

ATI MENTAL HEALTH NGN 2023/2024 QUESTIONS AND ANSWERS COMPLETE LATEST SOLUTIONS GRADED A+

A nurse is caring for a school-aged child who has conduct disorder and is being physically aggressive toward other children in the unit. Which of the following actions should the nurse take first?

- **Place the child in seclusion**
 - Use therapeutic hold technique
 - Apply wrist restraints
 - Administer risperidone
- A nurse is caring for a client who has a new diagnosis of bulimia nervosa.

Which of the following diagnosis procedures should the nurse anticipate the provider should describe during the medical evaluation?

- Chest x-ray
 - **ECG**
 - Coagulation studies
 - Liver function test
- A nurse is caring for a client who exhibits excessive compliance, passivity, and self-denial. The nurse should recognize that these findings are associated with which of the following personality disorders?
- **Dependent**

- Paranoid
 - Borderline
 - Histrionic
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- A nurse is assessing a client who is experiencing alcohol withdrawal. For which of the following findings should the nurse anticipate administration of lorazepam/
 - Bradycardia
 - Stupor
 - Afebrile
 - Hypertension
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- A nurse is caring for a client in the emergency department who states she was beaten and sexually assaulted by her partner. After a rapid assessment, which of the following actions should the nurse plan to take next?
 - Conduct a pregnancy test
 - Requests mental health consultation for the client
 - Provide a trained advocate to stay with the client
 - d. Offer prophylactic medication to prevent STI's
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- A nurse is caring for a client who has major depressive disorder. After discussing the treatment with his partner, the client verbally agrees to

electroconvulsive therapy (ECT) but will not sign the consent form. Which of the following actions should the nurse take?

- Request that the client's partner sign the consent form
 - **Cancel the scheduled ECT procedure**
 - Proceed with the preparation for ECT based on implied consent
 - Inform the client about the risks of refusing the ECT
- A nurse is caring for a client who reports that he is angry with his partner because she thinks he is just trying to gain attention. When the nurse attempts to talk to the client, he becomes angry and tells her to leave. Which of the following defense mechanisms is the client demonstrating?
- Rationalization
 - Denial
 - Compensation
 - **d. Displacement**
- A nurse is providing teaching for school age child and his parents regarding a new prescription for risperidone. Which of the following statements by the parent indicates an understanding of the teaching?
- I will provide a low sodium diet for my son
 - I will make sure my son takes the last dose of the day by 4 PM
 - **I should expect my son to develop hand tremors**
 - I should contact my doctor if my son urinates excessively
- A nurse is caring for a client who has a lithium level of 0.8 mEq/L. Which of the following actions should the nurse take?

- Withhold the next dose of lithium
 - Repeat the lithium level test
 - Administer the next dose of lithium
 - Recommended a low sodium diet
- A nurse in a community mental health clinic is caring for a group of clients. The nurse should encourage participation in cognitive behavioral family therapy in response to which of the following client statements.
 - I want to learn how to change the way I react to problems within my family
 - I want to understand why my past experiences are affecting my family relationships
 - I want to improve my family's understanding of each other's boundaries
 - I want each of my family members to be more aware of each other's feelings
- A nursing is advising an assistive personnel (AP) on the care of a client who has a major depressive disorder. The AP states that he is irritated by the client's depression. Which of the following statements by the nurse is appropriate?
 - Please don't take what the client said seriously when she is depressed
 - b. It's important that the client feel safe verbalizing how she is feeling

- Everybody feels that way about this client so don't worry about it
- I'll change your assignment to someone who doesn't have depressivedisorder
- A nurse is assessing a child in the emergency department. Which of the following findings places the child at the greatest risk for physical abuse?
 - The child is 10years old
 - The child is homeschooled
 - The has no siblings
 - **The child has cystic fibrosis**
- A nurse is providing behavioral therapy for a client who has obsessive-compulsive disorder. The client repeatedly checks that the doors are locked at

night. Which of the following instructions should the nurse give the client when using thought stopping technique?

- Keep a journal of how often you check the locks each night
 - **Snap a rubber band on your wrist when you think about checking the locks**
 - Ask a family member to check the lock for you at night
 - Focus on abdominal breathing whenever you go to check the locks
- A nurse is creating a plan of care of a client who has anorexia nervosa. Which of the following intervention should the nurse include in the plan?