone gets depressed from time to time
 - You shouldn't worry about this, because depressive disorder is easily treated
 - Older adults are usually diagnosed with depressive disorder as they age
 - Tell me the reasons you think your mother is depressed***
9. A nurse is planning care for an adolescent who has autism spectrum disorder. Which of the following outcomes should the nurse include in the plan of care?
- Meets own needs without manipulating others
 - Initiate social interactions with caregivers***
 - Change his behavior as a result of peer pressure
 - Acknowledges that his delusions are not real
10. A nurse is providing behavioral therapy for a client who has OCD. The client repeatedly checks that the doors unlocked at night. Which of the following instructions should the nurse give the client when using thought stopping technique?
- Snap a rubber band on your wrist when you think about checking the locks***
 - Ask a family member to check the locks for you at night
 - Focus on abdominal breathing whenever you go to check the locks
 - Keep a journal of how often you check the locks
11. A nurse is caring for a client who is starting treatment for substance abuse disorder. Which the following actions indicates the nurse is practicing the ethical principle of nonmaleficence?
- Providing a client with quality care regardless of ability to pay for treatment
 - Educating the client about legal rights concerning treatment
 - Withholding a prescribed medication that is causing adverse effect for the client***
 - Being truthful with the client about the manifestations of withdrawal
12. A nurse in a group home facility is caring for a client who is developmentally disabled. The client has been stealing belongings from other clients. Which of the following techniques should the nurse use?
- Crisis Intervention to decreasing anxiety
 - Aversion therapy to provide distraction
 - Pairing a maladaptive behavior w a painful stimuli to change behavior
 - Positive reinforcement to increase desired behavior
 - Systematic desensitization to extinguish the behavior***
13. A nurse is caring for a client who is experiencing a panic attack. Which of the following actions should the nurse take?
- Ask the client to discuss precipitating events
 - Speak to the client and a high-pitched voice
 - Place the client in seclusion
 - Have the client breathe into a paper bag***
14. A nurse is caring for a client following a physical assault. The client states, "I don't remember what happened to me." The nurse should recognize that the client is using which of the following defense mechanisms?
- Repression***
 - Displacement
 - Rationalization
 - Denial