

ATI Maternal Newborn 2023/2024 GRADED A 50 QUESTIONS AND ANSWERS

A nurse in a health clinic is reviewing contraceptive use with a group of clients. Which of the following client statements demonstrates understanding? - **CORRECT ANSWER** A water soluble lubricant should be used with condoms.

A nurse is instructing a client who is taking an oral contraceptive about manifestations to report to the provider. Which of the following manifestations should the nurse include? - **CORRECT ANSWER** Shortness of breath

A nurse in an OB clinic is teaching a client about using an IUD for contraceptions. Which of the following statements indicates understanding? - **CORRECT ANSWER** I will check to be sure the strings of the IUD are still present after my periods.

A nurse is teaching a client about potential adverse effects of implantable progestins. Which of the following adverse effects should the nurse include? - **CORRECT ANSWER** Irregular vaginal Bleeding

Weight Gain

Nausea

A nurse is teaching a client about a new prescription for medroxyprogesterone. Which of the following info should the nurse include in the teaching? - **CORRECT ANSWER** Weight fluctuations can occur.

You should increase your intake of calcium.

Irregular vaginal spotting can occur.

A nurse in a clinic is caring for a group of female clients who are being evaluated for infertility. Which of the following clients should the nurse anticipate the provider will refer to a genetic counselor? - **CORRECT ANSWER A client whose partner has von Willebrand disease**

A nurse is caring for a couple who is being evaluated for infertility. Which of the following statements by the nurse indicates understanding of the infertility assessment process? - **CORRECT ANSWER The male is the easiest to assess and the provider will usually begin there.**

A nurse in an infertility clinic is providing care to a couple who has been unable to conceive for 18 months. Which of the following data should be included in the assessment? (Select all that apply)

A. Occupation

B. Menstrual history

C. Childhood infectious diseases

D. History of falls

E. Recent blood transfusions - **CORRECT ANSWER Occupation**

Menstrual history

Childhood infectious diseases

A nurse in a clinic is caring for a client who is postoperative following a salpingectomy due to an ectopic pregnancy. Which of the following statements by the client requires clarification? - **CORRECT ANSWER It is good to know that I won't have a tubal pregnancy in the future.**

A nurse is reviewing the medical record of a client who is to undergo hysterosalpingography. Which of the following data alert the nurse that the client is at risk for a complication related to this procedure? - CORRECT ANSWER

History and physical

(allergy to seafood)

A nurse is caring for a client who states her LMP was April 1st. Which of the following is the client's estimated date of delivery? - CORRECT ANSWER January 8th

A nurse in a prenatal clinic is caring for a client who is in the first trimester of pregnancy. The client's health record includes this data: G3 T1 P0... How should the nurse interpret this info? - CORRECT ANSWER Client has delivered one newborn at term.

Client has had two prior pregnancies.

Clients has one living child.

A nurse is reviewing the health record of a client who is pregnant. The provider indicated the client exhibits probable signs of pregnancy. Which of the following findings should the nurse expect? - CORRECT ANSWER Goodell's Sign

Ballottement

Chadwick's Sign

A nurse in a prenatal clinic is caring for a client who is pregnant and experiencing episodes of maternal hypotension. The client asks the nurse what causes these episodes. Which of the following responses should the nurse make? - CORRECT ANSWER This is due to the weight of the uterus on the vena cava.

A nurse in the clinic receives a phone call from a client who would like to be tested in the clinic to confirm her pregnancy. Which of the following info should the nurse provide to the client? - CORRECT ANSWER You should collect urine from your first morning void.

A nurse is teaching a group of clients who are pregnant about measures to relieve backache during pregnancy. Which of the following measures should the nurse include? - CORRECT ANSWER Perform the pelvic rock exercise every day.

Use proper body mechanics.

A nurse is caring for a client who is pregnant and reviewing manifestations of complications the client should promptly report to the provider. Which of the following complications should the nurse include? - CORRECT ANSWER Vaginal bleeding

A client who is at 7 weeks gestation is experiencing N/V in the morning. Which of the following should the nurse include? - CORRECT ANSWER Eat crackers or plain toast before getting out of bed.

A nurse is teaching a client who is 6 weeks gestation about common discomforts of pregnancy. Which of the following findings should the nurse include? - CORRECT ANSWER Breast tenderness

Urinary frequency

Epistaxis (nosebleed)

A client 8 wks gestation tells the nurse "I am not sure I am happy about being pregnant". Which of the following responses should the nurse make? - CORRECT

ANSWER "It is normal to have these feelings during the first few months of pregnancy"

A nurse in a prenatal clinic is providing education to a client who is at 8 wks gestation. The client states "I don't like milk". Which of the following foods should the nurse recommend as a good source of calcium? - CORRECT ANSWER Dark green leafy vegetables

A nurse in a prenatal clinic is caring for four clients. Which of the following clients weight gain should be reported? - CORRECT ANSWER 8lb in the first trimester

(Should be 4lbs or less)

A nurse in a clinic is teaching a client of childbearing age about recommended folic acid supplements. Which of the following defects can occur in the fetus or neonate as a result of folic acid deficiency? - CORRECT ANSWER Neural tube defects

A nurse is reviewing a new prescription for iron supplements with a client who is at 8 wks gestation and has iron deficiency anemia. Which of the following beverages should the nurse instruct to take iron supplements with? - CORRECT ANSWER Orange juice

A nurse is reviewing postpartum nutrition needs with a group of clients who have begun breastfeeding their newborns. Which of the following statements by a member of the group indicates an understanding of the teaching? - CORRECT ANSWER I will continue taking my calcium supplements because I don't like milk.